

July11,2009		ADFPF Nationals															
Name	Age	Div	WtCls (Kg)	Squat 1	Squat 2	Squat 3	Bench 1	Bench 2	Bench 3	Deadlif t 1	Deadlif t 2	Deadlif t 3	PL Total	Coeff Score	Age & Coeff	Team	Events
Shellaine Frazier	38	F-O	47.5	-50	50	55!	-45	45!	-50	75	80	85!	185!	196.49		MID-MO	PL
Rachel Reem	28	F-O	53	50	57.5	65!	37.5	42.5!	-45	60	65	75!	182.5!	180.16			PL
Kathleen Barclay		F-JU	55.5	67.5	72.5	77.5*	45	50*	-52.5	67.5	-75	75*	202.5*	191.32			PL
Matthew Stagg	17	M-T2	60	102.5	107.5	110	65	72.5	-75	145	155!*	-160	337.5!*	274.32	296.27	Pit	PL
Gary Morrison	64	M-M5	60	85	90*	-95	82.5	85*	-87.5	130	142.5*	-147.5	317.5*	259.40	376.13		PL
Steve Smith	75	M-M8	60	55	60	62.5*	72.5	75	77.5*	110	115	120*	260*	216.58	397.42		PL
Michael Stagg	40	M-M1	67.5	157.5	165!*	-170	120	-125	-125	205	215!*	-222.5	500!*	362.90	362.90	Pit	PL
Tom LaFontaine	62	M-M5	67.5	107.5*	-110	-110	72.5	75	-77.5	140	-142.5	-142.5	322.5	239.23	333.25	MID-MO	PL
Susan Sanaghan	55	F-M4	70	82.5	92.5*	-100	40	50*	-60	125*	-130	-130	267.5*	212.90	260.81		PL
Kate Walker	60	F-M5	70	65	70	72.5*	-42.5	42.5*	-47.5	100	105*	-107.5	220*	167.62	224.61	MID-MO	PL
Marchland Fleming	38	M-EO	75	-242.5	247.5!	-272.5	145!	-155	-155	235	250!	-267.5	642.5!	427.84			PL
Rickey Crain	20	M-EJU	75	200	215*	-227.5	110	122.5*	-127.5	195	-205	205*	542.5*	363.15	374.04		PL
David Goodloe	64	M-M5	75	25			75	-82.5	-82.5	142.5	152.5	-155	252.5	170.69	247.50	Pit	PL
Eric Pohl	29	M-O	82.5	187.5	192.5!	-197.5	-115	120		187.5	-192.5	-192.5	500.0	313.10		Pit	PL
Ben Merideth	22	M-JU	82.5	137.5	152.5*	-160	100*	-107.5	-107.5	205	217.5*	-230	470*	295.63	298.59	UM	PL
Jim Waters	67	M-M6	82.5	100	110	115	65	80	85*	140	180	-185	380*	236.32	364.64		PL
Jagath Gunasekera	25	M-O	90	165	182.5	190	110	120	-122.5	190	207.5	212.5	522.5	314.65		UM	PL
Jamar Wright	21	M-JU	90	142.5	-162.5	-162.5	102.5	-117.5	117.5	227.5	-250	-250	487.5	303.42	309.49	UM	PL
Jim Stovall	65	M-M6	90	150	165	172.5*	92.5	100*	-105	182.5	192.5*	-205	465*	274.02	405.56		PL
Davie Arnold	26	M-O	90	-72.5	72.5	82.5	-62.5	-72.5	-77.5	115	132.5	-145				UM	PL
Eli Burks	22	M-JU/O	100	207.5	225	232.5*	150	157.5*	-162.5	265	285	297.5!*	687.5!*	399.30	403.29	UM	PL
Matt Munson	27	M-O	100	-230	230	-232.5	-187.5	187.5!	-192.5	245	252.5	257.5	675.0	377.60			PL

Chief Referee

Side Referee

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Kevin Ogar	23	M-JU	100	180	185	-187.5	127.5	137.5	-447.5	190	195	205	527.5	295.66		UM	PL
Nate Bacott	46	M-JU	100	160	-167.5	-175	90	100	-107.5	185	190	197.5	457.5	266.40	284.52	UM	PL
Brett Durlington	50	M-M3	100	140	-165	165*	85	90	-100	145	150	155	410.0	234.11	264.54		PL
Ryan Pettet	36	M-EO	110	232.5	247.5	252.5	155	165	175!	-235	237.5	250	677.5!	366.93			PL
Link Burchett	20	M-JU	110	60	85	110	157.5	-170	170*	65	85	110	390.0	210.17	216.48	UM	PL
Jason Weite	32	M-EO	125	272.5!	-302.5		210	217.5	232.5!*	-265	265!	-275	770!*	403.02			PL
Randy Cairns	43	M-O/M1	125	197.5	227.5	232.5!*	142.5	150	-152.5	205	-230	230!*	612.5!*	326.03	336.14		PL
Mitch LaRock	19	M-T3	125	165	-182.5	182.5*	165!*	-182.5	-190	182.5	215*	-232.5	562.5*	297.23	309.11		PL
Donald Stewart	17	M-T2	125	-150	170	185*	70	80*	-110	-180	180*	-190	445*	233.80	252.51	UM	PL
Paul Wrenn	62	M-EM5	125	192.5	210	222.5	-120	-125	-125	192.5	230						PL
Robbie L. Saylor	40	M-EM1	145	252.5	262.5!*		207.5	215	220!*	240	250	272.5!*	755!*	379.31	379.31		PL
Andy Crum	17	M-T2	145	-182.5	182.5*	-192.5	115	-125	125*	182.5*	-192.5	-192.5	490*	244.56	264.12		PL
Bill Duncan	50	M-M3	SHW	215	230	245!*	117.5	122.5	130*	220	235	245*	620!*	294.73	333.04	MID-MO	PL
Dennis Stouder	49	M-M2	SHW	205	220	-235	165*	-175	-175	185	195	205	590.0	288.27	320.85		PL
Joe Newton	19	M-T3	SHW	175	185	200*	152.5*	-160	-165	200	217.5	227.5*	580!*	284.84	296.23	Pit	PL
	American Open Record																
!	National Open Record																
	Master or Teen/JU American Record																
*	Master or Teen/JU National Record																
Judges:	Judy Gedney						Best Lifters:	Open & Junior Unequipped= Eli Burks									
	Roger Gedney							Master Unequipped= Jim Stovall									
	Dick Van Eck							Teenage = Mitch LaRock									

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		Mike Stagg															
		Jim Waters															
Teams		1st Place: University of Missouri								Female Junior= Kathleen Barclay							
		2nd Place: Pit Barbell Club								Female Open & Master = Susan Sanaghan							
		3rd Place: Mid Missouri Masters															

Chief Referee

Side Referee

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