

Full Power Unequipped American Records Updated 4/22/2017

New Record

Open Unequipped								
Weight	Squat		Bench Press		Deadlift		Total	
52	Johnathon Wrenn Good Hope, IL 2/9/2013	155	Johnathon Wrenn Good Hope, IL 2/9/2013	97.5	Johnathon Wrenn Good Hope, IL 10/28/2012	172.5	Johnathon Wrenn Good Hope, IL 2/9/2013	422.5
56	Johnathon Wrenn Good Hope, IL 11/2/2013	160	Johnathon Wrenn Good Hope, IL 7/19/2014	95	Johnathon Wrenn Good Hope, IL 11/2/2013	170	Johnathon Wrenn Good Hope, IL 11/2/2013	420
60	Brandon Anderson Muskegon, MI 10/29/2016	147.5	Brandon Anderson Muskegon, MI 10/29/2016	95	Matthew Hoosier O'Fallon, MO 6/26/2010	180	Brandon Anderson Muskegon, MI 10/29/2016	425
67.5	Joseph Breault Pembroke, MA 2/17/2008	202.5	David Wilson Dearborn, MI 9/13/2008	137.5	Billy Johnson 2/7/2015	222.5	Anchann Heng Jefferson City, MO 6/26/2010	525
75	Stephen D'Alessandro Jefferson City, MO 1/29/2011	203.5	Michael Evans Edwardsville, MI 11/20/2005	170	Paul Zingone Brooklyn, NY 11/11/2006	242.5	Stephen D'Alessandro Jefferson City, MO 11/7/2015	572.5
82.5	Richard Salvagni Niles, MI 7/16/2011	227.5	Richard Salvagni Niles, MI 7/16/2011	175	Nun Amen-Ra Demascus, MD 11/13/2010	290	Richard Salvagni Niles, MI 7/16/2011	657.5
90	Joshua Decker Wyoming, MI 7/8/2006	250	Joshua Decker Wyoming, MI 7/8/2006	175	Joshua Decker Wyoming, MI 3/3/2007	305	Joshua Decker Wyoming, MI 7/8/2006	720
100	Derek Wallace Newburgh, IN 7/7/2007	265	Matt Munson Ferndale, MI 5/15/2010	192.5	Dwight Lloyd Lansing, MI 4/11/2015	305	Daniel Wade Columbia, MO 1/23/2016	715
110	Kelvin Hayes Evansville, IN 11/22/2008	282.5	Lutario Lopez Holland, MI 3/3/2007	205	Craig Koehrson East Peoria, IL 2/18/2012	320	Kelvin Hayes Evansville, IN 11/22/2008	732.5
125	Matt Sohmer Farmingdale, NY 11/2/2013	342.5	Jason Weite Ottumwa, IA 7/11/2009	232.5	Matt Sohmer Farmingdale, NY 11/2/2013	337.5	Matt Sohmer Farmingdale, NY 11/2/2013	815
145	Michael Khoury 4/9/2017	302.5	Bobby Saylor Ottumwa, IA 7/11/2009	220	Chris Forestier Canton, IL 2/20/2010	302	Michael Khoury 4/9/2017	785
145+	Richard DeLeon Hanson, MA 11/22/2008	315	Richard DeLeon Hanson, MA 11/22/2008	202.5	Richard DeLeon Hanson, MA 11/22/2008	277.5	Richard DeLeon Hanson, MA 11/22/2008	795

56	Cody Bagget Evansville, IN 5/2/2015	102.5	Stephen Wrenn Good Hope, IL 11/9/2013	65	Stephen Wrenn Good Hope, IL 11/9/2013	130	Stephen Wrenn Good Hope, IL 11/9/2013	295
60	Jacob Stagg Evansville, IN 3/22/2015	130	Jerry Parkinson Evansville, IN 7/8/2006	82.5	Jacob Stagg Evansville, IN 5/2/2015	172.5	Jacob Stagg Evansville, IN 5/2/2015	377.5
67.5	Jacob Wallace Newburgh, IN 6/21/2008	160	Tyler Steelman Patoka, IN 6/21/2008	102.5	Parker Kientzle Quincy, IL 7/19/2014	182.5	Jacob Wallace Newburgh, IN 11/22/2008	425
75	Caleb Wallace Newburgh, IN 11/7/2007	175	Tim Freckleton Canton, IL 5/6/2006	137.5	Cole Tyring Boonville, IN 11/5/2016	230	Jacob Hildenbrandt Waynesville, MO 6/11/2016	502.5
82.5	Caleb Wallace Newburgh, IN 7/7/2007	172.5	Nathan Morris Newburgh, IN 7/8/2006	115	Cole Tyring Boonville, IN 6/11/2016	217.5	Caleb Wallace Newburgh, IN 7/7/2007	487.5
90	Rob Klump Granger, IN 10/16/2010	200	Michael Morgan Lansing, MI 4/11/2015	147.5	Rob Klump Granger, IN 10/16/2010	240	Michael Morgan Lansing, MI 4/11/2015	567.5
100	Zachary Schiff Evansville, IN 7/7/2007	192.5	Daniel Grimm Canton, IL 11/10/2007	147.5	Monta Melvin St. Peters, MO 2/7/2015	230	Daniel Grimm Canton, IL 11/10/2007	542.5
110	Tanner White Keokuk, IA 7/19/2014	232.5	David Herrington Park View, IA 8/27/2011	147.5	Tanner White Keokuk, IA 2/22/2014	262.5	Tanner White Keokuk, IA 7/19/2014	620
125	Ian Thomas Porter, OK 8/10/2013	250	Ian Thomas Porter, OK 11/2/2013	162.5	Ian Thomas Porter, OK 8/10/2013	242.5	Ian Thomas Porter, OK 8/10/2013	652.5
145	Andy Crum Marshall, MO 11/22/2008	182.5	Brent Henry Canton, IL 3/31/2007	152.5	Jordan Scott Cunningham, TN 6/2/2012	205	Jordan Scott Cunningham, TN 6/2/2012	507.5
145+	Andy Crum Marshall, MO 6/21/2008	205	Brent Henry Canton, IL 3/1/2008	170	Doug Cordle Springfield, OH 3/22/2015	230	Doug Cordle Springfield, OH 3/22/2015	535

Teenage (18-19) Unequipped

Weight	Squat	Bench Press	Deadlift	Total				
52	Johnathon Wrenn Good Hope, IL 7/16/2011	135	Johnathon Wrenn Good Hope, IL 7/16/2011	82.5	Johnathon Wrenn Good Hope, IL 7/16/2011	147.5	Johnathon Wrenn Good Hope, IL 7/16/2011	365
	Johnathon Wrenn		Johnathon Wrenn		Evan Vibbert		Johnathon Wrenn	

56	Good Hope, IL 12/4/2010	105	Good Hope, IL 12/4/2010	70	Evansville, IN 7/31/2010	137.5	Good Hope, IL 12/4/2010	280
67.5	Jacob Stagg Evansville, IN 6/11/2016	145	Sam Myers Evansville, IN 4/30/2011	95	Jacob Stagg Evansville, IN 6/11/2016	185	Sean Herron Evansville, IN 11/22/2008	415
75	Austin Ulrich Evansville, IN 7/8/2006	185	Tim Freckleton Canton, IL 11/10/2007	132.5	Brandon Mitchell Quincy, IL 7/19/2014	227.5	Brandon Mitchell Quincy, IL 7/19/2014	527.5
82.5	Caleb Wallace Newburgh, IN 11/22/2008	200	Travis Morrison Newburgh, IN 11/22/2008	135	Caleb Wallace Newburgh, IN 11/22/2008	235	Caleb Wallace Newburgh, IN 11/22/2008	552.5
90	Zach Staudt Crystal Lake, IL 8/27/2011	200	Dalton Armstrong Fort Branch, IN 6/11/2016	155	Dan Williams Keokuk, IA 7/19/2014	230	Quinn Crosby Ottumwa, IA 12/5/2009	572.5
100	Taylor Vieck Vincennes, IN 7/7/2007	247.5	Taylor Vieck Vincennes, IN 7/7/2007	160	Taylor Vieck Vincennes, IN 7/7/2007	245	Taylor Vieck Vincennes, IN 7/7/2007	652.5
110	Cameron Hamsby Providence, KY 6/10/2006	200	Mitchell LaRock Munster, IN 11/22/2008	162.5	Mitchell LaRock Munster, IN 11/22/2008	215	Mitchell LaRock Munster, IN 11/22/2008	562.5
125	Mitchell LaRock Munster, IN 7/11/2009	182.5	Mitchell LaRock Munster, IN 7/11/2009	165	Mitchell LaRock Munster, IN 7/11/2009	215	Mitchell LaRock Munster, IN 7/11/2009	562.5
145	Max Loeb Lawrenceville, IL 7/19/2014	232.5	Max Loeb Lawrenceville, IL 7/19/2014	152.5	Max Loeb Lawrenceville, IL 7/19/2014	242.5	Max Loeb Lawrenceville, IL 7/19/2014	627.5
145+	Joe Newton Mt. Vernon, IN 11/14/2009	207.5	Joe Newton Mt. Vernon, IN 11/14/2009	172.5	Joe Newton Mt. Vernon, IN 7/11/2009	227.5	Joe Newton Mt. Vernon, IN 11/14/2009	602.5

Junior (20-23) Unequipped								
Weight	Squat		Bench Press		Deadlift		Total	
52	Johnathon Wrenn Good Hope, IL 2/9/2013	155	Johnathon Wrenn Good Hope, IL 2/9/2013	97.5	Johnathon Wrenn Good Hope, IL 2/9/2013	170	Johnathon Wrenn Good Hope, IL 2/9/2013	422.5
56	Johnathon Wrenn Good Hope, IL 11/2/2013	160	Johnathon Wrenn Good Hope, IL 7/19/2014	95	Johnathon Wrenn Good Hope, IL 11/2/2013	170	Johnathon Wrenn Good Hope, IL 11/2/2013	420
60	Matthew Hoosier O'Fallon, MO	105	Matthew Hoosier O'Fallon, MO	85	Matthew Hoosier O'Fallon, MO	180	Matthew Hoosier O'Fallon, MO	370

	6/26/2010		6/26/2010		6/26/2010		6/26/2010	
67.5	Jordan Williams East St, Louis, IL 6/11/2016	177.5	Cory Herrick Chicago, IL 4/18/2009	97.5	Sam Mead Florissant, MO 6/26/2010	210	Jordan Williams East St, Louis, IL 6/11/2016	462.5
75	Aaron Purdy Oklahoma City, OK 1/23/2016	187.5	Nick Royer Cleveland, OH 4/26/2008	142.5	Paul Zingone Brooklyn, NY 11/11/2006	242.5	Aaron Purdy Oklahoma, OK 1/23/2016	532.5
82.5	Adam Osmoe Mt. Olive, IL 2/7/2015	210	Adam Osmoe Mt. Olive, IL 2/7/2015	150	Adam Osmoe Mt. Olive, IL 2/7/2015	242.5	Adam Osmoe Mt. Olive, IL 2/7/2015	602.5
90	Kenneth Osmoe Mt Olive, IL 7/19/2014	235	Adam Osmoe Mt Olive, IL 7/19/2014	165	Jordan Finley Imperial, MO 2/7/2015	287.5	Eli Burks Columbia, MO 1/24/2009	655
100	Daniel Wade Columbia, MO 1/23/2016	242.5	Daniel Wade Columbia, MO 1/23/2016	172.5	Daniel Wade Columbia, MO 1/23/2016	300	Daniel Wade Columbia, MO 1/23/2016	715
110	Matt Sohmer Farmingdale, NY 10/28/2012	332.5	George Head Evansville, IN 6/26/2010	185	Matt Sohmer Farmingdale, NY 10/28/2012	320	Matt Sohmer Farmingdale, NY 10/28/2012	785
125	Matt Sohmer Farmingdale, NY 11/2/2013	342.5	Joe Newton Evansville, IN 7/13/2013	167.5	Matt Sohmer Farmingdale, NY 11/2/2013	337.5	Matt Sohmer Farmingdale, NY 11/2/2013	815
145	Daniel Duncan Mexico, MO 6/6/2015	235	Daniel Duncan Mexico, MO 6/6/2015	162.5	Daniel Duncan Mexico, MO 6/6/2015	240	Daniel Duncan Mexico, MO 2/7/2015	637.5
145+	Joe Newton Mt. Vernon, IN 6/26/2010	220	Joe Newton Mt. Vernon, IN 6/26/2010	182.5	Joe Newton Mt. Vernon, IN 6/26/2010	227.5	Joe Newton Mt. Vernon, IN 6/26/2010	630

Master (40-44) Unequipped								
Weight	Squat		Bench Press		Deadlift		Total	
52	Dano Hall Evansville, IN 6/21/2008	100	Dano Hall Evansville, IN 6/21/2008	57.5	Dano Hall Evansville, IN 7/7/2007	115	Dano Hall Evansville, IN 6/21/2008	270
67.5	Anchann Heng Jefferson City, MO 6/26/2010	182.5	Anchann Heng Jefferson City, MO 6/26/2010	137.5	Michael Stagg Evansville, IN 7/11/2009	215	Anchann Heng Jefferson City, MO 6/26/2010	525
75	Stephen D'Alessandro Jefferson City, MO 11/7/2015	197.5	David Horner Bartonville, IL 10/28/2012	151	Stephen D'Alessandro Jefferson City, MO 11/7/2015	242.5	Stephen D'Alessandro Jefferson City, MO 11/7/2015	572.5

82.5	Chris Koch Festus, MO 7/13/2013	205	Chris Koch Festus, MO 7/13/2013	142.5	Chris Koch Festus, MO 7/13/2013	227.5	Chris Koch Festus, MO 7/13/2013	575
90	Sam Pagan Brockton, MA 2/12/2011	217.5	Sam Pagan Brockton, MA 2/12/2011	170	Sam Pagan Brockton, MA 6/2/2012	247.5	Sam Pagan Brockton, MA 6/2/2012	620
100	Derek Wallace Newburgh, IN 6/10/2006	255	Derek Wallace Newburgh, IN 7/8/2006	165	Bruce Thomas Henderson, KY 7/7/2007	272.5	Derek Wallace Newburgh, IN 7/8/2006	662.5
110	Kelvin Hayes Evansville, IN 11/22/2008	282.5	Archie Leatherman Nashville, MI 10/16/2010	160	Kelvin Hayes Evansville, IN 11/22/2008	300	Kelvin Hayes Evansville, IN 11/22/2008	732.5
125	Joe Meuth Evansville, IN 11/5/2016	240	Joe Meuth Henderson, KY 11/5/2016	192.5	Larry Nance Roseville, MI 4/11/2015	272.5	Joe Meuth Henderson, KY 11/5/2016	690
145	Bill McDonough St. Louis, MO 11/13/2010	265	Bobby Saylor Ottumwa, IA 7/11/2009	220	Steve Shaw Fond Dulac, WI 8/27/2011	282.5	Bobby Saylor Ottumwa, IA 7/11/2009	755
145+	Richard DeLeon Hanson, MA 11/22/2008	315	Richard DeLeon Hanson, MA 11/22/2008	202.5	Richard DeLeon Hanson, MA 11/22/2008	277.5	Richard DeLeon Hanson, MA 11/22/2008	795

Master (45-49) Unequipped								
Weight	Squat		Bench Press		Deadlift		Total	
67.5	Michael Robinson Roselle, IL 4/19/2008	162.5	Michael Robinson Roselle, IL 4/19/2008	122.5	Michael Robinson Roselle, IL 4/19/2008	220	Michael Robinson Roselle, IL 4/19/2008	492.5
75	David Horner Bartonville, IL 8/20/2016	200	David Horner Bartonville, IL 8/20/2016	150	David Horner Bartonville, IL 8/20/2016	235	David Horner Bartonville, IL 8/20/2016	585
82.5	Greg Zweig Warrenville, IL 11/22/2008	185	Greg Zweig Warrenville, IL 11/22/2008	137.5	Michael Jeffries Sedalia, MO 7/19/2014	247.5	Greg Zweig Warrenville, IL 11/22/2008	565
90	Sam Pagan Brockton, MA 2/22/2014	222.5	Sam Pagan Brockton, MA 2/22/2014	172.5	Sam Pagan Brockton, MA 4/9/2017	260	Sam Pagan Brockton, MA 2/21/2015	642.5
100	Derek Wallace Newburgh, IN 7/7/2007	265	Derek Wallace Newburgh, IN 11/22/2008	172.5	Bruce Thomas Henderson, KY 11/22/2008	272.5	Derek Wallace Newburgh, IN 7/7/2007	682.5
110	Craig Koehrson East Peoria, IL 4/30/2011	240	Craig Koehrson East Peoria, IL 2/18/2012	170	Craig Koehrson East Peoria, IL 2/18/2012	320	Craig Koehrson East Peoria, IL 4/30/2011	715
125	Chris Phillips Evansville, IN 5/2/2015	210	Chris Phillips Evansville, IN 12/6/2014	190	Nick Frazzetta Florissant, MO 6/26/2010	235	Chris Phillips Evansville, IN 5/2/2015	627.5
145	Randy Cairns Gowan, MI 4/12/2014	242.5	Ron Nicodemus Ft. Wayne, IN 11/14/2009	212.5	Randy Cairns Gowan, MI 4/12/2014	277.5	Ron Nicodemus Ft. Wayne, IN 11/14/2009	717.5
145+	William Duncan Mexico, MO 11/22/2008	242.5	Dennis Stouder Nappanee, IN 9/13/2008	190	Carl Schmitt Poseyville, IN 6/21/2008	242.5	Carl Schmitt Poseyville, IN 6/21/2008	607.5

Master (50-54) Unequipped								
Weight	Squat		Bench Press		Deadlift		Total	
67.5	David Wilson Dearborn, MI 6/21/2008	150	David Wilson Dearborn, MI 9/13/2008	137.5	David Wilson Dearborn, MI 9/13/2008	212.5	David Wilson Dearborn, MI 9/13/2008	500
75	Louis Vega Whitman, MA 6/2/2012	162.5	Robert Herbst Larchmont, NY 11/22/2008	125	Johnny Gayton Bonaire, GA 8/11/2007	212.5	Johnny Gayton Bonaire, GA 8/11/2007	475

82.5	Mark Thomas Owensville, IN 11/22/2008	160	Michael Jeffries Sedalia, MO 1/23/2016	135	Mark Thomas Owensville, IN 11/22/2008	200	Mark Thomas Owensville, IN 11/22/2008	447.5
90	Mike Tanis Mashdee, MA 2/22/2014	175	Mark Leahy Florissant, MO 7/13/2013	130	Mike Tanis Mashdee, MA 2/22/2014	210	Mike Tanis Mashdee, MA 2/22/2014	500
100	Bruce Thomas Henderson, KY 12/6/2014	210	Mark Leahy Florissant, MO 7/19/2014	152.5	Bruce Thomas Henderson, KY 6/11/2016	275	Bruce Thomas Henderson, KY 12/6/2014	607.5
110	Patrick Tyring Boonville, IN 11/22/2008	227.5	Kim McWilliams Evansville, IN 7/7/2007	150	Patrick Tyring Boonville, IN 11/22/2008	272.5	Patrick Tyring Boonville, IN 11/22/2008	635
125	Ed Riley Chicago, IL 6/15/2013	235	Raymond Classing Forest Hill, MD 11/12/2011	175	Ed Riley Chicago, IL 6/15/2013	297.5	Ed Riley Chicago, IL 7/19/2014	650
145	Michael Khoury 4/9/2017	302.5	Raymond Classing Forest Hill, MD 7/19/2014	182.5	Michael Khoury 4/9/2017	300	Michael Khoury 4/9/2017	785
145+	Bill Duncan Mexico, MO 4/30/2011	250	Bill Duncan Mexico, MO 4/30/2011	137.5	Bill Duncan Mexico, MO 7/11/2009	245	Bill Duncan Mexico, MO 7/11/2009	620

Master (55-59) Unequipped								
Weight	Squat		Bench Press		Deadlift		Total	
75	Robert Herbst Larchmont, NY 6/6/2015	132.5	Robert Herbst Larchmont, NY 11/2/2013	117.5	Robert Herbst Larchmont, NY 11/2/2013	187.5	Robert Herbst Larchmont, NY 11/2/2013	435
82.5	Lynn Freels Quincy, IL 7/19/2014	172.5	Donnie Wynn MaComb, IL 5/6/2006	120	Jerry King Harrisburg, IL 11/22/2008	187.5	Lynn Freels Quincy, IL 7/19/2014	462.5
90	Wally Seibel Chicota, TX 7/13/2013	172.5	Donnie Wynn MaComb, IL 11/4/2006	130	Stephen Seibel Deshler, OH 2/9/2013	197.5	Wally Seibel Chicota, TX 7/13/2013	475
100	Gary Bagley Quincy, IL 11/7/2015	200	Frank Hockeborn Walker, MI 1/26/2008	147.5	Gary Bagley Quincy, IL 11/7/2015	212.5	Gary Bagley Quincy, IL 11/7/2015	515
110	Pat Tyring Boonville, IN 11/7/2015	220	Kim McWilliams Evansville, IN 11/22/2008	150	Pat Tyring Boonville, IN 11/7/2015	285	Pat Tyring Boonville, IN 11/7/2015	630
	Charlie Cocci		Neil Manning		Charlie Cocci		Charlie Cocci	

125	Brockton, MA 2/22/2014	157.5	Hastings, MI 8/13/2005	125	Brockton, MA 2/22/2014	205	Brockton, MA 2/22/2014	467.5
145	Raymond Clasing Jr 11/1/2015	182.5	Raymond Clasing Jr 6/6/2015	175	Raymond Clasing Jr 6/6/2015	215	Raymond Clasing Jr 6/6/2015	565
145+	Bill Duncan Mexico, MO 6/6/2015	230	Bill Duncan Mexico, MO 6/6/2015	127.5	Bill Duncan Mexico, MO 6/6/2015	222.5	Bill Duncan Mexico, MO 6/6/2015	547.5

Master (60-64) Unequipped

Weight	Squat	Bench Press	Deadlift	Total
56	Jeff Kroll 6/6/2015	20	Jeff Kroll 6/6/2015	115
60	Gary Morrison Grand Rapids, MI 7/11/2009	90	Gary Morrison Grand Rapids, MI 7/11/2009	142.5
67.5	Mike Wider Bristol, IN 10/16/2009	132	Mike Wider Bristol, IN 5/9/2009	200
75	Jon Smoker Elkhart, IN 8/11/2007	142.5	Jon Smoker Elkhart, IN 8/11/2007	187.5
82.5	Jon Smoker Elkhart, IN 5/9/2009	162.5	Robert Batko Houghton Lake, MI 9/13/2008	205
90	Doug Finley Lansing, MI 3/3/2007	150	Doug Finley Lansing, MI 3/3/2007	160
100	Dave Mansfield Hanson, MA 2/17/2008	212.5	Joe McDonald Washington, IN 11/5/2016	272.5
110	James Bell Columbia, MO 12/3/2016	170	Daryl Meloche Climax, MI 7/8/2006	202.5
125	Charlie Cocci 4/9/2017	172.5	Gary Krueger Paw Paw, MI 4/21/2012	195

Master (65-69) Unequipped

Weight	Squat		Bench Press		Deadlift		Total	
60	Gary Morrison Grand Rapids, MI 6/26/2010	87.5	Gary Morrison Grand Rapids, MI 6/26/2010	82.5	Gary Morrison Grand Rapids, MI 6/26/2010	135	Gary Morrison Grand Rapids, MI 6/26/2010	305
67.5	Tom Urani St. Louis, MO 2/22/2014	110	Tom Urani St. Louis, MO 2/22/2014	100	Tom Urani St. Louis, MO 2/22/2014	185	Tom Urani St. Louis, MO 2/22/2014	395
75	Robert White Niles, MI 4/22/2017	125	Lynn Miller Columbia, MO 7/13/2013	95	Robert White Niles, MI 4/22/2017	185	Robert White Niles, MI 4/22/2017	397.5
82.5	Larry Emerson Longmeadow, MA 2/22/2014	157.5	Larry Emerson Longmeadow, MA 2/22/2014	100	Larry Emerson Longmeadow, MA 4/9/2017	218	Larry Emerson Longmeadow, MA 2/22/2014	472.5
90	Jim Stovall Smithton, MO 7/11/2009	172.5	Jim Stovall Smithton, MO 7/11/2009	100	Jim Stovall Smithton, MO 6/26/2010	202.5	Jim Stovall Smithton, MO 7/11/2009	465
100	Dave Mansfield Hanson, MA 11/12/2011	205	Dave Mansfield Hanson, MA 11/12/2011	105	Dave Mansfield Hanson, MA 11/12/2011	242.5	Dave Mansfield Hanson, MA 11/12/2011	552.5
110	Gary Krueger Paw Paw, MI 10/28/2012	207.5	Gary Krueger Paw Paw, MI 10/28/2012	150	Gary Krueger Paw Paw, MI 10/28/2012	215	Gary Krueger Paw Paw, MI 10/28/2012	572.5
125	Roger Horn St. Louis, MO 6/11/2016	147.5	Ray Cross Quincy, MA 6/2/2012	135	Roger Horn St. Louis, MO 6/11/2016	187.5	Roger Horn St. Louis, MO 6/11/2016	452.5
145	Gary Krueger Paw Paw, MI 4/27/2013	190	Gary Krueger Paw Paw, MI 4/27/2013	137.5	Gary Krueger Paw Paw, MI 4/27/2013	195	Gary Krueger Paw Paw, MI 4/27/2013	522.5

Master (70-74) Unequipped								
Weight	Squat		Bench Press		Deadlift		Total	
60	Steve Smith Oviedo, FL 6/21/2008	65	Steve Smith Oviedo, FL 6/21/2008	75	Steve Smith Oviedo, FL 6/21/2008	117.5	Steve Smith Oviedo, FL 6/21/2008	257.5
67.5	Leon McCrary Scituate, MA 12/5/2009	85	Leon McCrary Scituate, MA 12/5/2009	50	Leon McCrary Scituate, MA 12/5/2009	130	Leon McCrary Scituate, MA 12/5/2009	265
82.5	Robert Batko Houghton Lake, MI	160	James Stovall Smithton, MO	87.5	Robert Batko Houghton Lake, MI	200	Robert Batko Houghton Lake, MI	440

	8/27/2016		7/19/2014		8/27/2016		8/27/2016	
90	James Stovall Smithton, MO 8/16/2014	152.5	Tim Andrews Kalamazoo, MI 1/23/2010	110	James Stovall Smithton, MO 8/16/2014	185	James Stovall Smithton, MO 8/16/2014	430
100	Tim Andrews Kalamazoo, MI 11/22/2008	125	Tim Andrews Kalamazoo, MI 6/21/2008	130	Tim Andrews Kalamazoo, MI 11/22/2008	147.5	Tim Andrews Kalamazoo, MI 9/13/2008	392.5
110	Thomas Dickerson 11/5/2016	92.5	Thomas Dickerson 11/5/2016	65	Thomas Dickerson 11/5/2016	102.5	Thomas Dickerson 11/5/2016	260

Master (75-79) Unequipped								
Weight	Squat		Bench Press		Deadlift		Total	
60	Steve Smith Oviedo, FL 7/11/2009	62.5	Steve Smith Oviedo, FL 7/11/2009	77.5	Steve Smith Oviedo, FL 11/22/2008	120	Steve Smith Oviedo, FL 7/11/2009	260
67.5	Leon McCrary Scituate, MA 6/2/2012	75	Leon McCrary Scituate, MA 6/2/2012	50	Leon McCrary Scituate, MA 6/2/2012	130	Leon McCrary Scituate, MA 6/2/2012	255
75	Curvin Sell Canton, MI 8/13/2005	27.5	Curvin Sell Canton, MI 8/13/2005	37.5	Curvin Sell Canton, MI 8/13/2005	95	Curvin Sell Canton, MI 8/13/2005	160
90	Ben Creech Michigan 8/13/2008	92.5	Ben Creech Michigan 8/13/2008	50	Ben Creech Michigan 8/13/2008	120	Ben Creech Michigan 8/13/2008	262.5

Master (80-84) Unequipped								
Weight	Squat		Bench Press		Deadlift		Total	
82.5	Blade McClelland Michigan 8/13/2005	102.5	Blade McClelland Michigan 8/13/2005	87.5	Blade McClelland Michigan 8/13/2005	135	Blade McClelland Michigan 8/13/2005	325

Master (85-89) Unequipped								
Weight	Squat		Bench Press		Deadlift		Total	
60	Roger Merrell Novi, MI 8/13/2005	20	Roger Merrell Novi, MI 8/13/2005	30	Roger Merrell Novi, MI 8/13/2005	65	Roger Merrell Novi, MI 8/13/2005	115
	James Meadows		James Meadows		James Meadows		James Meadows	

67.5	Michigan 8/13/2005	32.5	Michigan 8/13/2005	37.5	Michigan 8/13/2005	70	Michigan 8/13/2005	140
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Police, Military, Fire Unequipped								
Weight	Squat		Bench Press		Deadlift		Total	
60	Brandon Anderson Muskegon, MI 10/29/2016	147.5	Brandon Anderson Muskegon, MI 10/29/2016	95	Brandon Anderson Muskegon, MI 10/29/2016	180	Brandon Anderson Muskegon, MI 10/29/2016	425
75	Casey Southern Clovis, NM 11/22/2008	175	Casey Southern Clovis, NM 11/22/2008	125	Casey Southern Clovis, NM 11/22/2008	227.5	Casey Southern Clovis, NM 11/22/2008	527.5
82.5	Jesse Simpson Wataga, IL 11/4/2006	115	Jesse Simpson Wataga, IL 11/4/2006	102.5	Jesse Simpson Wataga, IL 11/4/2006	160	Jesse Simpson Wataga, IL 11/4/2006	377.5
90	Damon Young Indianapolis, IN 4/8/2017	135	Roger Utley Evansville, IN 11/22/2008	152.5	Roger Utley Evansville, IN 11/22/2008	182.5	Roger Utley Evansville, IN 11/22/2008	457.5
110	Kim McWilliams Evansville, IN 11/22/2008	157.5	Kim McWilliams Evansville, IN 11/22/2008	150	Kim McWilliams Evansville, IN 11/22/2008	195	Kim McWilliams Evansville, IN 11/22/2008	502.5
125	Nathan Balanowski Lansing, MI 11/7/2009	262.5	Nathan Balanowski Lansing, MI 11/7/2009	147.5	Nathan Balanowski Lansing, MI 11/7/2009	290	Nathan Balanowski Lansing, MI 11/7/2009	700

Full Power Equipped American Records Updated 4/26/2017

Open Equipped								
Weight	Squat		Bench Press		Deadlift		Total	
52	Gustavo Garcia Clarinda, IA 6/26/2010	92.5	Gustavo Garcia Clarinda, IA 6/26/2010	57.5	Gustavo Garcia Clarinda, IA 6/26/2010	92.5	Gustavo Garcia Clarinda, IA 6/26/2010	242.5
56	Kyler Ferrell-Clegg Monteverde, FL 6/6/2015	90	Kyler Ferrell-Clegg Monteverde, FL 6/6/2015	85	Kyler Ferrell-Clegg Monteverde, FL 6/6/2015	140	Kyler Ferrell-Clegg Monteverde, FL 6/6/2015	315
60	Quinton Evans Clarinda, IA 6/26/2010	150	Austin Glasgow DeGraff, OH 10/29/2012	127.5	Austin Glasgow DeGraff, OH 10/29/2012	182.5	Austin Glasgow DeGraff, OH 10/29/2012	452.5
67.5	Joseph Breault Pembroke, MA 2/17/2008	182.5	Dean Ratcliff Buffalo, MO 6/26/2010	147.5	David Wilson Dearborn, MI 9/13/2008	210	Dean Ratcliff Buffalo, MO 6/26/2010	527.5
75	Marchland Fleming Wewoka, OK 7/11/2009	247.5	Tyler Meeks Chicago, IL 4/18/2009	165	Paul Coats Eaton Rapids, MI 2/26/2006	265	Paul Coats Eaton Rapids, MI 2/26/2006	647.5
82.5	Mark Marocco Hanson, MA 12/5/2009	232.5	Jim Harris Royal Oak, MI 5/5/2007	157.5	Eddie White Blue Springs, MO 7/13/2013	260	Mark Marocco Hanson, MA 12/5/2009	597.5
90	Brian Cannon Wataga, IL 8/11/2007	262.5	Brian Cannon Wataga, IL 11/4/2006	197.5	Jon Klein Des Plaines, IL 4/10/2010	290	Brian Cannon Wataga, IL 11/4/2006	675
100	Rodney Wood West Plains, MO 6/26/2010	305	Rodney Wood West Plains, MO 6/26/2010	237.5	Floyd Givens Detroit, MI 1/31/2009	280	Rodney Wood West Plains, MO 6/26/2010	807.5
110	Darwin Robinson Indianapolis, IN 4/8/2017	290	Lutario Lopez Holland, MI 8/13/2005	232.5	Floyd Givens Detroit, MI 8/13/2005	322.5	Floyd Givens Detroit, MI 8/13/2005	807.5
125	Nick Weite St. Louis, MO 12/5/2009	357.5	Nick Weite St. Louis, MO 12/5/2009	265	Nick Weite St. Louis, MO 12/5/2009	365	Nick Weite St. Louis, MO 12/5/2009	987.5
145	Chris Forestier Canton, IL 6/26/2010	340	Dave Beversdorf Columbia, MO 6/26/2010	275	Chris Forestier Canton, IL 6/26/2010	330	Chris Forestier Canton, IL 6/26/2010	890
145+	Joe Cappellino 6/3/2012	395	Joe Cappellino 6/3/2012	320	Joe Cappellino 6/3/2012	342.5	Joe Cappellino 6/3/2012	1057.5

Teenage (14-15) Equipped								
Weight	Squat		Bench Press		Deadlift		Total	
52	Gustavo Garcia Clarinda, IA 6/26/2010	92.5	Gustavo Garcia Clarinda, IA 6/26/2010	57.5	Gustavo Garcia Clarinda, IA 6/26/2010	92.5	Gustavo Garcia Clarinda, IA 6/26/2010	242.5
60	Quinton Evans Clarinda, IA 6/26/2010	150	Quinton Evans Clarinda, IA 6/26/2010	80	Quinton Evans Clarinda, IA 6/26/2010	177.5	Quinton Evans Clarinda, IA 6/26/2010	407.5
67.5	Jordan Miller Clarinda, IA 6/26/2010	145	Jordan Miller Mexico, MO 5/24/2008	97.5	Jordan Miller Clarinda, IA 6/26/2010	170	Jordan Miller Clarinda, IA 6/26/2010	407.5
75	Ziyang Xia Montverde, FL 6/6/2015	147.5	Ziyang Xia Montverde, FL 6/6/2015	110	Ziyang Xia Montverde, FL 6/6/2015	182.5	Ziyang Xia Montverde, FL 6/6/2015	440
82.5	Joseph Coulson DeGraff, OH 6/21/2008	172.5	Kenneth Ford Clarinda, IA 6/26/2010	105	Joseph Coulson DeGraff, OH 6/21/2008	195	Joseph Coulson DeGraff, OH 6/21/2008	447.5
100	Yudai Katsumata Montverde, FL 6/6/2015	187.5	Yudai Katsumata Montverde, FL 6/6/2015	122.5	Tyler Scott Cunningham, TN 6/21/2008	175	Yudai Katsumata Montverde, FL 6/6/2015	477.5
110	Jared Holycross DeGraff, OH 6/21/2008	160	Jared Holycross DeGraff, OH 6/21/2008	120	Jared Holycross DeGraff, OH 6/21/2008	185	Jared Holycross DeGraff, OH 6/21/2008	465
145+	Jordan Scott Cunningham, TN 6/26/2010	155	Jordan Scott Cunningham, TN 6/26/2010	160	Jordan Scott Cunningham, TN 6/26/2010	190	Jordan Scott Cunningham, TN 6/26/2010	505

Teenage (16-17) Equipped								
Weight	Squat		Bench Press		Deadlift		Total	
60	Austin Glasgow DeGraff, OH 10/29/2012	142.5	Austin Glasgow DeGraff, OH 10/29/2012	127.5	Austin Glasgow DeGraff, OH 10/29/2012	182.5	Austin Glasgow DeGraff, OH 10/29/2012	452.5
67.5	Bryant Manning Clarinda, IA 6/26/2010	147.5	Bryant Manning Clarinda, IA 6/26/2010	102.5	Cody Weeks DeGraff, OH 6/21/2008	177.5	Bryant Manning Clarinda, IA 6/26/2010	417.5
75	JP Parke Quincy, IL 6/11/2016	225	Dominic Duke Clarinda, IA 6/26/2010	120	JP Parke Quincy, IL 6/11/2016	215	JP Parke Quincy, IL 6/11/2016	535

82.5	David Lormie Twin Lakes, MI 1/20/2007	172.5	David Lormie Twin Lakes, MI 1/20/2007	102.5	Jonathan Seeling Quincy, OH 11/23/2008	205	Jonathan Seeling Quincy, OH 11/23/2008	462.5
90	Josef Stachowicz Whitehall, MI 1/20/2007	215	Josef Stachowicz Whitehall, MI 1/20/2007	135	Josef Stachowicz Whitehall, MI 1/20/2007	242.5	Josef Stachowicz Whitehall, MI 1/20/2007	592.5
100	Aaron Wionkle Cooksville, IL 11/10/2007	212.5	Alejandro Ruiz Montverde, FL 6/6/2015	160	Alejandro Ruiz Montverde, FL 6/6/2015	235	Alejandro Ruiz Montverde, FL 6/6/2015	585
110	Tyler Scott Cunningham, TN 6/26/2010	205	Tyler Scott Cunningham, TN 6/26/2010	155	Jared Holycross DeGraff, OH 11/23/2008	210	Tyler Scott Cunningham, TN 6/26/2010	565
125	Kyle Grant Whitehall, MI 1/20/2007	182.5	Kyle Grant Whitehall, MI 1/20/2007	140	Chad Small Maplewood, OH 11/23/2008	202.5	Kyle Grant Whitehall, MI 1/20/2007	507.5
145	Chad Small Maplewood, OH 11/23/2007	185	Chad Small Maplewood, OH 11/23/2007	110	Chad Small Maplewood, OH 11/23/2007	175	Chad Small Maplewood, OH 11/23/2007	470
145+	Jordan Scott Cunningham, TN 7/13/2013	230	Jordan Scott Cunningham, TN 7/13/2013	130	Jordan Scott Cunningham, TN 7/13/2013	227.5	Jordan Scott Cunningham, TN 7/13/2013	587.5

Teenage (18-19) Equipped								
Weight	Squat		Bench Press		Deadlift		Total	
56	Kyler Ferrell-Clegg Monteverde, FL 6/6/2015	90	Kyler Ferrell-Clegg Monteverde, FL 6/6/2015	85	Kyler Ferrell-Clegg Monteverde, FL 6/6/2015	140	Kyler Ferrell-Clegg Monteverde, FL 6/6/2015	315
67.5	Sung-Yueh Chang Montverde, FL 6/6/2015	155	Caleb Ault Wayne, MI 8/13/2005	120	Kyle Plank Bellefontaine, OH 10/29/2012	182.5	Caleb Ault Wayne, MI 8/13/2005	445
75	Mason Harbour DeGraff, OH 10/29/2012	150	Mason Harbour DeGraff, OH 10/29/2012	142.5	Mason Harbour DeGraff, OH 10/29/2012	217.5	Mason Harbour DeGraff, OH 10/29/2012	510
82.5	Joseph Coulson DeGraff, OH 12/11/2010	225	Brian Hayman DeGraff, OH 12/11/2010	117.5	Joseph Coulson DeGraff, OH 12/11/2010	237.5	Joseph Coulson DeGraff, OH 12/11/2010	577.5
90	Benjamin Holtschlag Quincy, IL 7/13/2013	227.5	Benjamin Holtschlag Quincy, IL 7/13/2013	125	Benjamin Holtschlag Quincy, IL 7/13/2013	217.5	Benjamin Holtschlag Quincy, IL 7/13/2013	570
	Tyler Scott		Tyler Scott		Tyler Scott		Tyler Scott	

110	Cunningham, TN 6/3/2012	245	Cunningham, TN 6/3/2012	170	Cunningham, TN 6/3/2012	230	Cunningham, TN 6/3/2012	645
145	Matt Arman Newaygo, MI 9/30/2006	272.5	Matt Arman Newaygo, MI 9/30/2006	182.5	Matt Arman Newaygo, MI 9/30/2006	257.5	Matt Arman Newaygo, MI 9/30/2006	712.5

Junior (20-23) Equipped								
Weight	Squat		Bench Press		Deadlift		Total	
67.5	Brad Ballard Oak Forest, IL 4/10/2010	135	Brad Ballard Oak Forest, IL 4/10/2010	77.5	Brad Ballard Oak Forest, IL 4/10/2010	162.5	Brad Ballard Oak Forest, IL 4/10/2010	375
75	Rickey Lee Crain Shawnee, OK 7/11/2009	215	Jason Koogler Festus, MO 12/5/2009	137.5	Zach May 7/19/2014	227.5	Rickey Lee Crain Shawnee, OK 7/11/2009	542.5
82.5	Cory Pedaris Grand Rapids, MI 1/20/2007	155	Cory Pedaris Grand Rapids, MI 1/20/2007	107.5	Cory Pedaris Grand Rapids, MI 1/20/2007	182.5	Cory Pedaris Grand Rapids, MI 1/20/2007	445
90	Mike Mago Cary, IL 12/4/2010	220	Mike Mago Cary, IL 12/4/2010	155	Mike Mago Cary, IL 12/4/2010	217.5	Mike Mago Cary, IL 12/4/2010	592.5
100	Joseph Nudo Tinley Park, IL 3/31/2007	235	Joseph Nudo Tinley Park, IL 3/31/2007	155	Joseph Nudo Tinley Park, IL 3/31/2007	247.5	Joseph Nudo Tinley Park, IL 3/31/2007	637.5
110	Tyler Scott Cunningham, TN 7/13/2013	227.5	Tyler Scott Cunningham, TN 7/13/2013	172.5	Tyler Scott Cunningham, TN 7/13/2013	210	Tyler Scott Cunningham, TN 7/13/2013	610
125	Max Loeb Lawrenceville, IL 6/11/2016	260	Max Loeb Lawrenceville, IL 6/11/2016	155	Max Loeb Lawrenceville, IL 6/11/2016	245	Max Loeb Lawrenceville, IL 6/11/2016	660
145	Chris Forestier Canton, IL 3/31/2007	275	Chris Forestier Canton, IL 3/31/2007	217.5	Chris Forestier Canton, IL 3/31/2007	300	Chris Forestier Canton, IL 3/31/2007	792.5

Master 1 (40-44) Equipped								
Weight	Squat		Bench Press		Deadlift		Total	
67.5	Randall Burris Granger, IN 11/20/2005	195	Randall Burris Granger, IN 11/20/2005	115	Randall Burris Granger, IN 11/20/2005	195	Randall Burris Granger, IN 11/20/2005	505
	Paul Coats		Paul Coats		Paul Coats		Paul Coats	

75	Eaton Rapids, MI 3/3/2007	222.5	Eaton Rapids, MI 3/3/2007	160	Eaton Rapids, MI 3/3/2007	240	Eaton Rapids, MI 3/3/2007	622.5
82.5	Christopher Siders Canton, IL 3/1/2008	197.5	Christopher Siders Canton, IL 3/1/2008	130	Christopher Siders Canton, IL 3/1/2008	200	Christopher Siders Canton, IL 3/1/2008	522.5
90	Doug Harney Longwood, FL 11/12/2006	217.5	Doug Harney Longwood, FL 11/12/2006	157.5	Doug Harney Longwood, FL 11/12/2006	237.5	Doug Harney Longwood, FL 11/12/2006	612.5
100	Rodney Wood West Plains, MO 6/26/2010	305	Rodney Wood West Plains, MO 6/26/2010	237.5	Rodney Wood West Plains, MO 6/26/2010	265	Rodney Wood West Plains, MO 6/26/2010	807.5
110	Dennis Wall Pembrake, MA 10/29/2012	235	Dennis Wall Pembrake, MA 10/29/2012	132.5	Dennis Wall Pembrake, MA 10/29/2012	220	Dennis Wall Pembrake, MA 10/29/2012	587.5

145	Robbie Saylor Ottumwa, IA 12/5/2009	267.5	Robbie Saylor Ottumwa, IA 12/5/2009	222.5	Robbie Saylor Ottumwa, IA 12/5/2009	275	Robbie Saylor Ottumwa, IA 12/5/2009	765
Master 2 (45-49) Equipped								
Weight	Squat		Bench Press		Deadlift		Total	
67.5	Robert Fricke Bloomingtondale, MI 9/30/2006	85	Robert Fricke Bloomingtondale, MI 9/30/2006	85	Robert Fricke Bloomingtondale, MI 9/30/2006	122.5	Robert Fricke Bloomingtondale, MI 9/30/2006	292.5
75	Steve Lumpe Bedford, IN 6/21/2008	192.5	Jim Harris Royal Oak, MI 8/13/2015	137.5	Jim Harris Royal Oak, MI 8/13/2015	215	Jim Harris Royal Oak, MI 8/13/2015	535
82.5	Mark Marocco Hanson, MA 12/5/2009	232.5	Mark Marocco Hanson, MA 12/5/2009	137.5	Mark Marocco Hanson, MA 12/5/2009	227.5	Mark Marocco Hanson, MA 12/5/2009	597.5
90	Chuck Peters Berkely, MA 6/3/2012	227.5	Chuck Peters Berkely, MA 6/3/2012	172.5	Jeff Hargett Greensburg, NC 7/16/2011	242.5	Chuck Peters Berkely, MA 6/3/2012	627.5
100	Rodney Wood West Plains, MO 1/12/2013	295	Rodney Wood West Plains, MO 1/12/2013	217.5	Bruce Thomas Henderson, KY 7/31/2010	277.5	Rodney Wood West Plains, MO 1/12/2013	755
110	James Perry II Saginaw, MI 11/7/2009	247.5	James Perry II Saginaw, MI 11/7/2009	147.5	James Perry II Saginaw, MI 11/7/2009	257.5	James Perry II Saginaw, MI 11/7/2009	652.5
125	Dan Driscoll Whitman, MA 10/29/2012	305	Raymond Zimmerman Greenville, MI 8/11/2007	190	Dan Driscoll Whitman, MA 10/29/2012	287.5	Dan Driscoll Whitman, MA 10/29/2012	752.5
145	Alan Borden Cleburne, TX 11/23/2008	255	David Beversdorf Columbia, MO 6/26/2010	275	Alan Borden Cleburne, TX 11/23/2008	237.5	Alan Borden Cleburne, TX 11/23/2008	657.5

Master 3 (50-54) Equipped								
Weight	Squat		Bench Press		Deadlift		Total	
67.5	Tom McCarty Marshfield, MA 12/5/2009	182.5	David Wilson Dearborn, MI 9/13/2008	130	David Wilson Dearborn, MI 9/13/2008	210	David Wilson Dearborn, MI 9/13/2008	497.5
75	Tim Fletcher Holz Summit, MO 6/26/2010	182.5	Johnny Gayton Bonaire, GA 8/11/2007	137.5	Johnny Gayton Bonaire, GA 8/11/2007	205	Johnny Gayton Bonaire, GA 8/11/2007	502.5

82.5	James Harris Royal Oak, MI 5/5/2007	180	James Harris Royal Oak, MI 5/5/2007	157.5	James Harris Royal Oak, MI 5/5/2007	200	James Harris Royal Oak, MI 5/5/2007	537.5
90	David Low Attleboro, MA 6/3/2012	255	David Low Attleboro, MA 6/3/2012	132.5	David Low Attleboro, MA 6/3/2012	262.5	David Low Attleboro, MA 6/3/2012	650
100	James Bell St. Louis, MO 12/5/2009	237.5	James Bell St. Louis, MO 11/14/2010	147.5	James Bell St. Louis, MO 12/5/2009	235	James Bell St. Louis, MO 11/14/2010	615
110	Floyd Givens Detroit, MI 8/13/2005	285	Floyd Givens Detroit, MI 8/13/2005	200	Floyd Givens Detroit, MI 8/13/2005	322.5	Floyd Givens Detroit, MI 8/13/2005	807.5
125	Brad Lovejoy Kingsville, OH 6/21/2008	185	Noble Cozine Winfield, IA 3/1/2008	217.5	Brad Lovejoy Kingsville, OH 6/21/2008	220	Brad Lovejoy Kingsville, OH 6/21/2008	535
145	Brad Lovejoy Kingsville, OH 11/23/2008	220	Noble Cozine Winfield, IA 11/4/2006	200	Brad Lovejoy Kingsville, OH 11/23/2008	207.5	Noble Cozine Winfield, IA 11/4/2006	600

Master 4 (55-59) Equipped

Weight	Squat	Bench Press	Deadlift	Total				
90	Les Keith Ottumwa, IA 12/5/2009	205	Les Keith Ottumwa, IA 12/5/2009	142.5	Les Keith Ottumwa, IA 12/5/2009	205	Les Keith Ottumwa, IA 12/5/2009	552.5
100	Floyd Givens Detroit, MI 1/31/2009	260	Floyd Givens Detroit, MI 1/31/2009	195	Floyd Givens Detroit, MI 1/31/2009	280	Floyd Givens Detroit, MI 1/31/2009	735
110	Gary Bagley Quincy, IL 4/22/2017	227.5	Steven Cohle Byron Center, MI 7/8/2006	157.5	Steven Cohle Byron Center, MI 7/8/2006	250	Steven Cohle Byron Center, MI 7/8/2006	605
110	Tommy Damon Croswell, MI 8/13/2005	227.5	Tommy Damon Croswell, MI 8/13/2005	137.5	Tommy Damon Croswell, MI 8/13/2005	200	Tommy Damon Croswell, MI 8/13/2005	565

Master 5 (60-64) Equipped

Weight	Squat	Bench Press	Deadlift	Total				
60	Gary Morrison Grand Rapids, MI 8/11/2007	132.5	Gary Morrison Grand Rapids, MI 8/11/2007	85	Gary Morrison Grand Rapids, MI 8/11/2007	147.5	Gary Morrison Grand Rapids, MI 8/11/2007	365

67.5	Theodore Feight Lansing, MI 8/11/2007	147.5	Gary Morrison Grand Rapids, MI 5/5/2007	95	Theodore Feight Lansing, MI 8/11/2007	155	Theodore Feight Lansing, MI 8/11/2007	397.5
82.5	Robert Batko Houghton Lake, MI 6/3/2012	200	Eddie White Blue Springs, MO 7/13/2013	132.5	Eddie White Blue Springs, MO 11/2/2013	272.5	Eddie White Blue Springs, MO 11/2/2013	580
90	Robert Batko Houghton Lake, MI 2/25/2006	190	Robert Batko Houghton Lake, MI 2/25/2006	105	Robert Batko Houghton Lake, MI 2/25/2006	222.5	Robert Batko Houghton Lake, MI 2/25/2006	517.5
100	Dave Mansfield Hanson, MA 11/15/2009	265	Dave Mansfield Hanson, MA 11/23/2008	137.5	Dave Mansfield Hanson, MA 11/15/2009	255	Dave Mansfield Hanson, MA 11/15/2009	652.5
110	James Bell St. Louis, MO 4/22/2017	187.5	James Bell St. Louis, MO 4/22/2017	115	James Bell St. Louis, MO 4/22/2017	227.5	James Bell St. Louis, MO 4/22/2017	530
125	Paul Wrenn Clarkesville, TN 6/21/2008	215	Paul Wrenn Clarkesville, TN 6/21/2008	130	Paul Wrenn Clarkesville, TN 6/21/2008	220	Paul Wrenn Clarkesville, TN 6/21/2008	565

Master (65-69) Equipped								
Weight	Squat		Bench Press		Deadlift		Total	
75	Leon McCrary Scituate, MA 7/8/2006	122.5	Leon McCrary Scituate, MA 7/8/2006	52.5	Leon McCrary Scituate, MA 7/8/2006	165	Leon McCrary Scituate, MA 7/8/2006	340
82.5	Robert Batko Houghton Lake, MI 4/11/2015	205	Robert Batko Houghton Lake, MI 4/11/2015	107.5	Robert Batko Houghton Lake, MI 9/1/2012	235	Robert Batko Houghton Lake, MI 4/11/2015	532.5
90	David Mansfield Hanson, MA 2/21/2015	210	David Mansfield Hanson, MA 2/21/2015	90	David Mansfield Hanson, MA 2/21/2015	225	David Mansfield Hanson, MA 2/21/2015	525
100	David Mansfield Hanson, MA 6/3/2012	250	David Mansfield Hanson, MA 6/3/2012	122.5	David Mansfield Hanson, MA 10/29/2012	245	David Mansfield Hanson, MA 6/3/2012	612.5
110	Paul Wrenn Clarkesville, TN 7/13/2013	190	Paul Wrenn Clarkesville, TN 7/13/2013	92.5	Paul Wrenn Clarkesville, TN 7/13/2013	197.5	Paul Wrenn Clarkesville, TN 7/13/2013	480
125	Paul Wrenn Clarkesville, TN 6/26/2010	230	Gary Krueger Paw Paw, MI 10/29/2012	165	Paul Wrenn Clarkesville, TN 7/16/2011	232.5	Gary Krueger Paw Paw, MI 10/29/2012	602.5
	Gary Krueger		Gary Krueger		Gary Krueger		Gary Krueger	

145	Paw Paw, MI 4/27/2013	210	Paw Paw, MI 4/27/2013	145	Paw Paw, MI 4/27/2013	220	Paw Paw, MI 10/29/2012	575
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Master (70-74) Equipped								
Weight	Squat		Bench Press		Deadlift		Total	
82.5	Robert Batko Houghton Lake, MI 9/24/2016	190	Robert Batko Houghton Lake, MI 4/12/2014	102.2	Robert Batko Houghton Lake, MI 4/12/2014	200	Robert Batko Houghton Lake, MI 9/24/2016	477.5

Police/Military/Fire Equipped								
Weight	Squat		Bench Press		Deadlift		Total	
75	Casey Southern Clovis, NM 11/23/2008	187.5	Casey Southern Clovis, NM 11/23/2008	135	Casey Southern Clovis, NM 11/23/2008	217.5	Casey Southern Clovis, NM 11/23/2008	540
82.5	Eddie White Blue Springs, MO 11/2/2013	182.5	Eddie White Blue Springs, MO 7/13/2013	132.5	Eddie White Blue Springs, MO 11/2/2013	272.5	Eddie White Blue Springs, MO 11/2/2013	580
90	Brian Cannon Wataga, IL 8/11/2007	262.5	Brian Cannon Wataga, IL 11/4/2006	197.5	Jeff Whiteman Osceola, IN 11/20/2005	227.5	Brian Cannon Wataga, IL 11/4/2006	675
100	Brian Cannon Wataga, IL 11/10/2007	205	Devin Wilhelms Ewa Beach, HI 11/10/2007	175	Brian Cannon Wataga, IL 11/10/2007	230	Devin Wilhelms Ewa Beach, HI 11/10/2007	610
110	Christopher Modlin Warrensburg, MO 6/26/2010	282.5	Christopher Modlin Warrensburg, MO 6/26/2010	195	Christopher Modlin Warrensburg, MO 6/26/2010	272.5	Christopher Modlin Warrensburg, MO 6/26/2010	750
125	Eric Herbst Glen Ellyn, IL 4/18/2009	210	Eric Herbst Glen Ellyn, IL 4/18/2009	165	Eric Herbst Glen Ellyn, IL 4/18/2009	245	Eric Herbst Glen Ellyn, IL 4/18/2009	620

Single Event Unequipped AMERICAN Records Updated 4/22/2017

New Record

Open Unequipped						
Weight	Squat		Bench Press		Deadlift	
52	Johnathon Wrenn Good Hope, IL 3/4/2017	167.5	Johnathon Wrenn Good Hope, IL 3/4/2017	100	Johnathon Wrenn Good Hope, IL 3/4/2017	172.5
56	Johnathon Wrenn Good Hope, IL 3/9/2013	160	Vin Voeun Zeeland, MI 2/25/2006	110	Dillon Walker Holtwood, PA 4/25/2010	170
60	Jimmy Fairchild Croswell, MI 3/6/2010	150	Jonathan Gabriel Gordon, MI 4/20/2011	120	Jimmy Fairchild Croswell, MI 3/6/2010	197.5
67.5	Marcus Wynn MaComb, IL 3/6/2010	172.5	Neil Dreisig Peoria, IL 11/10/2007	137.5	David Wilson Dearborn, MI 3/14/2009	227.5
75	Steve Sielawa Caledonia, MI 6/24/2011	182.5	Michael Evans Edwardsville, MI 3/5/2011	162.5	Jake Miller Kimball, MI 3/5/2011	290
82.5	John Stein East Lansing, MI 6/24/2011	200	Ron Madison Muskegon, MI 3/9/2013	175	Nun Amen-Ra Demascus, MD 3/9/2013	305
90	Jagath Gunasekara Columbia, MO 2/4/2012	227.5	Ron Madison Muskegon, MI 5/9/2009	190	Joshua Decker Wyoming, MI 6/23/2007	295
100	Jason St. Clair Birdseye, IN 3/4/2017	255	Vincent Delossantos Carrollton, MI 4/26/2008	200	Dwight Lloyd Lansing, MI 3/5/2016	290
110	Taylor Epperson Columbia, MO 3/4/2017	237.5	Keith Herron Churubusco, IN 3/5/2011	197.5	Craig Koehrsen East Peoria, IL 6/26/2011	312.5
125	Marc Kessler Macomb, IL 3/4/2017	265	Marc Kessler Macomb, IL 3/4/2017	217.5	Raul Donati Osceola, IN 6/26/2011	307.5
145	Chris Forestier Canton, IL	250	Todd Moore Markham, IL	237.5	Todd Moore Markham, IL	327.5

	3/14/2009		4/18/2012		4/18/2012	
145+	Jason Rogers Flint, MI 4/30/2011	240	Julius Maddox Owensboro, KY 11/7/2015	282.5	Rich DeLeon Hanson, MA 4/26/2008	282.5

Teenage (14-15) Unequipped						
Weight	Squat		Bench Press		Deadlift	
52	Jacob Stagg Evansville, IN 4/27/2013	97.5	Dylan Price China Township, MI 5/15/2009	90	Jacob Stagg Evansville, IN 4/27/2013	145
56	Blake Boarman Evansville, IN 11/15/2016	92.5	Blake Boarman Evansville, IN 11/15/2016	67.5	Blake Boarman Evansville, IN 11/15/2016	140
60	Andrew Stagg Evansville, IN 3/6/2010	110	Dylan Price China Township, MI 5/5/2010	90	Andrew Stagg Evansville, IN 3/6/2010	147.5
67.5			Blake Harris Walkerton, IN 4/19/2008	97.5	Beau Boswell Crowell, MI 5/21/2010	165
75	Louis Hoover Princeton, IN 4/27/2013	137.5	Louis Hoover Princeton, IN 4/27/2013	95	Louis Hoover Princeton, IN 4/27/2013	182.5
82.5	Reagan Cray 11/9/2013	125	Michael Chaffee Granger, IN 8/14/2010	105	Cole Tying Boonville, IN 7/25/2015	205
90			Juan Gomez Wyoming, MI 3/5/2011	115	Juan Gomez Wyoming, MI 3/5/2011	182.5
100	Lucas Keele Mt. Carmel, IL 4/27/2013	85	Daniel Duncan Mexico, MO 5/24/2008	85	Matt Ballard Quincy, IL 6/15/2013	182.5
110			Jared Holycross DeGraff, OH 4/5/2008	112.5	Joe Dean Marshfield, MA 3/4/2006	180
125	Blake Stroud Evansville, IN	215	Blake Stroud Evansville, IN	152.5	Blake Stroud Evansville, IN	222.5

3/4/2017

3/18/2017

3/18/2017

Teenage (16-17) Unequipped						
Weight	Squat		Bench Press		Deadlift	
52			Sergio Vences Chicago, IL 11/10/2012	77.5	Eric Smason Buffalo Grove, IL 4/18/2012	120
56	Stephen Wrenn Good Hope, IL 11/9/2013	100	Dillon Walker Holtwood, PA 4/23/2010	70	Dillon Walker Holtwood, PA 4/23/2010	170
60	Jacob Stagg Evansville, IN 3/7/2015	130	Dylan Price China Township, MI 3/5/2011	100	Zachary Maxfield Crowell, MI 3/5/2011	187.5
67.5	Beau Boswell Crowell, MI 6/24/2011	147.5	Bobby Sutherby Jackson, MI 3/14/2009	102.5	Bobby Sutherby Jackson, MI 3/14/2009	182.5
75	Cole Tying Boonville, IN 11/5/2016	165	Aaron O'Neil Macomb, IL 2/9/2013	122.5	Cole Tying Boonville, IN 11/5/2016	230
82.5	Tim Stokes Iowa 12/17/2011	187.5	Tim Stokes Iowa 12/17/2011	130	Jesse Schweitzer LaPorte, IN 3/26/2011	227.5
90	Trevor Mann MaComb, IL 2/4/2012	170	Scott Pokornowski Allesan, MI 5/15/2010	132.5	Monta Melvin St. Peters, MO 3/8/2014	215
100	Rob Klump Granger, MI 3/5/2011	205	Zachary Griggs Granger, IN 4/5/2008	140	Rob Klump Granger, MI 3/5/2011	257.5
110	Tanner White Keokuk, IA 11/9/2013	212.5	Moses Marrero Jr Saginaw, MI 4/26/2008	140	Tanner White Keokuk, IA 11/9/2013	252.5
125			Matt Metzoran 4/12/2014	147.5	Matt Metzoran 4/12/2014	240
145	Evan Williams Evansville, IN	205			Evan Williams Evansville, IN	215

	3/8/2014				3/8/2014	
145+			Doug Cordle Springfield, OH 2/22/2014	110	Doug Cordle Springfield, OH 3/22/2015	230

Teenage (18-19) Unequipped						
Weight	Squat		Bench Press		Deadlift	
52	Johnathon Wrenn Good Hope, IL 2/4/2012	142.5	Johnathon Wrenn Good Hope, IL 6/25/2011	87.5	Johnathon Wrenn Good Hope, IL 2/4/2012	155
60	Jimmy Fairchild Croswell, MI 3/6/2010	150	Jimmy Fairchild Croswell, MI 3/6/2010	107.5	Jimmy Fairchild Croswell, MI 3/6/2010	197.5
67.5	Jacob Stagg Evansville, IN 3/5/2016	140	Jimmy Fairchild Croswell, MI 3/5/2011	112.5	Jimmy Fairchild Croswell, MI 3/5/2011	182.5
75	Nicolas Hrabley Evansville, IN 2/4/2012	172.5	Simon Gayed Metamora, IL 4/30/2011	137.5	Brandon Mitchell Quincy, IL 11/9/2013	215
82.5	Ryan Lima St. Peters, MO 3/7/2015	202.5	Jordan Neu Newburgh, IN 3/8/2014	125	Ryan Lima St. Peters, MO 3/7/2015	247.5
90	Jonathan McCrory Scottsburg, IN 3/8/2013	200	Isaac Redman Mt. Vernon, IN 3/7/2015	147.5	Jake Scattone McLeansboro, IL 3/18/2017	287.5
100	Colton Whitcomb Hartland, MI 6/24/2011	170	Chris Perez Clio, MI 8/15/2009	150	Chris Perez Clio, MI 8/15/2009	260
110	Nick DeJong Columbia, MO 2/4/2012	140	Chris Perez Clio, MI 11/7/2009	152.5	Chris Perez Clio, MI 11/7/2009	240
125	Max Loeb Lawrenceville, IN 3/8/2014	220	Max Loeb Lawrenceville, IN 3/8/2014	150	Max Loeb Lawrenceville, IN 3/8/2014	230
145			Chad Small Maplewood, OH	130	Chad Small Maplewood, OH	225

			12/12/2009		12/12/2009	
145+	Jared Livingston Flint, MI 3/9/2013	205	Jared Livingston Flint, MI 3/9/2013	115	Jared Livingston Flint, MI 3/9/2013	202.5

Junior (20-23) Unequipped						
Weight	Squat		Bench Press		Deadlift	
52			Ryan Sutera 3/7/2015	77.5		
56	Johnathon Wrenn Good Hope, IL 3/9/2013	160	Johnathon Wrenn Good Hope, IL 3/9/2013	95	Johnathon Wrenn Good Hope, IL 3/7/2015	170
67.5	Jordan Williams 3/5/2016	167.5	Neil Dreisig Peoria, IL 11/10/2007	137.5	Jordan Williams 3/5/2016	202.5
75	Casey Day North Liberty, IA 10/2/2010	175	Chase Baiers Allegan, MI 6/25/2011	145	Jake Miller Kimball, MI 3/5/2011	290
82.5	John Stein East Lansing, MI 6/24/2011	200	Erich Daniel Kewanee, IL 8/27/2011	152.5	John Hawkins Aubrun Hills, MI 4/26/2008	265
90	Jonathan McCrory Scottsburg, IN 3/8/2013	200	Chris Gard Columbia, MO 4/30/2011	150	Andrew Heuvelman St. Peters, MO 3/8/2014	247.5
100	Cody Bodnar Muskegon, MI 3/7/2015	242.5	Christopher Risner Saranac, MI 8/14/2010	170	Gideon Kluge Pella, IA 3/5/2016	280
110	George Head Evansville, IN 3/6/2010	227.5	George Head Evansville, IN 3/6/2010	165	Chris Perez Clio, MI 10/16/2010	272.5
125			Sam Braun 7/16/2016	140	Michael Stewart Port Huron, MI 5/15/2010	265
145	Johnathon Jones St. Peters, MO	177.5	Jordan Ritchie Quincy, IL	120	Michael Stewart Port Huron, MI	272.5

	3/7/2015		2/4/2012		3/6/2010	
145+	Joe Newton Mt. Vernon, IN 3/6/2010	227.5	Thomas Davis South Bend, IN 6/22/2013	207.5	Matthew Marsiglia Grand Rapids, MI 6/23/2007	232.5

Master 1 (40-44) Unequipped						
Weight	Squat		Bench Press		Deadlift	
56	Dano Hall Evansville, IN 4/25/2009	100				
67.5	Todd Greenman Wayland, MI 6/24/2011	160	Todd Greenman Wayland, MI 8/14/2010	125	Todd Greenman Wayland, MI 8/15/2009	182.5
75	Mike Stagg Evansville, IN 3/6/2010	170	Michael Evans Edwardsburg, MI 3/5/2011	162.5	Mike Stagg Evansville, IN 3/6/2010	220
82.5	Brien Whitcomb Hartland, MI 3/6/2010	167.5	Miguel Rulan Flushing, MI 6/25/2011	150	Michael Cain Massachusetts 6/14/2009	180
90	Brad Morton Evansville, IN 3/6/2010	185	Ron Madison Muskegon, MI 9/1/2014	182.5	Ron Madison Muskegon, MI 9/1/2014	250
100	Jim Bultemeir Scales Mound, IL 11/10/2007	147.5	Donnie Beland Carver, MA 8/24/2013	167.5	David Ingemi Shoreham, NY 4/26/2008	265
110	Archie Leatherman Nashville, MI 3/6/2010	205	Keith Herron Churubusco, IN 3/5/2011	197.5	Kelvin Hayes Evansville, IN 6/26/2011	277.5
125	Pat Ivey Columbia, MO 12/3/2016	250	John Johnson Port Huron, MI 1/31/2009	212.5	Pat Ivey Columbia, MO 12/3/2016	280
145	Wesley Hanna Marquette, MI 3/6/2010	242.5	John Johnson Port Huron, MI 5/15/2010	227.5	Wesley Hanna Marquette, MI 3/6/2010	257.5
145+			Reggie Bradford Flint, MI	242.5		



Master 2 (45-49) Unequipped						
Weight	Squat		Bench Press		Deadlift	
56			Eric Green Norwalk, IA 12/4/2010	82.5		
67.5			Robert Fricke Bloomingtondale, MI 8/26/2006	85	Robert Fricke Bloomingtondale, MI 8/26/2006	125
75	Steve Sielawa Caledonia, MI 6/24/2011	182.5	Mike Stagg Evansville, IN 3/18/2017	145	Steve Sielawa Caledonia, MI 3/5/2011	227.5
82.5			Patrick Haley Flint, MI 3/5/2011	145	Dave Williamson Kalamazoo, MI 8/16/2008	205
90	James Tracey Brockton, MA 6/24/2011	187.5	Roger Utley Evansville, IN 7/7/2007	160	Mike Jeffries Sedalia, MO 1/12/2013	252.5
100			David Leslie DeWitt, IA 12/4/2010	190	Bruce Thomas Henderson, KY 6/26/2011	282.5
110	Craig Koerhson East Peoria, IL 11/20/2010	215	Raul Donati Osceola, IN 10/16/2010	195	Craig Koerhson East Peoria, IL 11/20/2010	312.5
125			Raul Donati Osceola, IN 6/25/2011	202.5	Raul Donati Osceola, IN 6/25/2011	307.5
145	Derrick Hill Evansville, IN 3/4/2017	195	William Buckley Oak Forest, IL 8/14/2010	190	Derrick Hill Evansville, IN 3/4/2017	235
145+	Dennis Stouder Nappanee, IN 5/15/2010	230	Victor Patterson Peoria, IL 2/18/2012	205	Jason Dalen 3/7/2015	252.5

Master 3 (50-54) Unequipped						
Weight	Squat		Bench Press		Deadlift	

60			Jonathan Gabriel Gordon, WI 4/30/2011	120		
67.5	David Wilson Dearborn, MI 3/14/2009	165	David Wilson Dearborn, MI 3/14/2009	132.5	David Wilson Dearborn, MI 3/14/2009	227.5
75			James Fuller Flint, MI 4/11/2015	100	David Nicastro Mullica Hill, NJ 10/22/2006	242.5
82.5	William Carlough Moline, IL 8/27/2011	182.5	William Carlough Moline, IL 8/27/2011	140		
90	Mike Tanis Osterville, MA 3/5/2016	162.5	Bruce Witzelman Churubusco, IN 8/14/2010	155	Mike Tanis Osterville, MA 3/5/2016	200
100	Jim Bell St. Louis, MO 3/6/2010	182.5	Mark LeClair Twin Lakes, MI 11/7/2009	180	Bruce Thomas Henderson, KY 3/8/2014	287.5
110	Gary Zylstra Grand Rapids, MI 5/15/2010	92.5	Jerry Burnett Pontiac, MI 3/9/2013	165	Tommy Hollingsworth Mishawaka, IN 6/22/2013	200
125	Ed Riley Chicago, IL 2/4/2012	245	Raymond Clasing Forest Hill, MD 4/24/2010	182.5	Ed Riley Chicago, IL 3/7/2015	302.5
145	Brad Lovejoy Kingsville, IN 9/11/2009	202.5	Bruce Edwards Fenton, MI 5/9/2009	205	Randy Pirtle Henderson, KY 3/4/2014	217.5
145+	Bill Duncan Mexico, MO 12/17/2011	230	Allen Turner Kalamazoo, MI 6/25/2011	182.5	Randy Pirtle Henderson, KY 3/7/2015	257.5

Master 4 (55-59) Unequipped						
Weight	Squat		Bench Press		Deadlift	
75			Mark Allen Henderson, KY	55	Mark Allen Henderson, KY	80

			8/9/2014		8/9/2014	
75			Randy Francis New Breman, OH 12/11/2010	120		
82.5			Patrick Fitzpatrick Grand Rapids, MI 4/11/2015	115	Gregory Kleyn Des Plaines, IL 5/21/2011	250
90	Maron Cury Marysville, OH 3/6/2010	155	Wayne Nicolen Kalamazoo, MI 3/6/2010	152.5	Maron Cury Marysville, OH 3/6/2010	210
100	Wally Seibel Chicota, TX 11/9/2013	190	Jerome McKay Flint, MI 3/8/2014	167.5	Mark LeClair Twin Lake, MI 3/5/2016	240
110			Doug Peterson Peoria, IL 2/18/2012	165	Pat Tyring Boonville, IN 7/25/2015	282.5
125	Gary Krueger Paw Paw, MI 2/25/2006	137.5	Jeff Buchin Grand Ledge, MI 5/6/2006	185	Ed Riley Chicago, IL 4/18/2012	302.5
145			William Buckley Macomb, IL 3/4/2017	190		

Master 5 (60-64) Unequipped						
Weight	Squat		Bench Press		Deadlift	
60	Gary Morrison Grand Rapids, MI 3/6/2010	95	Gary Morrison Grand Rapids, MI 3/6/2010	82.5	Gary Morrison Grand Rapids, MI 3/6/2010	137.5
67.5	Mike Wider Bristol, IN 3/5/2011	132.5	Tom Urani St. Louis, MO 1/12/2013	97.5	Mike Wider Bristol, IN 3/6/2010	195
75	Tony Kohut Evansville, IN 3/6/2010	92.5	Lynn Miller Columbia, MO 11/10/2012	92.5	Lynn Miller Columbia, MO 11/10/2012	150
82.5	Jon Smoker Elkhart, IN	165	Cliff Freese Lima, OH	125	Robert Batko Houghton Lake, MI	212.5

	6/24/2011		6/23/2007		8/14/2010	
90	Stephen "Wally" Seibel Chicota, TX 3/4/2017	155	Wayne Nicolen Portage, MI 4/22/2017	152.5	Tom Smith Virginia Beach, VA 3/14/2009	260
100			Joe McDonald 11/7/2015	150	David Buss Kingston, MA 6/14/2009	197.5
110	James Bell Columbia, MO 12/3/2016	170	Edward Geiger Columbia City, IN 4/5/2008	165	Pat Tyring Evansville, IN 3/18/2017	272.5
125	Gary Krueger Paw Paw, MI 6/24/2011	212.5	Ted Striverson Ft. Wayne, IN 6/22/2013	165	Gary Krueger Paw Paw, MI 3/6/2010	227.5
145			Jeff Buchin Grand Ledge, MI 9/12/2009	185		

Master 6 (65-69) Unequipped						
Weight	Squat		Bench Press		Deadlift	
67.5	Tom LaFontaine Columbia, MO 2/4/2012	110	Tom Urani St. Louis, MO 2/15/2014	100	Tom Urani St. Louis, MO 2/15/2014	185
75	Lynn Miller Columbia, MO 12/3/2016	108	Jon Smoker Elkhart, IN 9/1/2014	100	Lynn Miller Columbia, MO 12/3/2016	183
82.5	Robert Batko Houghton Lake, MI 3/5/2011	120	Bill Stoner Alma, MI 8/14/2010	112.5	Larry Emerson 4/9/2017	218
90	Dave Mansfield Hanson, MA 2/22/2014	160	Ronald Hemenway Webberville, MI 10/16/2010	130	Dave Mansfield Hanson, MA 3/5/2016	240
100			Tim Andrews Kalamazoo, MI 11/10/2007	135	Bill Coleman Scituate, MA 4/14/2007	177.5
110			Joe Brodski Saginaw, MI	147.5	Ross Arnold Howell, MI	190

			1/22/2011		4/12/2014	
125			Jeff Buchin Grand Ledge, MI 3/4/2017	172.5	Frank Hansen Keokuk, IA 9/1/2014	132.5
145	Gary Krueger Paw Paw, MI 4/22/2017	140	Jeff Buchin Grand Ledge, MI 8/27/2016	182.5	Gary Krueger Paw Paw, MI 9/1/2014	210

Master 7 (70-74) Unequipped						
Weight	Squat		Bench Press		Deadlift	
60			Steve Smith Oviedo, FL 6/23/2007	77.5	Steve Smith Oviedo, FL 6/23/2007	115
82.5	Roberto Batko Houghton Lake, MI 3/5/2016	160	Eddie Angstrom Davenport, IA 8/27/2011	125	Roberto Batko Houghton Lake, MI 7/16/2016	200
90	Tim Andrews Kalamazoo, MI 3/6/2010	112.5	Ron Hemenway Webberville, MI 3/5/2011	130	Kenneth Donnelly Comstock Park, MI 6/26/2011	170
100	Tim Andrews Kalamazoo, MI 3/14/2009	122.5	Tim Andrews Kalamazoo, MI 4/5/2008	127.5	Kenneth Donnelly Comstock Park, MI 5/15/2010	170
110			Joe Brodski Saginaw, MI 4/22/2017	135		
Master 8 (75-79) Unequipped						
Weight	Squat		Bench Press		Deadlift	
67.5			Iosf Plagov Chicago, IL 4/10/2010	90		
75					Brewster Righter Locus Valley, NY 2/12/2011	145
			Tim Andrews			

100			Kalamazoo, MI 9/1/2014	92.5		
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Master 9 (80-84) Unequipped

Weight	Squat		Bench Press		Deadlift	
82.5			Norman Gysbers Columbia, MO 12/3/2016	42.5	Norman Gysbers Columbia, MO 12/3/2016	72.5
110			Herb Strange Kansas City, MO 1/12/2013	92.5		

Master 10 (85-89) Unequipped

Weight	Squat		Bench Press		Deadlift	
90			Charles Lee Lima, OH 9/30/2006	97.5	Charles Lee Lima, OH 6/23/2007	147.5

Police, Military, Fire Unequipped

Weight	Squat		Bench Press		Deadlift	
82.5			Jeremy Shepard Lawrenceburg, IN 12/11/2010	152.5	Jeremy Rodgers Ft. Leavenworth, KS 3/18/2017	267.7
90	Erik Belford Newburgh, IN 3/8/2014	175	Erik Belford Newburgh, IN 3/8/2014	125	Erik Belford Newburgh, IN 3/8/2014	215
125	Nathan Balanowski Lansing, MI 3/6/2010	232.5	Adam Rickenbach 2/22/2014	207.5	Nathan Balanowski Lansing, MI 3/6/2010	290
145			James Harrison Battle Creek, MI 2/25/2006	150		
145+			John Dolan Chicago, IL	280		

| | | 4/19/2008 | | |

Single Event Equipped American Records Updated 4/22/2017

New Record

Open Equipped						
Weight	Squat		Bench Press		Deadlift	
52	Logan Zielinski Indianapolis, IN 6/23/2007	67.5	Logan Zielinski Indianapolis, IN 6/23/2007	67.5	Chung Chun Wong Monteverde, FL 3/9/2013	142.5
56	Mason Harbour DeGraff, OH 4/5/2008	110	Jake Carter Clermont, FL 3/9/2013	62.5	Mason Harbour DeGraff, OH 4/5/2008	147.5
60	Zachary Maxfield Crosswell, MI 3/6/2010	170	Dylan Price China Township, MI 3/5/2011	102.5	Zach Maxfield Crosswell, MI 6/26/2011	192.5
67.5	David Wilson Dearborn, MI 3/14/2009	165	David Wilson Dearborn, MI 3/14/2009	132.5	David Wilson Dearborn, MI 3/14/2009	220
75	Tien Ha Monteverde, FL 2/4/2012	160	Scott Hazleton Lake Orion, MI 5/5/2007	192.5	David Nicastro Mullica Hill, NJ 10/22/2006	277.5
82.5	Jake McBrien DeGraff, OH 4/5/2008	192.5	Miguel Ruelan Flushing, MI 10/16/2010	205	Gregory Kleyn Des Plaines, IL 4/10/2010	252.5
90	Doug Harney Longwood, FL 5/14/2006	210	Tom Mitchell Hampshier, IL 3/4/2017	225	Chuck Peters Berkly, MA 3/4/2006	250
100	Derek Wallace Newburgh, IN 6/24/2011	286	David Walker Burlington, WI 11/10/2007	242.5	Chad Dailing Milford, IN 11/20/2005	275
110	Jason Beal Quincy, IL 2/4/2012	255	Dave Walker Burlington, WI 4/10/2010	262.5	Craig Koehrson East Peoria, IL 2/20/2010	330
125	Jason Beal Quincy, IL 3/7/2015	267.5	Horace Lane Sterling Heights, MI 2/25/2006	245	Raul Donati Osceola, IN 3/26/2011	300
145	Chris Forestier Canton, IL	320	Dave Beversdorf Columbia, MO	260	Chris Forestier Canton, IL	325

	3/14/2009		1/12/2013		3/14/2009	
145+	Dennis Stouder Nappanee, IN 6/24/2011	255	Dave Beversdorf Columbia, MO 11/10/2012	252.5	Bill Duncan Mexico, MO 3/31/2007	215

Teenage (14-15) Equipped						
Weight	Squat		Bench Press		Deadlift	
52	Logan Zielinski Indianapolis, IN 6/23/2007	67.5	Logan Zielinski Indianapolis, IN 6/23/2007	67.5	Logan Zielinski Indianapolis, IN 6/23/2007	100
56	Mason Harbour DeGraff, OH 4/5/2008	110	Jake Carter Clermont, FL 3/9/2013	62.5	Kyler Ferrell-Clegg Monteverde, FL 3/8/2014	150
60			Ryan Davidson Dayton, OH 12/11/2010	42.5	Chase Wooldridge Elkhart, IN 3/26/2011	137.5
67.5	Cody Weeks DeGraff, OH 4/5/2008	130	Juan Cavarrubias 3/9/2013	87.5	Juan Cavarrubias 3/9/2013	185
75			Zach Stewart Quincy, OH 12/12/2009	77.5	Zach Stewart Quincy, OH 12/12/2009	147.5
82.5	Craig Boling DeGraff, OH 12/12/2009	165	Michael Chaffee Granger, IN 8/14/2010	87.5	Joseph Coulson DeGraff, OH 4/5/2008	192.5
100	Alejundro Ruiz Monteverde, FL 3/8/2014	172.5	Alejundro Ruiz Monteverde, FL 3/8/2014	130	Alejundro Ruiz Monteverde, FL 3/8/2014	212.5
110	Jared Holycross DeGraff, OH 4/5/2008	195			Jared Holycross DeGraff, OH 4/5/2008	187.5

Teenage (16-17) Equipped						
Weight	Squat		Bench Press		Deadlift	
	Kyler Ferrell-Clegg		Kyler Ferrell-Clegg		Kyler Ferrell-Clegg	

56	Monteverde, FL 3/8/2014	92.5	Monteverde, FL 3/8/2014	75	Monteverde, FL 3/8/2014	150
60	Zachary Maxfield Crowell, MI 3/6/2010	170	Dylan Price China Township, MI 3/5/2011	102.5	Michael Schaffer Quincy, OH 6/26/2011	142.5
67.5			Mason Harbour DeGraff, OH 12/12/2009	107.5	Mason Harbour DeGraff, OH 12/12/2009	195
75	Tien Ha Monteverde, FL 3/9/2013	163.5	Mason Harbour DeGraff, OH 6/25/2011	147.5	Michael Megler Monteverde, FL 3/5/2016	227.5
82.5	Joseph Coulson DeGraff, OH 12/12/2009	182.5	Jarrett Bryson 6/25/2016	107.5	Joseph Coulson DeGraff, OH 12/12/2009	227.5
90	Zach Stewart Quincy, OH 6/24/2011	152.5	Whilden Perry Swartz Creek, MI 3/6/2010	125	Cray Reagon Quincy, IL 6/25/2016	220
100	Cody Lackin 3/9/2013	227.5	Alejandro Ruiz Monteverde, FL 3/5/2016	152.5	Alejandro Ruiz Monteverde, FL 3/5/2016	250
110	Brad Moffet DeGraff, OH 4/5/2008	157.5	Brad Moffet DeGraff, OH 4/5/2008	92.5	Jared Holycross DeGraff, OH 12/12/2009	202.5
125	Chad Small Maplewood, OH 4/5/2008	182.5				

Teenage (18-19) Equipped						
Weight	Squat		Bench Press		Deadlift	
52	Chung Chun Wong Montverde, FL 3/9/2013	72.5	Chung Chun Wong Montverde, FL 3/9/2013	55	Chung Chun Wong Montverde, FL 3/9/2013	142.5
60	Yuane Yang Montverde, FL 3/9/2013	110	James Fairchild Crowell, MI 6/26/2011	102.5	Zachary Maxfield Crowell, MI 6/26/2011	192.5
	Sung-Yueh Chang		Sung-Yueh Chang		Brett Faught	

67.5	Monteverde, FL 3/5/2016	161	Monteverde, FL 3/5/2016	105	Normal, IL 11/10/2007	190
75			Qyniy Wang Monteverde, FL 3/5/2016	122.5	Ryan Stewart Quincy, OH 12/12/2009	192.5
82.5	Jake McBrien DeGraff, OH 4/5/2008	192.5	Ryan Stewart Quincy, OH 12/11/2010	110	Jake McBrien DeGraff, OH 4/5/2008	195
90	Joe Coulson DeGraff, OH 6/24/2011	205	Joe Coulson DeGraff, OH 6/25/2011	117.5	Joe Coulson DeGraff, OH 6/26/2011	262.5
100			Dillon Horn Pacific, MO 1/29/2011	145	Menghue He Montverde, FL 3/5/2011	195
110	Manuel Camacho Montverde, FL 2/4/2012	160	Jared Holycross DeGraff, OH 12/11/2010	145	Manuel Camacho Montverde, FL 2/4/2012	200
145	Chad Small Maplewood, OH 12/12/2009	202.5				

Junior (20-23) Equipped						
Weight	Squat		Bench Press		Deadlift	
90			Michael Johnson Fort Gratiot, MI 3/14/2009	135		
100	Joseph Nudo Tinley Park, IL 6/24/2007	247.5	Joseph Nudo Tinley Park, IL 6/24/2007	165	Joseph Nudo Tinley Park, IL 6/24/2007	257.5
110			Scott Perdaris Alto, MI 3/6/2010	112.5	Scott Perdaris Alto, MI 3/6/2010	195
125			Michael Stewart Port Huron, MI 8/21/2010	175	Michael Stewart Port Huron, MI 8/21/2010	255
	Cody Brant		Jordan Ritchie		Cody Brant	

145	Jacksonville, IL 2/9/2013	340	Quincy, IL 11/10/2012	125	Macomb, IL 11/10/2012	320
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Master (40-44) Equipped						
Weight	Squat		Bench Press		Deadlift	
67.5			Todd Greenman Wayland, MI 8/15/2009	137.5	Todd Greenman Wayland, MI 8/15/2009	192.5
75			Scott Hazleton Lake Orion, MI 5/5/2007	192.5		
82.5			Miguel Ruelan Flushing, MI 10/16/2010	205	Jeff Mumaw Grand Rapids, MI 2/25/2006	230
90	Doug Harney Longwood, FL 5/14/2006	210	Ron Madison Muskegon, MI 3/7/2015	207.5	Chuck Peters Berkly, MA 3/4/2006	250
100	David Stephens 3/7/2015	140	Dave Walker Burlington, WI 11/10/2007	242.5	Mark Wilcox East Bridgewater, MA 4/26/2008	260
110			Dave Walker Burlington, WI 4/5/2008	250	Mark Wilcox East Bridgewater, MA 3/4/2006	272.5
125			Horace lane Sterling Heights, MI 2/25/2006	245	Raul Donati Osceola, IN 3/26/2011	300
145	Ron Nicodemus Fort Wayne, IN 4/5/2008	250				
145+			Cruz Torres Saginaw, MI 4/26/2008	185		

Master (45-49) Equipped						
Weight	Squat		Bench Press		Deadlift	
67.5			John Ali-Rodgers Dayton, OH 12/11/2010	112.5		
75	Robert Fricke Bloomingtondale, MI 3/6/2010	105	John Marks Detroit, MI 4/26/2008	140	Robert Fricke Bloomingtondale, MI 2/25/2006	162.5
82.5			Tatsuhito Nagai South Beloit, IL 4/10/2010	150		
90			John Jachim Pierson, MI 5/15/2010	182.5	Peter Pilkington East Bridgewater, MA 4/26/2008	207.5
100	Derek Wallace Newburgh, IL 6/24/2011	286	Mark LeClair Twin Lakes, MI 4/26/2008	227.5	Brian Birchmeier Clio, MI 3/5/2011	227.5
110	James Perry Saginaw, MI 3/5/2011	250	Dave Walker Burlington, WI 4/10/2010	262.5	Craig Koehrson East Peoria, IL 2/20/2010	330
125			Noble Cozine Winfield, IA 5/6/2006	205	Raul Donati Osceola, IN 6/26/2011	285
145			Dave Beversdorf Columbia, MO 1/12/2013	260		
145+	Dennis Stouder Nappanee, IN 3/14/2009	250	Dave Beversdorf Columbia, MO 11/10/2012	252.5	Bill Duncan Mexico, MO 3/31/2007	215

Master (50-54) Equipped						
Weight	Squat		Bench Press		Deadlift	
67.5	David Wilson Dearborn, MI	165	David Wilson Dearborn, MI	132.5	David Wilson Dearborn, MI	220

	3/14/2009		3/14/2009		3/14/2009	
75					David Nicastro Mullica Hill, NJ 10/22/2006	277.5
82.5			Robert Fabriano Lansing, MI 3/5/2011	172.5	Robert Fabriano Lansing, MI 3/5/2011	227.5
90			John Jachim Pierson, MI 3/8/2014	172.5	Bill Coleman Scituate, MA 6/14/2009	170
100	Jim Bell St. Louis, MO 3/6/2010	237.5	Mark LeClair Twin Lakes, MI 6/24/2011	232.5	Jim Bell St. Louis, MO 3/6/2010	235
110	David Lawrence Kalamazoo, MI 2/25/2006	192.5	David Walker Pinehurst, TX 3/8/2014	261	David Lawrence Kalamazoo, MI 2/25/2006	182.5
125	Brad Lovejoy Kingsville, OH 4/5/2008	220	Noble Cozine Winfield, IA 3/31/2007	210	Ed Riley Chicago, IL 3/8/2014	297.5
145	Brad Lovejoy Kingsville, OH 9/11/2009	220	Bruce Edwards Fenton, MI 10/16/2010	240		
145+	Dennis Stouder Nappanee, IN 6/24/2011	255	Allen Turner Kalamazoo, MI 6/25/2011	162.5		

Master (55-59) Equipped						
Weight	Squat		Bench Press		Deadlift	
75			Randy Francis New Breman, OH 12/11/2010	147.5		
82.5					Gregory Kleyn Des Plaines, IL 4/10/2010	252.5
90	Dave Hardy Mishawaka, IN	195	Dave Hardy Mishawaka, IN	170	Maron Cury Marysville, OH	225

	4/5/2008		4/5/2008		12/12/2009	
100	James Bell St. Louis, MO 6/24/2011	252.5	Dell Allen South Bend, IN 6/22/2013	155	Dave Mansfield Hanson, MA 3/4/2006	256
110			George Washington Lansing, MI 9/30/2006	127.5	Brian Elbert Flint, MI 4/22/2017	232.5
125			Jeff Buchin Grand Ledge, MI 5/6/2006	200		
145			Jeff Buchin Grand Ledge, MI 9/30/2006	190		

Master (60-64) Equipped						
Weight	Squat		Bench Press		Deadlift	
67.5			Gary Morrison Grand Rapids, MI 3/3/2007	92.5	Gary Morrison Grand Rapids, MI 6/23/2007	145
82.5	Jeff Schooler Lansing, MI 6/24/2011	162.5	Dave Hardy Mishawaka, IN 6/25/2011	132.5	Robert Batko Houghton, MI 8/14/2010	227.5
90	Dave Hardy Mishawaka, IN 3/5/2011	182.5	Dave Hardy Mishawaka, IN 10/16/2010	142.5	Robert Batko Houghton, MI 2/25/2006	222.5
100			Joe Brodski Saginaw, MI 1/31/2009	140	Dave Mansfield Hanson, MA 4/26/2008	256
125	Gary Krueger Paw Paw, MI 6/24/2011	245	Clay Barnett Mapleton, IL 11/21/2009	185	Gary Krueger Paw Paw, MI 3/6/2010	230
145			Jeff Buchin Grand Ledge, MI 6/24/2011	205		

Master (65-69) Equipped						
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Weight	Squat		Bench Press		Deadlift	
67.5						
75			Jon Smoker Elkhart, IN 9/1/2014	100	Jon Smoker Elkhart, IN 9/1/2014	182.5
82.5	Robert Batko Houghton Lake, MI 3/9/2013	170	Robert Batko Houghton Lake, MI 3/9/2013	95	Robert Batko Houghton Lake, MI 9/4/2012	235
90			Gary Chapman Metamora, MI 4/27/2013	105		
100	Dave Mansfield Hanson, MA 6/24/2011	260	Daryl Meloche Climax, MI 3/14/2009	125	Leon Turner Detroit, MI 2/25/2006	140
110			Ray Cross Quncy, MA 8/24/2013	130		
145			Gary Krueger Paw Paw, MI 9/1/2014	152.5	Gary Krueger Paw Paw, MI 9/1/2014	220

Master (70-74) Equipped						
Weight	Squat		Bench Press		Deadlift	
82.5					Robert Batko Houghton Lake, MI 10/29/2016	207.5
90			Gary Chapman Metamora, MI 4/27/2013	115		
100	David Mansfield Hanson, MA 3/4/2017	200			David Mansfield Hanson, MA 3/4/2017	217.5
Master (80-84) Equipped						

Weight	Squat		Bench Press		Deadlift	
90			Lloyd Coon Swartz Creek, MI 4/5/2008	57.5		

Master (85-89) Equipped						
Weight	Squat		Bench Press		Deadlift	
90			Charles Lee Lima, OH 10/21/2006	95	Charles Lee Lima, OH 10/22/2006	130

Police, Military, Fire Equipped						
Weight	Squat		Bench Press		Deadlift	
100			David Walker Burlington, MI 11/10/2007	242.5		
100			David Walker Burlington, MI 4/14/2009	260		