





| Teenage (16-17) Unequipped |   |       |   |       |   |        |  |       |
|----------------------------|---|-------|---|-------|---|--------|--|-------|
| Weight                     | Squat                                   |       | Bench Press                                   |       | Deadlift                                |        | Total                                      |       |
| 52                         |   |       |   |       |   |        |  |       |
| 56                         |   |       |   |       |   |        |  |       |
| 60                         |   |       |   |       |   |        |  |       |
| 67.5                       |   |       |   |       |   |        |  |       |
| 75                         | David Chen<br>Muskegon, MI<br>9/24/2016 | 115.7 | David Chen<br>Muskegon, MI<br>9/24/2016       | 77.1  | David Chen<br>Muskegon, MI<br>9/24/2016 | 145.15 | David Chen<br>Muskegon, MI<br>9/24/2016    | 337.9 |
| 82.5                       | Sunny Liu<br>Muskegon, MI<br>10/29/2016 | 145   | Sebastian Foglio<br>Goodrich, MI<br>4/22/2017 | 100   | Sunny Liu<br>Muskegon, MI<br>10/29/2016 | 182.5  | Sunny Liu<br>Muskegon, MI<br>10/29/2016    | 425   |
| 90                         |   |       | Michael Morgan<br>Lansing, MI<br>4/11/2015    | 147.5 |   |        | Michael Morgan<br>Lansing, MI<br>4/11/2015 | 567.5 |
| 100                        | Gavin Cartmell<br>Michigan<br>8/12/2017 | 182.5 | Gavin Cartmell<br>Michigan<br>8/12/2017       | 112.5 | Gavin Cartmell<br>Michigan<br>8/12/2017 | 205    | Gavin Cartmell<br>Michigan<br>8/12/2017    | 500   |
| 110                        |   |       |   |       |   |        |  |       |
| 125                        |   |       |   |       |   |        |  |       |
| 145                        |   |       |   |       |   |        |  |       |
| 145+                       |   |       |   |       |   |        |  |       |

**Teenage (18-19) Unequipped**



|      |   |       |  |    |  |     |  |     |
|------|---|-------|--|----|--|-----|--|-----|
| 56   |   |       |  |    |  |     |  |     |
| 60   |   |       |  |    |  |     |  |     |
| 67.5 | Kevin Maier<br>Holt, MI<br>4/11/2015      | 160   |  |    |  |     |  |     |
| 75   |   |       |  |    |  |     |  |     |
| 82.5 |   |       |  |    |  |     |  |     |
| 90   |   |       |  |    |  |     |  |     |
| 100  | Dan Allison<br>Kalamazoo, MI<br>4/26/2008 | 240   |  |    |  |     |  |     |
| 110  | Jacob Abbott<br>Muskegon, MI<br>9/24/2016 | 142.5 | Jacob Abbott<br>Muskegon, MI<br>10/29/2016 | 90 | Jacob Abbott<br>Muskegon, MI<br>10/29/2016 | 225 | Jacob Abbott<br>Muskegon, MI<br>10/29/2016 | 460 |
| 125  |   |       |  |    |  |     |  |     |
| 145  |   |       |  |    |  |     |  |     |
| 145+ |   |       |  |    |  |     |  |     |

| Master (40-44) Unequipped |       |  |             |  |          |  |       |  |
|---------------------------|-------|--|-------------|--|----------|--|-------|--|
| Weight                    | Squat |  | Bench Press |  | Deadlift |  | Total |  |
| 52                        |       |  |             |  |          |  |       |  |

|      |  |  |  |  |  |  |  |  |
|------|--|--|--|--|--|--|--|--|
| 67.5 |  |  |  |  |  |  |  |  |
|------|--|--|--|--|--|--|--|--|







|      |  |  |  |  |  |  |  |  |
|------|--|--|--|--|--|--|--|--|
| 145+ |  |  |  |  |  |  |  |  |
|------|--|--|--|--|--|--|--|--|

| Master (55-59) Unequipped |                                       |       |  |       |  |       |  |       |
|---------------------------|---------------------------------------|-------|--|-------|--|-------|--|-------|
| Weight                    | Squat                                 |       | Bench Press                                |       | Deadlift                                   |       | Total                                      |       |
| 75                        |                                       |       |  |       |  |       |  |       |
| 82.5                      |                                       |       |  |       |  |       |  |       |
| 90                        | Bob Carr<br>Bailey, MI<br>9/16/2017   | 113.4 | Bob Carr<br>Bailey, MI<br>9/16/2017        | 81.65 | Bob Carr<br>Bailey, MI<br>4/22/2017        | 160   | Bob Carr<br>Bailey, MI<br>4/22/2017        | 345   |
| 100                       |                                       |       | Frank Hockeborn<br>Walker, MI<br>1/26/2008 | 147.5 | Frank Hockeborn<br>Walker, MI<br>1/26/2008 | 200   | Frank Hockeborn<br>Walker, MI<br>1/26/2008 | 512.5 |
| 110                       |                                       |       |  |       |  |       |  |       |
| 125                       | Mark Stevens<br>Michigan<br>8/12/2017 | 152.5 | Mark Stevens<br>Michigan<br>8/12/2017      | 150   | Mark Stevens<br>Michigan<br>8/12/2017      | 207.5 | Mark Stevens<br>Michigan<br>8/12/2017      | 510   |

| Master (60-64) Unequipped |  |     |  |       |  |       |  |       |
|---------------------------|--|-----|--|-------|--|-------|--|-------|
| Weight                    | Squat  |     | Bench Press                                    |       | Deadlift                                       |       | Total  |       |
| 60                        | Gary Morrison<br>Grand Rapids, MI<br>7/11/2009 | 90  | Gary Morrison<br>Grand Rapids, MI<br>7/11/2009 | 85    | Gary Morrison<br>Grand Rapids, MI<br>7/11/2009 | 142.5 | Gary Morrison<br>Grand Rapids, MI<br>7/11/2009 | 317.5 |
| 67.5                      |  |     | Gary Morrison<br>Grand Rapids, MI<br>6/21/2008 | 87.5  | Gary Morrison<br>Grand Rapids, MI<br>6/21/2008 | 145   | Gary Morrison<br>Grand Rapids, MI<br>6/21/2008 | 332.5 |
| 75                        |  |     |  |       |  |       |  |       |
| 82.5                      | Robert Batko<br>Houghton Lake, MI              | 160 | Jack Culp<br>Kalamazoo, MI                     | 112.5 | Robert Batko<br>Houghton Lake, MI              | 205   | Robert Batko<br>Houghton Lake, MI              | 455   |



|     |  |     |  |       |  |     |  |       |
|-----|--|-----|--|-------|--|-----|--|-------|
| 145 | Gary Krueger<br>Paw Paw, MI<br>4/27/2013 | 190 | Gary Krueger<br>Paw Paw, MI<br>4/27/2013 | 137.5 | Gary Krueger<br>Paw Paw, MI<br>4/27/2013 | 195 | Gary Krueger<br>Paw Paw, MI<br>4/27/2013 | 522.5 |
|-----|--|-----|--|-------|--|-----|--|-------|

| Master (70-74) Unequipped |  |     |  |     |  |       |  |       |
|---------------------------|--|-----|--|-----|--|-------|--|-------|
| Weight                    | Squat  |     | Bench Press                                    |     | Deadlift                                       |       | Total  |       |
| 60                        |  |     |  |     |  |       |  |       |
| 67.5                      |  |     |  |     |  |       |  |       |
| 82.5                      | Robert Batko<br>Houghton Lake, MI<br>8/27/2016 | 160 | Robert Batko<br>Houghton Lake, MI<br>6/11/2016 | 85  | Robert Batko<br>Houghton Lake, MI<br>8/27/2016 | 200   | Robert Batko<br>Houghton Lake, MI<br>8/27/2016 | 440   |
| 90                        |  |     | Tim Andrews<br>Kalamazoo, MI<br>1/23/2010      | 110 |  |       |  |       |
| 100                       | Tim Andrews<br>Kalamazoo, MI<br>11/22/2008     | 125 | Tim Andrews<br>Kalamazoo, MI<br>6/21/2008      | 130 | Tim Andrews<br>Kalamazoo, MI<br>11/22/2008     | 147.5 | Tim Andrews<br>Kalamazoo, MI<br>9/13/2008      | 392.5 |

| Master (75-79) Unequipped |  |      |  |      |  |     |  |       |
|---------------------------|--|------|--|------|--|-----|--|-------|
| Weight                    | Squat                                  |      | Bench Press                            |      | Deadlift                               |     | Total                                  |       |
| 60                        |  |      |  |      |  |     |  |       |
| 67.5                      |  |      |  |      |  |     |  |       |
| 75                        | Curvin Sell<br>Canton, MI<br>8/13/2005 | 27.5 | Curvin Sell<br>Canton, MI<br>8/13/2005 | 37.5 | Curvin Sell<br>Canton, MI<br>8/13/2005 | 95  | Curvin Sell<br>Canton, MI<br>8/13/2005 | 160   |
| 90                        | Ben Creech<br>Michigan<br>8/13/2008    | 92.5 | Ben Creech<br>Michigan<br>8/13/2008    | 50   | Ben Creech<br>Michigan<br>8/13/2008    | 120 | Ben Creech<br>Michigan<br>8/13/2008    | 262.5 |

| Master (80-84) Unequipped |       |  |             |  |          |  |       |  |
|---------------------------|-------|--|-------------|--|----------|--|-------|--|
| Weight                    | Squat |  | Bench Press |  | Deadlift |  | Total |  |

|      |   |       |   |      |   |     |   |     |
|------|---|-------|---|------|---|-----|---|-----|
| 82.5 | Blade McClelland<br>Michigan<br>8/13/2005 | 102.5 | Blade McClelland<br>Michigan<br>8/13/2005 | 87.5 | Blade McClelland<br>Michigan<br>8/13/2005 | 135 | Blade McClelland<br>Michigan<br>8/13/2005 | 325 |
|------|---|-------|---|------|---|-----|---|-----|

**Master (85-89) Unequipped**

| Weight | Squat                                  | Bench Press | Deadlift                               | Total |  |    |  |     |
|--------|--|-------------|--|-------|--|----|--|-----|
| 60     | Roger Merrell<br>Novi, MI<br>8/13/2005 | 20          | Roger Merrell<br>Novi, MI<br>8/13/2005 | 30    | Roger Merrell<br>Novi, MI<br>8/13/2005 | 65 | Roger Merrell<br>Novi, MI<br>8/13/2005 | 115 |
| 67.5   | James Meadows<br>Michigan<br>8/13/2005 | 32.5        | James Meadows<br>Michigan<br>8/13/2005 | 37.5  | James Meadows<br>Michigan<br>8/13/2005 | 70 | James Meadows<br>Michigan<br>8/13/2005 | 140 |

**Police, Military, Fire Unequipped**

| Weight | Squat  | Bench Press | Deadlift                                       | Total |  |     |  |     |
|--------|--|-------------|--|-------|--|-----|--|-----|
| 60     | Brandon Anderson<br>Muskegon, MI<br>10/29/2016 | 147.5       | Brandon Anderson<br>Muskegon, MI<br>10/29/2016 | 95    | Brandon Anderson<br>Muskegon, MI<br>10/29/2016 | 180 | Brandon Anderson<br>Muskegon, MI<br>10/29/2016 | 425 |
| 75     |  |             |  |       |  |     |  |     |
| 82.5   |  |             |  |       |  |     |  |     |
| 90     |  |             |  |       |  |     |  |     |
| 110    |  |             |  |       |  |     |  |     |
| 125    | Nathan Balanowski<br>Lansing, MI<br>11/7/2009  | 262.5       | Nathan Balanowski<br>Lansing, MI<br>11/7/2009  | 147.5 | Nathan Balanowski<br>Lansing, MI<br>11/7/2009  | 290 | Nathan Balanowski<br>Lansing, MI<br>11/7/2009  | 700 |

Full Power Equipped MI Records updated 9/16/2017

| Open Equipped |   |        |  |        |  |       |   |
|---------------|---|--------|--|--------|--|-------|---|
| Weight        | Squat                                       |        | Bench Press                                  |        | Deadlift                                     |       | Total   |
| 52            |   |        |  |        |  |       |   |
| 60            |   |        |  |        |  |       |   |
| 67.5          |   |        |  |        | David Wilson<br>Dearborn, MI<br>9/13/2008    | 210   |   |
| 75            |   |        |  |        | Paul Coats<br>Eaton Rapids, MI<br>2/26/2006  | 265   | Paul Coats<br>Eaton Rapids, MI<br>2/26/2006<br>647.5  |
| 82.5          | Corey Perdaris<br>Muskegon, MI<br>4/22/2017 | 192.5  | Jim Harris<br>Royal Oak, MI<br>5/5/2007      | 157.5  | Corey Perdaris<br>Muskegon, MI<br>4/22/2017  | 205   | Corey Perdaris<br>Muskegon, MI<br>4/22/2017<br>537.5  |
| 90            | Corey Perdaris<br>Muskegon, MI<br>9/16/2017 | 176.9  | Corey Perdaris<br>Muskegon, MI<br>10/29/2016 | 145    | Corey Perdaris<br>Muskegon, MI<br>10/29/2016 | 205   | Corey Perdaris<br>Muskegon, MI<br>10/29/2016<br>522.5 |
| 100           | Devon Winters<br>Sturgis, MI<br>9/16/2017   | 136.08 | Devon, Winters<br>Sturgis, MI<br>9/16/2017   | 129.28 | Floyd Givens<br>Detroit, MI<br>1/31/2009     | 280   | Devon Winters<br>Sturgis, MI<br>9/16/2017<br>469.47   |
| 110           | Floyd Givens<br>Detroit, MI<br>8/13/2005    | 285    | Lutario Lopez<br>Holland, MI<br>8/13/2005    | 232.5  | Floyd Givens<br>Detroit, MI<br>8/13/2005     | 322.5 | Floyd Givens<br>Detroit, MI<br>8/13/2005<br>807.5     |
| 125           |   |        |  |        |  |       |   |
| 145           | Gary Krueger<br>Paw Paw, MI<br>4/22/2017    | 145    | Gary Krueger<br>Paw Paw, MI<br>4/22/2017     | 120    | Gary Krueger<br>Paw Paw, MI<br>4/22/2017     | 195   |   |
| 145+          |   |        |  |        |  |       |   |

| Teenage (14-15) Equipped |       |  |             |  |          |  |       |
|--------------------------|-------|--|-------------|--|----------|--|-------|
| Weight                   | Squat |  | Bench Press |  | Deadlift |  | Total |

|      |  |  |  |  |  |  |  |  |
|------|--|--|--|--|--|--|--|--|
|      |  |  |  |  |  |  |  |  |
| 52   |  |  |  |  |  |  |  |  |
| 60   |  |  |  |  |  |  |  |  |
| 67.5 |  |  |  |  |  |  |  |  |
| 82.5 |  |  |  |  |  |  |  |  |
| 100  |  |  |  |  |  |  |  |  |
| 110  |  |  |  |  |  |  |  |  |
| 145+ |  |  |  |  |  |  |  |  |

| Teenage (16-17) Equipped |  |       |  |       |  |       |  |       |
|--------------------------|--|-------|--|-------|--|-------|--|-------|
| Weight                   | Squat  |       | Bench Press                                    |       | Deadlift                                       |       | Total  |       |
|                          |  |       |  |       |  |       |  |       |
| 60                       |  |       |  |       |  |       |  |       |
| 67.5                     |  |       |  |       |  |       |  |       |
| 75                       |  |       |  |       |  |       |  |       |
| 82.5                     | David Lormie<br>Twin Lakes, MI<br>1/20/2007    | 172.5 | David Lormie<br>Twin Lakes, MI<br>1/20/2007    | 102.5 |  |       |  |       |
| 90                       | Josef Stachowicz<br>Whitehall, MI<br>1/20/2007 | 215   | Josef Stachowicz<br>Whitehall, MI<br>1/20/2007 | 135   | Josef Stachowicz<br>Whitehall, MI<br>1/20/2007 | 242.5 | Josef Stachowicz<br>Whitehall, MI<br>1/20/2007 | 592.5 |









| 145                            |   |    |   |       |   |       |   |       |
|--------------------------------|---|----|---|-------|---|-------|---|-------|
| <b>Master (45-49) Equipped</b> |   |    |   |       |   |       |   |       |
| Weight                         | Squat   |    | Bench Press                                       |       | Deadlift  |       | Total   |       |
| 67.5                           | Robert Fricke<br>Bloomingtondale, MI<br>9/30/2006 | 85 | Robert Fricke<br>Bloomingtondale, MI<br>9/30/2006 | 85    | Robert Fricke<br>Bloomingtondale, MI<br>9/30/2006 | 122.5 | Robert Fricke<br>Bloomingtondale, MI<br>9/30/2006 | 292.5 |
| 75                             |   |    | Jim Harris<br>Royal Oak, MI<br>8/13/2015          | 137.5 | Jim Harris<br>Royal Oak, MI<br>8/13/2015          | 215   | Jim Harris<br>Royal Oak, MI<br>8/13/2015          | 535   |
| 82.5                           |   |    |   |       |   |       |   |       |
| 90                             |   |    |   |       |   |       |   |       |
| 100                            |   |    |   |       |   |       |   |       |
| 110                            |   |    | James Perry II<br>Saginaw, MI<br>11/7/2009        | 147.5 | James Perry II<br>Saginaw, MI<br>11/7/2009        | 257.5 | James Perry II<br>Saginaw, MI<br>11/7/2009        | 652.5 |
| 125                            |   |    | Raymond Zimmerman<br>Greenville, MI<br>8/11/2007  | 190   |   |       |   |       |
| 145                            |   |    |   |       |   |       |   |       |

| <b>Master (50-54) Equipped</b> |   |       |   |     |   |     |   |       |
|--------------------------------|---|-------|---|-----|---|-----|---|-------|
| Weight                         | Squat                                     |       | Bench Press                               |     | Deadlift                                  |     | Total                                     |       |
| 67.5                           | David Wilson<br>Dearborn, MI<br>6/21/2008 | 152.5 | David Wilson<br>Dearborn, MI<br>9/13/2008 | 130 | David Wilson<br>Dearborn, MI<br>9/13/2008 | 210 | David Wilson<br>Dearborn, MI<br>9/13/2008 | 497.5 |
| 75                             |   |       |   |     |   |     |   |       |

|      |   |     |   |       |   |       |   |       |
|------|---|-----|---|-------|---|-------|---|-------|
| 82.5 | James Harris<br>Royal Oak, MI<br>5/5/2007 | 180 | James Harris<br>Royal Oak, MI<br>5/5/2007 | 157.5 | James Harris<br>Royal Oak, MI<br>5/5/2007 | 200   | James Harris<br>Royal Oak, MI<br>5/5/2007 | 537.5 |
| 90   |   |     |   |       |   |       |   |       |
| 100  |   |     |   |       |   |       |   |       |
| 110  | Floyd Givens<br>Detroit, MI<br>8/13/2005  | 285 | Floyd Givens<br>Detroit, MI<br>8/13/2005  | 200   | Floyd Givens<br>Detroit, MI<br>8/13/2005  | 322.5 | Floyd Givens<br>Detroit, MI<br>8/13/2005  | 807.5 |
| 125  |   |     |   |       |   |       |   |       |
| 145  |   |     |   |       |   |       |   |       |

| Master (55-59) Equipped |  |     |  |       |  |     |  |     |
|-------------------------|--|-----|--|-------|--|-----|--|-----|
| Weight                  | Squat                                    |     | Bench Press                                  |       | Deadlift                                     |     | Total  |     |
| 90                      |  |     |  |       |  |     |  |     |
| 100                     | Floyd Givens<br>Detroit, MI<br>1/31/2009 | 260 | Floyd Givens<br>Detroit, MI<br>1/31/2009     | 195   | Floyd Givens<br>Detroit, MI<br>1/31/2009     | 280 | Floyd Givens<br>Detroit, MI<br>1/31/2009     | 735 |
| 110                     |  |     | Steven Cohle<br>Byron Center, MI<br>7/8/2006 | 157.5 | Steven Cohle<br>Byron Center, MI<br>7/8/2006 | 250 | Steven Cohle<br>Byron Center, MI<br>7/8/2006 | 605 |
| 110                     |  |     |  |       |  |     |  |     |

| Master (60-64) Equipped |  |       |  |    |  |       |  |     |
|-------------------------|--|-------|--|----|--|-------|--|-----|
| Weight                  | Squat  |       | Bench Press                                    |    | Deadlift                                       |       | Total  |     |
| 60                      | Gary Morrison<br>Grand Rapids, MI<br>8/11/2007 | 132.5 | Gary Morrison<br>Grand Rapids, MI<br>8/11/2007 | 85 | Gary Morrison<br>Grand Rapids, MI<br>8/11/2007 | 147.5 | Gary Morrison<br>Grand Rapids, MI<br>8/11/2007 | 365 |

|      |  |       |   |       |  |       |  |       |
|------|--|-------|---|-------|--|-------|--|-------|
| 67.5 | Theodore Feight<br>Lansing, MI<br>8/11/2007    | 147.5 | Gary Morrison<br>Grand Rapids, MI<br>5/5/2007 | 95    | Theodore Feight<br>Lansing, MI<br>8/11/2007    | 155   | Theodore Feight<br>Lansing, MI<br>8/11/2007    | 397.5 |
| 82.5 | Robert Batko<br>Houghton Lake, MI<br>6/3/2012  | 200   |   |       |  |       |  |       |
| 90   | Robert Batko<br>Houghton Lake, MI<br>2/25/2006 | 190   | Jack Culp<br>Kalamazoo, MI<br>7/8/2006        | 112.5 | Robert Batko<br>Houghton Lake, MI<br>2/25/2006 | 222.5 | Robert Batko<br>Houghton Lake, MI<br>2/25/2006 | 517.5 |
| 100  |  |       |   |       |  |       |  |       |
| 110  |  |       |   |       |  |       |  |       |
| 125  |  |       |   |       |  |       |  |       |

| Master (65-69) Equipped |  |     |   |       |   |       |  |       |
|-------------------------|--|-----|---|-------|---|-------|--|-------|
| Weight                  | Squat  |     | Bench Press                               |       | Deadlift                                      |       | Total  |       |
| 75                      |  |     |   |       |   |       |  |       |
| 82.5                    | Robert Batko<br>Houghton Lake, MI<br>4/11/2015 | 205 | Jim Harris<br>Royal Oak, MI<br>5/5/2007   | 157.5 | Robert Batko<br>Houghton Lake, MI<br>9/1/2012 | 235   | Robert Batko<br>Houghton Lake, MI<br>4/11/2015 | 532.5 |
| 90                      |  |     |   |       |   |       |  |       |
| 100                     |  |     |   |       |   |       |  |       |
| 110                     |  |     |   |       |   |       |  |       |
| 125                     | Gary Krueger<br>Paw Oaw, MI<br>4/22/2017       | 140 | Gary Krueger<br>Paw Paw, MI<br>10/29/2012 | 165   | Paul Wrenn<br>Clarkesville, TN<br>7/16/2011   | 232.5 | Gary Krueger<br>Paw Paw, MI<br>10/29/2012      | 602.5 |
|                         | Gary Krueger                                   |     | Gary Krueger                              |       | Gary Krueger                                  |       | Gary Krueger                                   |       |



Single Event Unequipped Michigan Records Updated 9/16/2017

| Open Unequipped |   |        |  |       |  |        |
|-----------------|---|--------|--|-------|--|--------|
| Weight          | Squat   |        | Bench Press  |       | Deadlift                                       |        |
| 52              |   |        | Dylan Price<br>China Township, MI<br>5/15/2009     | 90    |  |        |
| 56              |   |        | Vin Voeun<br>Zeeland, MI<br>2/25/2006              | 110   |  |        |
| 60              | Jimmy Fairchild<br>Croswell, MI<br>3/6/2010   | 150    | Jonathan Gabriel<br>Gordon, MI<br>4/20/2011        | 120   | Jimmy Fairchild<br>Croswell, MI<br>3/6/2010    | 197.5  |
| 67.5            | Gary Morrison<br>Grand Rapids, MI<br>4/5/2008 | 107.5  | Gary Morrison<br>Grand Rapids, MI<br>4/5/2008      | 87.5  | David Wilson<br>Dearborn, MI<br>3/14/2009      | 227.5  |
| 75              | Steve Sielawa<br>Caledonia, MI<br>6/24/2011   | 182.5  | Michael Evans<br>Edwardsville, MI<br>3/5/2011      | 162.5 | Jake Miller<br>Kimball, MI<br>3/5/2011         | 290    |
| 82.5            | John Stein<br>East Lansing, MI<br>6/24/2011   | 200    | Ron Madison<br>Muskegon, MI<br>3/9/2013            | 175   | Cesar Ramirez<br>Wyoming, MI<br>7/15/2017      | 210    |
| 90              | Kyle Ray<br>Sturgis, MI<br>9/16/2017          | 167.83 | Ron Madison<br>Muskegon, MI<br>8/26/2001           | 215.5 | Joshua Decker<br>Wyoming, MI<br>6/23/2007      | 295    |
| 100             | Cody Bodnar<br>Muskegon, MI<br>3/7/2015       | 242.5  | Vincent Delossantos<br>Carrollton, MI<br>4/26/2008 | 200   | Joshua Glick<br>Muskegon, MI<br>7/16/2016      | 265    |
| 110             |   |        | Todd Tryska<br>Muskegon, MI<br>7/16/2016           | 135   | Neil Reibold<br>Grand Rapids, MI<br>7/16/2016  | 240    |
| 125             |   |        | John Johnson<br>Port Huron, MI<br>1/31/2009        | 212.5 | Michael Stewart<br>Port Huron, MI<br>5/15/2010 | 265    |
| 145             | David Mokena<br>Sturgis, MI                   | 204.12 | John Johnson<br>Port Huron, MI                     | 217.5 | David Mokena<br>Sturgis, MI                    | 260.82 |

|      |  |     |  |       |   |     |
|------|--|-----|--|-------|---|-----|
|      | 9/16/2017                              |     | 3/14/2009                                |       | 9/16/2017                                 |     |
| 145+ | Jason Rogers<br>Flint, MI<br>4/30/2011 | 240 | Reggie Bradford<br>Flint, MI<br>3/9/2013 | 242.5 | Craig Curtis<br>Muskegon, MI<br>7/16/2016 | 240 |

| Teenage (14-15) Unequipped |       |  |  |      |   |       |
|----------------------------|-------|--|--|------|---|-------|
| Weight                     | Squat |  | Bench Press                                    |      | Deadlift                                      |       |
| 52                         |       |  | Dylan Price<br>China Township, MI<br>5/15/2009 | 90   |   |       |
| 56                         |       |  |  |      |   |       |
| 60                         |       |  | Dylan Price<br>China Township, MI<br>5/5/2010  | 90   |   |       |
| 67.5                       |       |  | Eli Permasang<br>Holland, MI<br>7/15/2017      | 65   | Beau Boswell<br>Crowell, MI<br>5/21/2010      | 165   |
| 75                         |       |  | Coulton Whitcomb<br>Hartland, MI<br>6/23/2007  | 72.5 | Coulton Whitcomb<br>Hartland, MI<br>6/23/2007 | 150   |
| 82.5                       |       |  | Lee Burley<br>Nunica, MI<br>10/29/2016         | 82.5 | Lee Burley<br>Nunica, MI<br>10/29/2016        | 172.5 |
| 90                         |       |  | Juan Gomez<br>Wyoming, MI<br>3/5/2011          | 115  | Juan Gomez<br>Wyoming, MI<br>3/5/2011         | 182.5 |
| 100                        |       |  |  |      |   |       |
| 110                        |       |  |  |      |   |       |
| 125                        |       |  | Anthony DeWolfe<br>Kimball, MI                 | 82.5 |   |       |

3/5/2011

| Teenage (16-17) Unequipped |  |       |   |       |   |       |
|----------------------------|--|-------|---|-------|---|-------|
| Weight                     | Squat                                    |       | Bench Press                                   |       | Deadlift                                    |       |
| 52                         |  |       |   |       |   |       |
| 56                         |  |       |   |       |   |       |
| 60                         |  |       | Dylan Price<br>China Township, MI<br>3/5/2011 | 100   | Zachary Maxfield<br>Crowell, MI<br>3/5/2011 | 187.5 |
| 67.5                       | Beau Boswell<br>Crowell, MI<br>6/24/2011 | 147.5 | Bobby Sutherby<br>Jackson, MI<br>3/14/2009    | 102.5 | Bobby Sutherby<br>Jackson, MI<br>3/14/2009  | 182.5 |
| 75                         |  |       | Ron Madison<br>Muskegon, MI<br>4/4/1992       | 155   | Beau Boswell<br>Crowell, MI<br>3/5/2011     | 185   |
| 82.5                       |  |       |   |       |   |       |
| 90                         |  |       | Scott Pokornowski<br>Allesan, MI<br>5/15/2010 | 132.5 |   |       |
| 100                        | Rob Klump<br>Granger, MI<br>3/5/2011     | 205   |   |       | Rob Klump<br>Granger, MI<br>3/5/2011        | 257.5 |
| 110                        |  |       | Moses Marrero Jr<br>Saginaw, MI<br>4/26/2008  | 140   |   |       |
| 125                        |  |       |   |       |   |       |
| 145                        |  |       |   |       |   |       |



|      |  |  |  |  |  |  |
|------|--|--|--|--|--|--|
| 145+ |  |  |  |  |  |  |
|------|--|--|--|--|--|--|

| Teenage (18-19) Unequipped |  |     |   |       |   |       |
|----------------------------|--|-----|---|-------|---|-------|
| Weight                     | Squat  |     | Bench Press                                 |       | Deadlift                                    |       |
| 52                         |  |     |   |       |   |       |
| 60                         | Jimmy Fairchild<br>Croswell, MI<br>3/6/2010  | 150 | Jimmy Fairchild<br>Croswell, MI<br>3/6/2010 | 107.5 | Jimmy Fairchild<br>Croswell, MI<br>3/6/2010 | 197.5 |
| 67.5                       |  |     | Jimmy Fairchild<br>Croswell, MI<br>3/5/2011 | 112.5 | Jimmy Fairchild<br>Croswell, MI<br>3/5/2011 | 182.5 |
| 75                         |  |     | Chase Baiers<br>Allegan, MI<br>1/26/2008    | 12.5  |   |       |
| 82.5                       |  |     | Ron Madison<br>Muskegon, MI<br>3/28/1993    | 175   |   |       |
| 90                         |  |     |   |       |   |       |
| 100                        | Colton Whitcomb<br>Hartland, MI<br>6/24/2011 | 170 | Chris Perez<br>Clio, MI<br>8/15/2009        | 150   | Chris Perez<br>Clio, MI<br>8/15/2009        | 260   |
| 110                        |  |     | Chris Perez<br>Clio, MI<br>11/7/2009        | 152.5 | Chris Perez<br>Clio, MI<br>11/7/2009        | 240   |
| 125                        |  |     |   |       |   |       |
| 145                        |  |     |   |       |   |       |

|      |   |     |   |     |   |       |
|------|---|-----|---|-----|---|-------|
| 145+ | Jared Livingston<br>Flint, MI<br>3/9/2013 | 205 | Jared Livingston<br>Flint, MI<br>3/9/2013 | 115 | Jared Livingston<br>Flint, MI<br>3/9/2013 | 202.5 |
|------|---|-----|---|-----|---|-------|

| Junior (20-23) Unequipped |   |       |  |       |   |       |
|---------------------------|---|-------|--|-------|---|-------|
| Weight                    | Squat                                       |       | Bench Press                                    |       | Deadlift                                      |       |
| 52                        |   |       |  |       |   |       |
| 56                        |   |       |  |       |   |       |
| 67.5                      |   |       |  |       |   |       |
| 75                        | Steve Slater<br>Gaylord, MI<br>3/6/2010     | 167   | Chase Baiers<br>Allegan, MI<br>6/25/2011       | 145   | Jake Miller<br>Kimball, MI<br>3/5/2011        | 290   |
| 82.5                      | John Stein<br>East Lansing, MI<br>6/24/2011 | 200   | Ron Madison<br>Muskegon, MI<br>10/27/1996      | 190   | John Hawkins<br>Aubrun Hills, MI<br>4/26/2008 | 265   |
| 90                        |   |       |  |       |   |       |
| 100                       | Cody Bodnar<br>Muskegon, MI<br>3/7/2015     | 242.5 | Christopher Risner<br>Saranac, MI<br>8/14/2010 | 170   | Joshua Glick<br>Muskegon, MI<br>7/16/2016     | 265   |
| 110                       |   |       | Jacob Abbott<br>Muskegon, MI<br>7/16/2016      | 90    | Chris Perez<br>Clio, MI<br>10/16/2010         | 272.5 |
| 125                       |   |       | Todd Ellens<br>Holland, MI<br>7/15/2017        | 172.5 | Todd Ellens<br>Holland, MI<br>7/15/2017       | 217.5 |
| 145                       |   |       |  |       | Michael Stewart<br>Port Huron, MI             | 272.5 |

|      |  |  |  |  |  |       |
|------|--|--|--|--|--|-------|
|      |  |  |  |  | 3/6/2010   |       |
| 145+ |  |  |  |  | Matthew Marsiglia<br>Grand Rapids, MI<br>6/23/2007 | 232.5 |

| Master (40-44) Unequipped |  |       |  |       |   |       |
|---------------------------|--|-------|--|-------|---|-------|
| Weight                    | Squat  |       | Bench Press                                  |       | Deadlift                                      |       |
| 56                        |  |       |  |       |   |       |
| 67.5                      | Todd Greenman<br>Wayland, MI<br>6/24/2011      | 160   | Todd Greenman<br>Wayland, MI<br>8/14/2010    | 125   | Todd Greenman<br>Wayland, MI<br>8/15/2009     | 182.5 |
| 75                        |  |       | Michael Evans<br>Edwardsburg, MI<br>3/5/2011 | 162.5 |   |       |
| 82.5                      | Brien Whitcomb<br>Hartland, MI<br>3/6/2010     | 167.5 | Miguel Rulan<br>Flushing, MI<br>6/25/2011    | 150   | Brien Whitcomb<br>Hartland, MI<br>3/6/2010    | 172.5 |
| 90                        |  |       | Ron Madison<br>Muskegon, MI<br>9/1/2014      | 182.5 | Ron Madison<br>Muskegon, MI<br>9/1/2014       | 250   |
| 100                       |  |       | Patrick Morris<br>Charlotte, MI<br>3/6/2011  | 160   | James Vaughn<br>Whitmore Lake, MI<br>3/6/2010 | 190   |
| 110                       | Archie Leatherman<br>Nashville, MI<br>3/6/2010 | 205   | Todd Tryska<br>Muskegon, MI<br>7/16/2016     | 135   | Todd Tryska<br>Muskegon, MI<br>7/16/2016      | 220   |
| 125                       | Randy Cairns<br>Gowan, MI<br>3/14/2009         | 227.5 | John Johnson<br>Port Huron, MI<br>1/31/2009  | 212.5 | Mark Roman<br>Paw Paw, MI<br>2/25/2006        | 260   |
| 145                       | Wesley Hanna<br>Marquette, MI<br>3/6/2010      | 242.5 | John Johnson<br>Port Huron, MI<br>5/15/2010  | 227.5 | Wesley Hanna<br>Marquette, MI<br>3/6/2010     | 257.5 |
| 145+                      |  |       | Reggie Bradford<br>Flint, MI                 | 242.5 | Craig Curtis<br>Muskegon, MI                  | 240   |



| Master (45-49) Unequipped |   |       |  |       |  |       |
|---------------------------|---|-------|--|-------|--|-------|
| Weight                    | Squat                                       |       | Bench Press                                    |       | Deadlift                                       |       |
| 56                        |   |       |  |       |  |       |
| 67.5                      |   |       | Robert Fricke<br>Bloomingdale, MI<br>8/26/2006 | 85    | Robert Fricke<br>Bloomingdale, MI<br>8/26/2006 | 125   |
| 75                        | Steve Sielawa<br>Caledonia, MI<br>6/24/2011 | 182.5 |  |       | Steve Sielawa<br>Caledonia, MI<br>3/5/2011     | 227.5 |
| 82.5                      |   |       | Patrick Haley<br>Flint, MI<br>3/5/2011         | 145   | Dave Williamson<br>Kalamazoo, MI<br>8/16/2008  | 205   |
| 90                        |   |       | Patrick Haley<br>Flushing, MI<br>3/9/2013      | 160   | John Harris<br>Mason, MI<br>3/5/2011           | 160   |
| 100                       |   |       | Delrico Flynn<br>Flint, MI<br>3/9/2013         | 182.5 | Brian Elbert<br>Flint, MI<br>3/5/2011          | 242.5 |
| 110                       |   |       |  |       |  |       |
| 125                       |   |       | Eric Jones<br>Lansing, MI<br>3/6/2010          | 182.5 |  |       |
| 145                       |   |       | William Buckley<br>Oak Forest, IL<br>3/5/2011  | 187.5 |  |       |
| 145+                      |   |       |  |       |  |       |

| Master (50-54) Unequipped |       |  |             |  |          |  |
|---------------------------|-------|--|-------------|--|----------|--|
| Weight                    | Squat |  | Bench Press |  | Deadlift |  |

|      |   |      |   |       |   |       |
|------|---|------|---|-------|---|-------|
|      |   |      |   |       |   |       |
| 60   |   |      |   |       |   |       |
| 67.5 | David Wilson<br>Dearborn, MI<br>3/14/2009     | 165  | David Wilson<br>Dearborn, MI<br>3/14/2009   | 132.5 | David Wilson<br>Dearborn, MI<br>3/14/2009 | 227.5 |
| 75   |   |      | James Fuller<br>Flint, MI<br>4/11/2015      | 100   |   |       |
| 82.5 |   |      | Lee Burley<br>Nunica, MI<br>10/29/2016      | 82.5  | Lee Burley<br>Nunica, MI<br>10/29/2016    | 172.5 |
| 90   |   |      | Patrick Haley<br>Flushing, MI<br>4/22/2017  | 152.5 |   |       |
| 100  |   |      | Mark LeClair<br>Twin Lakes, MI<br>11/7/2009 | 180   |   |       |
| 110  | Gary Zylstra<br>Grand Rapids, MI<br>5/15/2010 | 92.5 | Jerry Burnett<br>Pontiac, MI<br>3/9/2013    | 165   |   |       |
| 125  |   |      |   |       |   |       |
| 145  |   |      | Bruce Edwards<br>Fenton, MI<br>5/9/2009     | 205   |   |       |
| 145+ |   |      | Allen Turner<br>Kalamazoo, MI<br>6/25/2011  | 182.5 |   |       |

| Master (55-59) Unequipped |       |  |             |  |          |  |
|---------------------------|-------|--|-------------|--|----------|--|
| Weight                    | Squat |  | Bench Press |  | Deadlift |  |
|                           |       |  |             |  |          |  |
| 75                        |       |  |             |  |          |  |

|      |   |       |  |       |   |       |
|------|---|-------|--|-------|---|-------|
| 75   |   |       |  |       |   |       |
| 82.5 |   |       | Patrick Fitzpatrick<br>Grand Rapids, MI<br>4/11/2015 | 115   |   |       |
| 90   |   |       | Wayne Nicolen<br>Kalamazoo, MI<br>3/6/2010           | 152.5 | Robert Carr<br>Bailey, MI<br>7/15/2017    | 152.5 |
| 100  | Frank Hockeborn<br>Walker, MI<br>3/5/2011 | 157.5 | Jerome McKay<br>Flint, MI<br>3/8/2014                | 167.5 | Mark LeClair<br>Twin Lake, MI<br>3/5/2016 | 240   |
| 110  |   |       | Robert Moleski<br>Rockford, MI<br>6/23/2007          | 155   |   |       |
| 125  | Gary Krueger<br>Paw Paw, MI<br>2/25/2006  | 137.5 | Jeff Buchin<br>Grand Ledge, MI<br>5/6/2006           | 185   | David Cain<br>Canton, MI<br>3/5/2011      | 242.5 |
| 145  |   |       | Jeff Buchin<br>Grand Ledge, MI<br>2/25/2006          | 160   |   |       |

| Master (60-64) Unequipped |   |       |   |      |   |       |
|---------------------------|---|-------|---|------|---|-------|
| Weight                    | Squat   |       | Bench Press                                   |      | Deadlift                                      |       |
| 60                        | Gary Morrison<br>Grand Rapids, MI<br>3/6/2010 | 95    | Gary Morrison<br>Grand Rapids, MI<br>3/6/2010 | 82.5 | Gary Morrison<br>Grand Rapids, MI<br>3/6/2010 | 137.5 |
| 67.5                      | Gary Morrison<br>Grand Rapids, MI<br>4/5/2008 | 107.5 | Gary Morrison<br>Grand Rapids, MI<br>4/5/2008 | 87.5 | Gary Morrison<br>Grand Rapids, MI<br>4/5/2008 | 145   |
| 75                        |   |       |   |      |   |       |
| 82.5                      | Robert Batko<br>Houghton Lake, MI             | 147.5 | Robert Batko<br>Houghton Lake, MI             | 90.5 | Robert Batko<br>Houghton Lake, MI             | 212.5 |

|     |  |       |   |       |  |       |
|-----|--|-------|---|-------|--|-------|
|     | 11/22/2008                               |       | 11/22/2008                                  |       | 8/14/2010                                  |       |
| 90  |  |       | Wayne Nicolen<br>Portage, MI<br>4/22/2017   | 152.5 |  |       |
| 100 |  |       | Joe Brodski<br>Saginaw, MI<br>3/14/2009     | 142.5 | Douglas Finley<br>Lansing, MI<br>3/14/2009 | 150   |
| 110 |  |       |   |       |  |       |
| 125 | Gary Krueger<br>Paw Paw, MI<br>6/24/2011 | 212.5 |   |       | Gary Krueger<br>Paw Paw, MI<br>3/6/2010    | 227.5 |
| 145 |  |       | Jeff Buchin<br>Grand Ledge, MI<br>9/12/2009 | 185   |  |       |

| Master (65-69) Unequipped |   |     |  |       |  |       |
|---------------------------|---|-----|--|-------|--|-------|
| Weight                    | Squat   |     | Bench Press                                      |       | Deadlift   |       |
| 67.5                      |   |     | Gary Morrison<br>Grand Rapids, MI<br>3/5/2011    | 85    | Gary Morrison<br>Grand Rapids, MI<br>3/5/2011      | 120   |
| 75                        |   |     |  |       |  |       |
| 82.5                      | Robert Batko<br>Houghton Lake, MI<br>3/5/2011 | 120 | Bill Stoner<br>Alma, MI<br>8/14/2010             | 112.5 | Robert Batko<br>Houghton Lake, MI<br>3/5/2011      | 190   |
| 90                        |   |     | Ronald Hemenway<br>Webberville, MI<br>10/16/2010 | 130   | Kenneth Donnelly<br>Comstock Park, MI<br>3/14/2009 | 165   |
| 100                       |   |     | Tim Andrews<br>Kalamazoo, MI<br>11/10/2007       | 135   | Kenneth Donnelly<br>Comstock Park, MI<br>3/6/2010  | 172.5 |
| 110                       |   |     | Joe Brodski<br>Saginaw, MI                       | 147.5 | Ross Arnold<br>Howell, MI                          | 190   |



|     |  |  |  |       |   |       |
|-----|--|--|--|-------|---|-------|
|     |  |  | 1/22/2011                                  |       | 4/12/2014                                 |       |
| 125 |  |  | Jeff Buchin<br>Lansing, MI<br>8/27/2016    | 167.5 | Gary Krueger<br>Paw Paw, MI<br>10/29/2016 | 207.5 |
| 145 |  |  | Jeff Buchin<br>Grand Ledge, MI<br>3/5/2016 | 182.5 | Gary Krueger<br>Paw Paw, MI<br>9/1/2014   | 210   |

| <b>Master (70-74) Unequipped</b> |  |       |  |       |  |       |
|----------------------------------|--|-------|--|-------|--|-------|
| Weight                           | Squat  |       | Bench Press                                    |       | Deadlift   |       |
| 60                               |  |       |  |       |  |       |
| 82.5                             | Roberto Batko<br>Houghton Lake, MI<br>3/5/2016 | 160   | Robert Batko<br>Houghton Lake, MI<br>7/16/2016 | 80    | Robert Batko<br>Houghton Lake, MI<br>10/29/2016    | 207.5 |
| 90                               | Tim Andrews<br>Kalamazoo, MI<br>3/6/2010       | 112.5 | Ron Hemenway<br>Webberville, MI<br>3/5/2011    | 130   | Kenneth Donnelly<br>Comstock Park, MI<br>6/26/2011 | 170   |
| 100                              | Tim Andrews<br>Kalamazoo, MI<br>3/14/2009      | 122.5 | Tim Andrews<br>Kalamazoo, MI<br>4/5/2008       | 127.5 | Kenneth Donnelly<br>Comstock Park, MI<br>5/15/2010 | 170   |
| 110                              |  |       | Joe Brodski<br>Saginaw, MI<br>4/22/2017        | 135   |  |       |
| <b>Master (75-79) Unequipped</b> |  |       |  |       |  |       |
| Weight                           | Squat  |       | Bench Press                                    |       | Deadlift   |       |
| 67.5                             |  |       |  |       |  |       |
| 75                               |  |       |  |       |  |       |
|                                  |  |       | Tim Andrews                                    |       |  |       |

|     |  |  |                           |      |  |  |
|-----|--|--|---------------------------|------|--|--|
| 100 |  |  | Kalamazoo, MI<br>9/1/2014 | 92.5 |  |  |
|-----|--|--|---------------------------|------|--|--|

| <b>Master (80-84) Unequipped</b> |       |  |             |  |          |  |
|----------------------------------|-------|--|-------------|--|----------|--|
| Weight                           | Squat |  | Bench Press |  | Deadlift |  |
| 110                              |       |  |             |  |          |  |

| <b>Master (85-89) Unequipped</b> |       |  |             |  |          |  |
|----------------------------------|-------|--|-------------|--|----------|--|
| Weight                           | Squat |  | Bench Press |  | Deadlift |  |
| 90                               |       |  |             |  |          |  |

| <b>Police, Military, Fire Unequipped</b> |  |       |   |       |  |     |
|--|--|-------|---|-------|--|-----|
| Weight                                   | Squat  |       | Bench Press                                     |       | Deadlift                                     |     |
| 82.5                                     |  |       |   |       |  |     |
| 90                                       |  |       |   |       |  |     |
| 125                                      | Nathan Balanowski<br>Lansing, MI<br>3/6/2010 | 232.5 | Nathan Balanowski<br>Lansing, MI<br>3/6/2010    | 147.5 | Nathan Balanowski<br>Lansing, MI<br>3/6/2010 | 290 |
| 145                                      |  |       | James Harrison<br>Battle Creek, MI<br>2/25/2006 | 150   |  |     |
| 145+                                     |  |       |   |       |  |     |

Single Event Michigan Records Updated 7/15/2017

Nrw Records Are Highlighted In YELLOW

| Open Equipped |   |     |  |       |   |       |
|---------------|---|-----|--|-------|---|-------|
| Weight        | Squat                                       |     | Bench Press                                      |       | Deadlift                                    |       |
| 52            |   |     |  |       |   |       |
| 56            |   |     |  |       |   |       |
| 60            | Zachary Maxfield<br>Crowell, MI<br>3/6/2010 | 170 | Dylan Price<br>China Township, MI<br>3/5/2011    | 102.5 | Zach Maxfield<br>Crowell, MI<br>6/26/2011   | 192.5 |
| 67.5          | David Wilson<br>Dearborn, MI<br>3/14/2009   | 165 | David Wilson<br>Dearborn, MI<br>3/14/2009        | 132.5 | David Wilson<br>Dearborn, MI<br>3/14/2009   | 220   |
| 75            |   |     | Scott Hazleton<br>Lake Orion, MI<br>5/5/2007     | 192.5 | Corey Pedaris<br>Muskegon, MI<br>3/6/2010   | 185   |
| 82.5          |   |     | Miguel Ruelan<br>Flushing, MI<br>10/16/2010      | 205   | Jeff Mumaw<br>Grand Rapids, MI<br>2/25/2006 | 230   |
| 90            |   |     | Ron Madison<br>Muskegon, MI<br>3/7/2015          | 207.5 | Robert Batko<br>Houghton, MI<br>2/25/2006   | 222.5 |
| 100           |   |     | Mark LeClair<br>Twin Lakes, MI<br>3/6/2010       | 227.5 | Mark LeClair<br>Twin Lake, MI<br>4/22/2017  | 240   |
| 110           |   |     | Neil Reimbold<br>Grand Rapids, MI<br>7/16/2016   | 172.5 | Brian Elbert<br>Flint, MI<br>4/22/2017      | 232.5 |
| 125           |   |     | Horace Lane<br>Sterling Heights, MI<br>2/25/2006 | 245   |   |       |
| 145           |   |     | Gary Krueger<br>Paw Paw, MI                      | 120   | Gary Krueger<br>Paw Paw, MI                 | 195   |

|      |  |           |  |           |  |
|------|--|-----------|--|-----------|--|
|      |  | 4/22/2017 |  | 4/22/2017 |  |
| 145+ |  |           |  |           |  |

| Teenage (14-15) Equipped |       |  |             |  |          |
|--------------------------|-------|--|-------------|--|----------|
| Weight                   | Squat |  | Bench Press |  | Deadlift |
| 52                       |       |  |             |  |          |
| 56                       |       |  |             |  |          |
| 60                       |       |  |             |  |          |
| 67.5                     |       |  |             |  |          |
| 75                       |       |  |             |  |          |
| 82.5                     |       |  |             |  |          |
| 100                      |       |  |             |  |          |
| 110                      |       |  |             |  |          |

| Teenage (16-17) Equipped |       |  |             |  |          |
|--------------------------|-------|--|-------------|--|----------|
| Weight                   | Squat |  | Bench Press |  | Deadlift |
|                          |       |  |             |  |          |

|      |  |     |   |       |  |  |
|------|--|-----|---|-------|--|--|
| 56   |  |     |   |       |  |  |
| 60   | Zachary Maxfield<br>Croswell, MI<br>3/6/2010 | 170 | Dylan Price<br>China Township, MI<br>3/5/2011 | 102.5 |  |  |
| 67.5 |  |     |   |       |  |  |
| 75   |  |     |   |       |  |  |
| 82.5 |  |     |   |       |  |  |
| 90   |  |     | Whilden Perry<br>Swartz Creek, MI<br>3/6/2010 | 125   |  |  |
| 100  |  |     |   |       |  |  |
| 110  |  |     |   |       |  |  |
| 125  |  |     |   |       |  |  |

| Teenage (18-19) Equipped |       |  |  |       |   |       |
|--------------------------|-------|--|--|-------|---|-------|
| Weight                   | Squat |  | Bench Press                                  |       | Deadlift                                      |       |
| 52                       |       |  |  |       |   |       |
| 60                       |       |  | James Fairchild<br>Croswell, MI<br>6/26/2011 | 102.5 | Zachary Maxfield<br>Croswell, MI<br>6/26/2011 | 192.5 |

|      |  |  |  |  |  |  |
|------|--|--|--|--|--|--|
| 67.5 |  |  |  |  |  |  |
| 75   |  |  |  |  |  |  |
| 82.5 |  |  |  |  |  |  |
| 90   |  |  |  |  |  |  |
| 100  |  |  |  |  |  |  |
| 110  |  |  |  |  |  |  |
| 145  |  |  |  |  |  |  |

| Junior (20-23) Equipped |       |  |  |       |  |     |
|-------------------------|-------|--|--|-------|--|-----|
| Weight                  | Squat |  | Bench Press                                      |       | Deadlift                                       |     |
| 90                      |       |  | Michael Johnson<br>Fort Gratiot, MI<br>3/14/2009 | 135   |  |     |
| 100                     |       |  |  |       |  |     |
| 110                     |       |  | Scott Perdaris<br>Alto, MI<br>3/6/2010           | 112.5 | Scott Perdaris<br>Alto, MI<br>3/6/2010         | 195 |
| 125                     |       |  | Michael Stewart<br>Port Huron, MI<br>8/21/2010   | 175   | Michael Stewart<br>Port Huron, MI<br>8/21/2010 | 255 |

|     |  |  |  |  |  |  |
|-----|--|--|--|--|--|--|
| 145 |  |  |  |  |  |  |
|-----|--|--|--|--|--|--|

| Master (40-44) Equipped |       |  |  |       |   |       |
|-------------------------|-------|--|--|-------|---|-------|
| Weight                  | Squat |  | Bench Press                                      |       | Deadlift                                    |       |
| 67.5                    |       |  | Todd Greenman<br>Wayland, MI<br>8/15/2009        | 137.5 | Todd Greenman<br>Wayland, MI<br>8/15/2009   | 192.5 |
| 75                      |       |  | Scott Hazleton<br>Lake Orion, MI<br>5/5/2007     | 192.5 |   |       |
| 82.5                    |       |  | Miguel Ruelan<br>Flushing, MI<br>10/16/2010      | 205   | Jeff Mumaw<br>Grand Rapids, MI<br>2/25/2006 | 230   |
| 90                      |       |  | Ron Madison<br>Muskegon, MI<br>3/7/2015          | 207.5 |   |       |
| 100                     |       |  |  |       |   |       |
| 110                     |       |  |  |       |   |       |
| 125                     |       |  | Horace lane<br>Sterling Heights, MI<br>2/25/2006 | 245   |   |       |
| 145                     |       |  |  |       |   |       |
| 145+                    |       |  | Cruz Torres<br>Saginaw, MI<br>4/26/2008          | 185   |   |       |

| Master (45-49) Equipped |   |     |   |       |  |       |
|-------------------------|---|-----|---|-------|--|-------|
| Weight                  | Squat   |     | Bench Press                                 |       | Deadlift                                       |       |
| 67.5                    |   |     |   |       |  |       |
| 75                      | Robert Fricke<br>Bloomingdale, MI<br>3/6/2010 | 105 | John Marks<br>Detroit, MI<br>4/26/2008      | 140   | Robert Fricke<br>Bloomingdale, MI<br>2/25/2006 | 162.5 |
| 82.5                    |   |     |   |       |  |       |
| 90                      |   |     | John Jachim<br>Pierson, MI<br>5/15/2010     | 182.5 |  |       |
| 100                     |   |     | Mark LeClair<br>Twin Lakes, MI<br>4/26/2008 | 227.5 | Brian Birchmeier<br>Clio, MI<br>3/5/2011       | 227.5 |
| 110                     | James Perry<br>Saginaw, MI<br>3/5/2011        | 250 |   |       | James Perry<br>Saginaw, MI<br>3/5/2011         | 255   |
| 125                     |   |     |   |       | Greg Ostram<br>Holly, MI<br>3/14/2009          | 245   |
| 145                     |   |     |   |       |  |       |
| 145+                    |   |     |   |       |  |       |

| Master (50-54) Equipped |                              |     |                              |       |                              |     |
|-------------------------|------------------------------|-----|------------------------------|-------|------------------------------|-----|
| Weight                  | Squat                        |     | Bench Press                  |       | Deadlift                     |     |
| 67.5                    | David Wilson<br>Dearborn, MI | 165 | David Wilson<br>Dearborn, MI | 132.5 | David Wilson<br>Dearborn, MI | 220 |



|      | 3/14/2009                                    |       | 3/14/2009                                   |       | 3/14/2009                                    |       |
|------|--|-------|---|-------|--|-------|
| 75   |  |       |   |       |  |       |
| 82.5 |  |       | Robert Fabriano<br>Lansing, MI<br>3/5/2011  | 172.5 | Robert Fabriano<br>Lansing, MI<br>3/5/2011   | 227.5 |
| 90   |  |       | John Jachim<br>Pierson, MI<br>3/8/2014      | 172.5 |  |       |
| 100  |  |       | Mark LeClair<br>Twin Lakes, MI<br>6/24/2011 | 232.5 |  |       |
| 110  | David Lawrence<br>Kalamazoo, MI<br>2/25/2006 | 192.5 |   |       | David Lawrence<br>Kalamazoo, MI<br>2/25/2006 | 182.5 |
| 125  |  |       |   |       |  |       |
| 145  |  |       | Bruce Edwards<br>Fenton, MI<br>10/16/2010   | 240   |  |       |
| 145+ |  |       | Allen Turner<br>Kalamazoo, MI<br>6/25/2011  | 162.5 |  |       |

| Master (55-59) Equipped |       |  |                            |       |                                   |       |
|-------------------------|-------|--|----------------------------|-------|-----------------------------------|-------|
| Weight                  | Squat |  | Bench Press                |       | Deadlift                          |       |
| 75                      |       |  |                            |       |                                   |       |
| 82.5                    |       |  |                            |       |                                   |       |
| 90                      |       |  | John Jachim<br>Pierson, MI | 172.5 | Robert Batko<br>Houghton Lake, MI | 227.5 |

|     |   |       |   |       |  |       |
|-----|---|-------|---|-------|--|-------|
|     |   |       | 7/15/2017                                     |       | 5/7/2005                                   |       |
| 100 | Floyd Givens<br>Detroit, MI<br>3/6/2010 | 172.5 | Jim Pedaris<br>Alto, MI<br>3/5/2016           | 122.5 | Mark LeClair<br>Twin Lake, MI<br>4/22/2017 | 240   |
| 110 |   |       | George Washington<br>Lansing, MI<br>9/30/2006 | 127.5 | Brian Elbert<br>Flint, MI<br>4/22/2017     | 232.5 |
| 125 |   |       | Jeff Buchin<br>Grand Ledge, MI<br>5/6/2006    | 200   |  |       |
| 145 |   |       | Jeff Buchin<br>Grand Ledge, MI<br>9/30/2006   | 190   |  |       |

| Master (60-64) Equipped |  |     |   |      |  |       |
|-------------------------|--|-----|---|------|--|-------|
| Weight                  | Squat                                    |     | Bench Press                                   |      | Deadlift                                       |       |
| 67.5                    |  |     | Gary Morrison<br>Grand Rapids, MI<br>3/3/2007 | 92.5 | Gary Morrison<br>Grand Rapids, MI<br>6/23/2007 | 145   |
| 82.5                    | Robert Batko<br>Houghton, MI<br>6/3/2012 | 170 |   |      | Robert Batko<br>Houghton, MI<br>8/14/2010      | 227.5 |
| 90                      |  |     |   |      | Robert Batko<br>Houghton, MI<br>2/25/2006      | 222.5 |
| 100                     |  |     | Joe Brodski<br>Saginaw, MI<br>1/31/2009       | 140  | Benjamin Pollard<br>Detroit, MI<br>2/5/2011    | 182.5 |
| 125                     | Gary Krueger<br>Paw Paw, MI<br>6/24/2011 | 245 | Gary Krueger<br>Paw Paw, MI<br>3/6/2010       | 155  | Gary Krueger<br>Paw Paw, MI<br>3/6/2010        | 230   |
| 145                     |  |     | Jeff Buchin<br>Grand Ledge, MI<br>6/24/2011   | 205  |  |       |

| Master (65-69) Equipped |  |  |  |  |  |  |
|-------------------------|--|--|--|--|--|--|
|-------------------------|--|--|--|--|--|--|

| Weight | Squat   |     | Bench Press                                   |       | Deadlift                                      |     |
|--------|---|-----|---|-------|---|-----|
|        |   |     |   |       |   |     |
| 67.5   |   |     |   |       |   |     |
| 75     |   |     |   |       |   |     |
| 82.5   | Robert Batko<br>Houghton Lake, MI<br>3/9/2013 | 170 | Robert Batko<br>Houghton Lake, MI<br>3/9/2013 | 95    | Robert Batko<br>Houghton Lake, MI<br>9/4/2012 | 235 |
| 90     |   |     | Gary Chapman<br>Metamora, MI<br>4/27/2013     | 105   |   |     |
| 100    |   |     | Daryl Meloche<br>Climax, MI<br>3/14/2009      | 125   | Leon Turner<br>Detroit, MI<br>2/25/2006       | 140 |
| 110    |   |     |   |       |   |     |
| 145    |   |     | Gary Krueger<br>Paw Paw, MI<br>9/1/2014       | 152.5 | Gary Krueger<br>Paw Paw, MI<br>9/1/2014       | 220 |

**Master (70-74) Equipped**

| Weight | Squat |  | Bench Press |  | Deadlift                                       |        |
|--------|-------|--|-------------|--|--|--------|
|        |       |  |             |  |  |        |
| 82.5   |       |  |             |  | Robert Batko<br>Houghton Lake, MI<br>9/24/2016 | 201.85 |

**Master (80-84) Equipped**

| Weight | Squat |  | Bench Press                                |      | Deadlift |  |
|--------|-------|--|--|------|----------|--|
|        |       |  |  |      |          |  |
| 90     |       |  | Lloyd Coon<br>Swartz Creek, MI<br>4/5/2008 | 57.5 |          |  |

| Master (85-89) Equipped |       |  |             |  |          |  |
|-------------------------|-------|--|-------------|--|----------|--|
| Weight                  | Squat |  | Bench Press |  | Deadlift |  |
|                         |       |  |             |  |          |  |
| 90                      |       |  |             |  |          |  |

| Police, Military, Fire Equipped |       |  |  |       |          |  |
|---------------------------------|-------|--|--|-------|----------|--|
| Weight                          | Squat |  | Bench Press                                  |       | Deadlift |  |
|                                 |       |  |  |       |          |  |
| 90                              |       |  | Lloyd Coon<br>Swartz Creek, MI<br>3/14/2009  | 47.5  |          |  |
| 100                             |       |  | David Walker<br>Burlington, MI<br>11/10/2007 | 242.5 |          |  |
| 100                             |       |  | David Walker<br>Burlington, MI<br>4/14/2009  | 260   |          |  |