

Full Power Unequipped American Records Updated 11/7/2017

New Record

| Women 44 kilograms |   |      |   |      |   |       |   |       |
|--------------------|---|------|---|------|---|-------|---|-------|
| Division           | Squat   |      | Bench Press                                   |      | Deadlift                                      |       | Total   |       |
| T1<br>14-15        |   |      |   |      |   |       |   |       |
| T2<br>16-17        |   |      |   |      |   |       |   |       |
| T3<br>18-19        |   |      |   |      |   |       |   |       |
| Junior<br>20-23    |   |      |   |      |   |       |   |       |
| Open               | Judith Gedney<br>MaComb, IL<br>2005           | 92.5 | Judith Gedney<br>MaComb, IL<br>11/12/2011     | 51   | Judith Gedney<br>MaComb, IL<br>11/13/2010     | 115   | Judith Gedney<br>MaComb, IL<br>2005           | 250   |
| M1<br>40-44        |   |      |   |      |   |       |   |       |
| M2<br>45-49        | Becky Steckler<br>Evansville, IN<br>6/10/2006 | 30   | Becky Steckler<br>Evansville, IN<br>6/10/2006 | 32.5 | Becky Steckler<br>Evansville, IN<br>6/10/2006 | 72.5  | Becky Steckler<br>Evansville, IN<br>6/10/2006 | 135   |
| M3<br>50-54        |   |      |   |      |   |       |   |       |
| M4<br>55-59        |   |      |   |      |   |       |   |       |
| M5<br>60-64        |   |      |   |      |   |       |   |       |
| M6<br>65-69        | Judith Gedney<br>MaComb, IL<br>2005           | 92.5 | Judith Gedney<br>MaComb, IL<br>2005           | 47.5 | Judith Gedney<br>MaComb, IL<br>11/22/2008     | 113.5 | Judith Gedney<br>MaComb, IL<br>2005           | 250   |
| M7<br>70-74        | Judith Gedney<br>MaComb, IL<br>11/13/2010     | 70   | Judith Gedney<br>MaComb, IL<br>11/12/2011     | 51   | Judith Gedney<br>MaComb, IL<br>11/13/2010     | 115   | Judith Gedney<br>MaComb, IL<br>11/13/2010     | 232.5 |



|              |   |    |   |    |   |     |   |       |
|--------------|---|----|---|----|---|-----|---|-------|
| M5<br>60-64  |   |    |   |    |   |     |   |       |
| M6<br>65-69  | Judith Gedney<br>MaComb, IL<br>11/11/2006 | 85 | Judith Gedney<br>MaComb, IL<br>11/14/2009 | 49 | Judith Gedney<br>MaComb, IL<br>11/14/2009 | 113 | Judith Gedney<br>MaComb, IL<br>11/11/2006 | 242.5 |
| M7<br>70-74  |   |    |   |    |   |     |   |       |
| M8<br>75-79  |   |    |   |    |   |     |   |       |
| M9<br>80-84  |   |    |   |    |   |     |   |       |
| M10<br>85-89 |   |    |   |    |   |     |   |       |

| Women 50.5 kilograms |  |      |  |      |  |       |  |       |
|----------------------|--|------|--|------|--|-------|--|-------|
| Division             | Squat  |      | Bench Press                                    |      | Deadlift                                       |       | Total  |       |
| T1<br>14-15          | Sequoya Bacon<br>Dunfermline, IL<br>11/10/2007 | 52.5 | Sequoya Bacon<br>Dunfermline, IL<br>11/10/2007 | 25   | Sequoya Bacon<br>Dunfermline, IL<br>11/10/2007 | 80    | Sequoya Bacon<br>Dunfermline, IL<br>11/10/2007 | 157.5 |
| T2<br>16-17          | Rachel Schwartz<br>11/6/2014                   | 65   | Rachel Schwartz<br>11/6/2014                   | 45   | Rachel Schwartz<br>11/6/2014                   | 92.5  | Rachel Schwartz<br>11/6/2014                   | 202.5 |
| T3<br>18-19          | Kathleen Barclay<br>MaComb, IL<br>11/4/2006    | 92.5 | Kathleen Barclay<br>MaComb, IL<br>11/4/2006    | 52.5 | Kathleen Barclay<br>MaComb, IL<br>11/4/2006    | 87.5  | Kathleen Barclay<br>MaComb, IL<br>11/4/2006    | 232.5 |
| Junior<br>20-23      | Kathleen Barclay<br>MaComb, IL<br>3/31/2007    | 87.5 | Kathleen Barclay<br>MaComb, IL<br>3/31/2007    | 50   | Kathleen Barclay<br>MaComb, IL<br>3/31/2007    | 90    | Kathleen Barclay<br>MaComb, IL<br>3/31/2007    | 227.5 |
| Open                 | Kathleen Barclay<br>MaComb, IL<br>11/4/2006    | 92.5 | Shellaine Frazier<br>Columbia, MO<br>5/2/2015  | 66   | Shellaine Frazier<br>Columbia, MO<br>5/2/2015  | 111.5 | Shellaine Frazier<br>Columbia, MO<br>7/13/2013 | 235   |
| M1<br>40-44          | Shellaine Frazier<br>Columbia, MO<br>7/13/2013 | 61   | Shellaine Frazier<br>Columbia, MO<br>5/12/2015 | 66   | Shellaine Frazier<br>Columbia, MO<br>5/2/2015  | 111.5 | Shellaine Frazier<br>Columbia, MO<br>7/13/2013 | 235   |



|                 |  |      |  |      |  |     |  |       |
|-----------------|--|------|--|------|--|-----|--|-------|
| Junior<br>20-23 |  |      |  |      |  |     |  |       |
| Open            | Jessica Fansler<br>Macomb, IL<br>6/24/2017     | 77.5 | Shellaine Frazier<br>Columbia, MO<br>12/3/2016 | 75   | Shellaine Frazier<br>Columbia, MO<br>6/24/2017 | 128 | Shellaine Frazier<br>Columbia, MO<br>6/24/2017 | 278   |
| M1<br>40-44     | Shellaine Frazier<br>Columbia, MO<br>11/9/2013 | 72.5 | Shellaine Frazier<br>Columbia, MO<br>11/7/2015 | 73.5 | Shellaine Frazier<br>Columbia, MO<br>11/7/2015 | 123 | Shellaine Frazier<br>Columbia, MO<br>11/9/2013 | 267.5 |
| M2<br>45-49     | Shellaine Frazier<br>Columbia, MO<br>6/24/2017 | 75   | Shellaine Frazier<br>Columbia, MO<br>6/24/2017 | 50   | Shellaine Frazier<br>Columbia, MO<br>6/24/2017 | 128 | Shellaine Frazier<br>Columbia, MO<br>6/24/2017 | 278   |
| M3<br>50-54     | Kerin Anderson<br>Columbia, MO<br>2/15/2014    | 47.5 | Alma Hopkins<br>Columbia, MO<br>4/8/2017       | 47.5 | Alma Hopkins<br>Columbia, MO<br>4/8/2017       | 105 | Alma Hopkins<br>Columbia, MO<br>4/8/2017       | 226   |
| M4<br>55-59     | Pat Okker<br>Columbia, MO<br>6/24/2017         | 75   | Kerin Anderson<br>Columbia, MO<br>12/3/2016    | 50   | Pat Okker<br>Columbia, MO<br>6/24/2017         | 110 | Pat Okker<br>Columbia, MO<br>6/24/2017         | 235   |
| M5<br>60-64     | Linda LaFontaine<br>Columbia, MO<br>11/7/2015  | 45   | Linda LaFontaine<br>Columbia, MO<br>11/7/2015  | 40   | Linda LaFontaine<br>Columbia, MO<br>11/7/2015  | 75  | Linda LaFontaine<br>Columbia, MO<br>11/7/2015  | 160   |
| M6<br>65-69     | Linda LaFontaine<br>Columbia, MO<br>11/4/2017  | 65   | Linda LaFontaine<br>Columbia, MO<br>11/4/2017  | 47.5 | Linda LaFontaine<br>Columbia, MO<br>11/4/2017  | 95  | Linda LaFontaine<br>Columbia, MO<br>11/4/2017  | 207.5 |
| M7<br>70-74     |  |      |  |      |  |     |  |       |
| M8<br>75-79     |  |      |  |      |  |     |  |       |
| M9<br>80-84     |  |      |  |      |  |     |  |       |
| M10<br>85-89    |  |      |  |      |  |     |  |       |

| Women 55.5 kilograms |       |             |          |       |
|----------------------|-------|-------------|----------|-------|
| Division             | Squat | Bench Press | Deadlift | Total |
|                      |       |             |          |       |

|                 |   |       |   |      |   |       |   |       |
|-----------------|---|-------|---|------|---|-------|---|-------|
| T1<br>14-15     | Cheyenne McNutt<br>South Vienna, OH<br>2/22/2014  | 67.5  | Cheyenne McNutt<br>South Vienna, OH<br>2/22/2014  | 42.5 | Cheyenne McNutt<br>South Vienna, OH<br>2/22/2014  | 107.5 | Cheyenne McNutt<br>South Vienna, OH<br>2/22/2014  | 217.5 |
| T2<br>16-17     | Mandy Cleveland<br>Newburgh, IN<br>6/10/2006      | 80    | Mandy Cleveland<br>Newburgh, IN<br>6/10/2006      | 50   | Mandy Cleveland<br>Newburgh, IN<br>6/10/2006      | 102.5 | Mandy Cleveland<br>Newburgh, IN<br>6/10/2006      | 232.5 |
| T3<br>18-19     | Kathleen Barclay<br>MaComb, IL<br>7/8/2006        | 82.5  | Kathleen Barclay<br>MaComb, IL<br>7/8/2006        | 52.5 | Mandy Cleveland<br>Newburgh, IN<br>7/7/2007       | 97.5  | Kathleen Barclay<br>MaComb, IL<br>7/8/2006        | 220   |
| Junior<br>20-23 | Kathleen Barclay<br>MaComb, IL<br>7/11/2009       | 77.5  | Kathleen Barclay<br>MaComb, IL<br>7/11/2009       | 50   | Michelle Lomelino<br>Marquette, IL<br>2/9/2013    | 102.5 | Michelle Lomelino<br>Marquette, IL<br>2/9/2013    | 212.5 |
| Open            | Carmella Mattingly<br>Florissant, MO<br>7/13/2013 | 132.5 | Carmella Mattingly<br>Florissant, MO<br>7/13/2013 | 72.5 | Carmella Mattingly<br>Florissant, MO<br>7/13/2013 | 142.5 | Carmella Mattingly<br>Florissant, MO<br>7/13/2013 | 347.5 |
| M1<br>40-44     | Carmella Mattingly<br>Florissant, MO<br>7/13/2013 | 132.5 | Carmella Mattingly<br>Florissant, MO<br>7/13/2013 | 72.5 | Carmella Mattingly<br>Florissant, MO<br>7/13/2013 | 142.5 | Carmella Mattingly<br>Florissant, MO<br>7/13/2013 | 347.5 |
| M2<br>45-49     | Shellaine Frazier<br>Columbia, MO<br>6/11/2016    | 57.5  | Shellaine Frazier<br>Columbia, MO<br>6/11/2016    | 72.5 | Shellaine Frazier<br>Columbia, MO<br>6/11/2016    | 117.5 | Shellaine Frazier<br>Columbia, MO<br>6/11/2016    | 235   |
| M3<br>50-54     | Alma Hopkins<br>Columbia, MO<br>4/8/2017          | 73.5  | Pat Okker<br>Columbia, MO<br>11/9/2013            | 56   | Pat Okker<br>Columbia, MO<br>4/27/2013            | 112.5 | Pat Okker<br>Columbia, MO<br>4/27/2013            | 230   |
| M4<br>55-59     | Pat Okker<br>Columbia, MO<br>10/17/2015           | 70    | Pat Okker<br>Columbia, MO<br>10/17/2015           | 55.5 | Pat Okker<br>Columbia, MO<br>10/17/2015           | 100   | Pat Okker<br>Columbia, MO<br>10/17/2015           | 225.5 |
| M5<br>60-64     | Linda LaFontaine<br>Columbia, MO<br>7/13/2013     | 40    | Linda LaFontaine<br>Columbia, MO<br>7/13/2013     | 40   | Linda LaFontaine<br>Columbia, MO<br>1/13/2012     | 72.5  | Linda LaFontaine<br>Columbia, MO<br>7/13/2013     | 150   |
| M6<br>65-69     |   |       |   |      |   |       |   |       |
| M7<br>70-74     |   |       |   |      |   |       |   |       |
| M8<br>75-79     |   |       |   |      |   |       |   |       |
| M9              |   |       |   |      |   |       |   |       |

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|-------|--|--|--|--|--|--|--|
| 80-84 |  |  |  |  |  |  |  |
| M10   |  |  |  |  |  |  |  |
| 85-89 |  |  |  |  |  |  |  |

| Women 58.5 kilograms |   |       |  |      |  |       |   |
|----------------------|---|-------|--|------|--|-------|---|
| Division             | Squat   |       | Bench Press                                      |      | Deadlift   |       | Total   |
| T1<br>14-15          | Ashlyn Wal<br>South Charleston, OH<br>2/22/2014       | 60    | Bianca Baker<br>Newburgh, IN<br>7/7/2007         | 50   | Bianca Baker<br>Newburgh, IN<br>7/7/2007         | 105   | Bianca Baker<br>Newburgh, IN<br>7/7/2007<br>215           |
| T2<br>16-17          | Ely King<br>Mechanicsburg, OH<br>3/22/2015            | 75    | Ely King<br>Mechanicsburg, OH<br>3/22/2015       | 45   | Ely King<br>Mechanicsburg, OH<br>3/22/2015       | 82.5  | Ely King<br>Mechanicsburg, OH<br>3/22/2015<br>202.5       |
| T3<br>18-19          |   |       |  |      |  |       |   |
| Junior<br>20-23      | Antoinette Lane<br>Macomb, IL<br>7/19/2014            | 101   | Sophie Simmons<br>Macomb, IL<br>10/2/2010        | 65   | Antoinette Lane<br>Macomb, IL<br>7/19/2014       | 140   | Antoinette Lane<br>Macomb, IL<br>7/19/2014<br>285         |
| Open                 | Carmella Mattingly<br>Florissant, MO<br>2/7/2015      | 132.5 | Cynthia Alog<br>Skokie, IL<br>8/27/2011          | 67.5 | Carmella Mattingly<br>Florissant, MO<br>2/7/2015 | 147.5 | Carmella Mattingly<br>Florissant, MO<br>2/7/2015<br>345   |
| M1<br>40-44          | Carmella Mattingly<br>Florissant, MO<br>2/7/2015      | 132.5 | Carmella Mattingly<br>Florissant, MO<br>2/7/2015 | 65   | Carmella Mattingly<br>Florissant, MO<br>2/7/2015 | 147.5 | Carmella Mattingly<br>Florissant, MO<br>2/7/2015<br>345   |
| M2<br>45-49          | a<br>Heather Endres<br>North Liberty, IN<br>11/4/2017 | 105   | Heather Endres<br>North Liberty, IN<br>11/4/2017 | 50   | Heather Endres<br>North Liberty, IN<br>11/4/2017 | 102.5 | Heather Endres<br>North Liberty, IN<br>11/4/2017<br>257.5 |
| M3<br>50-54          | Pat Okker<br>Columbia, MO<br>7/19/2014                | 70    | Pat Okker<br>Columbia, MO<br>7/19/2014           | 53.5 | Alma Hopkins<br>Columbia, MO<br>6/24/2017        | 112.5 | Pat Okker<br>Columbia, MO<br>7/19/2014<br>217.5           |
| M4<br>55-59          | Kim Morgan<br>Columbia, MO<br>4/27/2013               | 82.5  | Kim Morgan<br>Columbia, MO<br>2/9/2013           | 60   | Kim Morgan<br>Columbia, MO<br>4/27/2013          | 107.5 | Kim Morgan<br>Columbia, MO<br>4/27/2013<br>247.5          |
| M5<br>60-64          | Kim Jones<br>Columbia, MO<br>11/4/2017                | 88    | Kim Jones<br>Columbia, MO<br>8/20/2016           | 61   | Kim Jones<br>Columbia, MO<br>11/4/2017           | 115   | Kim Jones<br>Columbia, MO<br>11/4/2017<br>262.5           |
| M6                   |   |       |  |      |  |       |   |

|       |  |  |  |  |  |  |  |  |
|-------|--|--|--|--|--|--|--|--|
| 65-69 |  |  |  |  |  |  |  |  |
| M7    |  |  |  |  |  |  |  |  |
| 70-74 |  |  |  |  |  |  |  |  |
| M8    |  |  |  |  |  |  |  |  |
| 75-79 |  |  |  |  |  |  |  |  |
| M9    |  |  |  |  |  |  |  |  |
| 80-84 |  |  |  |  |  |  |  |  |
| M10   |  |  |  |  |  |  |  |  |
| 85-89 |  |  |  |  |  |  |  |  |

| Women 63 kilograms |  |       |  |      |  |       |  |       |
|--------------------|--|-------|--|------|--|-------|--|-------|
| Division           | Squat  |       | Bench Press  |      | Deadlift   |       | Total  |       |
| T1<br>14-15        | Claire Rittenhouse<br>MaComb, IL<br>2/20/2010        | 77.5  | Claire Rittenhouse<br>MaComb, IL<br>2/20/2010        | 60   | Claire Rittenhouse<br>MaComb, IL<br>2/20/2010        | 92.5  | Claire Rittenhouse<br>MaComb, IL<br>2/20/2010        | 227.5 |
| T2<br>16-17        | Ashley Summerfield<br>Mechanicsburg, OH<br>2/22/2014 | 70    | Ashley Summerfield<br>Mechanicsburg, OH<br>2/22/2014 | 40   | Ashley Summerfield<br>Mechanicsburg, OH<br>2/22/2014 | 112.5 | Ashley Summerfield<br>Mechanicsburg, OH<br>2/22/2014 | 222.5 |
| T3<br>18-19        | Emily Burchett<br>Mayville, MO<br>6/26/2010          | 87.5  | Emily Phillips<br>Macomb, IL<br>8/12/2017            | 46   | Emily Burchett<br>Mayville, MO<br>6/26/2010          | 107.5 | Emily Burchett<br>Mayville, MO<br>6/26/2010          | 240   |
| Junior<br>20-23    | Lauren Blessinger<br>Evansville, IN<br>6/10/2006     | 105   | Gretchen Schnautz<br>Evansville, IN<br>5/2/2015      | 55   | Lauren Blessinger<br>Evansville, IN<br>6/10/2006     | 120   | Lauren Blessinger<br>Evansville, IN<br>6/10/2006     | 270   |
| Open               | Lisa Mangold<br>Lakewood, WI<br>11/10/2007           | 125   | Koley Hockeborn<br>Walker, MI<br>1/26/2008           | 95   | Lisa Mangold<br>Lakewood, WI<br>11/10/2007           | 147.5 | Lisa Mangold<br>Lakewood, WI<br>11/10/2007           | 340   |
| M1<br>40-44        | Lisa Mangold<br>Lakewood, WI<br>11/22/2008           | 112.5 | Lisa Mangold<br>Lakewood, WI<br>11/22/2008           | 57.5 | Lisa Mangold<br>Lakewood, WI<br>11/22/2008           | 143   | Lisa Mangold<br>Lakewood, WI<br>11/22/2008           | 312.5 |
| M2<br>45-49        | Carol Burr<br>Hersey, MI<br>2/25/2006                | 100   | Koley Hockeborn<br>Walker, MI<br>1/26/2008           | 95   | Carol Burr<br>Hersey, MI<br>2/25/2006                | 142.5 | Carol Burr<br>Hersey, MI<br>9/30/2006                | 315   |
| M3                 | Cheryl Kyle<br>Columbia, MO                          | 77.5  | Cheryl Kyle<br>Columbia, MO                          | 50   | Cheryl Kyle<br>Columbia, MO                          | 105   | Cheryl Kyle<br>Columbia, MO                          | 232.5 |



|       |   |    |   |      |   |       |   |       |
|-------|---|----|---|------|---|-------|---|-------|
| 50-54 | 11/4/2017                                       |    | 4/8/2017  |      | 11/4/2017                                       |       | 11/4/2017                                       |       |
| M4    | Alice "Kim" Jones<br>Columbia, MO<br>1/23/2016  | 75 | Alice "Kim" Jones<br>Columbia, MO<br>1/23/2016  | 57.5 | Patricia L Urban<br>Columbia, MO<br>4/8/2017    | 110   | Alice "Kim" Jones<br>Columbia, MO<br>1/23/2016  | 225   |
| M5    | Catherine Morrison<br>Portland, ME<br>6/24/2017 | 65 | Catherine Morrison<br>Portland, ME<br>6/24/2017 | 50   | Catherine Morrison<br>Portland, ME<br>6/24/2017 | 95    | Catherine Morrison<br>Portland, ME<br>6/24/2017 | 210   |
| M6    | Louise Miller<br>Columbia, MO<br>4/8/2017       | 65 | Louise Miller<br>Columbia, MO<br>6/24/2017      | 45   | Louise Miller<br>Columbia, MO<br>11/4/2017      | 102.5 | Louise Miller<br>Columbia, MO<br>11/4/2017      | 212.5 |
| M7    |   |    |   |      |   |       |   |       |
| M8    |   |    |   |      |   |       |   |       |
| M9    | Josie Merrel<br>Michigan<br>8/13/2005           | 15 | Josie Merrel<br>Michigan<br>8/13/2005           | 20   | Josie Merrel<br>Michigan<br>8/13/2005           | 35    | Josie Merrel<br>Michigan<br>8/13/2005           | 70    |
| M10   |   |    |   |      |   |       |   |       |
| 85-89 |   |    |   |      |   |       |   |       |

| Women 70 kilograms |  |       |  |      |  |       |  |       |
|--------------------|--|-------|--|------|--|-------|--|-------|
| Division           | Squat  |       | Bench Press                                      |      | Deadlift   |       | Total  |       |
| T1                 | Esther Duncan<br>Mexico, MO<br>11/4/2017         | 105.5 | Esther Duncan<br>Mexico, MO<br>11/4/2017         | 52.5 | Esther Duncan<br>Mexico, MO<br>11/4/2017         | 117.5 | Esther Duncan<br>Mexico, MO<br>11/4/2017         | 267.5 |
| T2                 | Caitlyn Hay<br>South Charleston, OH<br>2/22/2014 | 72.5  | Taylor Manning<br>Mechanicsburg, OH<br>2/22/2014 | 45   | Taylor Manning<br>Mechanicsburg, OH<br>3/22/2015 | 107.5 | Taylor Manning<br>Mechanicsburg, OH<br>3/22/2015 | 220   |
| T3                 | Cayla Long<br>South Charleston, OH<br>2/22/2014  | 90    | Cayla Long<br>South Charleston, OH<br>2/22/2014  | 55   | Cayla Long<br>South Charleston, OH<br>2/22/2014  | 127.5 | Cayla Long<br>South Charleston, OH<br>2/22/2014  | 272.5 |
| Junior             | Cady Homyen<br>West Olive, MI<br>4/22/2017       | 122.5 | Cara Forrester<br>Keokuk, IA<br>11/7/2015        | 60   | Cara Forrester<br>Keokuk, IA<br>11/7/2015        | 115   | Cady Homyen<br>West Olive, MI<br>4/22/2017       | 332.5 |
| Open               | Cady Homyen<br>West Olive, MI                    | 122.5 | Carol Burr<br>Hersey, MI                         | 77.5 | Carol Burr<br>Hersey, MI                         | 165   | Carol Burr<br>Hersey, MI                         | 347.5 |

|              |  |       |  |      |  |     |   |       |
|--------------|--|-------|--|------|--|-----|---|-------|
|              | 4/22/2017  |       | 9/13/2008                                  |      | 1/26/2008                                  |     | 9/13/2008   |       |
| M1<br>40-44  | Lisa Mangold<br>Lakewood, WI<br>10/18/2008       | 115   | Lisa Mangold<br>Lakewood, WI<br>10/18/2008 | 62.5 | Lisa Mangold<br>Lakewood, WI<br>10/18/2008 | 135 | Lisa Mangold<br>Lakewood, WI<br>10/18/2008        | 312.5 |
| M2<br>45-49  | Carol Burr<br>Hersey, MI<br>8/11/2007            | 115   | Carol Burr<br>Hersey, MI<br>3/3/2007       | 75   | Carol Burr<br>Hersey, MI<br>1/26/2008      | 165 | Carol Burr<br>Hersey, MI<br>1/26/2008             | 345   |
| M3<br>50-54  | Carol Burr<br>Hersey, MI<br>9/13/2008            | 105   | Carol Burr<br>Hersey, MI<br>9/13/2008      | 77.5 | Carol Burr<br>Hersey, MI<br>9/13/2008      | 165 | Carol Burr<br>Hersey, MI<br>9/13/2008             | 347.5 |
| M4<br>55-59  | Susan Sanaghan<br>Michigan City, IN<br>4/21/2012 | 102.5 | Carol Burr<br>Hersey, MI<br>8/12/2017      | 65   | Carol Burr<br>Hersey, MI<br>8/12/2017      | 130 | Susan Sanaghan<br>Michigan City, IN<br>11/21/2009 | 280   |
| M5<br>60-64  | Kate Walker<br>Ashland, MO<br>10/27/2012         | 82.5  | Kate Walker<br>Ashland, MO<br>10/27/2012   | 50   | Kate Walker<br>Ashland, MO<br>11/13/2010   | 110 | Kate Walker<br>Ashland, MO<br>10/27/2012          | 242.5 |
| M6<br>65-69  | Kate Walker<br>Ashland, MO<br>10/17/2015         | 73.5  | Kate Walker<br>Ashland, MO<br>10/17/2015   | 47.5 | Kate Walker<br>Ashland, MO<br>10/17/2015   | 105 | Kate Walker<br>Ashland, MO<br>10/17/2015          | 225   |
| M7<br>70-74  |  |       |  |      |  |     |   |       |
| M8<br>75-79  |  |       |  |      |  |     |   |       |
| M9<br>80-84  |  |       |  |      |  |     |   |       |
| M10<br>85-89 |  |       |  |      |  |     |   |       |

| Women 80 kilograms |  |      |  |      |  |       |  |       |
|--------------------|--|------|--|------|--|-------|--|-------|
| Division           | Squat  |      | Bench Press                                  |      | Deadlift                                     |       | Total  |       |
| T1<br>14-15        | Paris Sutton<br>Evansville, IN<br>11/23/2008 | 82.5 | Paris Sutton<br>Evansville, IN<br>11/23/2008 | 42.5 | Paris Sutton<br>Evansville, IN<br>11/23/2008 | 92.5  | Paris Sutton<br>Evansville, IN<br>11/23/2008 | 217.5 |
| T2                 | Bailey Powell<br>South Vienna, OH            | 83   | Marissa Remmeter<br>Springfield, OH          | 57.5 | Marissa Remmeter<br>Springfield, OH          | 142.5 | Marissa Remmeter<br>Springfield, OH          | 282.5 |

|                 |   |        |  |      |  |        |  |        |
|-----------------|---|--------|--|------|--|--------|--|--------|
| 16-17           | 2/22/2014                                     |        | 2/22/2014                                      |      | 2/22/2014                                      |        | 2/22/2014                                      |        |
| T3              |   |        |  |      |  |        |  |        |
| 18-19           |   |        |  |      |  |        |  |        |
| Junior<br>20-23 | Cady Homyen<br>West Olive, MI<br>9/16/2017    | 129.28 | Mylan Hutcherson<br>Columbia, MO<br>2/15/2014  | 67.5 | Cady Homyen<br>West Olive, MI<br>9/16/2017     | 158.76 | Cady Homyen<br>West Olive, MI<br>9/16/2017     | 349.27 |
| Open            | Cady Homyen<br>West Olive, MI<br>9/16/2017    | 129.28 | Christine Tomes<br>Evansville, IN<br>12/6/2014 | 75   | Christine Tomes<br>Evansville, IN<br>12/6/2014 | 165    | Christine Tomes<br>Evansville, IN<br>12/6/2014 | 357.5  |
| M1<br>40-44     | Julie Krause<br>Harrisburg, MO<br>4/22/2017   | 127.5  | Julie Krause<br>Harrisburg, MO<br>6/24/2017    | 67.5 | Julie Krause<br>Harrisburg, MO<br>4/22/2017    | 160    | Julie Krause<br>Harrisburg, MO<br>6/24/2017    | 352    |
| M2<br>45-49     | Delsie Bonaparte<br>Columbia, MO<br>6/24/2017 | 67.5   | Danielle Barnes<br>Evansville, IN<br>12/6/2014 | 42.5 | Danielle Barnes<br>Evansville, IN<br>12/6/2014 | 110    | Danielle Barnes<br>Evansville, IN<br>12/6/2014 | 182.5  |
| M3<br>50-54     | Kimberly Lively<br>Newburgh, IN<br>12/6/2014  | 70     | Kimberly Lively<br>Newburgh, IN<br>12/6/2014   | 40   | Kimberly Lively<br>Newburgh, IN<br>12/6/2014   | 110    | Kimberly Lively<br>Newburgh, IN<br>12/6/2014   | 220    |
| M4<br>55-59     | Beth Perrin<br>Columbia, MO<br>10/17/2015     | 81     | Carol Burr<br>Hersey, MI<br>11/4/2017          | 70   | Carol Burr<br>Hersey, MI<br>11/4/2017          | 140    | Carol Burr<br>Hersey, MI<br>11/4/2017          | 290    |
| M5<br>60-64     | Beth Perrin<br>Columbia, MO<br>12/3/2016      | 85     | Beth Perrin<br>Columbia, MO<br>12/3/2016       | 50   | Beth Perrin<br>Columbia, MO<br>12/3/2016       | 110    | Beth Perrin<br>Columbia, MO<br>12/3/2016       | 245    |
| M6<br>65-69     | Gail Ludwig<br>Columbia, MO<br>5/2/2015       | 47.5   | Gail Ludwig<br>Columbia, MO<br>5/2/2015        | 46   | Gail Ludwig<br>Columbia, MO<br>5/2/2015        | 81     | Gail Ludwig<br>Columbia, MO<br>5/2/2015        | 172.5  |
| M7<br>70-74     |   |        |  |      |  |        |  |        |
| M8<br>75-79     |   |        |  |      |  |        |  |        |
| M9<br>80-84     |   |        |  |      |  |        |  |        |
| M10<br>85-89    |   |        |  |      |  |        |  |        |



|       |  |  |  |  |  |  |  |
|-------|--|--|--|--|--|--|--|
| 75-79 |  |  |  |  |  |  |  |
| M9    |  |  |  |  |  |  |  |
| 80-84 |  |  |  |  |  |  |  |
| M10   |  |  |  |  |  |  |  |
| 85-89 |  |  |  |  |  |  |  |

| Women 90+ kilograms |  |       |   |       |  |       |  |       |
|---------------------|--|-------|---|-------|--|-------|--|-------|
| Division            | Squat  |       | Bench Press                                     |       | Deadlift   |       | Total  |       |
| T1<br>14-15         | Erica Jones<br>Springfield, OH<br>3/22/2015          | 105   | Erica Jones<br>Springfield, OH<br>3/22/2015     | 60    | Madison Crawford<br>Springfield, OH<br>2/22/2014 | 137.5 | Erica Jones<br>Springfield, OH<br>3/22/2015          | 302.5 |
| T2<br>16-17         | Erica Summerfield<br>Mechanicsburg, OH<br>12/11/2010 | 112.5 | Keri DeVolder<br>Macomb, IL<br>8/12/2017        | 60    | Lauren Travis<br>Holland, MI<br>9/24/2016        | 132.5 | Erica Summerfield<br>Mechanicsburg, OH<br>12/11/2010 | 290   |
| T3<br>18-19         |  |       |   |       |  |       |  |       |
| Junior<br>20-23     | Ann Buren<br>La Harpe, IL<br>7/8/2006                | 105   | Ann Buren<br>La Harpe, IL<br>7/8/2006           | 65    | Ann Buren<br>La Harpe, IL<br>7/8/2006            | 110   | Ann Buren<br>La Harpe, IL<br>7/8/2006                | 280   |
| Open                | Y'Deidre Greene<br>Bridgewater, MA<br>11/4/2017      | 181   | Y'Deidre Greene<br>Bridgewater, MA<br>11/4/2017 | 117.5 | Y'Deidre Greene<br>Bridgewater, MA<br>11/4/2017  | 207.5 | Y'Deidre Greene<br>Bridgewater, MA<br>11/4/2017      | 505   |
| M1<br>40-44         | Jodey Reisz<br>Santa Claus, IN<br>11/5/2016          | 137.5 | Jodey Reisz<br>Santa Claus, IN<br>11/5/2016     | 112.5 | Jodey Reisz<br>Santa Claus, IN<br>11/5/2016      | 185   | Jodey Reisz<br>Santa Claus, IN<br>11/5/2016          | 435   |
| M2<br>45-49         | Sara Ringbauer<br>Columbia, MO<br>4/22/2017          | 130   | Patricia Benson<br>Muskegon, MI<br>6/11/2016    | 85    | Sara Ringbauer<br>Columbia, MO<br>11/4/2017      | 172.5 | Sara Ringbauer<br>Columbia, MO<br>11/4/2017          | 370   |
| M3<br>50-54         | Sharri Margraves<br>Bath, MI<br>4/22/2017            | 115   | Sharri Margraves<br>Bath, MI<br>4/22/2017       | 77.5  | Sharri Margraves<br>Bath, MI<br>4/11/2015        | 160   | Sharri Margraves<br>Bath, MI<br>4/11/2015            | 345   |
| M4<br>55-59         | Sharri Margraves<br>Bath, MI<br>11/4/2017            | 128   | Sharri Margraves<br>Bath, MI<br>11/4/2017       | 80.5  | Sharri Margraves<br>Bath, MI<br>11/4/2017        | 165   | Sharri Margraves<br>Bath, MI<br>11/4/2017            | 365   |
| M5                  | Carol Roush  |       | Mary Rapert                                     |       | Mary Rapert                                      |       | Mary Rapert  |       |

|              |   |    |   |      |   |       |   |       |
|--------------|---|----|---|------|---|-------|---|-------|
| M6<br>60-64  | Michigan<br>8/13/2005                   | 40 | Columbia, MO<br>7/19/2014               | 42.5 | Columbia, MO<br>7/19/2014               | 127.5 | Columbia, MO<br>7/19/2014               | 195   |
| M7<br>65-69  |   |    |   |      |   |       |   |       |
| M8<br>70-74  |   |    |   |      |   |       |   |       |
| M9<br>75-79  |   |    |   |      |   |       |   |       |
| M9<br>80-84  | Dorris Meadows<br>Michigan<br>8/13/2005 | 45 | Dorris Meadows<br>Michigan<br>8/13/2005 | 32.5 | Dorris Meadows<br>Michigan<br>8/13/2005 | 75    | Dorris Meadows<br>Michigan<br>8/13/2005 | 152.5 |
| M10<br>85-89 |   |    |   |      |   |       |   |       |

| Police, Military, Fire Unequipped |  |    |  |      |  |      |  |       |
|-----------------------------------|--|----|--|------|--|------|--|-------|
| Weight                            | Squat  |    | Bench Press  |      | Deadlift   |      | Total  |       |
| 58.5                              | Laura Waller<br>Lake in the Hills, IL<br>3/31/2007 | 90 | Laura Waller<br>Lake in the Hills, IL<br>3/31/2007 | 47.5 | Laura Waller<br>Lake in the Hills, IL<br>8/11/2007 | 97.5 | Laura Waller<br>Lake in the Hills, IL<br>3/31/2007 | 232.5 |

Full Power Equipped American Records Updated 4/22/2017

New Record

| Open Equipped |   |       |  |      |   |       |   |       |
|---------------|---|-------|--|------|---|-------|---|-------|
| Weight        | Squat                                       |       | Bench Press                                    |      | Deadlift                                      |       | Total                                       |       |
| 44            | Judith Gedney<br>MaComb, IL<br>11/23/2008   | 103.5 | Judith Gedney<br>MaComb, IL<br>11/2007         | 53   | Judith Gedney<br>MaComb, IL<br>2008           | 117.5 | Judith Gedney<br>MaComb, IL<br>11/2007      | 275   |
| 47.5          | Judith Gedney<br>MaComb, IL<br>11/12/2006   | 107.5 | Judith Gedney<br>MaComb, IL<br>4/24/2010       | 56.5 | Judith Gedney<br>MaComb, IL<br>11/15/2009     | 120.5 | Judith Gedney<br>MaComb, IL<br>11/12/2006   | 275   |
| 50.5          | Judith Gedney<br>MaComb, IL<br>2003         | 107.5 | Judith Gedney<br>MaComb, IL<br>2003            | 50   | Judith Gedney<br>MaComb, IL<br>2003           | 120   | Judith Gedney<br>MaComb, IL<br>2003         | 277.5 |
| 53            | Taylor Stevens<br>DeGraff, OH<br>10/28/2012 | 105   | Taylor Stevens<br>DeGraff, OH<br>10/28/2012    | 47.5 | Taylor Stevens<br>DeGraff, OH<br>10/28/2012   | 105   | Taylor Stevens<br>DeGraff, OH<br>10/28/2012 | 257.5 |
| 58.5          | Taylor Anderson<br>Quincy, OH<br>12/11/2010 | 60    | Taylor Anderson<br>Quincy, OH<br>12/11/2010    | 27.5 | Taylor Anderson<br>Quincy, OH<br>12/11/2010   | 82.5  | Taylor Anderson<br>Quincy, OH<br>12/11/2010 | 170   |
| 63            | Lisa Mangold<br>Lakewood, WI<br>8/11/2007   | 140   | Lisa Mangold<br>Lakewood, WI<br>8/11/2007      | 67.5 | Lisa Mangold<br>Lakewood, WI<br>8/11/2007     | 142.5 | Lisa Mangold<br>Lakewood, WI<br>8/11/2007   | 350   |
| 70            | Lisa Mangold<br>Lakewood, WI<br>3/31/2007   | 132.5 | Amber Holland<br>Whitehall, MI<br>1/20/2007    | 90   | Karen Veltema<br>Hudsonville, MI<br>2/25/2006 | 192.5 | Lisa Mangold<br>Lakewood, WI<br>3/31/2007   | 335   |
| 80            | Maddie Herr<br>Indianapolis, IN<br>4/8/2017 | 135   | Jennifer Frankic<br>Evansville, IN<br>5/2/2015 | 70   | Maddie Herr<br>Indianapolis, IN<br>4/8/2017   | 145   | Maddie Herr<br>Indianapolis, IN<br>4/8/2017 | 350   |
| 90            | Erin Krisher<br>DeGraff, OH<br>12/12/2009   | 92.5  | Erin Krisher<br>DeGraff, OH<br>12/12/2009      | 40   | Judy Naeger<br>Columbia, MO<br>5/2/2015       | 130   | Erin Krisher<br>DeGraff, OH<br>12/12/2009   | 235   |
| 90+           | Kami Gibson<br>Evansville, IN<br>11/5/2016  | 137.5 | Amelia Carter<br>Quincy, OH<br>12/12/2009      | 60   | Kami Gibson<br>Evansville, IN<br>11/5/2016    | 142.5 | Kami Gibson<br>Evansville, IN<br>11/5/2016  | 337.5 |

| Teenage (14-15) Equipped |                             |    |                             |      |                             |      |                             |     |
|--------------------------|-----------------------------|----|-----------------------------|------|-----------------------------|------|-----------------------------|-----|
| Weight                   | Squat                       |    | Bench Press                 |      | Deadlift                    |      | Total                       |     |
| 50.5                     | Alexa Boling<br>DeGraff, OH | 65 | Alexa Boling<br>DeGraff, OH | 32.5 | Alexa Boling<br>DeGraff, OH | 77.5 | Alexa Boling<br>DeGraff, OH | 175 |

|                                 | 12/11/2010                                    |       | 12/11/2010                                    |      | 12/11/2010                                    |       | 12/11/2010                                    |       |
|---------------------------------|---|-------|---|------|---|-------|---|-------|
| 53                              | Taylor Stevens<br>DeGraff, OH<br>10/28/2012   | 105   | Taylor Stevens<br>DeGraff, OH<br>10/28/2012   | 47.5 | Taylor Stevens<br>DeGraff, OH<br>10/28/2012   | 105   | Taylor Stevens<br>DeGraff, OH<br>10/28/2012   | 257.5 |
| 58.5                            | Taylor Anderson<br>Quincy, OH<br>12/11/2010   | 60    | Taylor Anderson<br>Quincy, OH<br>12/11/2010   | 27.5 | Taylor Anderson<br>Quincy, OH<br>12/11/2010   | 82.5  | Taylor Anderson<br>Quincy, OH<br>12/11/2010   | 170   |
| 90                              | Erin Krisher<br>DeGraff, OH<br>12/12/2009     | 92.5  | Erin Krisher<br>DeGraff, OH<br>12/12/2009     | 40   | Erin Krisher<br>DeGraff, OH<br>12/12/2009     | 102.5 | Erin Krisher<br>DeGraff, OH<br>12/12/2009     | 235   |
| <b>Teenage (16-17) Equipped</b> |   |       |   |      |   |       |   |       |
| Weight                          | Squat   |       | Bench Press                                   |      | Deadlift                                      |       | Total   |       |
| 70                              | Amber Holland<br>Whitehall, MI<br>1/20/2007   | 102.5 | Amber Holland<br>Whitehall, MI<br>1/20/2007   | 90   | Amber Holland<br>Whitehall, MI<br>1/20/2007   | 125   | Amber Holland<br>Whitehall, MI<br>1/20/2007   | 317.5 |
| 90+                             | Amelia Carter<br>Quincy, OH<br>12/12/2009     | 127.5 | Amelia Carter<br>Quincy, OH<br>12/12/2009     | 60   | Lauren Travis<br>Holland, MI<br>4/22/2017     | 142.5 | Amelia Carter<br>Quincy, OH<br>12/12/2009     | 327.5 |
| <b>Teenage (18-19) Equipped</b> |   |       |   |      |   |       |   |       |
| Weight                          | Squat   |       | Bench Press                                   |      | Deadlift                                      |       | Total   |       |
| 70                              | Dana Bell<br>Bellfontaine, OH<br>10/28/2012   | 140   | Dana Bell<br>Bellfontaine, OH<br>10/28/2012   | 57.5 | Dana Bell<br>Bellfontaine, OH<br>10/28/2012   | 120   | Dana Bell<br>Bellfontaine, OH<br>10/28/2012   | 317.5 |
| <b>Junior (20-23) Equipped</b>  |   |       |   |      |   |       |   |       |
| Weight                          | Squat   |       | Bench Press                                   |      | Deadlift                                      |       | Total   |       |
| 70                              | Cheritha Schaffer<br>Quincy, OH<br>10/28/2012 | 97.5  | Cheritha Schaffer<br>Quincy, OH<br>10/28/2012 | 55   | Cheritha Schaffer<br>Quincy, OH<br>10/28/2012 | 127.5 | Cheritha Schaffer<br>Quincy, OH<br>10/28/2012 | 280   |
| <b>Master (40-44) Equipped</b>  |   |       |   |      |   |       |   |       |
| Weight                          | Squat   |       | Bench Press                                   |      | Deadlift                                      |       | Total   |       |
| 63                              | Lisa Mangold<br>Lakewood, WI<br>7/16/2011     | 115   | Lisa Mangold<br>Lakewood, WI<br>7/16/2011     | 57.5 | Lisa Mangold<br>Lakewood, WI<br>7/16/2011     | 137.5 | Lisa Mangold<br>Lakewood, WI<br>7/16/2011     | 310   |



|    |  |     |  |      |   |       |  |       |
|----|--|-----|--|------|---|-------|--|-------|
| 70 | Lisa Mangold<br>Lakewood, WI<br>11/23/2008 | 130 | Lisa Mangold<br>Lakewood, WI<br>11/23/2008 | 62.5 | Karen Veltema<br>Hudsonville, MI<br>2/25/2006 | 192.5 | Lisa Mangold<br>Lakewood, WI<br>11/23/2008 | 327.5 |
|----|--|-----|--|------|---|-------|--|-------|

**Master (45-49) Equipped**

| Weight | Squat                                      | Bench Press | Deadlift                                   | Total |  |      |  |     |
|--------|--|-------------|--|-------|--|------|--|-----|
| 50.5   | Angela Hardy<br>Misawake, MI<br>10/16/2010 | 57.5        | Angela Hardy<br>Misawake, MI<br>10/16/2010 | 40    | Angela Hardy<br>Misawake, MI<br>10/16/2010 | 92.5 | Angela Hardy<br>Misawake, MI<br>10/16/2010 | 190 |

**Master (55-59) Equipped**

| Weight | Squat                                  | Bench Press | Deadlift                               | Total |  |     |  |     |
|--------|--|-------------|--|-------|--|-----|--|-----|
| 90     | Judy Nager<br>Columbia, MO<br>5/2/2015 | 25          | Judy Nager<br>Columbia, MO<br>5/2/2015 | 40    | Judy Nager<br>Columbia, MO<br>5/2/2015 | 130 | Judy Nager<br>Columbia, MO<br>5/2/2015 | 195 |

**Master (60-64) Equipped**

| Weight | Squat                               | Bench Press | Deadlift                            | Total |                                     |     |                                     |       |
|--------|-------------------------------------|-------------|-------------------------------------|-------|-------------------------------------|-----|-------------------------------------|-------|
| 50.5   | Judith Gedney<br>MaComb, IL<br>2003 | 107.5       | Judith Gedney<br>MaComb, IL<br>2003 | 50    | Judith Gedney<br>MaComb, IL<br>2003 | 120 | Judith Gedney<br>MaComb, IL<br>2003 | 277.5 |

**Master (65-69) Equipped**

| Weight | Squat                                     | Bench Press | Deadlift                                 | Total |   |       |   |     |
|--------|---|-------------|--|-------|---|-------|---|-----|
| 44     | Judith Gedney<br>MaComb, IL<br>11/23/2008 | 103.5       | Judith Gedney<br>MaComb, IL<br>11/2007   | 53    | Judith Gedney<br>MaComb, IL<br>2008       | 117.5 | Judith Gedney<br>MaComb, IL<br>11/2007    | 275 |
| 47.5   | Judith Gedney<br>MaComb, IL<br>11/12/2006 | 107.5       | Judith Gedney<br>MaComb, IL<br>4/24/2010 | 56.5  | Judith Gedney<br>MaComb, IL<br>11/15/2009 | 120.5 | Judith Gedney<br>MaComb, IL<br>11/12/2006 | 275 |

Single Event Unequipped American Records Updated 09/16/2017

New Record

| Open Unequipped |  |        |   |       |   |       |
|-----------------|--|--------|---|-------|---|-------|
| Weight          | Squat  |        | Bench Press                                     |       | Deadlift  |       |
| 44              | Judith Gedney<br>MaComb, IL<br>10/20/2009        | 90     | Judith Gedney<br>MaComb, IL<br>6/25/2011        | 50.5  | Judith Gedney<br>MaComb, IL<br>10/22/2008         | 117.5 |
| 47.5            | Judith Gedney<br>MaComb, IL<br>9/11/2009         | 86     | Sarah Gray<br>Evansville, IN<br>5/2/2015        | 60    | Judith Gedney<br>MaComb, IL<br>9/13/2009          | 113   |
| 50.5            | Jaqueline Miller<br>Columbia, MO<br>3/7/2015     | 61     | Shellaine Frazier<br>Columbia, MO<br>7/25/2015  | 70    | Shellaine Frazier<br>Columbia, MO<br>7/25/2015    | 110   |
| 53              | Hanna Krause<br>Allegan, MI<br>3/5/2011          | 70     | Shellaine Frazier<br>Columbia, MO<br>12/3/2016  | 75    | Shellaine Frazier<br>Columbia, MO<br>10/20/2016   | 127.5 |
| 55.5            | Toni Lane<br>MaComb, IL<br>3/7/2015              | 105    | Shellaine Frazier<br>Columbia, MO<br>11/10/2012 | 72.5  | Toni Lane<br>MaComb, IL<br>3/7/2015               | 145   |
| 58.5            | Heather Endres<br>North Liberty, IN<br>9/16/2017 | 104.33 | Koley Hockeborn<br>Walker, MI<br>1/26/2008      | 95    | Sienna Valdez<br>South Bend, IN<br>6/27/2015      | 132.5 |
| 63              | Lisa Mangold<br>Lakewood, WI<br>6/23/2007        | 115    | Koley Hockeborn<br>Walker, MI<br>10/16/2010     | 105   | Amanda Smith<br>Evansville, IN<br>4/25/2015       | 150   |
| 70              | Lisa Mangold<br>Lakewood, WI<br>10/4/2008        | 117.5  | Marian Bosma<br>Hesperia, MI<br>6/25/2011       | 80    | Marian Bosma<br>Hesperia, MI<br>6/26/2011         | 172.5 |
| 80              | Jennifer McClain<br>3/7/2015                     | 105    | Emma DeBoer<br>Holland, MI<br>9/16/2017         | 79.38 | Michelle Engeberson<br>Columbia, MO<br>11/10/2012 | 150   |
| 90              | Jenna Nicola Heard<br>Macomb, IL<br>12/5/2009    | 92.5   | Kim Welcher<br>Evansville, IN<br>3/8/2014       | 85    | Andrea Chapple<br>Columbia, MO<br>3/4/2017        | 160   |
| 90+             | Sharri Morgraves<br>Bath, MI                     | 127.5  | Brandi Sneed<br>Mishawaka, IN                   | 95    | Brandi Sneed<br>Mishawaka, IN                     | 182.5 |

3/5/2016

6/27/2015

6/27/2015

**Teenage (14-15) Unequipped**

| Weight | Squat  |      | Bench Press                                       |      | Deadlift   |       |
|--------|--|------|---|------|--|-------|
| 47.5   |  |      | Shyla Burke<br>South Charleston, OH<br>2/22/2014  | 32.5 | Shyla Burke<br>South Charleston, OH<br>2/22/2014 | 77.5  |
| 55.5   |  |      | Cheyenne McNutt<br>South Vienna, OH<br>2/22/2014  | 42.5 | Cheyenne McNutt<br>South Vienna, OH<br>2/22/2014 | 107.5 |
| 63     | Claire Rittenhouse<br>MaComb, IL<br>3/6/2010 | 90   | Claire Rittenhouse<br>MaComb, IL<br>2/20/2010     | 65   | Claire Rittenhouse<br>MaComb, IL<br>2/20/2010    | 97.5  |
| 70     |  |      | Ashton Woodell<br>Bellfontaine, OH<br>2/22/2014   | 42.5 | Ashton Woodell<br>Bellfontaine, OH<br>2/22/2014  | 105   |
| 90     |  |      | Jennifer Griffith<br>Springfield, OH<br>2/22/2014 | 52.5 | Victoria Thompson<br>Quincy, OH<br>12/12/2009    | 105   |
| 90+    | Keri DeVolder<br>Macomb, IL<br>3/4/2017      | 87.5 |   |      |  |       |

**Teenage (16-17) Unequipped**

| Weight | Squat     |  | Bench Press  |      | Deadlift   |      |
|--------|-----------|--|--|------|--|------|
| 47.5   |           |  |  |      | Ashley Hughes<br>Quincy, OH<br>12/11/2010              | 57.5 |
| 53     |           |  | Caitlin Will Fong<br>South Charleston, OH<br>2/22/2014 | 40   | Caitlin Will Fong<br>South Charleston, OH<br>2/22/2014 | 92.5 |
| 55.5   |           |  | Ely King<br>Mechanicsburg, OH<br>2/22/2014             | 42.5 | Ely King<br>Mechanicsburg, OH<br>2/22/2014             | 82.5 |
|        | Kim Jones |  | Jasmine Mendez   |      | Deidre Connolly  |      |

|      |   |      |   |      |   |       |
|------|---|------|---|------|---|-------|
| 58.5 | Columbia, MO<br>5/7/2016                            | 86   | Grand Rapids, MI<br>3/3/2007                    | 57.5 | Cambridge, MA<br>2/22/2014                          | 142.5 |
| 63   | Naomi Seifert<br>Mt. Vernon, IN<br>3/7/2015         | 87.5 | Morgan Thompson<br>Fort Gratiot, MI<br>3/5/2011 | 57.5 | Alicia Doyle<br>Crowell, MI<br>3/5/2011             | 130   |
| 70   | Carla Newman<br>Springfiled, OH<br>6/24/2011        | 82.5 | Marian Bosma<br>Hesperia, MI<br>10/16/2010      | 75   | Marian Bosma<br>Hesperia, MI<br>10/16/2010          | 160   |
| 80   |   |      | Kateri Stachowicz<br>Whitehall, MI<br>3/5/2011  | 75   | Kateri Stachowicz<br>Whitehall, MI<br>3/26/2011     | 147.5 |
| 90+  | Erica Summerfield<br>Mechanicsburg, OH<br>6/24/2011 | 100  | Shannon Evans<br>DeGraff, OH<br>6/25/2011       | 60.5 | Erica Summerfield<br>Mechanicsburg, OH<br>6/26/2011 | 132.5 |

| Teenage (18-19) Unequipped |                    |  |             |  |          |  |
|----------------------------|--------------------|--|-------------|--|----------|--|
| Weight                     | Squat              |  | Bench Press |  | Deadlift |  |
|                            |                    |  |             |  |          |  |
|                            | Samantha Fromelius |  |             |  |          |  |

|     |                          |    |   |       |   |        |
|-----|--------------------------|----|---|-------|---|--------|
| 63  | Newburgh, IN<br>3/8/2014 | 85 |   |       |   |        |
| 70  |                          |    | Marian Bosma<br>Hesperia, MI<br>6/25/2011 | 80    | Marian Bosma<br>Hesperia, MI<br>6/26/2011 | 172.5  |
| 80  |                          |    | Emma DeBoer<br>Holland, MI<br>9/16/2017   | 79.38 | Emma DeBoer<br>Holland, MI<br>9/16/2017   | 102.06 |
| 90+ |                          |    | Erica Ervin<br>Quincy, OH<br>6/25/2011    | 65    | Kira Lauth<br>DeGraff, OH<br>12/11/2010   | 135    |

### Junior (20-23) Unequipped

| Weight | Squat                                     |      | Bench Press                                |      | Deadlift                                      |       |
|--------|---|------|--|------|---|-------|
| 44     | Tenille Sword<br>Ottumwa, IA<br>12/5/2009 | 37.5 | Tenille Sword<br>Ottumwa, IA<br>12/5/2009  | 32.5 |   |       |
| 53     |   |      | Megan Dyer<br>4/12/2014                    | 32.5 |   |       |
| 55.5   | Toni Lane<br>Macomb, IL<br>3/7/2015       | 105  | Lexie Heald<br>Fortville, IN<br>6/27/2015  | 57.5 | Toni Lane<br>Macomb, IL<br>3/7/2015           | 145   |
| 58.5   | Sophie Simmons<br>Macomb, IL<br>2/20/10   | 80   | Sophie Simmons<br>Macomb, IL<br>3/6/2010   | 60   | Antionette Lane<br>11/9/2013                  | 131   |
| 63     |   |      | Cheritha Schaffer<br>Anna, OH<br>2/22/2014 | 57.5 | Cheritha Schaffer<br>Anna, OH<br>2/22/2014    | 137.5 |
| 70     |   |      | Marian Bosma<br>Hesperia, MI<br>3/9/2013   | 80   | Sarah Sawayanagi<br>Columbia, MO<br>12/3/2016 | 175   |

### Master 1 (40-44) Unequipped

| Weight | Squat |  | Bench Press |  | Deadlift |  |
|--------|-------|--|-------------|--|----------|--|
|        |       |  |             |  |          |  |

|      |  |       |  |       |  |       |
|------|--|-------|--|-------|--|-------|
| 50.5 |  |       | Shellaine Frazier<br>Columbia, MO<br>7/25/2015   | 70    | Shellaine Frazier<br>Columbia, MO<br>7/25/2015   | 110   |
| 53   | Shellaine Frazier<br>Columbia, MO<br>11/9/2013   | 72.5  | Shellaine Frazier<br>Columbia, MO<br>2/9/2013    | 73.5  | Shellaine Frazier<br>Columbia, MO<br>10/17/2015  | 123   |
| 55.5 | Shellaine Frazier<br>Columbia, MO<br>2/4/2012    | 60    | Shellaine Frazier<br>Columbia, MO<br>10/17/2015  | 72.5  | Shellaine Frazier<br>Columbia, MO<br>11/9/2013   | 100   |
| 58.5 | Heather Endres<br>North Liberty, IN<br>4/11/2015 | 95    | Heather Endres<br>North Liberty, IN<br>4/11/2015 | 45    | Heather Endres<br>North Liberty, IN<br>4/22/2017 | 97.5  |
| 63   | Angela Holloway<br>Columbia, MO<br>3/7/2015      | 52.5  | Rene Kerkstra<br>Grand Rapids, MI<br>3/3/2007    | 52.5  | Ann Marie Orr<br>Ada, MI<br>8/14/2010            | 112.5 |
| 70   | Lisa Mangold<br>Lakewood, WI<br>10/4/2008        | 117.5 | Lisa Mangold<br>Lakewood, WI<br>10/4/2008        | 62.5  | Lisa Mangold<br>Lakewood, WI<br>10/4/2008        | 140   |
| 80   | Delsie Bonaparte<br>Columbia, MO<br>5/7/2016     | 82.5  | Delsie Bonaparte<br>Columbia, MO<br>5/7/2016     | 50    | Tracy Milarsky<br>Columbia, MO<br>12/3/2016      | 117.5 |
| 90   | Andrea Chappellear<br>Columbia, MO<br>3/4/2017   | 75    | Charla Wrenn<br>Good Hope, IL<br>3/5/2016        | 57.5  | Andrea Chappellear<br>Columbia, MO<br>3/4/2017   | 160   |
| 90+  |  |       | Ann Kuipers<br>Grand Rapids, MI<br>9/16/2017     | 47.63 |  |       |

| Master 2 (45-49) Unequipped |  |        |  |    |  |        |
|-----------------------------|--|--------|--|----|--|--------|
| Weight                      | Squat  |        | Bench Press                                    |    | Deadlift   |        |
| 53                          | Shaellaine Frazier<br>Columbia, MO<br>4/22/2017  | 70     | Shellaine Frazier<br>Columbia, MO<br>12/3/2016 | 75 | Shellaine Frazier<br>Columbia, MO<br>8/20/2016   | 127.5  |
| 58.5                        | Heather Endres<br>North Liberty, IN<br>9/16/2017 | 104.33 | Koley Hockeborn<br>Walker, MI<br>1/26/2008     | 95 | Heather Endres<br>North Liberty, IN<br>9/16/2017 | 102.06 |

|     |   |      |  |      |   |       |
|-----|---|------|--|------|---|-------|
| 63  | Angela Holloway<br>Columbia, MO<br>3/4/2017   | 60   | Koley Hockeborn<br>Walker, MI<br>9/13/2008   | 100  | Koley Hockeborn<br>Walker, MI<br>8/15/2009    | 120   |
| 70  | Angela Holloway<br>Columbia, MO<br>12/3/2016  | 57.5 | Angela Holloway<br>Columbia, MO<br>12/3/2016 | 42.5 | Angela Holloway<br>Columbia, MO<br>12/3/2016  | 90    |
| 80  | Delsie Bonaparte<br>Columbia, MO<br>12/3/2016 | 82.5 | Delsie Bonaparte<br>Columbia, MO<br>3/4/2017 | 45   | Delsie Bonaparte<br>Columbia, MO<br>7/15/2017 | 95    |
| 90  | Charla Wrenn<br>Good Hope, IL<br>3/4/2017     | 70   | Kim Welcher<br>Evansville, IN<br>3/8/2014    | 85   | Charla Wrenn<br>Good Hope, IL<br>3/4/2017     | 107.5 |
| 90+ | Sara Ringbauer<br>Columbia, MO<br>3/4/2017    | 135  | Charla Wrenn<br>Good Hope, IL<br>8/20/2016   | 60   | Sara Ringbauer<br>Columbia, MO<br>3/4/2017    | 172.5 |

| Master 3 (50-54) Unequipped |  |      |   |     |  |       |
|-----------------------------|--|------|---|-----|--|-------|
| Weight                      | Squat                                      |      | Bench Press                                 |     | Deadlift                                   |       |
| M3                          |  |      | Kimberly Wathan<br>Howell, MI<br>3/4/2017   | 40  |  |       |
| 50.5                        |  |      |   |     | Rachel Steele<br>Kingston, MA<br>4/14/2007 | 90.5  |
| 53                          | Pat Okker<br>Columbia, MO<br>3/8/2014      | 65   | Pat Okker<br>Columbia, MO<br>3/8/2014       | 50  | Pat Okker<br>Columbia, MO<br>3/8/2014      | 92.5  |
| 55.5                        | Alma Hopkins<br>Columbia, MO<br>4/8/2017   | 73.5 | Pat Okker<br>Columbia, MO<br>11/9/2013      | 56  | Pat Okker<br>Columbia, MO<br>4/27/2013     | 112.5 |
| 58.5                        |  |      | Pat Okker<br>Columbia, MO<br>11/10/2012     | 50  | Pat Okker<br>Columbia, MO<br>11/10/2012    | 97.5  |
| 63                          | Koley Hockeborn<br>Walker, MI<br>6/24/2011 | 100  | Koley Hockeborn<br>Walker, MI<br>10/16/2010 | 105 | Pat Urban<br>Columbia, MO<br>10/17/2015    | 70    |

|     |  |       |  |      |  |       |
|-----|--|-------|--|------|--|-------|
| 70  | Carol Burr<br>Hersey, MI<br>3/14/2009        | 105   | Carol Burr<br>Hersey, MI<br>3/14/2009        | 77.5 | Carol Burr<br>Hersey, MI<br>6/26/2011        | 167.5 |
| 80  | Kimberly Lively<br>Newburgh, IN<br>12/6/2014 | 70    | Kimberly Lively<br>Newburgh, IN<br>12/6/2014 | 40   | Kimberly Lively<br>Newburgh, IN<br>12/6/2014 | 110   |
| 90  | Beth Van Hove<br>Columbia, MO<br>3/4/2017    | 85    | Beth Van Hove<br>Columbia, MO<br>12/3/2016   | 60   | Beth Van Hove<br>Columbia, MO<br>3/4/2017    | 110   |
| 90+ | Sharri Morgraves<br>3/5/2016                 | 127.5 | Sharri Morgraves<br>3/5/2016                 | 75   | Sharri Morgraves<br>3/5/2016                 | 160   |

| Master 4 (55-59) Unequipped |  |       |  |      |   |       |
|-----------------------------|--|-------|--|------|---|-------|
| Weight                      | Squat  |       | Bench Press                                  |      | Deadlift                                    |       |
| 50.5                        | Kerin Anderson<br>Columbia, MO<br>6/6/2016       | 58.5  | Kerin Anderson<br>Columbia, MO<br>6/7/2016   | 53   | Kerin Anderson<br>Columbia, MO<br>5/7/2016  | 75    |
| 53                          | Kerin Anderson<br>Columbia, MO<br>12/3/2016      | 62.5  | Kerin Anderson<br>Columbia, MO<br>3/4/2017   | 52.5 | Kerin Anderson<br>Columbia, MO<br>12/3/2016 | 80.5  |
| 55.5                        | Pat Okker<br>Columbia, MO<br>10/17/2015          | 70    | Pat Okker<br>Columbia, MO<br>10/17/2015      | 55.5 | Pat Okker<br>Columbia, MO<br>10/17/2015     | 100   |
| 58.5                        | Kim Jones<br>Columbia, MO<br>6/6/2016            | 86.5  | Kim Jones<br>Columbia, MO<br>6/7/2016        | 60.5 | Kim Morgan<br>Columbia, MO<br>4/27/2013     | 107.5 |
| 63                          | Patricia Urban<br>Columbia, MO<br>12/3/2016      | 65    | Patricia L Urban<br>Columbia, MO<br>4/8/2017 | 45   | Patrica Urban<br>Columbia, MO<br>4/8/2017   | 110   |
| 70                          | Susan Sanaghan<br>Michigan City, IN<br>4/21/2012 | 102.5 | Carol Burr<br>Hersey, MI<br>7/16/2016        | 67.5 | Carol Burr<br>Hersey, MI<br>7/16/2016       | 140   |
| 80                          | Beth Perrin<br>Columbia, MO<br>10/17/2015        | 81    | Beth Perrin<br>Columbia, MO<br>3/7/2015      | 52.5 | Mary Flanagan<br>8/20/2016                  | 117.5 |



|     |   |    |  |      |  |       |
|-----|---|----|--|------|--|-------|
| 90  | Rachel Brown<br>Columbia, MO<br>12/3/2016 | 83 | Rachel Brown<br>Columbia, MO<br>10/17/2015 | 61   | Rachel Brown<br>Columbia, MO<br>5/7/2016 | 130.5 |
| 90+ |   |    | Judy Naeger<br>Columbia, MO<br>12/3/2016   | 47.5 | Judy Naeger<br>Columbia, MO<br>12/3/2016 | 127.5 |

| Master 5 (60-64) Unequipped |   |      |   |      |  |       |
|-----------------------------|---|------|---|------|--|-------|
| Weight                      | Squat   |      | Bench Press                                   |      | Deadlift                                       |       |
| 50.5                        |   |      | Jackie Miller<br>Columbia, MO<br>1/12/2013    | 35   | Jackie Miller<br>Columbia, MO<br>1/12/2013     | 72.5  |
| 55.5                        | Linda LaFontaine<br>Columbia, MO<br>4/27/2013 | 42.5 | Linda LaFontaine<br>Columbia, MO<br>4/27/2013 | 41   | Linda LaFontaine<br>Columbia, MO<br>11/10/2012 | 70    |
| 63                          | Sandy Falloon<br>Columbia, MO<br>10/17/2015   | 43   | Anne Clark<br>Columbia, MO<br>11/9/2013       | 35   | Sandy Falloon<br>Columbia, MO<br>10/17/2015    | 81    |
| 70                          | Kate Walker<br>Ashland, MO<br>6/24/2011       | 77.5 | Kate Walker<br>Ashland, MO<br>6/23/2012       | 48   | Kate Walker<br>Ashland, MO<br>6/26/2011        | 112.5 |
| 80                          | Beth Perrin<br>Columbia, MO<br>3/4/2017       | 95   | Beth Perrin<br>Columbia, MO<br>7/15/2017      | 52.5 | Beth Perrin<br>Columbia, MO<br>3/4/2017        | 112.5 |
| 90                          | Rachel Brown<br>Columbia, MO<br>3/4/2017      | 87.5 | Rachel Brown<br>Columbia, MO<br>3/4/2017      | 62.5 | Rachel Brown<br>Columbia, MO<br>3/4/2017       | 130.5 |
| 90+                         |   |      | Mary Rapert<br>Columbia, MO<br>11/9/2013      | 50   | Mary Rapert<br>Columbia, MO<br>11/9/2013       | 120   |

| Master 6 (65-69) Unequipped |                             |      |                             |    |                             |       |
|-----------------------------|-----------------------------|------|-----------------------------|----|-----------------------------|-------|
| Weight                      | Squat                       |      | Bench Press                 |    | Deadlift                    |       |
| 44                          | Judith Gedney<br>MaComb, IL | 87.5 | Judith Gedney<br>MaComb, IL | 45 | Judith Gedney<br>MaComb, IL | 117.5 |

|      | 10/20/2006                                    |      | 2007  |      | 10/22/2008                                     |       |
|------|---|------|---|------|--|-------|
| 47   | Judith Gedney<br>MaComb, IL<br>9/11/2009      | 86   | Judith Gedney<br>MaComb, IL<br>9/12/2009        | 51   | Judith Gedney<br>MaComb, IL<br>9/13/2009       | 113   |
| 50.5 | Jackie Miller<br>Columbia, MO<br>3/7/2015     | 61   | Linda LaFontaine<br>Columbia, MO<br>5/7/2016    | 45   | Linda LaFontaine<br>Columbia, MO<br>5/7/2016   | 92.5  |
| 53   | Linda LaFontaine<br>Columbia, MO<br>6/6/2015  | 57.5 | Linda LaFontaine<br>Columbia, MO<br>6/7/2015    | 42.5 | Linda LaFontaine<br>Columbia, MO<br>6/8/2016   | 97    |
| 55.5 |   |      | Patricia Kueneke<br>St. Louis, MO<br>2/15/2014  | 35   | Patricia Kueneke<br>St. Louis, MO<br>2/15/2014 | 67.5  |
| 58.5 |   |      | Sandra James<br>Grand Junction, MI<br>4/22/2017 | 40   | Patricia Kueneke<br>St. Louis, MO<br>2/15/2014 | 75    |
| 63   | Louise Miller<br>Columbia, MO<br>3/4/2017     | 62.5 | Kate Walker<br>Columbia, MO<br>12/3/2016        | 43   | Kate Walker<br>Columbia, MO<br>4/22/2017       | 97.5  |
| 70   | Kate Walker<br>Columbia, MO<br>10/17/2015     | 73.5 | Kate Walker<br>Columbia, MO<br>10/17/2015       | 47.5 | Kate Walker<br>Columbia, MO<br>3/7/2015        | 112.5 |
| 80   | Maggy Danley<br>Columbia, MO<br>11/9/2013     | 30   | Maggy Danley<br>Columbia, MO<br>11/9/2013       | 42.5 | Maggy Danley<br>Columbia, MO<br>11/9/2013      | 80    |
| 90   | Maggy Danley<br>Columbia, MO<br>3/7/2015      | 60   | Maggy Danley<br>Columbia, MO<br>3/7/2015        | 48.5 | Maggy Danley<br>Columbia, MO<br>12/3/2016      | 95    |
| 90+  | Linda Struckhoff<br>Columbia, MO<br>12/3/2016 | 52.5 | Mary Rapert<br>Barnhart, MO<br>3/4/2017         | 60   | Mary Rapert<br>Barnhart, MO<br>3/4/2017        | 141.5 |

| <b>Master 7 (70-74) Unequipped</b> |                             |    |                             |      |                             |       |
|------------------------------------|-----------------------------|----|-----------------------------|------|-----------------------------|-------|
| Weight                             | Squat                       |    | Bench Press                 |      | Deadlift                    |       |
| 44                                 | Judith Gedney<br>MaComb, IL | 75 | Judith Gedney<br>MaComb, IL | 50.5 | Judith Gedney<br>MaComb, IL | 112.5 |

|    |           |  |  |      |  |      |
|----|-----------|--|--|------|--|------|
|    | 6/24/2011 |  | 6/25/2011                                |      | 6/26/2011                                |      |
| 80 |           |  | Sandra Ollar<br>Columbia, MO<br>3/7/2015 | 27.5 | Sandra Ollar<br>Columbia, MO<br>3/7/2015 | 77.5 |

| Police/Military/Fire Unequipped |       |  |  |      |          |  |
|---------------------------------|-------|--|--|------|----------|--|
| Weight                          | Squat |  | Bench Press                            |      | Deadlift |  |
| 90                              |       |  | Cathy Martin<br>Quincy, IL<br>5/6/2006 | 77.5 |          |  |

Single Event Equipped National Records Updated 03/08/2017

New Record

| Open Equipped |   |       |   |      |  |       |
|---------------|---|-------|---|------|--|-------|
| Weight        | Squat                                     |       | Bench Press                                   |      | Deadlift                                     |       |
| 44            | Judith Gedney<br>MaComb, IL<br>10/20/2006 | 107.5 | Judith Gedney<br>MaComb, IL<br>6/25/2011      | 53   | Judith Gedney<br>MaComb, IL<br>10/22/2006    | 117.5 |
| 47            | Judith Gedney<br>MaComb, IL<br>9/11/2009  | 103   | Judith Gedney<br>MaComb, IL<br>4/24/2010      | 56.5 | Judith Gedney<br>MaComb, IL<br>4/25/2010     | 116.5 |
| 50.5          |   |       | Angela Hardy<br>Mishawaka, IN<br>6/25/2011    | 50   | Angela Hardy<br>Mishawaka, IN<br>6/26/2011   | 107.5 |
| 53            |   |       | Heather Core<br>DeGraff, OH<br>12/12/2009     | 42.5 | Heather Core<br>DeGraff, OH<br>12/12/2009    | 110   |
| 58.5          | Koley Hockeborn<br>Walker, MI<br>3/9/2013 | 142.5 | Koley Hockeborn<br>Walker, MI<br>3/9/2013     | 110  | Koley Hockeborn<br>Walker, MI<br>3/9/2013    | 142.5 |
| 63            | Koley Hockeborn<br>Walker, MI<br>3/5/2011 | 150   | Koley Hockeborn<br>Walker, MI<br>3/5/2011     | 120  | Koley Hockeborn<br>Walker, MI<br>6/26/2011   | 147.5 |
| 70            | Lisa Mangold<br>Lakewood, WI<br>3/31/2007 | 137.5 | Lisa Mangold<br>Lakewood, WI<br>3/31/2007     | 72.5 | Lisa Mangold<br>Lakewood, WI<br>10/4/2008    | 142.5 |
| 80            |   |       | Diane Shirley<br>Evansville, IN<br>7/31/2010  | 72.5 | Diane Shirley<br>Evansville, IN<br>7/31/2010 | 137.5 |
| 90            | Erin Krisher<br>DeGraff, OH<br>12/12/2009 | 92.5  | Stacie Downs<br>Eaton Rapids, MI<br>2/25/2006 | 105  | Erin Krisher<br>DeGraff, OH<br>12/12/2009    | 102.5 |
| 90+           | Amelia Carter<br>Quincy, OH<br>12/12/2009 | 127.5 | Samantha Baty<br>Eaton Rapids, MI<br>3/3/2007 | 77.5 | Amelia Carter<br>Quincy, OH<br>12/12/2009    | 140   |

Teenage (14-15) Equipped

| Weight | Squat                                     |      | Bench Press                                   |      | Deadlift                                  |       |
|--------|---|------|---|------|---|-------|
| 53     |   |      | Heather Core<br>DeGraff, OH<br>12/12/2009     | 42.5 | Heather Core<br>DeGraff, OH<br>12/12/2009 | 110   |
| 90     | Erin Krisher<br>DeGraff, OH<br>12/12/2009 | 92.5 | Erin Krisher<br>DeGraff, OH<br>12/12/2009     | 40   | Erin Krisher<br>DeGraff, OH<br>12/12/2009 | 102.5 |
| 90+    |   |      | Samantha Baty<br>Eaton Rapids, MI<br>3/3/2007 | 77.5 |   |       |

| Teenage (16-17) Equipped |   |       |  |      |  |     |
|--------------------------|---|-------|--|------|--|-----|
| Weight                   | Squat                                     |       | Bench Press                                    |      | Deadlift                                   |     |
| 58.5                     |   |       | Brianna Palleschi<br>Applegate, MI<br>4/5/2008 | 72.5 |  |     |
| 80                       |   |       | Taylor Goings<br>DeGraff, OH<br>12/11/2010     | 30   | Taylor Goings<br>DeGraff, OH<br>12/11/2010 | 70  |
| 90                       |   |       | Erica Ervin<br>Quincy, OH<br>12/11/2010        | 55   | Erica Ervin<br>Quincy, OH<br>12/11/2010    | 90  |
| 90+                      | Amelia Carter<br>Quincy, OH<br>12/12/2009 | 127.5 | Amelia Carter<br>Quincy, OH<br>12/12/2009      | 60   | Amelia Carter<br>Quincy, OH<br>12/12/2009  | 140 |

| Teenage (18-19) Equipped |       |  |   |      |   |    |
|--------------------------|-------|--|---|------|---|----|
| Weight                   | Squat |  | Bench Press                                   |      | Deadlift                                      |    |
| 70                       |       |  | Cheritha Schaffer<br>Quincy, OH<br>12/11/2010 | 47.5 | Cheritha Schaffer<br>Quincy, OH<br>12/11/2010 | 90 |

| Master (40-44) Equipped |  |  |  |  |  |  |
|-------------------------|--|--|--|--|--|--|
|-------------------------|--|--|--|--|--|--|

| Weight | Squat                                     |     | Bench Press                               |    | Deadlift                                  |       |
|--------|---|-----|---|----|---|-------|
| 70     | Lisa Mangold<br>Lakewood, WI<br>10/4/2008 | 130 | Lisa Mangold<br>Lakewood, WI<br>10/4/2008 | 65 | Lisa Mangold<br>Lakewood, WI<br>10/4/2008 | 142.5 |

| Master (45-49) Equipped |       |  |  |      |  |       |
|-------------------------|-------|--|--|------|--|-------|
| Weight                  | Squat |  | Bench Press                                  |      | Deadlift                                     |       |
| 50.5                    |       |  | Angela Hardy<br>Mishawaka, IN<br>6/25/2011   | 50   | Angela Hardy<br>Mishawaka, IN<br>6/26/2011   | 107.5 |
| 80                      |       |  | Diane Shirley<br>Evansville, IN<br>7/31/2010 | 72.5 | Diane Shirley<br>Evansville, IN<br>7/31/2010 | 137.5 |

| Master (50-54) Equipped |   |       |   |     |   |       |
|-------------------------|---|-------|---|-----|---|-------|
| Weight                  | Squat                                     |       | Bench Press                               |     | Deadlift  |       |
| 58.5                    | Koley Hockeborn<br>Walker, MI<br>3/9/2013 | 142.5 | Koley Hockeborn<br>Walker, MI<br>3/9/2013 | 110 | Koley Hockeborn<br>Walker, MI<br>3/9/2013       | 142.5 |
| 63                      | Koley Hockeborn<br>Walker, MI<br>3/5/2011 | 150   | Koley Hockeborn<br>Walker, MI<br>3/5/2011 | 120 | Koley Hockeborn<br>Walker, MI<br>6/26/2011      | 147.5 |
| 70                      |   |       |   |     | Susan Sanaghan<br>Michigan City, IN<br>4/5/2008 | 130   |

| Master (55-59) Equipped |       |  |                            |      |                            |     |
|-------------------------|-------|--|----------------------------|------|----------------------------|-----|
| Weight                  | Squat |  | Bench Press                |      | Deadlift                   |     |
| 90+                     |       |  | Denise Gilbert<br>3/7/2015 | 52.5 | Denise Gilbert<br>3/7/2015 | 125 |

| Master (65-69) Equipped |   |       |  |      |   |       |
|-------------------------|---|-------|--|------|---|-------|
| Weight                  | Squat                                     |       | Bench Press                              |      | Deadlift                                  |       |
| 44                      | Judith Gedney<br>MaComb, IL<br>10/20/2006 | 107.5 |  |      | Judith Gedney<br>MaComb, IL<br>10/22/2006 | 117.5 |
| 47                      | Judith Gedney<br>MaComb, IL<br>9/11/2009  | 103   | Judith Gedney<br>MaComb, IL<br>4/24/2010 | 56.5 | Judith Gedney<br>MaComb, IL<br>4/25/2010  | 116.5 |

| Master (70-74) Equipped |  |    |  |    |  |       |
|-------------------------|--|----|--|----|--|-------|
| Weight                  | Squat                                    |    | Bench Press                              |    | Deadlift                                 |       |
| 44                      | Judith Gedney<br>MaComb, IL<br>6/24/2011 | 85 | Judith Gedney<br>MaComb, IL<br>6/25/2011 | 53 | Judith Gedney<br>MaComb, IL<br>6/26/2011 | 112.5 |