

Full Power Unequipped National Records Updated 6/13/16

Open Unequipped								
Weight	Squat		Bench Press		Deadlift		Total	
52	Johnathon Wrenn Good Hope, IL 6/2/2012	145	Johnathon Wrenn Good Hope, IL 6/2/2012	85	Johnathon Wrenn Good Hope, IL 6/2/2012	165	Johnathon Wrenn Good Hope, IL 6/2/2012	395
56	Johnathon Wrenn Good Hope, IL 7/13/2013	155	Johnathon Wrenn Good Hope, IL 7/19/2014	95	Johnathon Wrenn Good Hope, IL 7/13/2013	165	Johnathon Wrenn Good Hope, IL 7/13/2013	405
60	Jacob Stagg Evansville, IN 6/6/2015	130	Gary Morrison Grand Rapids, MI 7/11/009	85	Matthew Hoosier O'Fallon, MO 6/26/2010	180	Jacob Stagg Evansville, IN 6/6/2015	377.5
67.5	Anchann Heng Jefferson City, MO 6/26/2010	182.5	Anchann Heng Jefferson City, MO 6/26/2010	137.5	Michael Stagg Evansville, IN 7/11/2009	215	Anchann Heng Jefferson City, MO 6/26/2010	525
75	David Horner Bartonville, IL 7/19/2014	196	Michael Evans Edwardsville, MI 7/8/2006	160	David Horner Bartonville, IL 7/16/2011	227.5	David Horner Bartonville, IL 7/13/2013	570
82.5	Richard Salvagni Niles, MI 7/16/2011	227.5	Richard Salvagni Niles, MI 7/16/2011	175	Nun Amen-Ra Demascus, MD 6/26/2010	287.5	Richard Salvagni Niles, MI 7/16/2011	657.5
90	Joshua Decker Wyoming, MI 7/8/2006	250	Joshua Decker Wyoming, MI 7/8/2006	175	Joshua Decker Wyoming, MI 7/8/2006	295	Joshua Decker Wyoming, MI 7/8/2006	720
100	Derek Wallace Newburgh, IN 7/8/2006	255	Matt Munson Ferndale, MI 7/11/2009	187.5	Eli Burks Columbia, MO 7/11/2009	297.5	Tim Parris Columbia, MO 7/13/2013	695
110	Kelvin Hayes Evansville, IN 6/21/2008	272.5	George Head Evansville, IN 6/26/2010	185	Jarod Droste Evansville, IN 6/12/2016	300	Jarod Droste Evansville, IN 6/12/2016	720
125	Brad Bechel Swansea, IL 7/19/2014	250	Brad Bechel Swansea, IL 7/19/2014	190	Ed Riley Chicago, IL 7/19/2014	297.5	Deante Mitchell St. Louis, MO 7/13/2013	690
145	Matt Slachetka Charleston, IL 7/16/2011	237.5	Ron Nicodemus Ft. Wayne, IN 6/21/2008	202.5	Ron Nicodemus Ft. Wayne, IN 6/21/2008	267.5	Ron Nicodemus Ft. Wayne, IN 6/21/2008	682.5
145+	Richard DeLeon Hanson, MA 6/26/2010	275	Richard DeLeon Hanson, MA 6/26/2010	192.5	Richard DeLeon Hanson, MA 6/26/2010	265	Richard DeLeon Hanson, MA 6/26/2010	732.5



60	Jacob Stagg Evansville, IN 6/6/2015	130	Jerry Parkinson Evansville, IN 7/8/2006	82.5	Jacob Stagg Evansville, IN 6/6/2015	172.5	Jacob Stagg Evansville, IN 6/6/2015	377.5
67.5	Jacob Wallace Newburgh, IN 6/21/2008	160	Jacob Wallace Newburgh, IN 6/21/2008	92.5	Parker Kientzle 7/19/2014	182.5	Jacob Wallace Newburgh, IN 6/21/2008	415
75	Caleb Wallace Newburgh, IN 7/8/2006	157.5	Jacob Hildenbrant Waynesville, MO 6/11/2016	122.5	Jacob Hildenbrant Waynesville, MO 6/11/2016	222.5	Jacob Hildenbrant Waynesville, MO 6/11/2016	502.5
82.5	Nathan Morris Newburgh, IN 7/8/2006	170	Nathan Morris Newburgh, IN 7/8/2006	115	Cole Tyring Boonville, IN 6/11/2016	217.5	Cole Tyring Boonville, IN 6/11/2016	452.5
90	Dylan Lee Mt Vernon, IN 8/11/2007	185	Dalton Armstrong Ft. Branch, IN 6/12/2016	132.5	Dalton Armstrong Ft. Branch, IN 6/12/2016	220	Dalton Armstrong Ft. Branch, IN 6/12/2016	560
100	Austin Corbett Mesick, MI 6/2/2012	170	Austin Corbett Mesick, MI 6/2/2012	132.5	Austin Corbett Mesick, MI 6/2/2012	197.5	Austin Corbett Mesick, MI 6/2/2012	500
110	Tanner White Keokuk, IA 7/19/2014	232.5	Tanner White Keokuk, IA 7/19/2014	137.5	Tanner White Keokuk, IA 7/19/2014	250	Tanner White Keokuk, IA 7/19/2014	620
125	Donald Stewart Mexico, MO 7/11/2009	185	Donald Stewart Mexico, MO 7/11/2009	80	Donald Stewart Mexico, MO 7/11/2009	180	Donald Stewart Mexico, MO 7/11/2009	445
145	Andy Crum Marshall, MO 7/11/2009	182.5	Jordan Scott Cunningham, TN 6/2/2012	132.5	Jordan Scott Cunningham, TN 6/2/2012	205	Jordan Scott Cunningham, TN 6/2/2012	507.5
145+	Andy Crum Marshall, MO 6/21/2008	205	Andy Crum Marshall, MO 6/21/2008	125	Andy Crum Marshall, MO 6/21/2008	182.5	Andy Crum Marshall, MO 6/21/2008	502.5

**Teenage (18-19) Unequipped**

Weight	Squat	Bench Press	Deadlift	Total				
52	Johnathon Wrenn Good Hope, IL 7/16/2011	135	Johnathon Wrenn Good Hope, IL 7/16/2011	82.5	Johnathon Wrenn Good Hope, IL 7/16/2011	147.5	Johnathon Wrenn Good Hope, IL 7/16/2011	365
67.5	Jacob Stagg Evansville, IN 6/11/2016	145	Sean Herron Evansville, IN 6/21/2008	87.5	Jacob Stagg Evansville, IN 6/11/2016	185	Jacob Stagg Evansville, IN 6/11/2016	412.5
	Austin Ulrich		Brandon Chase		Brandon Mitchell		Brandon Mitchell	

75	Evansville, IN 7/8/2006	185	Concord, NH 6/2/2012	125	Quincy, IL 7/19/2014	227.5	Quincy, IL 7/19/2014	527.5
82.5	Caleb Wallace Newburgh, IN 6/21/2008	190	Caleb Wallace Newburgh, IN 6/21/2008	107.5	Caleb Wallace Newburgh, IN 6/21/2008	227.5	Caleb Wallace Newburgh, IN 6/21/2008	525
90	Nick Kleaving 6/11/2016	190	Nick Kleaving 6/11/2016	152.5	Dan Williams Keokuk, IA 7/19/2014	230	Nick Kleaving 6/11/2016	535
100	Jesse Jones Evansville, IN 8/11/2007	180	Jesse Jones Evansville, IN 8/11/2007	120	Jesse Jones Evansville, IN 8/11/2007	185	Jesse Jones Evansville, IN 8/11/2007	485
110	Tyler Paul Quincy, IL 6/12/2016	192.5	Mitchell LaRock Munster, IN 6/21/2008	150	Tyler Paul Quincy, IL 6/12/2016	210	Tyler Paul Quincy, IL 6/12/2016	545
125	Mitchell LaRock Munster, IN 7/11/2009	182.5	Mitchell LaRock Munster, IN 7/11/2009	165	Mitchell LaRock Munster, IN 7/11/2009	215	Mitchell LaRock Munster, IN 7/11/2009	562.5
145	Max Loeb Lawrenceville, IL 7/19/2014	232.5	Max Loeb Lawrenceville, IL 7/19/2014	152.5	Max Loeb Lawrenceville, IL 7/19/2014	242.5	Max Loeb Lawrenceville, IL 7/19/2014	627.5
145+	Joe Newton Mt. Vernon, IN 7/11/2009	200	Joe Newton Mt. Vernon, IN 7/11/2009	152.5	Joe Newton Mt. Vernon, IN 7/11/2009	227.5	Joe Newton Mt. Vernon, IN 7/11/2009	580

Junior (20-23) Unequipped								
Weight	Squat		Bench Press		Deadlift		Total	
52	Johnathon Wrenn Good Hope, IL 6/2/2012	145	Johnathon Wrenn Good Hope, IL 6/2/2012	85	Johnathon Wrenn Good Hope, IL 6/2/2012	165	Johnathon Wrenn Good Hope, IL 6/2/2012	395
56	Johnathon Wrenn Good Hope, IL 7/13/2013	155	Johnathon Wrenn Good Hope, IL 7/19/2014	95	Johnathon Wrenn Good Hope, IL 7/13/2013	165	Johnathon Wrenn Good Hope, IL 7/13/2013	405
60	Matthew Hoosier O'Fallon, MO 6/26/2010	105	Matthew Hoosier O'Fallon, MO 6/26/2010	85	Matthew Hoosier O'Fallon, MO 6/26/2010	180	Matthew Hoosier O'Fallon, MO 6/26/2010	370
67.5	Jordan Williams East St. Louis, IL 6/11/2016	177.5	Sam Mead Florissant, MO 6/26/2010	97.5	Sam Mead Florissant, MO 6/26/2010	210	Jordan Williams East St. Louis, IL 6/11/2016	462.5
75	Luke Dewig Mt. Vernon, IN	147.5	Luke Dewig Mt. Vernon, IN	102.5	Luke Dewig Mt. Vernon, IN	192.5	Luke Dewig Mt. Vernon, IN	442.5

	6/21/2008		6/21/2008		6/21/2008		6/21/2008	
82.5	Alexander Creamer 6/11/2016	185	Alexander Creamer 6/11/2016	137.5	Alexander Creamer 6/11/2016	222.5	Alexander Creamer 6/11/2016	545
90	Kenneth Osmoe Mt. Olive, IL 7/19/2014	235	Kenneth Osmoe Mt. Olive, IL 7/19/2014	165	Nick Ramey Lonoke, AR 7/13/2013	265	Nick Ramey Lonoke, AR 7/13/2013	622.5
100	Eli Burks Columbia, MO 7/11/2009	232.5	Eli Burks Columbia, MO 7/11/2009	157.5	Eli Burks Columbia, MO 7/11/2009	297.5	Eli Burks Columbia, MO 7/11/2009	687.5
110	George Head Evansville, IN 6/26/2010	250	George Head Evansville, IN 6/26/2010	185	Brody Janssen Quincy, IL 6/12/2016	275	George Head Evansville, IN 6/26/2010	697.5
125	Justin Sproul East Bridgewater, MA 6/2/2012	225	Joe Newton Evansville, IN 7/13/2013	167.5	Brody Janssen Quincy, IL 7/13/2013	247.5	Justin Sproul East Bridgewater, MA 6/2/2012	625
145	Daniel Duncan Mexico, MO 6/6/2015	235	Daniel Duncan Mexico, MO 6/6/2015	162.5	Daniel Duncan Mexico, MO 6/6/2015	240	Daniel Duncan Mexico, MO 6/6/2015	637.5
145+	Joe Newton Mt. Vernon, IN 6/26/2010	220	Joe Newton Mt. Vernon, IN 6/26/2010	182.5	Joe Newton Mt. Vernon, IN 6/26/2010	227.5	Joe Newton Mt. Vernon, IN 6/26/2010	630

Master (40-44) Unequipped								
Weight	Squat		Bench Press		Deadlift		Total	
52	Dano Hall Evansville, IN 6/21/2008	100	Dano Hall Evansville, IN 6/21/2008	57.5	Dano Hall Evansville, IN 6/21/2008	112.5	Dano Hall Evansville, IN 6/21/2008	270
67.5	Anchann Heng Jefferson City, MO 6/26/2010	182.5	Anchann Heng Jefferson City, MO 6/26/2010	137.5	Michael Stagg Evansville, IN 7/11/2009	215	Anchann Heng Jefferson City, MO 6/26/2010	525
75	David Horner Bartonville, IL 7/19/2014	196	David Horner Bartonville, IL 7/13/2013	150	David Horner Bartonville, IL 7/16/2011	227.5	David Horner Bartonville, IL 7/13/2013	570
82.5	Chris Koch Festus, MO 7/13/2013	205	Chris Koch Festus, MO 7/13/2013	142.5	Chris Koch Festus, MO 7/13/2013	227.5	Chris Koch Festus, MO 7/13/2013	575
90	Sam Pagan Brockton, MA 6/2/2012	202.5	Sam Pagan Brockton, MA 6/2/2012	170	Sam Pagan Brockton, MA 6/2/2012	247.5	Sam Pagan Brockton, MA 6/2/2012	620

100	Derek Wallace Newburgh, IN 7/8/2006	255	Derek Wallace Newburgh, IN 7/8/2006	165	Troy List Yorkville, IL 7/8/2006	245	Derek Wallace Newburgh, IN 7/8/2006	662.5
110	Kelvin Hayes Evansville, IN 6/21/2008	272.5	David Admanson Bettendorf, IA 6/2/2012	152.5	Kelvin Hayes Evansville, IN 6/21/2008	272.5	Kelvin Hayes Evansville, IN 6/21/2008	682.5
125	Randy Cairns Gowan, MI 7/11/2009	232.5	Hanz Hoag Evansville, IN 6/12/2016	177.5	Jonathan Reisz Santa Claus, IN 6/12/2016	255	Randy Cairns Gowan, MI 7/11/2009	612.5
145	Tim Mooney Evansville, IN 7/6/2008	217.5	Ron Nicodemus Ft. Wayne, IN 6/21/2008	202.5	Ron Nicodemus Ft. Wayne, IN 6/21/2008	267.5	Ron Nicodemus Ft. Wayne, IN 6/21/2008	682.5
145+	Richard DeLeon Hanson, MA 6/26/2010	275	Richard DeLeon Hanson, MA 6/26/2010	192.5	Richard DeLeon Hanson, MA 6/26/2010	265	Richard DeLeon Hanson, MA 6/26/2010	732.5

Master (45-49) Unequipped								
Weight	Squat		Bench Press		Deadlift		Total	
75	Michael Stagg Evansville, IN 6/11/2016	172.5	Michael Stagg Evansville, IN 6/6/2015	142.5	Michael Stagg Evansville, IN 7/19/2014	210	Michael Stagg Evansville, IN 6/6/2015	517.5
82.5	Michael Jeffries Columbia, MO 7/19/2014	152.5	Michael Jeffries Columbia, MO 7/19/2014	132.5	Michael Jeffries Columbia, MO 7/19/2014	247.5	Michael Jeffries Columbia, MO 7/19/2014	532.5
90	James Tracey Brockton, MA 6/26/2010	192.5	Roger Utley Evansville, IN 6/21/2008	145	James Tracey Brockton, MA 6/26/2010	125	James Tracey Brockton, MA 6/26/2010	540
100	Bruce Thomas Henderson, KY 8/21/2008	215	Bruce Thomas Henderson, KY 8/21/2008	135	Bruce Thomas Henderson, KY 8/21/2008	272.5	Bruce Thomas Henderson, KY 8/21/2008	622.5
110	Patrick Tying Boonville, IN 6/8/2006	237.5	Patrick Tying Boonville, IN 6/8/2006	125	Patrick Tying Boonville, IN 6/8/2006	245	Patrick Tying Boonville, IN 6/8/2006	607.5
125	Todd Creviston Westchester, IL 6/12/2012	230	Todd Creviston Westchester, IL 6/12/2012	165	Todd Creviston Westchester, IL 6/12/2012	235	Todd Creviston Westchester, IL 6/12/2012	600
145	Derrick Hill Evansville, IN 6/12/2016	210	Derrick Hill Evansville, IN 6/12/2016	150	Derrick Hill Evansville, IN 6/12/2016	245	Derrick Hill Evansville, IN 6/12/2016	605
145+	Carl Schmitt Poseyville, IN 6/21/2008	227.5	Dennis Stouder Nappanee, IN 7/11/2009	165	Carl Schmitt Poseyville, IN 6/21/2008	242.5	Carl Schmitt Poseyville, IN 6/21/2008	607.5

Master (50-54) Unequipped								
Weight	Squat		Bench Press		Deadlift		Total	
67.5	David Wilson Dearborn, MI 6/21/2008	150	David Wilson Dearborn, MI 6/21/2008	125	David Wilson Dearborn, MI 6/21/2008	210	David Wilson Dearborn, MI 6/21/2008	485
75	Louis Vega Whitman, MA 6/2/2012	162.5	Johnny Gayton Bonaire, GA 8/11/2007	115	Johnny Gayton Bonaire, GA 8/11/2007	212.5	Johnny Gayton Bonaire, GA 8/11/2007	475
90	Mike Tanis Mashdee, MA 6/2/2012	170	Mark Leahy Florissant, MO 7/13/2013	130	Mike Tanis Mashdee, MA 6/2/2012	205	Mike Tanis Mashdee, MA 6/2/2012	487.5

100	Brett Durlington Kansas City, MO 6/26/2010	175	Mark Leahy St. Louis, MO 7/19/2014	152.5	Steve Baechle Hersey, MI 6/26/2010	212.5	Mark Leahy St. Louis, MO 7/19/2014	517.5
110	Ed Riley Chicago, IL 7/19/2014	227.5	Eric Wright Brockton, MA 6/2/2012	155	Ed Riley Chicago, IL 7/19/2014	297.5	Ed Riley Chicago, IL 7/19/2014	650
125	Brad Lovejoy Kingsville, OH 6/21/2008	170	Brad Lovejoy Kingsville, OH 6/21/2008	130	Brad Lovejoy Kingsville, OH 6/21/2008	200	Brad Lovejoy Kingsville, OH 6/21/2008	500
145	Raymond Clasing Forest Hill, MD 7/19/2014	165	Raymond Clasing Forest Hill, MD 7/19/2014	182.5	Raymond Clasing Forest Hill, MD 7/19/2014	200	Raymond Clasing Forest Hill, MD 7/19/2014	547.5
145+	Bill Duncan Mexico, MO 7/11/2009	245	Bill Duncan Mexico, MO 7/11/2009	130	Bill Duncan Mexico, MO 7/11/2009	245	Bill Duncan Mexico, MO 7/11/2009	620

Master (55-59) Unequipped								
Weight	Squat		Bench Press		Deadlift		Total	
75	Robert Herbst Larchmont, NY 6/6/2015	132.5	Robert Herbst Larchmont, NY 6/11/2016	112.5	Robert Herbst Larchmont, NY 6/11/2016	172.5	Robert Herbst Larchmont, NY 6/6/2015	410
82.5	Jerry King Harrisburg, IL 6/21/2008	120	Jerry King Harrisburg, IL 6/21/2008	100	Jerry King Harrisburg, IL 6/21/2008	185	Jerry King Harrisburg, IL 6/21/2008	405
90	Wally Seibel Chicote, TX 7/13/2013	172.5	Wally Seibel Chicote, TX 7/13/2013	112.5	Wally Seibel Chicote, TX 7/13/2013	190	Wally Seibel Chicote, TX 7/13/2013	475
100	James Bell St. Louis, MO 6/26/2010	182.5	James Bell St. Louis, MO 6/26/2010	110	James Bell St. Louis, MO 6/26/2010	200	James Bell St. Louis, MO 6/26/2010	492.5
125	Gary Krueger Paw Paw, MI 7/8/2006	125	Gary Krueger Paw Paw, MI 7/8/2006	122.5	Gary Krueger Paw Paw, MI 7/8/2006	170	Gary Krueger Paw Paw, MI 7/8/2006	417.5
145	Raymond Clasing Jr 6/6/2015	175	Raymond Clasing Jr 6/6/2015	175	Raymond Clasing Jr 6/6/2015	215	Raymond Clasing Jr 6/6/2015	565
145+	Bill Duncan Mexico, MO 6/6/2015	230	Bill Duncan Mexico, MO 6/6/2015	127.5	Bill Duncan Mexico, MO 6/6/2015	222.5	Bill Duncan Mexico, MO 6/6/2015	547.5



Master (60-64) Unequipped								
Weight	Squat		Bench Press		Deadlift		Total	
60	Gary Morrison Grand Rapids, MI 7/11/2009	90	Gary Morrison Grand Rapids, MI 7/11/2009	85	Gary Morrison Grand Rapids, MI 7/11/2009	142.5	Gary Morrison Grand Rapids, MI 7/11/2009	317.5
67.5	Thomas LaFontaine Columbia, MO 6/26/2010	110	Gary Morrison Grand Rapids, MI 6/21/2008	87.5	Gary Morrison Grand Rapids, MI 6/21/2008	145	Gary Morrison Grand Rapids, MI 6/21/2008	332.5
75	Jon Smoker Elkhart, IN 8/11/2007	142.5	Jon Smoker Elkhart, IN 8/11/2007	110	Jon Smoker Elkhart, IN 8/11/2007	187.5	Jon Smoker Elkhart, IN 8/11/2007	440
82.5	Robert Batko Houghton Lake, MI 6/21/2008	150	Jack Culp Kalamazoo, MI 7/8/2006	112.5	Robert Batko Houghton Lake, MI 6/21/2008	190	Robert Batko Houghton Lake, MI 6/21/2008	432.5
100	Dave Mansfield Hanson, MA 6/26/2010	202.5	Ross Arnold Howell, MI 6/21/2008	125	Dave Mansfield Hanson, MA 6/26/2010	235	Dave Mansfield Hanson, MA 6/26/2010	547.5
110	Daryl Meloche Climax, MI 7/8/2006	80	Daryl Meloche Climax, MI 7/8/2006	125	Daryl Meloche Climax, MI 7/8/2006	125	Daryl Meloche Climax, MI 7/8/2006	330

Master (65-69) Unequipped								
Weight	Squat		Bench Press		Deadlift		Total	
60	Gary Morrison Grand Rapids, MI 6/26/2010	87.5	Gary Morrison Grand Rapids, MI 6/26/2010	82.5	Gary Morrison Grand Rapids, MI 6/26/2010	135	Gary Morrison Grand Rapids, MI 6/26/2010	305
67.5	Tom Urani St. Louis, MO 7/13/2013	100	Tom Urani St. Louis, MO 7/13/2013	95	Tom Urani St. Louis, MO 7/13/2013	177.5	Tom Urani St. Louis, MO 7/13/2013	372.5
75	Robert White Niles, MI 6/11/2016	107.5	Lynn Miller Columbia, MO 7/13/2013	95	Robert White Niles, MI 6/11/2016	180	Robert White Niles, MI 6/11/2016	372.5
82.5	Lynn Freels Quincy, IL 7/19/2014	172.5	Lynn Freels Quincy, IL 7/19/2014	107.5	Robert Batko Houghton Lake, MI 6/2/2012	200	Lynn Freels Quincy, IL 7/19/2014	462.5
90	Jim Stovall Smithton, MO 7/11/2009	172.5	Jim Stovall Smithton, MO 7/11/2009	100	Jim Stovall Smithton, MO 6/26/2010	202.5	Jim Stovall Smithton, MO 7/11/2009	465
	Roger Horn		Ray Cross		Roger Horn		Roger Horn	

125	St. Louis, MO 6/11/2016	147.5	Quincy, MA 6/2/2012	135	St. Louis, MO 6/12/2016	187.5	St. Louis, MO 6/12/2016	452.5
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<b>Master (70-74) Unequipped</b>								
Weight	Squat		Bench Press		Deadlift		Total	
60	Steve Smith Oviedo, FL 6/21/2008	65	Steve Smith Oviedo, FL 6/21/2008	75	Steve Smith Oviedo, FL 6/21/2008	117.5	Steve Smith Oviedo, FL 6/21/2008	257.5
82.5	James Stovall Smithton, MO 7/19/2014	150	James Stovall Smithton, MO 7/19/2014	87.5	Robert Batko Houghton Lake, MI 6/11/2016	197.5	Robert Batko Houghton Lake, MI 6/11/2016	435
100	Tim Andrews Kalamazoo, MI 6/21/2008	102.5	Tim Andrews Kalamazoo, MI 6/21/2008	130	Tim Andrews Kalamazoo, MI 6/21/2008	137.5	Tim Andrews Kalamazoo, MI 6/21/2008	370

<b>Master (75-79) Unequipped</b>								
Weight	Squat		Bench Press		Deadlift		Total	
60	Steve Smith Oviedo, FL 7/11/2009	62.5	Steve Smith Oviedo, FL 7/11/2009	77.5	Steve Smith Oviedo, FL 7/11/2009	120	Steve Smith Oviedo, FL 7/11/2009	260
67.5	Leon McCrary Scituate, MA 6/2/2012	75	Leon McCrary Scituate, MA 6/2/2012	50	Leon McCrary Scituate, MA 6/2/2012	130	Leon McCrary Scituate, MA 6/2/2012	255

Full Power Equipped National Records Updated 6/13/16

Open Equipped								
Weight	Squat		Bench Press		Deadlift		Total	
52	Gustavo Garcia Clarinda, IA 6/26/2010	92.5	Gustavo Garcia Clarinda, IA 6/26/2010	57.5	Gustavo Garcia Clarinda, IA 6/26/2010	92.5	Gustavo Garcia Clarinda, IA 6/26/2010	242.5
56	Kyler Ferrell-Clegg Montverde, FL 6/6/2015	90	Kyler Ferrell-Clegg Montverde, FL 6/6/2015	85	Kyler Ferrell-Clegg Montverde, FL 6/6/2015	140	Kyler Ferrell-Clegg Montverde, FL 6/6/2015	315
60	Quinton Evans Clarinda, IA 6/26/2010	150	Gary Morrison Grand Rapids, MI 8/11/2007	85	Quinton Evans Clarinda, IA 6/26/2010	177.5	Quinton Evans Clarinda, IA 6/26/2010	407.5
67.5	Dean Ratcliff Buffalo, MO 6/26/2010	182.5	Dean Ratcliff Buffalo, MO 6/26/2010	147.5	David Wilson Dearborn, MI 6/21/2008	205	Dean Ratcliff Buffalo, MO 6/26/2010	527.5
75	Marchland Fleming Wewoka, OK 7/11/2009	247.5	Pete Bequette St. Louis, MO 6/3/2012	155	Marchland Fleming Wewoka, OK 7/11/2009	250	Marchland Fleming Wewoka, OK 7/11/2009	642.5
82.5	Mark Marocco Hanson, MA 6/3/2012	210	Eddie White Blue Springs, MO 7/13/2013	132.5	Eddie White Blue Springs, MO 7/13/2013	260	Eddie White Blue Springs, MO 7/13/2013	562.5
90	Brian Cannon Wataga, IL 8/11/2007	262.5	Brian Cannon Wataga, IL 8/11/2007	192.5	David Low Attleboro, MA 6/3/2012	262.5	Brian Cannon Wataga, IL 8/11/2007	675
100	Rodney Wood West Plains, MO 6/26/2010	305	Rodney Wood West Plains, MO 6/26/2010	237.5	Rodney Wood West Plains, MO 6/26/2010	265	Rodney Wood West Plains, MO 6/26/2010	807.5
110	Christopher Modlin Warrensburg, MO 6/26/2010	282.5	Christopher Modlin Warrensburg, MO 6/26/2010	195	Christopher Modlin Warrensburg, MO 6/26/2010	272.5	Christopher Modlin Warrensburg, MO 6/26/2010	750
125	Jason Weite Ottumwa, IA 7/11/2009	272.5	Jason Weite Ottumwa, IA 7/11/2009	232.5	Jason Weite Ottumwa, IA 7/11/2009	265	Jason Weite Ottumwa, IA 7/11/2009	770
145	Chris Forestier Canton, IL 6/26/2010	340	Dave Beversdorf Columbia, MO 6/26/2010	275	Chris Forestier Canton, IL 6/26/2010	330	Chris Forestier Canton, IL 6/26/2010	890
145+	Joe Cappellino 6/3/2012	395	Joe Cappellino 6/3/2012	320	Joe Cappellino 6/3/2012	342.5	Joe Cappellino 6/3/2012	1057.5

Teenage (14-15) Equipped								
Weight	Squat		Bench Press		Deadlift		Total	
52	Gustavo Garcia Clarinda, IA 6/26/2010	92.5	Gustavo Garcia Clarinda, IA 6/26/2010	57.5	Gustavo Garcia Clarinda, IA 6/26/2010	92.5	Gustavo Garcia Clarinda, IA 6/26/2010	242.5
60	Quinton Evans Clarinda, IA 6/26/2010	150	Quinton Evans Clarinda, IA 6/26/2010	80	Quinton Evans Clarinda, IA 6/26/2010	177.5	Quinton Evans Clarinda, IA 6/26/2010	407.5
67.5	Jordan Miller Clarinda, IA 6/26/2010	145	Jordan Miller Clarinda, IA 6/26/2010	92.5	Jordan Miller Clarinda, IA 6/26/2010	170	Jordan Miller Clarinda, IA 6/26/2010	407.5
75	Ziyang Xia Montverde, FL 6/6/2015	147.5	Ziyang Xia Montverde, FL 6/6/2015	110	Ziyang Xia Montverde, FL 6/6/2015	182.5	Ziyang Xia Montverde, FL 6/6/2015	440
82.5	Joseph Coulson DeGraff, OH 6/21/2008	172.5	Joseph Coulson DeGraff, OH 6/21/2008	80	Joseph Coulson DeGraff, OH 6/21/2008	195	Joseph Coulson DeGraff, OH 6/21/2008	447.5
100	Yudai Katsumata Montverde, FL 6/6/2015	187.5	Yudai Katsumata Montverde, FL 6/6/2015	122.5	Yudai Katsumata Montverde, FL 6/6/2015	177.5	Yudai Katsumata Montverde, FL 6/6/2015	477.5
110	Jared Holycross DeGraff, OH 6/21/2008	160	Jared Holycross DeGraff, OH 6/21/2008	120	Jared Holycross DeGraff, OH 6/21/2008	185	Jared Holycross DeGraff, OH 6/21/2008	465
145+	Jordan Scott Cunningham, TN 6/26/2010	155	Jordan Scott Cunningham, TN 6/26/2010	160	Jordan Scott Cunningham, TN 6/26/2010	190	Jordan Scott Cunningham, TN 6/26/2010	505

Teenage (16-17) Equipped								
Weight	Squat		Bench Press		Deadlift		Total	
67.5	Bryant Manning Clarinda, IA 6/26/2010	147.5	Bryant Manning Clarinda, IA 6/26/2010	102.5	Cody Weeks DeGraff, OH 6/21/2008	177.5	Bryant Manning Clarinda, IA 6/26/2010	417.5
75	JP Parke Quincy, IL 6/11/2016	225	Dominic Duke Clarinda, IA 6/26/2010	120	JP Parke Quincy, IL 6/11/2016	215	JP Parke Quincy, IL 6/11/2016	535
100	Alejandro Ruiz Montverde, FL 6/6/2015	195	Alejandro Ruiz Montverde, FL 6/6/2015	160	Alejandro Ruiz Montverde, FL 6/6/2015	235	Alejandro Ruiz Montverde, FL 6/6/2015	585

110	Tyler Scott Cunningham, TN 6/26/2010	205	Tyler Scott Cunningham, TN 6/26/2010	155	Tyler Scott Cunningham, TN 6/26/2010	205	Tyler Scott Cunningham, TN 6/26/2010	565
125	Chad Small Maplewood, OH 6/21/2008	182.5	Chad Small Maplewood, OH 6/21/2008	102.5	Chad Small Maplewood, OH 6/21/2008	202.5	Chad Small Maplewood, OH 6/21/2008	487.5
145+	Jordan Scott Cunningham, TN 7/13/2013	230	Jordan Scott Cunningham, TN 6/26/2010	130	Jordan Scott Cunningham, TN 6/26/2010	227.5	Jordan Scott Cunningham, TN 6/26/2010	587.5

**Teenage (18-19) Equipped**

Weight	Squat		Bench Press		Deadlift		Total	
56	Kyler Ferrell-Clegg Montverde, FL 6/6/2015	90	Kyler Ferrell-Clegg Montverde, FL 6/6/2015	85	Kyler Ferrell-Clegg Montverde, FL 6/6/2015	140	Kyler Ferrell-Clegg Montverde, FL 6/6/2015	315
67.5	Sung-Yeah Chang Montverde, FL 6/6/2015	155	Sung-Yeah Chang Montverde, FL 6/6/2015	107.5	Sung-Yeah Chang Montverde, FL 6/6/2015	102.5	Sung-Yeah Chang Montverde, FL 6/6/2015	365
75	Ranmone Tolbert Clarinda, IA 6/26/2010	142.5	Ranmone Tolbert Clarinda, IA 6/26/2010	92.5	Ranmone Tolbert Clarinda, IA 6/26/2010	187.5	Ranmone Tolbert Clarinda, IA 6/26/2010	417.5
90	Benjamin Holtschlag Quincy, IL 7/13/2013	227.5	Benjamin Holtschlag Quincy, IL 7/13/2013	125	Benjamin Holtschlag Quincy, IL 7/13/2013	217.5	Benjamin Holtschlag Quincy, IL 7/13/2013	570
110	Tyler Scott Cunningham, TN 6/3/2012	245	Tyler Scott Cunningham, TN 6/3/2012	170	Tyler Scott Cunningham, TN 6/3/2012	230	Tyler Scott Cunningham, TN 6/3/2012	645

**Junior (20-23) Equipped**

Weight	Squat		Bench Press		Deadlift		Total	
75	Rickey Lee Crain Shawnee, OK 7/11/2009	215	Rickey Lee Crain Shawnee, OK 7/11/2009	122.5	Zach May 7/19/2014	227.5	Rickey Lee Crain Shawnee, OK 7/11/2009	542.5
110	Tyler Scott Cunningham, TN 7/13/2013	227.5	Tyler Scott Cunningham, TN 7/13/2013	172.5	Tyler Scott Cunningham, TN 7/13/2013	210	Tyler Scott Cunningham, TN 7/13/2012	610
125	Max Loeb Lawrenceville, IL 6/12/2016	260	Max Loeb Lawrenceville, IL 6/12/2016	155	Max Loeb Lawrenceville, IL 6/12/2016	245	Max Loeb Lawrenceville, IL 6/12/2016	660

Master (40-44) Equipped								
Weight	Squat		Bench Press		Deadlift		Total	
75	Chris Siders Canton, IL 6/21/008	205	Chris Siders Canton, IL 6/21/008	125	Chris Siders Canton, IL 6/21/008	207.5	Chris Siders Canton, IL 6/21/008	537.5
100	Rodney Wood West Plains, MO 6/26/2010	305	Rodney Wood West Plains, MO 6/26/2010	237.5	Rodney Wood West Plains, MO 6/26/2010	265	Rodney Wood West Plains, MO 6/26/2010	807.5
110	Dennis Wall Pembrake, MA 6/3/2012	220	Dennis Wall Pembrake, MA 6/3/2012	127.5	Dennis Wall Pembrake, MA 6/3/2012	200	Dennis Wall Pembrake, MA 6/3/2012	547.5

145	Robbie Saylor Ottumwa, IA 7/11/2009	262.5	Robbie Saylor Ottumwa, IA 7/11/2009	220	Robbie Saylor Ottumwa, IA 7/11/2009	272.5	Robbie Saylor Ottumwa, IA 7/11/2009	755
<b>Master (45-49) Equipped</b>								
Weight	Squat		Bench Press		Deadlift		Total	
75	Steve Lumpe Bedford, IN 6/21/2008	192.5	Steve Lumpe Bedford, IN 6/21/2008	137.5	Steve Lumpe Bedford, IN 6/21/2008	192.5	Steve Lumpe Bedford, IN 6/21/2008	522.5
82.5	Mark Marocco Hanson, MA 6/3/2012	210	Mark Marocco Hanson, MA 6/3/2012	115	Mark Marocco Hanson, MA 6/3/2012	210	Mark Marocco Hanson, MA 6/3/2012	535
90	Chuck Peters Berkely, MA 6/3/2012	227.5	Chuck Peters Berkely, MA 6/3/2012	172.5	Jeff Hargett Greensburg, NC 7/16/2011	242.5	Chuck Peters Berkely, MA 6/3/2012	627.5
125	Dan Driscoll Whitman, MA 6/3/2012	297.5	Raymond Zimmerman Greenville, MI 8/11/2007	190	Dan Driscoll Whitman, MA 6/3/2012	275	Dan Driscoll Whitman, MA 6/3/2012	732.5
145	Daniel Cotter Chicago, IL 7/19/2014	195	David Beversdorf Columbia, MO 6/26/2010	275	Daniel Cotter Chicago, IL 7/19/2014	195	Daniel Cotter Chicago, IL 7/19/2014	555

<b>Master (50-54) Equipped</b>								
Weight	Squat		Bench Press		Deadlift		Total	
67.5	David Wilson Dearborn, MI 6/21/2008	152.5	David Wilson Dearborn, MI 6/21/2008	125	David Wilson Dearborn, MI 6/21/2008	205	David Wilson Dearborn, MI 6/21/2008	482.5
75	Tim Fletcher Holz Summitt, MO 6/26/2010	182.5	Johnny Gayton Bonaire, GA 8/11/2007	137.5	Johnny Gayton Bonaire, GA 8/11/2007	205	Johnny Gayton Bonaire, GA 8/11/2007	502.5
90	David Low Attleboro, MA 6/3/2012	255	David Low Attleboro, MA 6/3/2012	132.5	David Low Attleboro, MA 6/3/2012	262.5	David Low Attleboro, MA 6/3/2012	650
100	Gary Bagley Quincy, IL 7/13/2013	227.5	Gary Bagley Quincy, IL 7/19/2014	130	Gary Bagley Quincy, IL 7/19/2014	227.5	Gary Bagley Quincy, IL 7/19/2014	585
110	Dave Lawrence Kalamazoo, MI 7/8/2006	215	Dave Lawrence Kalamazoo, MI 7/8/2006	147.5	Ken Jones Clarkesville, TN 6/21/2008	185	Dave Lawrence Kalamazoo, MI 7/8/2006	545

125	Brad Lovejoy Kingsville, OH 6/21/2008	185	Brad Lovejoy Kingsville, OH 6/21/2008	130	Brad Lovejoy Kingsville, OH 6/21/2008	220	Brad Lovejoy Kingsville, OH 6/21/2008	535
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Master (55-59) Equipped								
Weight	Squat		Bench Press		Deadlift		Total	
100	James Bell St. Louis, MO 6/26/2010	250	James Bell St. Louis, MO 6/26/2010	137.5	James Bell St. Louis, MO 6/26/2010	227.5	James Bell St. Louis, MO 6/26/2010	615
110	James Bell St. Louis, MO 7/27/2011	240	Steven Cohle Byron Center, MI 7/8/2006	157.5	Steven Cohle Byron Center, MI 7/8/2006	250	Steven Cohle Byron Center, MI 7/8/2006	605

Master (60-64) Equipped								
Weight	Squat		Bench Press		Deadlift		Total	
60	Gary Morrison Grand Rapids, MI 8/11/2007	132.5	Gary Morrison Grand Rapids, MI 8/11/2007	85	Gary Morrison Grand Rapids, MI 8/11/2007	147.5	Gary Morrison Grand Rapids, MI 8/11/2007	365
67.5	Theodore Feight Lansing, MI 8/11/2007	147.5	Theodore Feight Lansing, MI 8/11/2007	95	Theodore Feight Lansing, MI 8/11/2007	155	Theodore Feight Lansing, MI 8/11/2007	397.5
82.5	Robert Batko Houghton Lake, MI 6/3/2012	200	Eddie White Blue Springs,MO 7/13/2013	132.5	Eddie White Blue Springs,MO 7/13/2013	260	Eddie White Blue Springs,MO 7/13/2013	562.5
82.5	Robert Batko Houghton Lake, MI 6/21/2008	150	Jack Culp Kalamazoo, MI 7/8/2006	112.5	Robert Batko Houghton Lake, MI 6/21/2008	190	Robert Batko Houghton Lake, MI 6/21/2008	432.5
110	Paul Wrenn Clarkesville, TN 6/3/2012	195	Paul Wrenn Clarkesville, TN 6/3/2012	92.5	Paul Wrenn Clarkesville, TN 6/3/2012	200	Paul Wrenn Clarkesville, TN 6/3/2012	487.5
125	Paul Wrenn Clarkesville, TN 6/21/2008	215	Paul Wrenn Clarkesville, TN 6/21/2008	130	Paul Wrenn Clarkesville, TN 6/21/2008	220	Paul Wrenn Clarkesville, TN 6/21/2008	565

Master (65-69) Equipped								
Weight	Squat		Bench Press		Deadlift		Total	
75	Leon McCrary Scituate, MA	122.5	Leon McCrary Scituate, MA	52.5	Leon McCrary Scituate, MA	165	Leon McCrary Scituate, MA	340



	7/8/2006		7/8/2006		7/8/2006		7/8/2006	
82.5	Robert Batko Houghton Lake, MI 6/3/2012	180	Jim Waters Santa Clara, CA 7/8/2006	95	Robert Batko Houghton Lake, MI 6/3/2012	215	Robert Batko Houghton Lake, MI 6/3/2012	482.5
100	David Mansfield Hanson, MA 6/3/2012	250	David Mansfield Hanson, MA 6/3/2012	122.5	David Mansfield Hanson, MA 6/3/2012	240	David Mansfield Hanson, MA 6/3/2012	612.5
110	Paul Wrenn Clarkesville, TN 7/13/2013	190	Paul Wrenn Clarkesville, TN 7/13/2013	92.5	Paul Wrenn Clarkesville, TN 7/13/2013	197.5	Paul Wrenn Clarkesville, TN 7/13/2013	480
125	Paul Wrenn Clarkesville, TN 6/26/2010	230	Paul Wrenn Clarkesville, TN 6/26/2010	115	Paul Wrenn Clarkesville, TN 6/26/2010	232.5	Paul Wrenn Clarkesville, TN 6/26/2010	575

Police/Military/Fire Equipped								
Weight	Squat		Bench Press		Deadlift		Total	
90	Brian Cannon Wataga, IL 8/11/2007	262.5	Brian Cannon Wataga, IL 8/11/2007	192.5	Brian Cannon Wataga, IL 8/11/2007	225	Brian Cannon Wataga, IL 8/11/2007	675
110	Christopher Modlin Warrensburg, MO 6/26/2010	282.5	Christopher Modlin Warrensburg, MO 6/26/2010	195	Christopher Modlin Warrensburg, MO 6/26/2010	272.5	Christopher Modlin Warrensburg, MO 6/26/2010	750

Single Event Unequipped National Records Updated 3/5/16

Open Unequipped						
Weight	Squat		Bench Press		Deadlift	
52	Johnathon Wrenn Good Hope, IL 2/4/2012	142.5	Johnathon Wrenn Good Hope, IL 2/4/2012	85	Johnathon Wrenn Good Hope, IL 2/4/2012	155
56	Johnathon Wrenn Good Hope, IL 3/9/2013	160	Vin Voeun Zeeland, MI 2/25/2006	110	Johnathon Wrenn Good Hope, IL 3/7/2015	170
60	Jimmy Fairchild Croswell, MI 3/6/2010	150	Jimmy Fairchild Croswell, MI 3/6/2010	107.5	Jimmy Fairchild Croswell, MI 3/6/2010	197.5
67.5	Marcus Wynn MaComb, IL 3/6/2010	172.5	David Wilson Dearborn, MI 3/14/2009	132.5	David Wilson Dearborn, MI 3/14/2009	227.5
75	Steve Sielawa Caledonia, MI 3/5/2011	180	Michael Evans Edwardsville, MI 3/5/2011	162.5	Jake Miller Kimball, MI 3/5/2011	290
82.5	Ryan Lima St. Peters, MO 3/8/2014	192.5	Ron Madison Muskegon, MI 3/9/2013	175	Travis Hedrick Newburgh, IN 3/8/2014	257.5
90	Jagath Gunasekara Columbia, MO 2/4/2012	227.5	Ron Madison Muskegon, MI 3/5/2016	177.5	Joshua Decker Wyoming, MI 6/23/2007	295
100	Cody Bodnar Muskegon, MI 3/7/2015	242.5	Keith Herron Churubusco, IN 4/5/2008	195	Dwight Lloyd Lansing, MI 3/5/2016	290
110	George Head Evansville, IN 3/6/2010	227.5	Keith Herron Churubusco, IN 3/5/2011	197.5	Jason Morris Columbia, MO 2/4/2012	280
125	Ed Riley Chicago, IL 2/4/2012	245	John Johnson Port Huron, MI 3/6/2010	210	Ed Riley Chicago, IL 2/4/2012	295
	Chris Forestier		John Johnson		Chris Forestier	

145	Canton, IL 3/14/2009	250	Port Huron, MI 3/14/2009	217.5	Canton, IL 3/14/2009	305
145+	Jason Rogers 3/9/2013	260	Reggie Bradford Flint, MI 3/9/2013	242.5	Randy Pirtle Henderson, KY 3/7/2015	257.5

Teenage (14-15) Unequipped						
Weight	Squat		Bench Press		Deadlift	
52	Jacob Stagg Evansville, IN 3/9/2013	92.5			Jacob Stagg Evansville, IN 3/9/2013	140
56			Mason Harbour DeGraff, OH 4/5/2008	62.5		
60	Andrew Stagg Evansville, IN 3/6/2010	110	Andrew Stagg Evansville, IN 3/6/2010	62.5	Andrew Stagg Evansville, IN 3/6/2010	147.5
67.5			Blake Harris Walkerton, IN 4/5/2008	95	Cesar Ramirez Wyoming, MI 3/5/2011	140
75			Coulton Whitcomb Hartland, MI 6/23/2007	72.5	Coulton Whitcomb Hartland, MI 6/23/2007	150
82.5			Ravin Randall North Street, MI 3/5/2011	82.5	Cole Tying Boonville, IN 3/7/2015	182.5
90			Juan Gomez Wyoming, MI 3/5/2011	115	Juan Gomez Wyoming, MI 3/5/2011	182.5
110			Jared Holycross DeGraff, OH 4/5/2008	112.5	Tyler Kizelik Manistee, MI 3/5/2011	120
125			Anthony DeWolfe Kimball, MI 3/5/2011	82.5		

Teenage (16-17) Unequipped						
Weight	Squat		Bench Press		Deadlift	
60	Jacob Stagg Evansville, IN 3/7/2015	130	Dylan Price China Township, MI 3/5/2011	100	Zachary Maxfield Croswell, MI 3/5/2011	187.5
67.5	Bobby Sutherby Jackson, MI 3/14/2009	135	Bobby Sutherby Jackson, MI 3/14/2009	102.5	Bobby Sutherby Jackson, MI 3/14/2009	182.5
75	Ian Pherigo Piercton, IN 3/5/2011	160	Beau Boswell Croswell, MI 3/5/2011	85	Beau Boswell Croswell, MI 3/5/2011	185
82.5			Zachary Storms Granger, IN 3/6/2010	122.5		
90	Trevor Mann MaComb, IL 2/4/2012	170	Lee Pate Tipton, MI 3/5/2011	127.5	Monta Melvin St. Peters, MO 3/8/2014	215
100	Rob Klump Granger, MI 3/5/2011	205	Zachary Griggs Granger, IN 4/5/2008	140	Rob Klump Granger, MI 3/5/2011	257.5
110	Monta Melvin St. Peters, MO 3/7/2015	175	Monta Melvin St. Peters, MO 3/7/2015	100		
125			Chad Small Maplewood, OH 4/5/2008	110	Chad Small Maplewood, OH 4/5/2008	205
145	Evan Williams Evansville, IN 3/8/2014	205			Evan Williams Evansville, IN 3/8/2014	215

Teenage (18-19) Unequipped						
Weight	Squat		Bench Press		Deadlift	
	Johnathon Wrenn		Johnathon Wrenn		Johnathon Wrenn	

52	Good Hope, IL 2/4/2012	142.5	Good Hope, IL 2/4/2012	85	Good Hope, IL 2/4/2012	155
60	Jimmy Fairchild Crowell, MI 3/6/2010	150	Jimmy Fairchild Crowell, MI 3/6/2010	107.5	Jimmy Fairchild Crowell, MI 3/6/2010	197.5
67.5	Jacob Stagg Evansville, IN 3/5/2016	140	Jimmy Fairchild Crowell, MI 3/5/2011	112.5	Jimmy Fairchild Crowell, MI 3/5/2011	182.5
75	Nicolas Hrabley Evansville, IN 2/4/2012	172.5	Nicolas Hrabley Evansville, IN 2/4/2012	125	Andrew Stagg Evansville, IN 3/6/2013	192.5
82.5	Ryan Lima St. Peters, MO 3/7/2015	202.5	Jordan Neu Newburgh, IN 3/8/2014	125	Ryan Lima St. Peters, MO 3/7/2015	247.5
90	Zac Korando Columbia, MO 2/4/2012	160	Isaac Redman Mt. Vernon, IN 3/7/2015	147.5	Isaac Redman Mt. Vernon, IN 3/7/2015	245
100	Ian Withrow Fulton, MO 3/5/2016	147.5	Lee Pate Tipton, MI 3/9/2013	145	Ian Withrow Fulton, MO 3/5/2016	182.5
110	Nick DeJong Columbia, MO 2/4/2012	140	Nick DeJong Columbia, MO 2/4/2012	95	Nick DeJong Columbia, MO 2/4/2012	175
125	Max Loeb Lawrenceville, IL 3/8/2014	220	Max Loeb Lawrenceville, IL 3/8/2014	150	Max Loeb Lawrenceville, IL 3/8/2014	230
145+	Jared Livinston 3/9/2013	205	Jared Livinston 3/9/2013	115	Jared Livinston 3/9/2013	202.5

Junior (20-23) Unequipped						
Weight	Squat		Bench Press		Deadlift	
52			Ryan Sutera 3/7/2015	77.5		

56	Johnathon Wrenn Good Hope, IL 3/9/2013	160	Johnathon Wrenn Good Hope, IL 3/9/2013	95	Johnathon Wrenn Good Hope, IL 3/7/2015	170
67.5	Jordan Williams 3/5/2016	167.5	Jordan Williams 3/5/2016	85	Jordan Williams 3/5/2016	202.5
75	Steve Slater Gaylord, MI 3/6/2010	167.5	Chase Baiers Allegan, MI 3/6/2010	140	Jake Miller Kimball, MI 3/5/2011	290
82.5	John Stein East Lansing, MI 3/5/2011	190	Adam Passorelli Allegan, MI 3/5/2011	117.5	John Stein East Lansing, MI 3/5/2011	237.5
90	Jonathan McCrory Scottsburg, IN 3/8/2014	200	Jonathan McCrory Scottsburg, IN 3/8/2014	142.5	Andrew Heuvelman St. Peters, MO 3/8/2014	247.5
100	Cody Bodnar Muskegon, MI 3/7/2015	242.5	Chris Gard Columbia, MO 2/4/2012	165	Gideon Kluge Pella, IA 3/5/2016	280
110	George Head Evansville, IN 3/6/2010	227.5	George Head Evansville, IN 3/6/2010	165	Chris Perez Clio, MI 3/5/2011	272.5
145	Johnathon Jones St. Peters, MO 3/7/2015	177.5	Jordan Ritchie Quincy, IL 2/4/2012	120	Michael Stewart Port Huron, MI 3/6/2010	272.5
145+	Joe Newton Mt. Vernon, IN 3/6/2010	227.5	Joe Newton Mt. Vernon, IN 3/6/2010	175		

Master (40-44) Unequipped						
Weight	Squat		Bench Press		Deadlift	
67.5	Todd Greenman Wayland, MI 3/5/2011	145	Todd Greenman Wayland, MI 3/6/2010	120	Todd Greenman Wayland, MI 3/5/2011	180
75	Mike Stagg Evansville, IN	170	Michael Evans Edwardsburg, MI	162.5	Mike Stagg Evansville, IN	220

	3/6/2010		3/5/2011		3/6/2010	
82.5	Brien Whitcomb Hartland, MI 3/6/2010	167.5	John Jachim Pierson, MI 2/25/2006	142.5	Brien Whitcomb Hartland, MI 3/6/2010	172.5
90	Brad Morton Evansville, IN 3/6/2010	185	Ron Madison Muskegon, MI 3/5/2016	177.5	Ron Madison Muskegon, MI 3/5/2016	247.5
100	Jim Webber  3/5/2015	142.5	Joseph Chowhan  3/5/2016	162.5	Joseph Chowhan  3/5/2016	222.5
110	Archie Leatherman Nashville, MI 3/6/2010	205	Keith Herron Churubusco, IN 3/5/2011	197.5	Raul Donati Osceola, IN 4/5/2008	272.5
125	Randy Cairns Gowan, MI 3/14/2009	227.5	John Johnson Port Huron, MI 3/6/2010	210	Mark Roman Paw Paw, MI 2/25/2006	260
145	Wesley Hanna Marquette, MI 3/6/2010	242.5	John Johnson Port Huron, MI 3/14/2009	217.5	Wesley Hanna Marquette, MI 3/6/2010	257.5
145+			Reggie Bradford  3/9/2013	242.5		

Master (45-49) Unequipped						
Weight	Squat		Bench Press		Deadlift	
75	Steve Sielawa Caledonia, MI 3/5/2011	180	Mike Stagg Evansville, IN 3/7/2015	140	Steve Sielawa Caledonia, MI 3/5/2011	227.5
82.5			Patrick Haley Flint, MI 3/5/2011	145		
90			Patrick Haley Flushing, MI 3/9/2013	160	John Harris Mason, MI 3/5/2011	160
100			Joe Campbell Kalkaska, MI 3/5/2016	185	Brian Elbert Flint, MI 3/5/2011	242.5
110					Kelvin Hayes Evansville, IN 3/7/2015	260
125	Ed Riley Chicago, IL 3/5/2011	205	Eric Jones Lansing, MI 3/6/2010	182.5	Ed Riley Chicago, IL 3/5/2011	272.5
145			William Buckley Oak Forest, IL 3/5/2011	187.5		
145+	Dennis Stouder Nappanee, IN 4/5/2008	185	Dennis Stouder Nappanee, IN 4/5/2008	182.5	Jason Dalen 3/7/2015	252.5

Master (50-54) Unequipped						
Weight	Squat		Bench Press		Deadlift	
67.5	David Wilson Dearborn, MI 3/14/2009	165	David Wilson Dearborn, MI 3/14/2009	132.5	David Wilson Dearborn, MI 3/14/2009	227.5
			James Fuller			



75			Flint, MI 3/8/2014	132.5		
90	Mike Tanis Osterville, MA 3/5/2016	162.5	Antonio Sonia 3/9/2013	152.5	Mike Tanis Osterville, MA 3/5/2016	200
100	Jim Bell St. Louis, MO 3/6/2010	182.5	Mark LeClair Twin Lakes, MI 3/14/2009	177.5	Bruce Thomas Henderson, KY 3/8/2014	287.5
110			Jerry Burnett Pontiac, MI 3/9/2013	165	Gary Zylstra Grand Rapids, MI 3/14/2009	132.5
125	Ed Riley Chicago, IL 2/4/2012	245	Raymond Clasing Forest Hill, MD 3/5/2011	167.5	Ed Riley Chicago, IL 3/7/2015	302.5
145			Bruce Edwards Fenton, MI 3/6/2010	205	Randy Pirtle Henderson, KY 3/8/2014	217.5
145+			Randy Pirtle Henderson, KY 3/7/2015	170	Randy Pirtle Henderson, KY 3/7/2015	257.5

Master (55-59) Unequipped						
Weight	Squat		Bench Press		Deadlift	
82.5					Jon Smoker Elkhart, IN 2/26/2006	212.5
90	Maron Cury Marysville, OH 3/6/2010	155	Wayne Nicolin Kalamazoo, MI 3/6/2010	152.5	Maron Cury Marysville, OH 3/6/2010	210
100	Frank Hockeborn Walker, MI 3/5/2011	157.5	Jerome McKay Flint, MI 3/8/2014	167.5	Mark LeClair Twin Lake, MI 3/5/2016	240
110			Robert Moleski Rockford, MI 6/23/2007	155	Pat Tying Boonville, IN 3/8/2014	272.5

125	Gary Krueger Paw Paw, MI 2/25/2006	137.5	Brad Lovejoy 3/5/2016	155	David Cain Canton, MI 3/5/2011	242.5
145			Jeff Buchin Grand Ledge, MI 2/25/2006	160		

Master (60-64) Unequipped						
Weight	Squat		Bench Press		Deadlift	
60	Gary Morrison Grand Rapids, MI 3/6/2010	95	Gary Morrison Grand Rapids, MI 3/6/2010	82.5	Gary Morrison Grand Rapids, MI 3/6/2010	137.5
67.5	Mike Wider Bristol, IN 3/5/2011	132.5	Gary Morrison Grand Rapids, MI 4/5/2008	87.5	Mike Wider Bristol, IN 3/5/2011	195
75	Tony Kohut Evansville, IN 3/6/2010	92.5	Tony Kohut Evansville, IN 3/6/2010	60	Tony Kohut Evansville, IN 3/6/2010	147.5
82.5	Jon Smoker Elkhart, IN 6/23/2007	160	Cliff Freese Lima, OH 6/23/2007	125	Jon Smoker Elkhart, IN 4/5/2008	202.5
90			Wayne Nicolen Kalamazoo, MI 3/5/2016	147.5	Tony Smith Virginia Beach, VA 3/14/2009	260
100			Joe Brodski Saginaw, MI 3/14/2009	142.5	Douglas Finley Lansing, MI 3/14/2009	150
110	Rick Conkling III St. Louis, MO 2/4/2012	112.5	Edward Geiger Columbia City, IN 4/5/2008	165	Rick Conkling III St. Louis, MO 2/4/2012	182.5
125	Gary Krueger Paw Paw, MI 3/6/2010	205	Edward Geiger Columbia City, IN 4/5/2008	170	Gary Krueger Paw Paw, MI 3/6/2010	227.5
145			Jeff Buchin Grand Ledge, MI	172.5		

3/5/2011

Master (65-69) Unequipped						
Weight	Squat		Bench Press		Deadlift	
67.5	Tom LaFontaine Columbia, MO 2/4/2012	110	Gary Morrison Grand Rapids, MI 3/5/2011	85	Gary Morrison Grand Rapids, MI 3/5/2011	120
75	Lynn Miller Columbia, MO 3/7/2015	105	Lynn Miller Columbia, MO 3/7/2015	95	Robert White Niles, MI 3/5/2016	182.5
82.5	Robert Batko Houghton Lake, MI 3/5/2011	120	John Smoker Elkhart, IN 3/5/2016	107.5	Jon Smoker Elkhart, IN 3/5/2016	190.5
90			Kenneth Donnelly Comstock Park, MI 3/14/2009	90	Dave Mansfield Hanson, MA 3/5/2016	240
100			Tim Andrews Kalamazoo, MI 6/23/2007	125	Kenneth Donnelly Comstock Park, MI 3/6/2010	172.5
110			Joe Brodski Saginaw, MI 3/5/2011	150	Ross Arnold 3/9/2013	170
145			Jeff Buchin Grand Ledge, MI 3/5/2016	182.5		

Master (70-74) Unequipped						
Weight	Squat		Bench Press		Deadlift	
60			Steve Smith Oviedo, FL 6/23/2007	77.5	Steve Smith Oviedo, FL 6/23/2007	115
82.5	Robert Batko Houghton Lake, MI 3/5/2016	160	Robert Batko Houghton Lake, MI 3/5/2016	85	Robert Batko Houghton Lake, MI 3/5/2016	195

90	Tim Andrews Kalamazoo, MI 3/6/2010	112.5	Ron Hemenway Webberville, MI 3/5/2011	130	Tim Andrews Kalamazoo, MI 3/5/2011	165
100	Tim Andrews Kalamazoo, MI 3/14/2009	122.5	Tim Andrews Kalamazoo, MI 4/5/2008	127.5	Tim Andrews Kalamazoo, MI 3/14/2009	145
110			Joe Brodski Saginaw, MI 3/5/2016	132.5		

<b>Master (85-89) Unequipped</b>						
Weight	Squat		Bench Press		Deadlift	
90			Charles Lee Lima, OH 6/23/2007	92.5	Charles Lee Lima, OH 6/23/2007	147.5

<b>Police, Military, Fire Unequipped</b>						
Weight	Squat		Bench Press		Deadlift	
90	Erik Belford 3/8/2014	175	Erik Belford 3/8/2014	125	Erik Belford 3/8/2014	215
125	Nathan Balanowski Lansing, MI 3/6/2010	232.5	Nathan Balanowski Lansing, MI 3/6/2010	147.5	Nathan Balanowski Lansing, MI 3/6/2010	290

Single Event Equipped National Records Updated 3/5/16

Open Equipped						
Weight	Squat		Bench Press		Deadlift	
52	Chung Chun Wong Monteverde, FL 3/9/2013	72.5	Logan Zielinski Indianapolis, IN 6/23/2007	67.5	Chung Chun Wong Montverde, FL 3/9/2013	142.5
56	Mason Harbour DeGraff, OH 4/5/2008	110	Kyler Ferrell-Clegg Monteverde, FL 3/8/2014	75	Mason Harbour DeGraff, OH 4/5/2008	147.5
60	Zachary Maxfield Croswell, MI 3/6/2010	170	Dylan Price China Township, MI 3/5/2011	102.5	Yuane Yang Montverde, FL 2/4/2012	140
67.5	David Wilson Dearborn, MI 3/14/2009	165	David Wilson Dearborn, MI 3/14/2009	132.5	David Wilson Dearborn, MI 3/14/2009	220
75	Tien Ha Monteverde, FL 2/4/2012	160	Tien Ha Monteverde, FL 3/9/2013	127.5	Corey Pedaris Muskegon, MI 3/6/2010	185
82.5	Jake McBrien DeGraff, OH 4/5/2008	192.5	Chuck Houser Twin Lakes, MI 2/25/2006	147.5	Jeff Mumaw Grand Rapids, MI 2/25/2006	230
90	Dave Hardy Mishawaka, IN 4/5/2008	195	Tom Mitchell Hampshier, IL 3/5/2016	212.5	Robert Batko Houghton, MI 2/25/2006	222.5
100	Derek Wallace Newburgh, IN 3/6/2010	275	Mark LeClair Twin Lakes, MI 3/6/2010	227.5	Joseph Nudo Tinley Park, IL 6/24/2007	257.5
110	Jason Beal Quincy, IL 2/4/2012	255	Dave Walker Burlington, WI 3/14/2009	250	Kelly Krueger 3/9/2013	300
125	Jason Beal Quincy, IL 3/7/2015	267.5	Horace Lane Sterling Heights, MI 2/25/2006	245	Ed Riley Chicago, IL 3/8/2014	297.5
	Chris Forestier		Dave Beversdorf		Chris Forestier	

145	Canton, IL 3/14/2009	320	Columbia, MO 2/4/2012	245	Canton, IL 3/14/2009	325
145+	Dennis Stouder Nappanee, IN 3/14/2009	250	Dennis Stouder Nappanee, IN 3/14/2009	190	Dennis Stouder Nappanee, IN 3/14/2009	215

Teenage (14-15) Equipped						
Weight	Squat		Bench Press		Deadlift	
52	Logan Zielinski Indianapolis, IN 6/23/2007	67.5	Logan Zielinski Indianapolis, IN 6/23/2007	67.5	Logan Zielinski Indianapolis, IN 6/23/2007	100
56	Mason Harbour DeGraff, OH 4/5/2008	110	Jake Carter 3/9/2013	62.5	Mason Harbour DeGraff, OH 4/5/2008	147.5
67.5	Juan Cavarrubias Monteverde, FL 3/9/2013	127.5	Juan Cavarrubias Monteverde, FL 3/9/2013	87.5	Juan Cavarrubias Monteverde, FL 3/9/2013	185
82.5	Joseph Coulson DeGraff, OH 4/5/2008	142.5			Joseph Coulson DeGraff, OH 4/5/2008	192.5
100	Alejandro Ruiz Monteverde, FL 3/8/2014	172.5	Alejandro Ruiz Monteverde, FL 3/8/2014	130	Alejandro Ruiz Monteverde, FL 3/8/2014	212.5
110	Jared Holycross DeGraff, OH 4/5/2008	195			Jared Holycross DeGraff, OH 4/5/2008	187.5

Teenage (16-17) Equipped						
Weight	Squat		Bench Press		Deadlift	
56	Kyler Ferrell-Clegg Monteverde, FL 3/8/2014	92.5	Kyler Ferrell-Clegg Monteverde, FL 3/8/2014	75	Kyler Ferrell-Clegg Monteverde, FL 3/8/2014	150
60	Zachary Maxfield Croswell, MI	170	Dylan Price China Township, MI	102.5		

	3/6/2010		3/5/2011			
67.5	Cody Weeks DeGraff, OH 4/5/2008	130	Minh Duc Nguyen Monteverde, FL 3/8/2014	85	Phuong Ha Monteverde, FL 3/5/2011	182.5
75	Tien Ha Monteverde, FL 3/9/2013	163.5	Tien Ha Monteverde, FL 3/9/2013	127.5	Michael Megler Monteverde, FL 3/5/2016	227.5
82.5	Jonathon Seeling Huntsville, OH 4/5/2008	157.5			Jonathon Seeling Huntsville, OH 4/5/2008	185
90			Whilden Perry Swartz Creek, MI 3/6/2010	125		
100	Cody Lackin 3/9/2013	227.5	Alejandro Ruiz Monteverde, FL 3/5/2016	152.5	Alejandro Ruiz Monteverde, FL 3/5/2016	250
110	Brad Moffet DeGraff, OH 4/5/2008	157.5	Brad Moffet DeGraff, OH 4/5/2008	92.5	Brad Moffet DeGraff, OH 4/5/2008	165
125	Chad Small Maplewood, OH 4/5/2008	182.5				

Teenage (18-19) Equipped						
Weight	Squat		Bench Press		Deadlift	
52	Chung Chun Wong Monteverde, FL 3/9/2013	72.5	Chung Chun Wong Monteverde, FL 3/9/2013	55		
60	Yuanye Yung Montverde, FL 3/9/2013	110	Yuanye Yung Montverde, FL 3/9/2013	70	Yuanye Yung Montverde, FL 3/9/2013	147.5
67.5	Sung Yeuh Chang Monteverde, FL 3/5/2016	161	Sung Yeuh Chang Monteverde, FL 3/5/2016	105	Cheng Han Fu Monteverde, FL 3/9/2013	180
	Qinyi Wang		Qinyi Wang		Qinyi Wang	

75	Monteverde, FL 3/8/2014	150	Monteverde, FL 3/5/2016	122.5	Monteverde, FL 3/8/2014	195
82.5	Jake McBrien DeGraff, OH 4/5/2008	192.5	Young Yoo Montverde, FL 2/4/2012	85	Jake McBrien DeGraff, OH 4/5/2008	195
90	Logan Whitaker DeGraff, OH 4/5/2008	170			Logan Whitaker DeGraff, OH 4/5/2008	170
100			Dillon Hom Montverde, FL 2/4/2012	145	Menghue He Montverde, FL 3/5/2011	195
110	Manuel Camacho Montverde, FL 2/4/2012	160	Manuel Camacho Montverde, FL 2/4/2012	115	Manuel Camacho Montverde, FL 2/4/2012	200

Junior (20-23) Equipped						
Weight	Squat		Bench Press		Deadlift	
90			Michael Johnson Fort Gratiot, MI 3/14/2009	135		
100	Joseph Nudo Tinley Park, IL 6/24/2007	247.5	Joseph Nudo Tinley Park, IL 6/24/2007	165	Joseph Nudo Tinley Park, IL 6/24/2007	257.5
110			Scott Perdaris Alto, MI 3/6/2010	112.5	Scott Perdaris Alto, MI 3/6/2010	195
145	Jordan Ritchie Quincy, IL 2/4/2012	220			Jordan Ritchie Quincy, IL 2/4/2012	260

Master (40-44) Equipped						
Weight	Squat		Bench Press		Deadlift	
82.5			Chuck Houser Twin Lakes, MI	147.5	Jeff Mumaw Grand Rapids, MI	230



			2/25/2006		2/25/2006	
90			Ron Madison Muskegon, MI 3/7/2015	207.5	David Stephens	170
100	David Stephens 3/7/2015	140	Paul Jordan 3/9/2013	162.5	David Stephens Chicago, IL 3/7/2015	177.5
110			Dave Walker Burlington, WI 4/5/2008	250		
125			Horace lane Sterling Heights, MI 2/25/2006	245		
145	Ron Nicodemus Fort Wayne, IN 4/5/2008	250				

Master (45-49) Equipped						
Weight	Squat		Bench Press		Deadlift	
75	Robert Fricke Bloomingtondale, MI 3/6/2010	105	Robert Fricke Bloomingtondale, MI 4/5/2008	100	Robert Fricke Bloomingtondale, MI 2/25/2006	162.5
90			John Jachim Pierson, MI 2/4/2012	172.5		
100	Derek Wallace Newburgh, IL 3/6/2010	275	Brian Birchmeier Clio, MI 3/5/2011	145	Brian Birchmeier Clio, MI 3/5/2011	227.5
110	James Perry Saginaw, MI 3/5/2011	250	Dave Walker Burlington, WI 3/14/2009	250	James Perry Saginaw, MI 3/5/2011	255
125					Greg Ostram Holly, MI 3/14/2009	245
145			Dave Beversdorf Columbia, MO 2/4/2012	245		
145+	Dennis Stouder Nappanee, IN 3/14/2009	250	Dennis Stouder Nappanee, IN 3/14/2009	190	Dennis Stouder Nappanee, IN 3/14/2009	215

Master (50-54) Equipped						
Weight	Squat		Bench Press		Deadlift	
67.5	David Wilson Dearborn, MI 3/14/2009	165	David Wilson Dearborn, MI 3/14/2009	132.5	David Wilson Dearborn, MI 3/14/2009	220
82.5			Robert Fabriano Lansing, MI 3/5/2011	172.5	Robert Fabriano Lansing, MI 3/5/2011	227.5
			John Jachim			

90			Pierson, MI 3/8/2014	172.5		
100	Jim Bell St. Louis, MO 3/6/2010	237.5	Mark LeClair Twin Lakes, MI 3/5/2011	230	Jim Bell St. Louis, MO 3/6/2010	235
110	David Lawrence Kalamazoo, MI 2/25/2006	192.5	David Walker Pinehurst, TX 3/8/2014	261	David Lawrence Kalamazoo, MI 2/25/2006	182.5
125	Brad Lovejoy Kingsville, OH 4/5/2008	220	Eric Pauli Monteverde, FL 2/4/2012	192.5	Ed Riley Chicago, IL 3/8/2014	297.5
145			Bruce Edwards Fenton, MI 3/5/2011	230		

Master (55-59) Equipped						
Weight	Squat		Bench Press		Deadlift	
90	Dave Hardy Mishawaka, IN 4/5/2008	195	Dave Hardy Mishawaka, IN 4/5/2008	170		
100	Floyd Givens Detroit, MI 3/6/2010	172.5	Floyd Givens Detroit, MI 3/6/2010	120	Floyd Givens Detroit, MI 3/6/2010	225

Master (60-64) Equipped						
Weight	Squat		Bench Press		Deadlift	
82.5					Robert Batko Houghton, MI 3/6/2010	215
90	Dave Hardy Mishawaka, IN 3/5/2011	182.5	Dave Hardy Mishawaka, IN 3/5/2011	142.5	Robert Batko Houghton, MI 2/25/2006	222.5
100			Doug Finley Lansing, MI	122.5	Benjamin Pollard Detroit, MI	182.5

			2/25/2006		2/5/2011	
125	Gary Krueger Paw Paw, MI 3/6/2010	237.5	Gary Krueger Paw Paw, MI 3/6/2010	155	Gary Krueger Paw Paw, MI 3/6/2010	230
145			Jeff Buchin Grand Ledge, MI 3/5/2011	190		

Master (65-69) Equipped						
Weight	Squat		Bench Press		Deadlift	
82.5	Robert Batko Houghton Lake, MI 3/9/2013	170	Robert Batko Houghton Lake, MI 3/9/2013	95	Robert Batko Houghton Lake, MI 3/9/2013	205
90			Gary Chapman 3/9/2013	102.5		
100			Daryl Meloche Climax, MI 3/14/2009	125		

Master (70-74) Equipped						
Weight	Squat		Bench Press		Deadlift	
100			Gary Chapman Metamora, MI 3/5/2016	115		

Master (80-84) Equipped						
Weight	Squat		Bench Press		Deadlift	
90			Lloyd Coon Swartz Creek, MI 4/5/2008	57.5		

Master (85-89) Equipped						
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Weight	Squat		Bench Press	Deadlift	
90			Lloyd Coon Swartz Creek, MI 3/14/2009	47.5	

<b>Police, Military, Fire Equipped</b>					
Weight	Squat		Bench Press	Deadlift	
110			David Walker Pinehurst, TX 3/8/2014	261	