

M7 70-74							
M8 75-79							
M9 80-84							
M10 85-89							

Women 47.5 kilograms							
Division	Squat		Bench Press		Deadlift		Total
T1 14-15							
T2 16-17							
T3 18-19							
Junior 20-23							
Open 24-39	Sarah Gray Evansville, IN 12/6/2014	52.5	Sarah Gray Evansville, IN 12/6/2014	57.5	Sarah Gray Evansville, IN 12/6/2014	100	Sarah Gray Evansville, IN 12/6/2014 210
M1 40-44							
M2 45-49							
M3 50-54							

M4 55-59							
M5 60-64							
M6 65-69							
M7 70-74							
M8 75-79							
M9 80-84							
M10 85-89							

Women 50.5 kilograms							
Division	Squat		Bench Press		Deadlift		Total
T1 14-15							
T2 16-17							
T3 18-19							
Junior 20-23							
Open							

24-39							
M1							
40-44							
M2							
45-49							
M3							
50-54							
M4							
55-59							
M5							
60-64							
M6							
65-69							
M7							
70-74							
M8							
75-79							
M9							
80-84							
M10							
85-89							

Women 53.0 kilograms							
Division	Squat		Bench Press		Deadlift		Total
T1							
14-15							
T2	Jamie Catt		Jamie Catt		Jamie Catt		Jamie Catt

16-17	Evansville, IN 6/10/2006	25	Evansville, IN 6/10/2006	27.5	Evansville, IN 6/10/2006	70	Evansville, IN 6/10/2006	132.5
T3 18-19								
Junior 20-23								
Open 24-39	Jamie Catt Evansville, IN 6/10/2006	25	Jamie Catt Evansville, IN 6/10/2006	27.5	Jamie Catt Evansville, IN 6/10/2006	70	Jamie Catt Evansville, IN 6/10/2006	132.5
M1 40-44								
M2 45-49								
M3 50-54								
M4 55-59								
M5 60-64								
M6 65-69								
M7 70-74								
M8 75-79								
M9 80-84								
M10 85-89								

M4 55-59							
M5 60-64							
M6 65-69							
M7 70-74							
M8 75-79							
M9 80-84							
M10 85-89							

Women 63 kilograms								
Division	Squat		Bench Press		Deadlift		Total	
T1 14-15								
T2 16-17								
T3 18-19								
Junior 20-23	Lauren Blessinger Evansville, IN 6/10/2006	105	Gretchen Schnautz Evansville, IN 5/2/2015	55	Lauren Blessinger Evansville, IN 6/10/2006	120	Katherine Snethen Evanvsille, IN 12/6/2014	260
Open 24-39	Lauren Blessinger Evansville, IN 6/10/2006	105	Amanda Smith Cynthiana, IN 6/11/2016	80	Amanda Smith Cynthiana, IN 11/7/2015	142.5	Amanda Smith Cynthiana, IN 11/7/2015	310

16-17								
T3								
18-19								
Junior								
20-23								
Open	Jane Dick Evansville, IN 6/10/2006	107.5	Jane Dick Evansville, IN 6/10/2006	50	Jane Dick Evansville, IN 6/10/2006	117.5	Jane Dick Evansville, IN 6/10/2006	275
24-39								
M1	Jane Dick Evansville, IN 6/10/2006	107.5	Jane Dick Evansville, IN 6/10/2006	50	Jane Dick Evansville, IN 6/10/2006	117.5	Jane Dick Evansville, IN 6/10/2006	275
40-44								
M2								
45-49								
M3	Susan Sanaghan Michigan City, IN 11/22/2008	87.5	Susan Sanaghan Michigan City, IN 9/13/2008	40	Susan Sanaghan Michigan City, IN 11/22/2008	132.5	Susan Sanaghan Michigan City, IN 7/11/2009	267.5
50-54								
M4	Susan Sanaghan Michigan City, IN 7/11/2009	92.5	Susan Sanaghan Michigan City, IN 7/11/2009	50	Susan Sanaghan Michigan City, IN 7/11/2009	125	Susan Sanaghan Michigan City, IN 11/21/2009	280
55-59								
M5								
60-64								
M6								
65-69								
M7								
70-74								
M8								
75-79								
M9								
80-84								
M10								
85-89								

M8 75-79							
M9 80-84							
M10 85-89							

Women 90 kilograms							
Division	Squat		Bench Press		Deadlift		Total
T1 14-15							
T2 16-17							
T3 18-19							
Junior 20-23							
Open 24-39							
M1 40-44	Jodey Reisz Santa Claus, IN 11/5/2016	137.5	Jodey Reisz Santa Claus, IN 11/5/2016	112.5	Jodey Reisz Santa Claus, IN 11/5/2016	185	Jodey Reisz Santa Claus, IN 11/5/2016 435
M2 45-49							
M3 50-54							
M4							

55-59							
M5							
60-64							
M6							
65-69							
M7							
70-74							
M8							
75-79							
M9							
80-84							
M10							
85-89							

Women 90+ kilograms								
Division	Squat	Bench Press	Deadlift	Total				
T1								
14-15								
T2								
16-17								
T3								
18-19								
Junior								
20-23								
Open	Jodey Reisz Lamar, IN 6/11/2016	130	Jodey Reisz Lamar, IN 6/11/2016	110	Jodey Reisz Lamar, IN 6/11/2016	175	Jodey Reisz Lamar, IN 6/11/2016	415
M1	Jodey Reisz		Jodey Reisz		Jodey Reisz		Jodey Reisz	

65-69							
M7 70-74							
M8 75-79							
M9 80-84							
M10 85-89							

Women 47.5 kilograms							
Division	Squat		Bench Press		Deadlift		Total
T1 14-15							
T2 16-17							
T3 18-19							
Junior 20-23							
Open 24-39							
M1 40-44							
M2 45-49							
M3							

14-15								
T2								
16-17								
T3								
18-19								
Junior								
20-23								
Open								
24-39								
M1								
40-44								
M2								
45-49								
M3								
50-54								
M4								
55-59								
M5								
60-64								
M6								
65-69								
M7								
70-74								
M8								
75-79								
M9								
80-84								
M10								

85-89							
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Women 55.5 kilograms							
Division	Squat		Bench Press		Deadlift		Total
T1 14-15							
T2 16-17							
T3 18-19							
Junior 20-23							
Open 24-39							
M1 40-44							
M2 45-49							
M3 50-54							
M4 55-59							
M5 60-64							
M6 65-69							

50-54							
M4							
55-59							
M5							
60-64							
M6							
65-69							
M7							
70-74							
M8							
75-79							
M9							
80-84							
M10							
85-89							

Women 63 kilograms							
Division	Squat		Bench Press		Deadlift		Total
T1							
14-15							
T2							
16-17							
T3							
18-19							
Junior							
20-23							
Open							

T2 16-17								
T3 18-19								
Junior 20-23								
Open 24-39								
M1 40-44								
M2 45-49								
M3 50-54								
M4 55-59								
M5 60-64								
M6 65-69								
M7 70-74								
M8 75-79								
M9 80-84								
M10								

70-74							
M8 75-79							
M9 80-84							
M10 85-89							

Women 90 kilograms							
Division	Squat		Bench Press		Deadlift		Total
T1 14-15							
T2 16-17							
T3 18-19							
Junior 20-23							
Open 24-39	Kami Gibson Evansville, IN 11/5/2016	137.5			Kami Gibson Evansville, IN 11/5/2016	142.5	Kami Gibson Evansville, IN 11/5/2016 337.5
M1 40-44							
M2 45-49							
M3 50-54							

Women 44 kilograms						
Division	Squat		Bench Press		Deadlift	
T1 14-15						
T2 16-17						
T3 18-19						
Junior 20-23						
Open 24-39						
M1 40-44						
M2 45-49						
M3 50-54						
M4 55-59						
M5 60-64						
M6 65-69						
M7						

M7 70-74					
M8 75-79					
M9 80-84					
M10 85-89					

Women 47.5 kilograms					
Division	Squat		Bench Press		Deadlift
T1 14-15					
T2 16-17					
T3 18-19					
Junior 20-23					
Open 24-39			Sarah Gray Evansville, IN 5/2/2015	60	
M1 40-44					
M2 45-49					
M3 50-54					

M4 55-59						
M5 60-64						
M6 65-69						
M7 70-74						
M8 75-79						
M9 80-84						
M10 85-89						

Women 50.5 kilograms						
Division	Squat		Bench Press		Deadlift	
T1 14-15						
T2 16-17						
T3 18-19			Faith Wood Evansville, IN 7/4/2018	32.5	Faith Wood Evansville, IN 7/4/2018	90
Junior 20-23						
Open			Faith Wood Evansville, IN	32.5	Faith Wood Evansville, IN	90

24-39			7/4/2018		7/4/2018	
M1 40-44						
M2 45-49						
M3 50-54						
M4 55-59						
M5 60-64						
M6 65-69						
M7 70-74						
M8 75-79						
M9 80-84						
M10 85-89						

Women 53.0 kilograms						
Division	Squat		Bench Press		Deadlift	
T1 14-15						
T2						

T2 16-17					
T3 18-19					
Junior 20-23					
Open 24-39					
M1 40-44					
M2 45-49					
M3 50-54					
M4 55-59					
M5 60-64					
M6 65-69					
M7 70-74					
M8 75-79					
M9 80-84					
M10 85-89					

Women 55.5 kilograms

Division	Squat		Bench Press		Deadlift	
T1 14-15						
T2 16-17						
T3 18-19						
Junior 20-23	Jessica Lord Evansville, IN 3/17/2018	75	Lexie Heald Fortville, IN 6/27/2015	57.5	Jessica Lord Evansville, IN 3/17/2018	105
Open 24-39	Jessica Lord Evansville, IN 3/17/2018	75	Jessica Lord Evansville, IN 7/4/2018	45	Jessica Lord Evansville, IN 7/4/2018	110
M1 40-44						
M2 45-49						
M3 50-54						
M4 55-59						
M5 60-64						
M6 65-69						
M7						

70-74					
M8					
75-79					
M9					
80-84					
M10					
85-89					

Women 58.5 kilograms						
Division	Squat		Bench Press		Deadlift	
T1						
14-15						
T2						
16-17						
T3						
18-19						
Junior						
20-23						
Open	Heather Endres North Liberty, IN 9/16/2017	104.33	Sienna Valdez South Bend, IN 6/27/2015	57.5	Sienna Valdez South Bend, IN 6/27/2015	132.5
24-29						
M1	Heather Endres North Liberty, IN 4/11/2015	95	Heather Endres North Liberty, IN 4/11/2015	45	Heather Endres North Liberty, IN 4/22/2017	97.5
40-44						
M2	Heather Endres North Liberty, IN 9/16/2017	104.33			Heather Endres North Liberty, IN 9/16/2017	102.06
45-49						
M3						
50-54						
M4						

M1					
55-59					
M5					
60-64					
M6					
65-69					
M7					
70-74					
M8					
75-79					
M9					
80-84					
M10					
85-89					

Women 63 kilograms						
Division	Squat		Bench Press		Deadlift	
T1						
14-15						
T2	Naomi Seifert Mt. Vernon, IN 3/7/2015	87.5				
16-17						
T3	Samantha Fromelius Evansville, IN 3/8/2014	85				
18-19						
Junior						
20-23						
Open	Sara Gibson Evansville, IN 3/8/2014	102.5	Sara Gibson Evansville, IN 3/8/2014	60	Amanda Smith Evansville, IN 4/25/2015	150
24-39						

M1 40-44					
M2 45-49				Darlene Wallace Newburgh, IN 3/8/2014	102.5
M3 50-54					
M4 55-59					
M5 60-64					
M6 65-69					
M7 70-74					
M8 75-79					
M9 80-84					
M10 85-89					

Women 70 kilograms					
Division	Squat		Bench Press		Deadlift
T1 14-15					
T2					

16-17						
T3						
18-19						
Junior						
20-23						
Open	Susan Sanaghan Michigan City, IN	97.5	Susan Sanaghan Michigan City, IN	55	Susan Sanaghan Michigan City, IN	125
24-39	3/9/2013		3/9/2013		3/14/2009	
M1						
40-44						
M2						
45-49						
M3	Susan Sanaghan Michigan City, IN	92.5	Susan Sanaghan Michigan City, IN	47.5	Susan Sanaghan Michigan City, IN	125
50-54	3/14/2009		3/14/2009		3/14/2009	
M4	Susan Sanaghan Michigan City, IN	97.5	Susan Sanaghan Michigan City, IN	55	Susan Sanaghan Michigan City, IN	115
55-59	3/9/2013		3/9/2013		3/5/2011	
M5						
60-64						
M6						
65-69						
M7						
70-74						
M8						
75-79						
M9						
80-84						
M10						
85-89						

Women 80 kilograms

Division	Squat		Bench Press		Deadlift	
T1 14-15						
T2 16-17						
T3 18-19						
Junior 20-23						
Open 24-39						
M1 40-44						
M2 45-49						
M3 50-54	Kimberly Lively Newburgh, IN 12/6/2014	70	Kimberly Lively Newburgh, IN 12/6/2014	40	Kimberly Lively Newburgh, IN 12/6/2014	110
M4 55-59						
M5 60-64						
M6 65-69						
M7 70-74						

M8 75-79					
M9 80-84					
M10 85-89					

Women 90 kilograms					
Division	Squat		Bench Press		Deadlift
T1 14-15					
T2 16-17					
T3 18-19					
Junior 20-23					
Open 24-39			Kim Welcher Evansville, IN 3/8/2014	85	
M1 40-44					
M2 45-49			Kim Welcher Evansville, IN 3/8/2014	85	
M3 50-54					
M4					

55-59					
M5					
60-64					
M6					
65-69					
M7					
70-74					
M8					
75-79					
M9					
80-84					
M10					
85-89					

Women 90+ kilograms						
Division	Squat		Bench Press		Deadlift	
T1						
14-15						
T2						
16-17						
T3						
18-19						
Junior						
20-23						
Open			Brandi Sneed Mishawaka, IN 6/27/2015	95	Brandi Sneed Mishawaka, IN 6/27/2015	182.5
24-39						
M1						

M1 40-44					
M2 45-49					
M3 50-54					
M4 55-59					
M5 60-64					
M6 65-69					
M7 70-74					
M8 75-79					
M9 80-84					
M10 85-89					

Police, Military, Fire Unequipped					
Weight	Squat		Bench Press		Deadlift
58.5					

Women 44 kilograms						
Division	Squat		Bench Press		Deadlift	
T1 14-15						
T2 16-17						
T3 18-19						
Junior 20-23						
Open 24-39						
M1 40-44						
M2 45-49						
M3 50-54						
M4 55-59						
M5 60-64						
M6						

M6 65-69						
M7 70-74						
M8 75-79						
M9 80-84						
M10 85-89						

Women 47.5 kilograms						
Division	Squat		Bench Press		Deadlift	
T1 14-15						
T2 16-17						
T3 18-19						
Junior 20-23						
Open 24-39						
M1 40-44						
M2 45-49						

M3 50-54						
M4 55-59						
M5 60-64						
M6 65-69						
M7 70-74						
M8 75-79						
M9 80-84						
M10 85-89						

Women 50.5 kilograms						
Division	Squat		Bench Press		Deadlift	
T1 14-15						
T2 16-17						
T3 18-19						
Junior						

20-23						
Open			Angela Hardy Mishawaka, IN 6/25/2011	50	Angela Hardy Mishawaka, IN 6/25/2011	107.5
24-39						
M1						
40-44						
M2			Angela Hardy Mishawaka, IN 6/25/2011	50	Angela Hardy Mishawaka, IN 6/25/2011	107.5
45-49						
M3						
50-54						
M4						
55-59						
M5						
60-64						
M6						
65-69						
M7						
70-74						
M8						
75-79						
M9						
80-84						
M10						
85-89						

Women 53.0 kilograms						
Division	Squat		Bench Press		Deadlift	
T1						

14-15						
T2 16-17						
T3 18-19						
Junior 20-23						
Open 24-39						
M1 40-44						
M2 45-49						
M3 50-54						
M4 55-59						
M5 60-64						
M6 65-69						
M7 70-74						
M8 75-79						
M9 80-84						

M10						
85-89						

Women 55.5 kilograms						
Division	Squat		Bench Press		Deadlift	
T1						
14-15						
T2						
16-17						
T3						
18-19						
Junior						
20-23						
Open						
24-39						
M1						
40-44						
M2						
45-49						
M3						
50-54						
M4						
55-59						
M5						
60-64						
M6						

65-69						
M7 70-74						
M8 75-79						
M9 80-84						
M10 85-89						

Women 58.5 kilograms						
Division	Squat		Bench Press		Deadlift	
T1 14-15						
T2 16-17						
T3 18-19						
Junior 20-23						
Open 24-39						
M1 40-44						
M2 45-49						
M3						

M3						
50-54						
M4						
55-59						
M5						
60-64						
M6						
65-69						
M7						
70-74						
M8						
75-79						
M9						
80-84						
M10						
85-89						

Women 63 kilograms						
Division	Squat		Bench Press		Deadlift	
T1						
14-15						
T2						
16-17						
T3						
18-19						
Junior						
20-23						

Open 24-39						
M1 40-44						
M2 45-49						
M3 50-54						
M4 55-59						
M5 60-64						
M6 65-69						
M7 70-74						
M8 75-79						
M9 80-84						
M10 85-89						

Women 70 kilograms						
Division	Squat		Bench Press		Deadlift	
T1						

14-15						
T2						
16-17						
T3						
18-19						
Junior						
20-23						
Open					Susan Sanaghan Michigan City, IN 4/5/2008	130
24-39						
M1						
40-44						
M2						
45-49						
M3					Susan Sanaghan Michigan City, IN 4/5/2008	130
50-54						
M4						
55-59						
M5						
60-64						
M6						
65-69						
M7						
70-74						
M8						
75-79						
M9						
80-84						
M10						

85-89					
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Women 80 kilograms						
Division	Squat		Bench Press		Deadlift	
T1 14-15						
T2 16-17						
T3 18-19						
Junior 20-23						
Open 24-39			Diane Shirley Evansville, IN 7/31/2010	72.5	Diane Shirley Evanvsille, IN 7/31/2010	137.5
M1 40-44						
M2 45-49			Diane Shirley Evansville, IN 7/31/2010	72.5	Diane Shirley Evanvsille, IN 7/31/2010	137.5
M3 50-54						
M4 55-59						
M5 60-64						
M6 65-69						

M7 70-74						
M8 75-79						
M9 80-84						
M10 85-89						

Women 90 kilograms						
Division	Squat		Bench Press		Deadlift	
T1 14-15						
T2 16-17						
T3 18-19						
Junior 20-23						
Open 24-39						
M1 40-44						
M2 45-49						
M3						

50-54						
M4						
55-59						
M5						
60-64						
M6						
65-69						
M7						
70-74						
M8						
75-79						
M9						
80-84						
M10						
85-89						

Women 90+ kilograms						
Division	Squat		Bench Press		Deadlift	
T1						
14-15						
T2						
16-17						
T3						
18-19						
Junior						
20-23						
Open						

Open						
24-39						
M1						
40-44						
M2						
45-49						
M3						
50-54						
M4						
55-59						
M5						
60-64						
M6						
65-69						
M7						
70-74						
M8						
75-79						
M9						
80-84						
M10						
85-89						

Police, Military, Fire Unequipped						
Weight	Squat		Bench Press		Deadlift	
58.5						