

| | | | | | | | |
|-------|--|--|--|--|--|--|--|
| 70-74 | | | | | | | |
| M8 | | | | | | | |
| 75-79 | | | | | | | |
| M9 | | | | | | | |
| 80-84 | | | | | | | |
| M10 | | | | | | | |
| 85-89 | | | | | | | |

| Women 47.5 kilograms | | | | | | | |
|----------------------|---|------|---|------|---|-----|--|
| Division | Squat | | Bench Press | | Deadlift | | Total |
| T1 | | | | | | | |
| 14-15 | | | | | | | |
| T2 | | | | | | | |
| 16-17 | | | | | | | |
| T3 | | | | | | | |
| 18-19 | | | | | | | |
| Junior | | | | | | | |
| 20-23 | | | | | | | |
| Open | Sarah Gray Evansville, IN 12/6/2014 | 52.5 | Sarah Gray Evansville, IN 12/6/2014 | 57.5 | Sarah Gray Evansville, IN 12/6/2014 | 100 | Sarah Gray Evansville, IN 12/6/2014 210 |
| 24-39 | | | | | | | |
| M1 | | | | | | | |
| 40-44 | | | | | | | |
| M2 | | | | | | | |
| 45-49 | | | | | | | |
| M3 | | | | | | | |
| 50-54 | | | | | | | |
| M4 | | | | | | | |

| | | | | | | | |
|--------------|--|--|--|--|--|--|--|
| 55-59 | | | | | | | |
| M5 60-64 | | | | | | | |
| M6 65-69 | | | | | | | |
| M7 70-74 | | | | | | | |
| M8 75-79 | | | | | | | |
| M9 80-84 | | | | | | | |
| M10 85-89 | | | | | | | |

| Women 50.5 kilograms | | | | | | | |
|----------------------|---|----|---|------|---|----|--|
| Division | Squat | | Bench Press | | Deadlift | | Total |
| T1 14-15 | | | | | | | |
| T2 16-17 | | | | | | | |
| T3 18-19 | Faith Wood Evansville, IN 7/28/2018 | 60 | Faith Wood Evansville, IN 7/28/2018 | 32.5 | Faith Wood Evansville, IN 7/28/2018 | 96 | Faith Wood Evansville, IN 7/28/2018 185 |
| Junior 20-23 | | | | | | | |
| Open 24-39 | Faith Wood Evansville, IN 7/28/2018 | 60 | Faith Wood Evansville, IN 7/28/2018 | 32.5 | Faith Wood Evansville, IN 7/28/2018 | 96 | Faith Wood Evansville, IN 7/28/2018 185 |
| M1 | | | | | | | |

| | | | | | | | |
|-------|--|--|--|--|--|--|--|
| 40-44 | | | | | | | |
| M2 | | | | | | | |
| 45-49 | | | | | | | |
| M3 | | | | | | | |
| 50-54 | | | | | | | |
| M4 | | | | | | | |
| 55-59 | | | | | | | |
| M5 | | | | | | | |
| 60-64 | | | | | | | |
| M6 | | | | | | | |
| 65-69 | | | | | | | |
| M7 | | | | | | | |
| 70-74 | | | | | | | |
| M8 | | | | | | | |
| 75-79 | | | | | | | |
| M9 | | | | | | | |
| 80-84 | | | | | | | |
| M10 | | | | | | | |
| 85-89 | | | | | | | |

| Women 53.0 kilograms | | | | | | | |
|----------------------|---|----|---|------|---|----|--|
| Division | Squat | | Bench Press | | Deadlift | | Total |
| T1 | | | | | | | |
| 14-15 | | | | | | | |
| T2 | Jamie Catt Evansville, IN 6/10/2006 | 25 | Jamie Catt Evansville, IN 6/10/2006 | 27.5 | Jamie Catt Evansville, IN 6/10/2006 | 70 | Jamie Catt Evansville, IN 6/10/2006 132.5 |
| T3 | | | | | | | |

| | | | | | | | | |
|-----------------|---|----|---|------|---|----|---|-------|
| 18-19 | | | | | | | | |
| Junior 20-23 | | | | | | | | |
| Open 24-29 | Jamie Catt Evansville, IN 6/10/2006 | 25 | Jamie Catt Evansville, IN 6/10/2006 | 27.5 | Jamie Catt Evansville, IN 6/10/2006 | 70 | Jamie Catt Evansville, IN 6/10/2006 | 132.5 |
| M1 40-44 | | | | | | | | |
| M2 45-49 | | | | | | | | |
| M3 50-54 | | | | | | | | |
| M4 55-59 | | | | | | | | |
| M5 60-64 | | | | | | | | |
| M6 65-69 | | | | | | | | |
| M7 70-74 | | | | | | | | |
| M8 75-79 | | | | | | | | |
| M9 80-84 | | | | | | | | |
| M10 85-89 | | | | | | | | |

| Women 55.5 kilograms | | | | |
|----------------------|-------|-------------|----------|-------|
| Division | Squat | Bench Press | Deadlift | Total |

| | | | | | | | | |
|-----------------|--|----|--|----|--|-------|--|-------|
| | | | | | | | | |
| T1 14-15 | | | | | | | | |
| T2 16-17 | Mandy Cleveland Newburgh, IN 6/10/2006 | 80 | Mandy Cleveland Newburgh, IN 6/10/2016 | 50 | Mandy Cleveland Newburgh, IN 6/10/2006 | 102.5 | Mandy Cleveland Newburgh, IN 6/10/2006 | 232.5 |
| T3 18-19 | Mandy Cleveland Newburgh, IN 7/7/2007 | 70 | Mandy Cleveland Newburgh, IN 7/7/2007 | 50 | Mandy Cleveland Newburgh, IN 7/7/2007 | 97.5 | Mandy Cleveland Newburgh, IN 7/7/2007 | 217.5 |
| Junior 20-23 | | | | | | | | |
| Open 24-39 | Mandy Cleveland Newburgh, IN 6/10/2006 | 80 | Mandy Cleveland Newburgh, IN 6/10/2016 | 50 | Mandy Cleveland Newburgh, IN 6/10/2006 | 102.5 | Mandy Cleveland Newburgh, IN 6/10/2006 | 232.5 |
| M1 40-44 | | | | | | | | |
| M2 45-49 | | | | | | | | |
| M3 50-54 | | | | | | | | |
| M4 55-59 | | | | | | | | |
| M5 60-64 | | | | | | | | |
| M6 65-69 | | | | | | | | |
| M7 70-74 | | | | | | | | |
| M8 75-79 | | | | | | | | |
| Ma | | | | | | | | |

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|-------|--|--|--|--|--|--|--|
| M9 | | | | | | | |
| 80-84 | | | | | | | |
| M10 | | | | | | | |
| 85-89 | | | | | | | |

| Women 58.5 kilograms | | | | | | | |
|----------------------|--|-------|--|----|--|-------|---|
| Division | Squat | | Bench Press | | Deadlift | | Total |
| T1 14-15 | Bianca Baker Newburgh, IN 7/7/2007 | 60 | Bianca Baker Newburgh, IN 7/7/2007 | 50 | Bianca Baker Newburgh, IN 7/7/2007 | 105 | Bianca Baker Newburgh, IN 7/7/2007 215 |
| T2 16-17 | | | | | | | |
| T3 18-19 | | | | | | | |
| Junior 20-23 | | | | | | | |
| Open 24-39 | Katherine Snethen Evansville, IN 11/7/2015 | 117.5 | Bianca Baker Newburgh, IN 7/7/2007 | 50 | Katherine Snethen Evansville, IN 11/7/2015 | 132.5 | Katherine Snethen Evansville, IN 11/7/2015 300 |
| M1 40-44 | | | | | | | |
| M2 45-49 | Heather Endres North Liberty, IN 11/4/2017 | 105 | Heather Endres North Liberty, IN 11/4/2017 | 50 | Heather Endres North Liberty, IN 11/4/2017 | 102.5 | Heather Endres North Liberty, IN 11/4/2017 257.5 |
| M3 50-54 | | | | | | | |
| M4 55-59 | | | | | | | |
| M5 60-64 | | | | | | | |
| M6 | | | | | | | |

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|--------------|--|--|--|--|--|--|--|
| M6 65-69 | | | | | | | |
| M7 70-74 | | | | | | | |
| M8 75-79 | | | | | | | |
| M9 80-84 | | | | | | | |
| M10 85-89 | | | | | | | |

| Women 63 kilograms | | | | | | | | |
|--------------------|--|------|---|----|--|-------|--|-------|
| Division | Squat | | Bench Press | | Deadlift | | Total | |
| T1 14-15 | | | | | | | | |
| T2 16-17 | | | | | | | | |
| T3 18-19 | | | | | | | | |
| Junior 20-23 | Lauren Blessinger Evansville, IN 6/10/2006 | 105 | Gretchen Schnautz Evansville, IN 5/2/2015 | 55 | Lauren Blessinger Evansville, IN 6/10/2006 | 120 | Katherine Snethen Evanvsille, IN 12/6/2014 | 260 |
| Open 24-39 | Lauren Blessinger Evansville, IN 6/10/2006 | 105 | Amanda Smith Cynthiana, IN 6/11/2016 | 80 | Amanda Smith Cynthiana, IN 11/7/2015 | 142.5 | Amanda Smith Cynthiana, IN 11/7/2015 | 310 |
| M1 40-44 | | | | | | | | |
| M2 45-49 | Ann Smith Evansville, IN 6/11/2016 | 47.5 | Ann Smith Evansville, IN 6/11/2016 | 35 | Ann Smith Evansville, IN 6/11/2016 | 70 | Ann Smith Evansville, IN 6/11/2016 | 152.5 |
| M3 | | | | | | | | |

| | | | | | | | |
|-------|--|--|--|--|--|--|--|
| M0 | | | | | | | |
| 50-54 | | | | | | | |
| M4 | | | | | | | |
| 55-59 | | | | | | | |
| M5 | | | | | | | |
| 60-64 | | | | | | | |
| M6 | | | | | | | |
| 65-69 | | | | | | | |
| M7 | | | | | | | |
| 70-74 | | | | | | | |
| M8 | | | | | | | |
| 75-79 | | | | | | | |
| M9 | | | | | | | |
| 80-84 | | | | | | | |
| M10 | | | | | | | |
| 85-89 | | | | | | | |

| Women 70 kilograms | | | | | | | |
|--------------------|-----------|-------------|-----------|-----------|--|--|--|
| Division | Squat | Bench Press | Deadlift | Total | | | |
| T1 | | | | | | | |
| 14-15 | | | | | | | |
| T2 | | | | | | | |
| 16-17 | | | | | | | |
| T3 | | | | | | | |
| 18-19 | | | | | | | |
| Junior | | | | | | | |
| 20-23 | | | | | | | |
| Open | Jane Dick | Jane Dick | Jane Dick | Jane Dick | | | |

| | | | | | | | | |
|---------------|---|-------|--|----|---|-------|---|-------|
| Open 24-39 | Evansville, IN 6/10/2006 | 107.5 | Evansville, IN 6/10/2006 | 50 | Evansville, IN 6/10/2006 | 117.5 | Evansville, IN 6/10/2006 | 275 |
| M1 40-44 | Jane Dick Evansville, IN 6/10/2006 | 107.5 | Jane Dick Evansville, IN 6/10/2006 | 50 | Jane Dick Evansville, IN 6/10/2006 | 117.5 | Jane Dick Evansville, IN 6/10/2006 | 275 |
| M2 45-49 | | | | | | | | |
| M3 50-54 | Susan Sanaghan Michigan City, IN 11/22/2008 | 87.5 | Susan Sanaghan Michigan City, IN 9/13/2008 | 40 | Susan Sanaghan Michigan City, IN 11/22/2008 | 132.5 | Susan Sanaghan Michigan City, IN 7/11/2009 | 267.5 |
| M4 55-59 | Susan Sanaghan Michigan City, IN 7/11/2009 | 92.5 | Susan Sanaghan Michigan City, IN 7/11/2009 | 50 | Susan Sanaghan Michigan City, IN 7/11/2009 | 125 | Susan Sanaghan Michigan City, IN 11/21/2009 | 280 |
| M5 60-64 | | | | | | | | |
| M6 65-69 | | | | | | | | |
| M7 70-74 | | | | | | | | |
| M8 75-79 | | | | | | | | |
| M9 80-84 | | | | | | | | |
| M10 85-89 | | | | | | | | |

| Women 80 kilograms | | | | | | | | |
|--------------------|--|------|--|------|--|------|--|-------|
| Division | Squat | | Bench Press | | Deadlift | | Total | |
| T1 14-15 | Paris Sutton Evansville, IN 11/22/2008 | 82.5 | Paris Sutton Evansville, IN 11/22/2008 | 42.5 | Paris Sutton Evansville, IN 11/22/2008 | 92.5 | Paris Sutton Evansville, IN 11/22/2008 | 217.5 |
| T2 | Mycha Sutton | | Mycha Sutton | | Mycha Sutton | | Mycha Sutton | |

| | | | | | | | | |
|-----------------|--|-----|--|------|--|-------|--|-------|
| 16-17 | Evansville, IN 7/7/2007 | 70 | Evansville, IN 7/7/2007 | 45 | Evansville, IN 7/7/2007 | 102.5 | Evansville, IN 7/7/2007 | 217.5 |
| T3 18-19 | | | | | | | | |
| Junior 20-23 | | | | | | | | |
| Open 24-39 | Kyle Reel Evansville, IN 7/28/2018 | 150 | Kyle Reel Evansville, IN 7/28/2018 | 85 | Kyle Reel Evansville, IN 7/28/2018 | 170 | Kyle Reel Evansville, IN 7/28/2018 | 405 |
| M1 40-44 | | | | | | | | |
| M2 45-49 | Danielle Barnes Evansville, IN 12/6/2014 | 30 | Danielle Barnes Evansville, IN 12/6/2014 | 42.5 | Danielle Barnes Evansville, IN 12/6/2014 | 110 | Danielle Barnes Evansville, IN 12/6/2014 | 182.5 |
| M3 50-54 | Kimberly Lively Newburgh, IN 12/6/2014 | 70 | Kimberly Lively Newburgh, IN 12/6/2014 | 40 | Kimberly Lively Newburgh, IN 12/6/2014 | 110 | Kimberly Lively Newburgh, IN 12/6/2014 | 220 |
| M4 55-59 | | | | | | | | |
| M5 60-64 | | | | | | | | |
| M6 65-69 | | | | | | | | |
| M7 70-74 | | | | | | | | |
| M8 75-79 | | | | | | | | |
| M9 80-84 | | | | | | | | |
| M10 85-89 | | | | | | | | |

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|--------------|--|--|--|--|--|--|--|
| 65-69 | | | | | | | |
| M7 70-74 | | | | | | | |
| M8 75-79 | | | | | | | |
| M9 80-84 | | | | | | | |
| M10 85-89 | | | | | | | |

| Women 47.5 kilograms | | | | | | | |
|----------------------|-------|--|-------------|--|----------|--|-------|
| Division | Squat | | Bench Press | | Deadlift | | Total |
| T1 14-15 | | | | | | | |
| T2 16-17 | | | | | | | |
| T3 18-19 | | | | | | | |
| Junior 20-23 | | | | | | | |
| Open 24-39 | | | | | | | |
| M1 40-44 | | | | | | | |
| M2 45-49 | | | | | | | |
| M3 | | | | | | | |

| | | | | | | | |
|-------|--|--|--|--|--|--|--|
| 50-54 | | | | | | | |
| M4 | | | | | | | |
| 55-59 | | | | | | | |
| M5 | | | | | | | |
| 60-64 | | | | | | | |
| M6 | | | | | | | |
| 65-69 | | | | | | | |
| M7 | | | | | | | |
| 70-74 | | | | | | | |
| M8 | | | | | | | |
| 75-79 | | | | | | | |
| M9 | | | | | | | |
| 80-84 | | | | | | | |
| M10 | | | | | | | |
| 85-89 | | | | | | | |

| Women 50.5 kilograms | | | | | | | |
|----------------------|-------|--|-------------|--|----------|--|-------|
| Division | Squat | | Bench Press | | Deadlift | | Total |
| T1 | | | | | | | |
| 14-15 | | | | | | | |
| T2 | | | | | | | |
| 16-17 | | | | | | | |
| T3 | | | | | | | |
| 18-19 | | | | | | | |
| Junior | | | | | | | |
| 20-23 | | | | | | | |
| Open | | | | | | | |

| | | | | | | | |
|-------|--|--|--|--|--|--|--|
| 24-39 | | | | | | | |
| M1 | | | | | | | |
| 40-44 | | | | | | | |
| M2 | | | | | | | |
| 45-49 | | | | | | | |
| M3 | | | | | | | |
| 50-54 | | | | | | | |
| M4 | | | | | | | |
| 55-59 | | | | | | | |
| M5 | | | | | | | |
| 60-64 | | | | | | | |
| M6 | | | | | | | |
| 65-69 | | | | | | | |
| M7 | | | | | | | |
| 70-74 | | | | | | | |
| M8 | | | | | | | |
| 75-79 | | | | | | | |
| M9 | | | | | | | |
| 80-84 | | | | | | | |
| M10 | | | | | | | |
| 85-89 | | | | | | | |

| Women 53.0 kilograms | | | | | | | |
|----------------------|-------|--|-------------|--|----------|--|-------|
| Division | Squat | | Bench Press | | Deadlift | | Total |
| T1 | | | | | | | |
| 14-15 | | | | | | | |
| T2 | | | | | | | |

| | | | | | | | | |
|--------|--|--|--|--|--|--|--|--|
| 16-17 | | | | | | | | |
| T3 | | | | | | | | |
| 18-19 | | | | | | | | |
| Junior | | | | | | | | |
| 20-23 | | | | | | | | |
| Open | | | | | | | | |
| 24-39 | | | | | | | | |
| M1 | | | | | | | | |
| 40-44 | | | | | | | | |
| M2 | | | | | | | | |
| 45-49 | | | | | | | | |
| M3 | | | | | | | | |
| 50-54 | | | | | | | | |
| M4 | | | | | | | | |
| 55-59 | | | | | | | | |
| M5 | | | | | | | | |
| 60-64 | | | | | | | | |
| M6 | | | | | | | | |
| 65-69 | | | | | | | | |
| M7 | | | | | | | | |
| 70-74 | | | | | | | | |
| M8 | | | | | | | | |
| 75-79 | | | | | | | | |
| M9 | | | | | | | | |
| 80-84 | | | | | | | | |
| M10 | | | | | | | | |
| 85-89 | | | | | | | | |

Women 55.5 kilograms

| Division | Squat | | Bench Press | | Deadlift | | Total | |
|-----------------|-------|--|-------------|--|----------|--|-------|--|
| T1 14-15 | | | | | | | | |
| T2 16-17 | | | | | | | | |
| T3 18-19 | | | | | | | | |
| Junior 20-23 | | | | | | | | |
| Open 24-39 | | | | | | | | |
| M1 40-44 | | | | | | | | |
| M2 45-49 | | | | | | | | |
| M3 50-54 | | | | | | | | |
| M4 55-59 | | | | | | | | |
| M5 60-64 | | | | | | | | |
| M6 65-69 | | | | | | | | |
| M7 70-74 | | | | | | | | |
| MR | | | | | | | | |

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|-------|--|--|--|--|--|--|--|
| M9 | | | | | | | |
| 75-79 | | | | | | | |
| M9 | | | | | | | |
| 80-84 | | | | | | | |
| M10 | | | | | | | |
| 85-89 | | | | | | | |

| Women 58.5 kilograms | | | | | | | |
|----------------------|-------|--|-------------|--|----------|--|-------|
| Division | Squat | | Bench Press | | Deadlift | | Total |
| T1 | | | | | | | |
| 14-15 | | | | | | | |
| T2 | | | | | | | |
| 16-17 | | | | | | | |
| T3 | | | | | | | |
| 18-19 | | | | | | | |
| Junior | | | | | | | |
| 20-23 | | | | | | | |
| Open | | | | | | | |
| 24-39 | | | | | | | |
| M1 | | | | | | | |
| 40-44 | | | | | | | |
| M2 | | | | | | | |
| 45-49 | | | | | | | |
| M3 | | | | | | | |
| 50-54 | | | | | | | |
| M4 | | | | | | | |
| 55-59 | | | | | | | |
| M5 | | | | | | | |

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|--------------|--|--|--|--|--|--|--|
| M5 60-64 | | | | | | | |
| M6 65-69 | | | | | | | |
| M7 70-74 | | | | | | | |
| M8 75-79 | | | | | | | |
| M9 80-84 | | | | | | | |
| M10 85-89 | | | | | | | |

| Women 63 kilograms | | | | | | | |
|--------------------|-------|--|-------------|--|----------|--|-------|
| Division | Squat | | Bench Press | | Deadlift | | Total |
| T1 14-15 | | | | | | | |
| T2 16-17 | | | | | | | |
| T3 18-19 | | | | | | | |
| Junior 20-23 | | | | | | | |
| Open 24-39 | | | | | | | |
| M1 40-44 | | | | | | | |
| M2 | | | | | | | |

| | | | | | | | |
|--------------|--|--|--|--|--|--|--|
| M1 45-49 | | | | | | | |
| M3 50-54 | | | | | | | |
| M4 55-59 | | | | | | | |
| M5 60-64 | | | | | | | |
| M6 65-69 | | | | | | | |
| M7 70-74 | | | | | | | |
| M8 75-79 | | | | | | | |
| M9 80-84 | | | | | | | |
| M10 85-89 | | | | | | | |

| Women 70 kilograms | | | | | | | |
|--------------------|-------|--|-------------|--|----------|--|-------|
| Division | Squat | | Bench Press | | Deadlift | | Total |
| T1 14-15 | | | | | | | |
| T2 16-17 | | | | | | | |
| T3 18-19 | | | | | | | |
| Junior | | | | | | | |

| | | | | | | | |
|-------|--|--|--|--|--|--|--|
| 20-23 | | | | | | | |
| Open | | | | | | | |
| 24-39 | | | | | | | |
| M1 | | | | | | | |
| 40-44 | | | | | | | |
| M2 | | | | | | | |
| 45-49 | | | | | | | |
| M3 | | | | | | | |
| 50-54 | | | | | | | |
| M4 | | | | | | | |
| 55-59 | | | | | | | |
| M5 | | | | | | | |
| 60-64 | | | | | | | |
| M6 | | | | | | | |
| 65-69 | | | | | | | |
| M7 | | | | | | | |
| 70-74 | | | | | | | |
| M8 | | | | | | | |
| 75-79 | | | | | | | |
| M9 | | | | | | | |
| 80-84 | | | | | | | |
| M10 | | | | | | | |
| 85-89 | | | | | | | |

| Women 80 kilograms | | | | | | | |
|--------------------|-------|--|-------------|--|----------|--|-------|
| Division | Squat | | Bench Press | | Deadlift | | Total |
| T1 | | | | | | | |

| | | | | | | | | |
|--------|---|-----|--|----|---|-----|---|-----|
| 14-15 | | | | | | | | |
| T2 | | | | | | | | |
| 16-17 | | | | | | | | |
| T3 | | | | | | | | |
| 18-19 | | | | | | | | |
| Junior | | | | | | | | |
| 20-23 | | | | | | | | |
| Open | Maddie Herr Indianapolis, IN 4/8/2017 | 135 | Jennifer Frankic Evansville, IN 5/2/2015 | 70 | Maddie Herr Indianapolis, IN 4/8/2017 | 145 | Maddie Herr Indianapolis, IN 4/8/2017 | 350 |
| 24-29 | | | | | | | | |
| M1 | | | | | | | | |
| 40-44 | | | | | | | | |
| M2 | | | | | | | | |
| 45-49 | | | | | | | | |
| M3 | | | | | | | | |
| 50-54 | | | | | | | | |
| M4 | | | | | | | | |
| 55-59 | | | | | | | | |
| M5 | | | | | | | | |
| 60-64 | | | | | | | | |
| M6 | | | | | | | | |
| 65-69 | | | | | | | | |
| M7 | | | | | | | | |
| 70-74 | | | | | | | | |
| M8 | | | | | | | | |
| 75-79 | | | | | | | | |
| M9 | | | | | | | | |
| 80-84 | | | | | | | | |

| Women 44 kilograms | | | | | | |
|--------------------|-------|--|-------------|--|----------|--|
| Division | Squat | | Bench Press | | Deadlift | |
| T1 14-15 | | | | | | |
| T2 16-17 | | | | | | |
| T3 18-19 | | | | | | |
| Junior 20-23 | | | | | | |
| Open 24-39 | | | | | | |
| M1 40-44 | | | | | | |
| M2 45-49 | | | | | | |
| M3 50-54 | | | | | | |
| M4 55-59 | | | | | | |
| M5 60-64 | | | | | | |
| M6 65-69 | | | | | | |
| M7 | | | | | | |

| | | | | | |
|-------|--|--|--|--|--|
| 70-74 | | | | | |
| M8 | | | | | |
| 75-79 | | | | | |
| M9 | | | | | |
| 80-84 | | | | | |
| M10 | | | | | |
| 85-89 | | | | | |

| Women 47.5 kilograms | | | | | | |
|----------------------|-------|--|--|----|----------|--|
| Division | Squat | | Bench Press | | Deadlift | |
| T1 | | | | | | |
| 14-15 | | | | | | |
| T2 | | | | | | |
| 16-17 | | | | | | |
| T3 | | | | | | |
| 18-19 | | | | | | |
| Junior | | | | | | |
| 20-23 | | | | | | |
| Open | | | Sarah Gray Evansville, IN 5/2/2015 | 60 | | |
| 24-39 | | | | | | |
| M1 | | | | | | |
| 40-44 | | | | | | |
| M2 | | | | | | |
| 45-49 | | | | | | |
| M3 | | | | | | |
| 50-54 | | | | | | |
| M4 | | | | | | |

| | | | | | |
|--------------|--|--|--|--|--|
| 55-59 | | | | | |
| M5 60-64 | | | | | |
| M6 65-69 | | | | | |
| M7 70-74 | | | | | |
| M8 75-79 | | | | | |
| M9 80-84 | | | | | |
| M10 85-89 | | | | | |

| Women 50.5 kilograms | | | | | | |
|----------------------|-------|--|--|------|--|----|
| Division | Squat | | Bench Press | | Deadlift | |
| T1 14-15 | | | | | | |
| T2 16-17 | | | | | | |
| T3 18-19 | | | Faith Wood Evansville, IN 7/4/2018 | 32.5 | Faith Wood Evansville, IN 7/4/2018 | 90 |
| Junior 20-23 | | | | | | |
| Open 24-39 | | | Faith Wood Evansville, IN 7/4/2018 | 32.5 | Faith Wood Evansville, IN 7/4/2018 | 90 |
| M1 | | | | | | |

| | | | | | |
|-------|--|--|--|--|--|
| 40-44 | | | | | |
| M2 | | | | | |
| 45-49 | | | | | |
| M3 | | | | | |
| 50-54 | | | | | |
| M4 | | | | | |
| 55-59 | | | | | |
| M5 | | | | | |
| 60-64 | | | | | |
| M6 | | | | | |
| 65-69 | | | | | |
| M7 | | | | | |
| 70-74 | | | | | |
| M8 | | | | | |
| 75-79 | | | | | |
| M9 | | | | | |
| 80-84 | | | | | |
| M10 | | | | | |
| 85-89 | | | | | |

| Women 53.0 kilograms | | | | | |
|----------------------|-------|--|-------------|--|----------|
| Division | Squat | | Bench Press | | Deadlift |
| T1 | | | | | |
| 14-15 | | | | | |
| T2 | | | | | |
| 16-17 | | | | | |
| T3 | | | | | |

| | | | | |
|-----------------|--|--|--|--|
| 18-19 | | | | |
| Junior 20-23 | | | | |
| Open 24-39 | | | | |
| M1 40-44 | | | | |
| M2 45-49 | | | | |
| M3 50-54 | | | | |
| M4 55-59 | | | | |
| M5 60-64 | | | | |
| M6 65-69 | | | | |
| M7 70-74 | | | | |
| M8 75-79 | | | | |
| M9 80-84 | | | | |
| M10 85-89 | | | | |

| Women 55.5 kilograms | | | |
|----------------------|-------|-------------|----------|
| Division | Squat | Bench Press | Deadlift |

| | | | | | | |
|-----------------|---|----|--|------|---|-----|
| | | | | | | |
| T1 14-15 | | | | | | |
| T2 16-17 | | | | | | |
| T3 18-19 | | | | | | |
| Junior 20-23 | Jessica Lord Evansville, IN 3/17/2018 | 75 | Lexie Heald Fortville, IN 6/27/2015 | 57.5 | Jessica Lord Evansville, IN 3/17/2018 | 105 |
| Open 24-39 | Jessica Lord Evansville, IN 3/17/2018 | 75 | Jessica Lord Evansville, IN 7/4/2018 | 45 | Jessica Lord Evansville, IN 7/4/2018 | 110 |
| M1 40-44 | | | | | | |
| M2 45-49 | | | | | | |
| M3 50-54 | | | | | | |
| M4 55-59 | | | | | | |
| M5 60-64 | | | | | | |
| M6 65-69 | | | | | | |
| M7 70-74 | | | | | | |
| M8 75-79 | | | | | | |
| Ma | | | | | | |

| | | | | | | |
|-------|--|--|--|--|--|--|
| M9 | | | | | | |
| 80-84 | | | | | | |
| M10 | | | | | | |
| 85-89 | | | | | | |

| Women 58.5 kilograms | | | | | | |
|----------------------|--|--------|--|------|--|--------|
| Division | Squat | | Bench Press | | Deadlift | |
| T1 | | | | | | |
| 14-15 | | | | | | |
| T2 | | | | | | |
| 16-17 | | | | | | |
| T3 | | | | | | |
| 18-19 | | | | | | |
| Junior | | | | | | |
| 20-23 | | | | | | |
| Open | Heather Endres North Liberty, IN 9/16/2017 | 104.33 | Sienna Valdez South Bend, IN 6/27/2015 | 57.5 | Sienna Valdez South Bend, IN 6/27/2015 | 132.5 |
| M1 | Heather Endres North Liberty, IN 4/11/2015 | 95 | Heather Endres North Liberty, IN 4/11/2015 | 45 | Heather Endres North Liberty, IN 4/22/2017 | 97.5 |
| M2 | Heather Endres North Liberty, IN 9/16/2017 | 104.33 | | | Heather Endres North Liberty, IN 9/16/2017 | 102.06 |
| M3 | | | | | | |
| 50-54 | | | | | | |
| M4 | | | | | | |
| 55-59 | | | | | | |
| M5 | | | | | | |
| 60-64 | | | | | | |
| M6 | | | | | | |

| | | | | | |
|--------------|--|--|--|--|--|
| M6 65-69 | | | | | |
| M7 70-74 | | | | | |
| M8 75-79 | | | | | |
| M9 80-84 | | | | | |
| M10 85-89 | | | | | |

| Women 63 kilograms | | | | | | |
|--------------------|--|-------|---|----|---|-------|
| Division | Squat | | Bench Press | | Deadlift | |
| T1 14-15 | | | | | | |
| T2 16-17 | Naomi Seifert Mt. Vernon, IN 3/7/2015 | 87.5 | | | | |
| T3 18-19 | Samantha Fromelius Evansville, IN 3/8/2014 | 85 | | | | |
| Junior 20-23 | | | | | | |
| Open 24-39 | Sara Gibson Evansville, IN 3/8/2014 | 102.5 | Sara Gibson Evansville, IN 3/8/2014 | 60 | Amanda Smith Evansville, IN 4/25/2015 | 150 |
| M1 40-44 | | | | | | |
| M2 45-49 | | | | | Darlene Wallace Newburgh, IN 3/8/2014 | 102.5 |
| M3 | | | | | | |

| | | | | | |
|--------------|--|--|--|--|--|
| M0 50-54 | | | | | |
| M4 55-59 | | | | | |
| M5 60-64 | | | | | |
| M6 65-69 | | | | | |
| M7 70-74 | | | | | |
| M8 75-79 | | | | | |
| M9 80-84 | | | | | |
| M10 85-89 | | | | | |

| Women 70 kilograms | | | | | |
|--------------------|----------------|--|----------------|--|----------------|
| Division | Squat | | Bench Press | | Deadlift |
| T1 14-15 | | | | | |
| T2 16-17 | | | | | |
| T3 18-19 | | | | | |
| Junior 20-23 | | | | | |
| Open | Susan Sanaghan | | Susan Sanaghan | | Susan Sanaghan |

| | | | | | | |
|---------------|--|------|--|------|--|-----|
| Open 24-39 | Michigan City, IN 3/9/2013 | 97.5 | Michigan City, IN 3/9/2013 | 55 | Michigan City, IN 3/14/2009 | 125 |
| M1 40-44 | | | | | | |
| M2 45-49 | | | | | | |
| M3 50-54 | Susan Sanaghan Michigan City, IN 3/14/2009 | 92.5 | Susan Sanaghan Michigan City, IN 3/14/2009 | 47.5 | Susan Sanaghan Michigan City, IN 3/14/2009 | 125 |
| M4 55-59 | Susan Sanaghan Michigan City, IN 3/9/2013 | 97.5 | Susan Sanaghan Michigan City, IN 3/9/2013 | 55 | Susan Sanaghan Michigan City, IN 3/5/2011 | 115 |
| M5 60-64 | | | | | | |
| M6 65-69 | | | | | | |
| M7 70-74 | | | | | | |
| M8 75-79 | | | | | | |
| M9 80-84 | | | | | | |
| M10 85-89 | | | | | | |

| Women 80 kilograms | | | | | | |
|--------------------|-------|--|-------------|--|----------|--|
| Division | Squat | | Bench Press | | Deadlift | |
| T1 14-15 | | | | | | |
| T2 | | | | | | |

| | | | | | | |
|-----------------|--|----|--|------|--|-----|
| 14 16-17 | | | | | | |
| T3 18-19 | | | | | | |
| Junior 20-23 | | | | | | |
| Open 24-39 | | | Kyle Reel Evansville, IN 9/8/2018 | 92.5 | Kyle Reel Evansville, IN 9/8/2018 | 170 |
| M1 40-44 | | | | | | |
| M2 45-49 | | | | | | |
| M3 50-54 | Kimberly Lively Newburgh, IN 12/6/2014 | 70 | Kimberly Lively Newburgh, IN 12/6/2014 | 40 | Kimberly Lively Newburgh, IN 12/6/2014 | 110 |
| M4 55-59 | | | | | | |
| M5 60-64 | | | | | | |
| M6 65-69 | | | | | | |
| M7 70-74 | | | | | | |
| M8 75-79 | | | | | | |
| M9 80-84 | | | | | | |
| M10 85-89 | | | | | | |

Women 90 kilograms

| Division | Squat | | Bench Press | | Deadlift | |
|-----------------|-------|--|---|----|---|-------|
| T1 14-15 | | | | | | |
| T2 16-17 | | | | | | |
| T3 18-19 | | | | | | |
| Junior 20-23 | | | | | | |
| Open 24-39 | | | Kim Welcher Evansville, IN 3/8/2014 | 85 | Katy Hughes Evansville, IN 9/8/2018 | 102.5 |
| M1 40-44 | | | | | | |
| M2 45-49 | | | Kim Welcher Evansville, IN 3/8/2014 | 85 | | |
| M3 50-54 | | | | | | |
| M4 55-59 | | | | | | |
| M5 60-64 | | | | | | |
| M6 65-69 | | | | | | |
| M7 70-74 | | | | | | |

| | | | | | | |
|--------------|--|--|--|--|--|--|
| M8 75-79 | | | | | | |
| M9 80-84 | | | | | | |
| M10 85-89 | | | | | | |

| Women 90+ kilograms | | | | | | |
|---------------------|-------|--|--|----|--|-------|
| Division | Squat | | Bench Press | | Deadlift | |
| T1 14-15 | | | | | | |
| T2 16-17 | | | | | | |
| T3 18-19 | | | | | | |
| Junior 20-23 | | | | | | |
| Open 24-39 | | | Brandi Sneed Mishawaka, IN 6/27/2015 | 95 | Brandi Sneed Mishawaka, IN 6/27/2015 | 182.5 |
| M1 40-44 | | | | | | |
| M2 45-49 | | | | | | |
| M3 50-54 | | | | | | |
| M4 55-59 | | | | | | |

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|--------------|--|--|--|--|--|
| M5 60-64 | | | | | |
| M6 65-69 | | | | | |
| M7 70-74 | | | | | |
| M8 75-79 | | | | | |
| M9 80-84 | | | | | |
| M10 85-89 | | | | | |

| Police, Military, Fire Unequipped | | | | | |
|-----------------------------------|-------|--|-------------|--|----------|
| Weight | Squat | | Bench Press | | Deadlift |
| 58.5 | | | | | |

| Women 44 kilograms | | | | | | |
|--------------------|-------|--|-------------|--|----------|--|
| Division | Squat | | Bench Press | | Deadlift | |
| T1 14-15 | | | | | | |
| T2 16-17 | | | | | | |
| T3 18-19 | | | | | | |
| Junior 20-23 | | | | | | |
| Open 24-39 | | | | | | |
| M1 40-44 | | | | | | |
| M2 45-49 | | | | | | |
| M3 50-54 | | | | | | |
| M4 55-59 | | | | | | |
| M5 60-64 | | | | | | |
| M6 | | | | | | |

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|--------------|--|--|--|--|--|--|
| 65-69 | | | | | | |
| M7 70-74 | | | | | | |
| M8 75-79 | | | | | | |
| M9 80-84 | | | | | | |
| M10 85-89 | | | | | | |

| Women 47.5 kilograms | | | | | | |
|----------------------|-------|--|-------------|--|----------|--|
| Division | Squat | | Bench Press | | Deadlift | |
| T1 14-15 | | | | | | |
| T2 16-17 | | | | | | |
| T3 18-19 | | | | | | |
| Junior 20-23 | | | | | | |
| Open 24-39 | | | | | | |
| M1 40-44 | | | | | | |
| M2 45-49 | | | | | | |
| M3 | | | | | | |

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|-------|--|--|--|--|--|--|
| 50-54 | | | | | | |
| M4 | | | | | | |
| 55-59 | | | | | | |
| M5 | | | | | | |
| 60-64 | | | | | | |
| M6 | | | | | | |
| 65-69 | | | | | | |
| M7 | | | | | | |
| 70-74 | | | | | | |
| M8 | | | | | | |
| 75-79 | | | | | | |
| M9 | | | | | | |
| 80-84 | | | | | | |
| M10 | | | | | | |
| 85-89 | | | | | | |

| Women 50.5 kilograms | | | | | | |
|----------------------|-------|--|-------------------------------|----|-------------------------------|-------|
| Division | Squat | | Bench Press | | Deadlift | |
| | | | | | | |
| T1 | | | | | | |
| 14-15 | | | | | | |
| T2 | | | | | | |
| 16-17 | | | | | | |
| T3 | | | | | | |
| 18-19 | | | | | | |
| Junior | | | | | | |
| 20-23 | | | | | | |
| Open | | | Angela Hardy Mishawaka, IN | 50 | Angela Hardy Mishawaka, IN | 107.5 |

| | | | | | | |
|--------------|--|--|--|----|--|-------|
| 24-39 | | | 6/25/2011 | | 6/25/2011 | |
| M1 40-44 | | | | | | |
| M2 45-49 | | | Angela Hardy Mishawaka, IN 6/25/2011 | 50 | Angela Hardy Mishawaka, IN 6/25/2011 | 107.5 |
| M3 50-54 | | | | | | |
| M4 55-59 | | | | | | |
| M5 60-64 | | | | | | |
| M6 65-69 | | | | | | |
| M7 70-74 | | | | | | |
| M8 75-79 | | | | | | |
| M9 80-84 | | | | | | |
| M10 85-89 | | | | | | |

| Women 53.0 kilograms | | | | | | |
|----------------------|-------|--|-------------|--|----------|--|
| Division | Squat | | Bench Press | | Deadlift | |
| T1 14-15 | | | | | | |
| T2 | | | | | | |

| | | | | | | |
|--------|--|--|--|--|--|--|
| 16-17 | | | | | | |
| T3 | | | | | | |
| 18-19 | | | | | | |
| Junior | | | | | | |
| 20-23 | | | | | | |
| Open | | | | | | |
| 24-39 | | | | | | |
| M1 | | | | | | |
| 40-44 | | | | | | |
| M2 | | | | | | |
| 45-49 | | | | | | |
| M3 | | | | | | |
| 50-54 | | | | | | |
| M4 | | | | | | |
| 55-59 | | | | | | |
| M5 | | | | | | |
| 60-64 | | | | | | |
| M6 | | | | | | |
| 65-69 | | | | | | |
| M7 | | | | | | |
| 70-74 | | | | | | |
| M8 | | | | | | |
| 75-79 | | | | | | |
| M9 | | | | | | |
| 80-84 | | | | | | |
| M10 | | | | | | |
| 85-89 | | | | | | |

Women 55.5 kilograms

| Division | Squat | | Bench Press | | Deadlift | |
|-----------------|-------|--|-------------|--|----------|--|
| T1 14-15 | | | | | | |
| T2 16-17 | | | | | | |
| T3 18-19 | | | | | | |
| Junior 20-23 | | | | | | |
| Open 24-39 | | | | | | |
| M1 40-44 | | | | | | |
| M2 45-49 | | | | | | |
| M3 50-54 | | | | | | |
| M4 55-59 | | | | | | |
| M5 60-64 | | | | | | |
| M6 65-69 | | | | | | |
| M7 70-74 | | | | | | |
| MR | | | | | | |

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|-------|--|--|--|--|--|--|
| M9 | | | | | | |
| 75-79 | | | | | | |
| M10 | | | | | | |
| 80-84 | | | | | | |
| 85-89 | | | | | | |

| Women 58.5 kilograms | | | | | | |
|----------------------|-------|--|-------------|--|----------|--|
| Division | Squat | | Bench Press | | Deadlift | |
| T1 | | | | | | |
| 14-15 | | | | | | |
| T2 | | | | | | |
| 16-17 | | | | | | |
| T3 | | | | | | |
| 18-19 | | | | | | |
| Junior | | | | | | |
| 20-23 | | | | | | |
| Open | | | | | | |
| 24-39 | | | | | | |
| M1 | | | | | | |
| 40-44 | | | | | | |
| M2 | | | | | | |
| 45-49 | | | | | | |
| M3 | | | | | | |
| 50-54 | | | | | | |
| M4 | | | | | | |
| 55-59 | | | | | | |
| M5 | | | | | | |

| | | | | | |
|--------------|--|--|--|--|--|
| M5 60-64 | | | | | |
| M6 65-69 | | | | | |
| M7 70-74 | | | | | |
| M8 75-79 | | | | | |
| M9 80-84 | | | | | |
| M10 85-89 | | | | | |

| Women 63 kilograms | | | | | |
|--------------------|-------|--|-------------|--|----------|
| Division | Squat | | Bench Press | | Deadlift |
| T1 14-15 | | | | | |
| T2 16-17 | | | | | |
| T3 18-19 | | | | | |
| Junior 20-23 | | | | | |
| Open 24-39 | | | | | |
| M1 40-44 | | | | | |
| M2 | | | | | |

| | | | | | | |
|-------|--|--|--|--|--|--|
| M1 | | | | | | |
| 45-49 | | | | | | |
| M3 | | | | | | |
| 50-54 | | | | | | |
| M4 | | | | | | |
| 55-59 | | | | | | |
| M5 | | | | | | |
| 60-64 | | | | | | |
| M6 | | | | | | |
| 65-69 | | | | | | |
| M7 | | | | | | |
| 70-74 | | | | | | |
| M8 | | | | | | |
| 75-79 | | | | | | |
| M9 | | | | | | |
| 80-84 | | | | | | |
| M10 | | | | | | |
| 85-89 | | | | | | |

| Women 70 kilograms | | | | | | |
|--------------------|-------|--|-------------|--|----------|--|
| Division | Squat | | Bench Press | | Deadlift | |
| T1 | | | | | | |
| 14-15 | | | | | | |
| T2 | | | | | | |
| 16-17 | | | | | | |
| T3 | | | | | | |
| 18-19 | | | | | | |
| Junior | | | | | | |

| | | | | | | |
|-------|--|--|--|--|---|-----|
| 20-23 | | | | | | |
| Open | | | | | Susan Sanaghan Michigan City, IN 4/5/2008 | 130 |
| 24-39 | | | | | | |
| M1 | | | | | | |
| 40-44 | | | | | | |
| M2 | | | | | | |
| 45-49 | | | | | | |
| M3 | | | | | Susan Sanaghan Michigan City, IN 4/5/2008 | 130 |
| 50-54 | | | | | | |
| M4 | | | | | | |
| 55-59 | | | | | | |
| M5 | | | | | | |
| 60-64 | | | | | | |
| M6 | | | | | | |
| 65-69 | | | | | | |
| M7 | | | | | | |
| 70-74 | | | | | | |
| M8 | | | | | | |
| 75-79 | | | | | | |
| M9 | | | | | | |
| 80-84 | | | | | | |
| M10 | | | | | | |
| 85-89 | | | | | | |

| Women 80 kilograms | | | | | | |
|--------------------|-------|--|-------------|--|----------|--|
| Division | Squat | | Bench Press | | Deadlift | |
| T1 | | | | | | |

| | | | | | | |
|--------|--|--|--|------|--|-------|
| 14-15 | | | | | | |
| T2 | | | | | | |
| 16-17 | | | | | | |
| T3 | | | | | | |
| 18-19 | | | | | | |
| Junior | | | | | | |
| 20-23 | | | | | | |
| Open | | | Diane Shirley Evansville, IN 7/31/2010 | 72.5 | Diane Shirley Evanvsille, IN 7/31/2010 | 137.5 |
| 24-39 | | | | | | |
| M1 | | | | | | |
| 40-44 | | | | | | |
| M2 | | | Diane Shirley Evansville, IN 7/31/2010 | 72.5 | Diane Shirley Evanvsille, IN 7/31/2010 | 137.5 |
| 45-49 | | | | | | |
| M3 | | | | | | |
| 50-54 | | | | | | |
| M4 | | | | | | |
| 55-59 | | | | | | |
| M5 | | | | | | |
| 60-64 | | | | | | |
| M6 | | | | | | |
| 65-69 | | | | | | |
| M7 | | | | | | |
| 70-74 | | | | | | |
| M8 | | | | | | |
| 75-79 | | | | | | |
| M9 | | | | | | |
| 80-84 | | | | | | |

| | | | | | | |
|-------|--|--|--|--|--|--|
| M10 | | | | | | |
| 85-89 | | | | | | |

| Women 90 kilograms | | | | | | |
|--------------------|-------|--|-------------|--|----------|--|
| Division | Squat | | Bench Press | | Deadlift | |
| T1 | | | | | | |
| 14-15 | | | | | | |
| T2 | | | | | | |
| 16-17 | | | | | | |
| T3 | | | | | | |
| 18-19 | | | | | | |
| Junior | | | | | | |
| 20-23 | | | | | | |
| Open | | | | | | |
| 24-39 | | | | | | |
| M1 | | | | | | |
| 40-44 | | | | | | |
| M2 | | | | | | |
| 45-49 | | | | | | |
| M3 | | | | | | |
| 50-54 | | | | | | |
| M4 | | | | | | |
| 55-59 | | | | | | |
| M5 | | | | | | |
| 60-64 | | | | | | |
| M6 | | | | | | |
| 65-69 | | | | | | |

| | | | | | | |
|--------------|--|--|--|--|--|--|
| M7 70-74 | | | | | | |
| M8 75-79 | | | | | | |
| M9 80-84 | | | | | | |
| M10 85-89 | | | | | | |

| Women 90+ kilograms | | | | | | |
|---------------------|-------|--|---|------|---|-----|
| Division | Squat | | Bench Press | | Deadlift | |
| T1 14-15 | | | | | | |
| T2 16-17 | | | | | | |
| T3 18-19 | | | | | | |
| Junior 20-23 | | | | | | |
| Open 24-39 | | | Kami Gibson Evansville, IN 9/8/2018 | 57.5 | Kami Gibson Evansville, IN 9/8/2018 | 125 |
| M1 40-44 | | | | | | |
| M2 45-49 | | | | | | |
| M3 50-54 | | | | | | |

| | | | | | | |
|--------------|--|--|--|--|--|--|
| M4 55-59 | | | | | | |
| M5 60-64 | | | | | | |
| M6 65-69 | | | | | | |
| M7 70-74 | | | | | | |
| M8 75-79 | | | | | | |
| M9 80-84 | | | | | | |
| M10 85-89 | | | | | | |

| Police, Military, Fire Unequipped | | | | | | |
|-----------------------------------|-------|--|-------------|--|----------|--|
| Weight | Squat | | Bench Press | | Deadlift | |
| 58.5 | | | | | | |