

ADFPF Team USA for WDFPF Single Event Worlds 2019

Unequipped Roster

Name	Division	Weight	Squat	SQ Opener	Bench	BP Opener	Deadlift	DL Opener
Kara Downing	F-JU	53	100	62.5	45	37.5	107.5	77.5
Karoline Nieckarz	F-JU	53	62.5	62.5	40	37.5		
Shelly Frazier	F-M2	53	70	65	70	35	125	77.5
Jenni Juhl	F-M1	55.5	80	72.5	45	42.5	95	90
Anne Clark	F-M7	55.5			32.5	27.5	72.5	65
Jessica Lord	F-O	55.5					112.5	95
Whitney Piper	F-T3	55.5			50	37.5	115	75
Jessie Fansler	F-T3	55.5			55	37.5		
Dawn Piper	F-M2	63					100	95
Cheryl Kyle	F-M4	63	80	70	50	40	117.5	85
Catherine Morrison	F-EM6	63	75	67.5	50	40	117.5	77.5
Kate Walker	F-M7	70	72.5	57.5	47.5	35	100	72.5
Kathryn Oursler	F-O	70	102.5	90	62.5	52.5	125	112.5
Alexis Bielak	F-JU	70					120	102.5
Debbie Rosslan	F-M3	80	86	85	55	50	130	105
Carolyn Beck	F-M4	80			62.5	47.5		
Sharri Margraves	F-M4	80	90	77.5	70	47.5	115	100
Kyle Reel	F-O	80	150	100	92.5	57.5	170	120
Judith Naeger	F-M4	90					122.5	107.5
Beth Van Hove	F-M4	90	92.5	85	62.5	50	125	107.5
Charla Wrenn	F-M3	90+			67.5	57.5		
Mary Rapert	F-M6	90+			65	50	145	100
Mindy Kilgore	F-O	90+	122.5	117.5	80	67.5	157.5	140
Ashley Peck	F-O	90+	127.5	117.5	77.5	67.5	170	140
Keri Devolder	F-T3	90+	107.5	95	70	55	135	112.5
Johnathon Wrenn	M-O	56	182.5	122.5	102.5	90	170	135
Jacob Stagg	M-JU	67.5	147.5	132.5			192.5	147.5
Nolan Banks	M-JU	75	175	147.5	107.5	107.5	162.5	162.5
Mike Stagg	M-M3	75	175	140	147.5	105	202.5	155
Robert White (UN)	M-M6	75					165	130
Gerald Lindas	M-M9	75			102.5	65		
Landon Caswell	M-T1	75	107.5	107.5			137.5	120
Randy Reagon	M-M4	82.5			117.5	105		

