

17-Aug-19

## Powerlifting Nationals 2019-Kg Results

Preliminary

Name	Age	Div	BWt (Kg)	WtCls (Kg)	Schwartz/Mai one	Squat 1	Squat 2	Squat 3	Squat 4	Best Squat	Bench 1	Bench 2	Bench 3	Bench 4	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4	Best Deadlift	PL Total	Coeff Score	Age & Coeff	PI code	PI-Div-WtCl	Tm Pts	Team
Linda LaFontaine	68	F-M6	49.6	50.5	0.9935	55	60	65		65	47.5	50	-52.5		50	115	90	95	100		100	215	213.60	336.64	3	1-F-M6	12	OWOW
Anne Clark	70	F-M7	54.3	55.5	0.9362	27.5				27.5	32.5	-35			32.5	60	65	70			70	130	121.71	200.21	3	2-F-M7	9	MO
<b>Cheryl Kyle</b>	<b>56</b>	<b>F-M4</b>	<b>58.5</b>	<b>58.5</b>	<b>0.88</b>	<b>77.5</b>	<b>81</b>	<b>85</b>		<b>85</b>	<b>47.5</b>	<b>52.5</b>	<b>-55</b>		<b>52.5</b>	<b>137.5</b>	<b>110</b>	<b>120</b>	<b>128</b>		<b>128</b>	<b>265.5</b>	<b>233.64</b>	<b>291.12</b>	<b>3</b>	<b>1-F-M4</b>	<b>12</b>	<b>OWOW</b>
Catherine Morrison	66	F-M6	61.6	63	0.8427	-70	70	75		75	45	-50			45	120	112.5	117.5	-120		117.5	237.5	200.14	302.41	3	2-F-M6	9	ME
Kirsten Simms	40	F-M1	68.2	70	0.8269	77.5	80	85		85	-42.5	42.5	45		45	130	97.5	107.5	115		115	245	202.59	202.59	3	1-F-M1	12	OWOW
Nina Hampton	69	F-M6	69	70	0.7666	25	27.5			27.5	25	27.5	-32.5		27.5	55	55	60	65		65	120	91.99	148.11	3	3-F-M6	8	OWOW
Kate Walker	70	F-M7	68	70	0.7745	57.5	60	-65		60	37.5	40	-42.5		40	100	75	85	-95		85	185	143.28	235.70	3	1-F-M7	12	OWOW
Bridget Bufford	61	F-M5	78	80	0.7021	60	65	70		70	62.5	-65	-65		62.5	132.5	105	115	-117.5		115	247.5	173.77	237.37	3	3-F-M5	8	OWOW
Beth Perrin	62	F-M5	74.2	80	0.7279	90	95	-97.5		95	47.5	52.5	-55		52.5	147.5	100	107.5	115		115	262.5	191.07	266.17	3	1-F-M5	12	OWOW
Judy Naeger	59	F-M4	90	90	0.6312	25				25	35	40	-45		40	65	115	120	125		125	190	119.93	157.71	3	2-F-M4	9	MO
Rachel Brown	62	F-M5	90	90	0.6312	80	90	95		95	50				50	145	125	140			140	285	179.89	250.59	3	2-F-M5	9	MO
Charla Wrenn	51	F-M3	100	SHW	0.599	-40	40			40	62.5	67.5	-70		67.5	107.5	85	95	102.5		102.5	210	125.79	144.28	3	1-F-M3	12	IL
Keri Devolder	18	F-T3	121.5	SHW	0.5541	100	107.5	-115		107.5	70	-75	-75		70	177.5	115	120	125		125	302.5	167.62	167.62	3	1-F-T3	9	Max
Megan Kuno	32	F-O	91.7	SHW	0.6256	-112.5	120	125		125	65	67.5	-75		67.5	192.5	130	140	142.5		142.5	335	209.58	209.58	3	2-F-O	12	OWOW
Ashley Peck	30	F-O	128.9	SHW	0.5445	142.5	150	-155		150	85	-87.5			85	235	155	165	-170		165	400	217.80	217.80	3	1-F-O	12	
Cody Walden	24	M-O	49.5	52	1.0087	70	75	82.5		82.5	62.5	65	-67.5		65	147.5	110	115	-120		115	262.5	264.78	264.78	3	7-M-O	4	
Cole Ross	16	M-T2	55.7	56	0.88	-102.5	102.5	107.5		107.5	72.5	-77.5	-77.5		72.5	180	147.5	155	164	-167.5	164	344	302.72	302.72	3	1-M-T2	12	Pit
Michael Lambur	66	M-M6	74.7	75	0.6666	62.5				62.5	55	60	65		65	127.5	65				65	192.5	128.32	193.89	3	1-M-M6	12	Max
Lynn Miller	71	M-M7	73.3	75	0.6767	-90	90			90	80	87.5	-90		87.5	177.5	165	175	180.5		180.5	358	242.26	407.24	3	1-M-M7	12	MO
Robert Herbst	61	M-M5	74.1	75	0.6708	-110	-110	110		110	85	-95	-95		85	195	155	172.5	-177.5		172.5	367.5	246.52	336.74	3	1-M-M5	12	
Jordan Williams	25	M-O	70.4	75	0.6997	160	170	177.5		177.5	92.5	97.5	-100		97.5	275	170	180	192.5		192.5	467.5	327.11	327.11	3	5-M-O	6	IL
Mike Stagg	50	M-M3	74.7	75	0.6666	162.5	170			170	142.5	-145			142.5	312.5	197.5	-205	-205		197.5	510	339.97	384.16	3	1-M-M3	12	Pit
Nikhil Gupta	31	M-O	73.8	75	0.673	192.5	207.5	-212.5		207.5	140	-147.5	-147.5		140	347.5	220	235	-245		235	582.5	392.02	392.02	3	3-M-O	8	Max
Joshua Kandy	33	M-O	81.7	82.5	0.6235	207.5	-217.5	-217.5		207.5	147.5	-152.5	-152.5		147.5	355	220	235	-245		235	590	367.87	367.87	3	4-M-O	12	Max
Gino Romanelli	19	M-T3	91.3	100	0.5853	175	185			185	132.5	-140	140	-157.5	140	325	175	182.5	200		200	525	307.28	307.28	3	1-M-T3	12	
Ben Motl	26	M-O	99.8	100	0.5545	215	230	-240		230	162.5	-170	-170		162.5	392.5	300	320	-330.5		320	712.5	395.08	395.08	3	2-M-O	9	Max
<b>Jason St. Clair</b>	<b>29</b>	<b>M-O</b>	<b>99.7</b>	<b>100</b>	<b>0.5548</b>	<b>275</b>	<b>292.5</b>	<b>305</b>		<b>305</b>	<b>172.5</b>	<b>185</b>			<b>185</b>	<b>490</b>	<b>245</b>	<b>265</b>	<b>277.5</b>		<b>277.5</b>	<b>767.5</b>	<b>425.81</b>	<b>425.81</b>	<b>3</b>	<b>1-M-O</b>	<b>12</b>	<b>Pit</b>
Jonathan Pryor	36	M-PMF	108.2	110	0.5388	160	175	-180		175	132.5	147.5	-151		147.5	322.5	197.5	202.5	-227.5		202.5	525	282.87	282.87	3	1-M-PMF	12	
Roger Horn	70	M-M7	110.3	125	0.5361	-130	-130	-130		0	107.5	112.5			112.5	0	152.5	160	162.5		162.5	0	0.00	0.00	3	0	0	Max
Toby Elmer	41	M-M1	132.7	145	0.521	205	215	-227.5		215	140	147.5	-157.5		147.5	362.5	220	230	245		245	607.5	316.51	319.67	3	1-M-M1	12	Pit
Wyatt Shults	27	M-O	129.9	145	0.5163	185	192.5	200		200	145	150	-152.5		150	350	202.5	212.5	-227.5		212.5	562.5	290.42	290.42	3	6-M-O	5	
Derrick Hill	49	M-M2	134.2	145	0.51	185	200	-210		200	125	145	-150		145	345	230	245	-250		245	590	300.90	334.90	3	1-M-M2	12	Pit
Elijah Lovins	18	M-T3	150.6	SHW	0.4923	-187.5	195	-202.5		195	145	122.5	132.5		132.5	327.5	175	185	-200		185	512.5	252.30	252.30	3	2-M-T3	12	Max

## Marshall Referees

Bill Sias - Chief Referee

Tim Piper

Mike Stagg

**International Referees**

Shelly Frazier  
Charla Wrenn  
Richard Hammer

**National Referees**

Sara Ringbauer  
Bill Duncan  
Derrick Hill

- World Record
- National Records
- World & National Record
- American Record
- National & American