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|-------|------------|----|------------|----|------------|-----|------------|-----|
| 55-59 | | | | | | | | |
| M5 | Jeff Kroll | 20 | Jeff Kroll | 20 | Jeff Kroll | 115 | Jeff Kroll | 155 |
| 60-64 | 6/6/2015 | | 6/6/2015 | | 6/6/2015 | | 6/6/2015 | |
| M6 | | | | | | | | |
| 65-69 | | | | | | | | |
| M7 | | | | | | | | |
| 70-74 | | | | | | | | |
| M8 | | | | | | | | |
| 75-79 | | | | | | | | |
| M9 | | | | | | | | |
| 80-84 | | | | | | | | |
| M10 | | | | | | | | |
| 85-89 | | | | | | | | |

| Men 60.0 kilograms | | | | | | | | |
|--------------------|---|-------|---|-------|---|-------|---|-------|
| Division | Squat | | Bench Press | | Deadlift | | Total | |
| Open | Brandon Anderson Muskegon, MI 11/9/2019 | 167.5 | Brandon Anderson Muskegon, MI 11/9/2019 | 110 | Brandon Anderson Muskegon, MI 11/9/2019 | 202.5 | Brandon Anderson Muskegon, MI 11/9/2019 | 495 |
| T1 | Blake Boarman Evansville, IN 7/28/2018 | 110 | Blake Boarman Evansville, IN 7/28/2018 | 80 | Blake Boarman Evansville, IN 7/28/2018 | 152.5 | Blake Boarman Evansville, IN 7/28/2018 | 342.5 |
| T2 | Jacob Stagg Evansville, IN 3/22/2015 | 130 | Jerry Parkinson Evansville, IN 7/8/2006 | 82.5 | Jacob Stagg Evansville, IN 5/2/2015 | 172.5 | Jacob Stagg Evansville, IN 5/2/2015 | 377.5 |
| T3 | Ayden Amento Evansville, IN 9/18/2021 | 125 | Ayden Amento Evansville, IN 9/18/2021 | 108.5 | Ayden Amento Evansville, IN 9/18/2021 | 172.5 | Ayden Amento Evansville, IN 9/18/2021 | 406 |
| Junior | Matthew Hoosier O'Fallon, MO 6/26/2010 | 105 | Matthew Hoosier O'Fallon, MO 6/26/2010 | 85 | Matthew Hoosier O'Fallon, MO 6/26/2010 | 180 | Matthew Hoosier O'Fallon, MO 6/26/2010 | 370 |

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|--------------|--|------|--|------|--|-------|--|-------|
| M1 40-44 | | | | | | | | |
| M2 45-49 | | | | | | | | |
| M3 50-54 | | | | | | | | |
| M4 55-59 | | | | | | | | |
| M5 60-64 | Gary Morrison Grand Rapids, MI 7/11/2009 | 90 | Gary Morrison Grand Rapids, MI 7/11/2009 | 85 | Gary Morrison Grand Rapids, MI 7/11/2009 | 142.5 | Gary Morrison Grand Rapids, MI 7/11/2009 | 317.5 |
| M6 65-69 | Gary Morrison Grand Rapids, MI 6/26/2010 | 87.5 | Gary Morrison Grand Rapids, MI 6/26/2010 | 82.5 | Gary Morrison Grand Rapids, MI 6/26/2010 | 135 | Gary Morrison Grand Rapids, MI 6/26/2010 | 305 |
| M7 70-74 | Steve Smith Oviedo, FL 6/21/2008 | 65 | Steve Smith Oviedo, FL 6/21/2008 | 75 | Steve Smith Oviedo, FL 6/21/2008 | 117.5 | Steve Smith Oviedo, FL 6/21/2008 | 257.5 |
| M8 75-79 | Steve Smith Oviedo, FL 7/11/2009 | 62.5 | Steve Smith Oviedo, FL 7/11/2009 | 77.5 | Steve Smith Oviedo, FL 11/22/2008 | 120 | Steve Smith Oviedo, FL 7/11/2009 | 260 |
| M9 80-84 | | | | | | | | |
| M10 85-89 | Roger Merrell Novi, MI 8/13/2005 | 20 | Roger Merrell Novi, MI 8/13/2005 | 30 | Roger Merrell Novi, MI 8/13/2005 | 65 | Roger Merrell Novi, MI 8/13/2005 | 115 |

| Men 67.5 kilograms | | | | | | | | |
|--------------------|---|-------|---|-------|---------------------------|-------|---|-----|
| Division | Squat | | Bench Press | | Deadlift | | Total | |
| Open 24-39 | Joseph Breault Pembroke, MA 2/17/2008 | 202.5 | David Wilson Dearborn, MI 9/13/2008 | 137.5 | Billy Johnson 2/7/2015 | 222.5 | Anchann Heng Jefferson City, MO 6/26/2010 | 525 |
| T1 | Jordan Jeffries Versailles, MO | 147.5 | Jordan Jeffries Versailles, MO | 87.5 | JP Parke Quincy, IL | 177.5 | JP Parke Quincy, IL | 375 |

| 14-15 | 7/13/2013 | | 7/13/2013 | | 7/16/2011 | | 7/19/2014 | |
|-----------------|--|-------|---|-------|--|-------|--|-------|
| T2 16-17 | Jacob Wallace Newburgh, IN 6/21/2008 | 160 | Tyler Steelman Patoka, IN 6/21/2008 | 102.5 | Parker Kientzle Quincy, IL 7/19/2014 | 182.5 | Jacob Wallace Newburgh, IN 11/22/2008 | 425 |
| T3 18-19 | Jacob Stagg Evansville, IN 6/11/2016 | 145 | Sam Myers Evansville, IN 4/30/2011 | 95 | Jacob Stagg Evansville, IN 11/4/2017 | 192.5 | Jacob Stagg Evansville, IN 11/4/2017 | 417.5 |
| Junior 20-23 | Jordan Williams East St, Louis, IL 6/11/2016 | 177.5 | Cory Herrick Chicago, IL 4/18/2009 | 97.5 | Sam Mead Florissant, MO 6/26/2010 | 210 | Jordan Williams East St, Louis, IL 6/11/2016 | 462.5 |
| M1 40-44 | Anchann Heng Jefferson City, MO 6/26/2010 | 182.5 | Anchann Heng Jefferson City, MO 6/26/2010 | 137.5 | Michael Stagg Evansville, IN 7/11/2009 | 215 | Anchann Heng Jefferson City, MO 6/26/2010 | 525 |
| M2 45-49 | Michael Robinson Roselle, IL 4/19/2008 | 162.5 | Michael Robinson Roselle, IL 4/19/2008 | 122.5 | Michael Robinson Roselle, IL 4/19/2008 | 220 | Michael Robinson Roselle, IL 4/19/2008 | 492.5 |
| M3 50-54 | David Wilson Dearborn, MI 6/21/2008 | 150 | David Wilson Dearborn, MI 9/13/2008 | 137.5 | David Wilson Dearborn, MI 9/13/2008 | 212.5 | David Wilson Dearborn, MI 9/13/2008 | 500 |
| M4 55-59 | | | | | | | | |
| M5 60-64 | Mike Wider Bristol, IN 10/16/2009 | 132 | Mike Wider Bristol, IN 5/9/2009 | 92.5 | Mike Wider Bristol, IN 5/9/2009 | 200 | Mike Wider Bristol, IN 10/16/2009 | 415 |
| M6 65-69 | Tom Urani St. Louis, MO 2/22/2014 | 110 | Tom Urani St. Louis, MO 2/22/2014 | 100 | Tom Urani St. Louis, MO 2/22/2014 | 185 | Tom Urani St. Louis, MO 2/22/2014 | 395 |
| M7 70-74 | Leon McCrary Scituate, MA 12/5/2009 | 85 | Leon McCrary Scituate, MA 12/5/2009 | 50 | Leon McCrary Scituate, MA 12/5/2009 | 130 | Leon McCrary Scituate, MA 12/5/2009 | 265 |
| M8 75-79 | Leon McCrary Scituate, MA 6/2/2012 | 75 | Leon McCrary Scituate, MA 6/2/2012 | 50 | Leon McCrary Scituate, MA 6/2/2012 | 130 | Leon McCrary Scituate, MA 6/2/2012 | 255 |
| M9 80-84 | | | | | | | | |
| M10 85-89 | James Meadows Michigan 8/13/2005 | 32.5 | James Meadows Michigan 8/13/2005 | 37.5 | James Meadows Michigan 8/13/2005 | 70 | James Meadows Michigan 8/13/2005 | 140 |

| Men 75.0 kilograms | | | | | | | | |
|--------------------|---|-------|---|-------|---|-------|---|-------|
| Division | Squat | | Bench Press | | Deadlift | | Total | |
| Open 24-39 | Nikhil Gupta St Louis, MO 12/16/2019 | 212.5 | Michael Evans Edwardsville, MI 11/20/2005 | 170 | Paul Zingone Brooklyn, NY 11/11/2006 | 242.5 | David Horner Bartonville, IL 8/20/2016 | 585 |
| T1 14-15 | Coulton Whitcomb Hartland, MI 11/22/2008 | 137.5 | Louis Hoover Princeton, IN 4/27/2013 | 95 | Louis Hoover Princeton, IN 4/27/2013 | 182.5 | Louis Hoover Princeton, IN 4/27/2013 | 415 |
| T2 16-17 | Caleb Wallace Newburgh, IN 11/7/2007 | 175 | Tim Freckleton Canton, IL 5/6/2006 | 137.5 | Cole Tyring Boonville, IN 11/5/2016 | 230 | Jacob Hildenbrandt Waynesville, MO 6/11/2016 | 502.5 |
| T3 18-19 | Austin Ulrich Evansville, IN 7/8/2006 | 185 | Tim Freckleton Canton, IL 11/10/2007 | 132.5 | Brandon Mitchell Quincy, IL 7/19/2014 | 227.5 | Brandon Mitchell Quincy, IL 7/19/2014 | 527.5 |
| Junior 20-23 | Aaron Purdy Oklahoma City, OK 1/23/2016 | 187.5 | Nick Royer Cleveland, OH 4/26/2008 | 142.5 | Paul Zingone Brooklyn, NY 11/11/2006 | 242.5 | Aaron Purdy Oklahoma, OK 1/23/2016 | 532.5 |
| M1 40-44 | Stephen D'Alessandro Jefferson City, MO 11/7/2015 | 197.5 | David Horner Bartonville, IL 10/28/2012 | 151 | Stephen D'Alessandro Jefferson City, MO 11/7/2015 | 242.5 | Stephen D'Alessandro Jefferson City, MO 11/7/2015 | 572.5 |
| M2 45-49 | David Horner Bartonville, IL 8/20/2016 | 200 | David Horner Bartonville, IL 8/20/2016 | 150 | David Horner Bartonville, IL 8/20/2016 | 235 | David Horner Bartonville, IL 8/20/2016 | 585 |
| M3 50-54 | Mike Stagg Evansville, IN 8/17/2019 | 170 | Mike Stagg Evansville, IN 11/3/2018 | 142.5 | Johnny Gayton Bonaire, GA 8/11/2007 | 212.5 | Mike Stagg Evansville, IN 8/17/2019 | 510 |
| M4 55-59 | Robert Herbst Larchmont, NY 6/6/2015 | 132.5 | Robert Herbst Larchmont, NY 11/2/2013 | 117.5 | Robert Herbst Larchmont, NY 11/2/2013 | 187.5 | Robert Herbst Larchmont, NY 11/2/2013 | 435 |
| M5 60-64 | Jon Smoker Elkhart, IN 8/11/2007 | 142.5 | Jon Smoker Elkhart, IN 8/11/2007 | 110 | Jon Smoker Elkhart, IN 8/11/2007 | 187.5 | Jon Smoker Elkhart, IN 8/11/2007 | 440 |
| M6 65-69 | Robert White Niles, MI 4/22/2017 | 125 | Lynn Miller Columbia, MO 6/25/2017 | 95.5 | Lynn Miller Columbia, MO 6/25/2017 | 188 | Robert White Niles, MI 4/22/2017 | 397.5 |
| M7 70-74 | Jon Smoker Elkhart, IN 10/10/2020 | 137.5 | Jon Smoker Elkhart, IN 10/10/2020 | 97.5 | Jon Smoker Elkhart, IN 10/10/2020 | 182.5 | Jon Smoker Elkhart, IN 10/10/2020 | 417.5 |

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|--------------|--|------|--|------|--|----|--|-----|
| M8 75-79 | Curvin Sell Canton, MI 8/13/2005 | 27.5 | Curvin Sell Canton, MI 8/13/2005 | 37.5 | Curvin Sell Canton, MI 8/13/2005 | 95 | Curvin Sell Canton, MI 8/13/2005 | 160 |
| M9 80-84 | | | | | | | | |
| M10 85-89 | | | | | | | | |

| Men 82.5 kilograms | | | | | | | | |
|--------------------|---|-------|---|-------|--|-------|---|-------|
| Division | Squat | | Bench Press | | Deadlift | | Total | |
| Open 24-39 | Jeff Houska St Louis, MO 9/1/2018 | 240 | Richard Salvagni Niles, MI 7/16/2011 | 175 | Nun Amen-Ra Demascus, MD 11/13/2010 | 290 | Richard Salvagni Niles, MI 7/16/2011 | 657.5 |
| T1 14-15 | Cray Reagan Quincy, IL 7/19/2014 | 147.5 | Cray Reagan Quincy, IL 7/19/2014 | 102.5 | Cray Reagan Quincy, IL 7/19/2014 | 200 | Cray Reagan Quincy, IL 7/19/2014 | 450 |
| T2 16-17 | Ian Madden Evansville, IN 9/18/2021 | 185 | Ian Madden Evansville, IN 9/18/2021 | 137.5 | Cole Tyring Boonville, IN 6/11/2016 | 217.5 | Ian Madden Evansville, IN 9/18/2021 | 535 |
| T3 18-19 | Caleb Wallace Newburgh, IN 11/22/2008 | 200 | Travis Morrison Newburgh, IN 11/22/2008 | 135 | Caleb Wallace Newburgh, IN 11/22/2008 | 235 | Caleb Wallace Newburgh, IN 11/22/2008 | 552.5 |
| Junior 20-23 | Adam Osmoe Mt. Olive, IL 2/7/2015 | 210 | Adam Osmoe Mt. Olive, IL 2/7/2015 | 150 | Cole Tyring Evansville, IN 12/16/2019 | 272.5 | Adam Osmoe Mt. Olive, IL 2/7/2015 | 602.5 |
| M1 40-44 | Chris Koch Festus, MO 7/13/2013 | 205 | Chris Koch Festus, MO 7/13/2013 | 142.5 | Chris Koch Festus, MO 7/13/2013 | 227.5 | Chris Koch Festus, MO 7/13/2013 | 575 |
| M2 45-49 | Greg Zweig Warrenville, IL 11/22/2008 | 185 | Greg Zweig Warrenville, IL 11/22/2008 | 137.5 | Michael Jeffries Sedalia, MO 7/19/2014 | 247.5 | Greg Zweig Warrenville, IL 11/22/2008 | 565 |
| M3 50-54 | Mike Stagg Evansville, IN 9/18/2021 | 185 | Mike Stagg Evansville, IN 9/18/2021 | 152.5 | Mike Stagg Evansville, IN 9/18/2021 | 152.5 | Mike Stagg Evansville, IN 9/18/2021 | 545 |
| M4 | Lynn Freels Quincy, IL | 172.5 | Donnie Wynn MaComb, IL | 120 | Jerry King Harrisburg, IL | 187.5 | Lynn Freels Quincy, IL | 462.5 |

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|-------|-----------------------------------|-------|---------------------------------|------|-----------------------------------|-----|-----------------------------------|-------|
| 55-59 | 7/19/2014 | | 5/6/2006 | | 11/22/2008 | | 7/19/2014 | |
| M5 | Jon Smoker Elkhart, IN | 162.5 | Jon Smoker Elkhart, IN | 115 | Robert Batko Houghton Lake, MI | 205 | Jon Smoker Elkhart, IN | 460 |
| 60-64 | 5/9/2009 | | 5/9/2009 | | 9/13/2008 | | 5/9/2009 | |
| M6 | Larry Emerson Longmeadow, MA | 157.5 | Larry Emerson Longmeadow, MA | 100 | Larry Emerson Longmeadow, MA | 218 | Larry Emerson Longmeadow, MA | 472.5 |
| 65-69 | 2/22/2014 | | 2/22/2014 | | 4/9/2017 | | 2/22/2014 | |
| M7 | Robert Batko Houghton Lake, MI | 160 | James Stovall Smithton, MO | 87.5 | Robert Batko Houghton Lake, MI | 200 | Robert Batko Houghton Lake, MI | 440 |
| 70-74 | 8/27/2016 | | 7/19/2014 | | 8/27/2016 | | 8/27/2016 | |
| M8 | James Stovall Smithton, MO | 100 | James Stovall Smithton, MO | 77.5 | James Stovall Smithton, MO | 160 | James Stovall Smithton, MO | 337.5 |
| 75-79 | 7/10/2021 | | 7/10/2021 | | 7/10/2021 | | 7/10/2021 | |
| M9 | Blade McClelland Michigan | 102.5 | Blade McClelland Michigan | 87.5 | Blade McClelland Michigan | 135 | Blade McClelland Michigan | 325 |
| 80-84 | 8/13/2005 | | 8/13/2005 | | 8/13/2005 | | 8/13/2005 | |
| M10 | | | | | | | | |
| 85-89 | | | | | | | | |

| Men 90.0 kilograms | | | | | | | | |
|--------------------|---------------------------------|-------|-------------------------------------|-------|-------------------------------|-------|-------------------------------|-------|
| Division | Squat | | Bench Press | | Deadlift | | Total | |
| Open | Joshua Decker Wyoming, MI | 250 | Sam Pagan Brockton, MA | 177.5 | Joshua Decker Wyoming, MI | 305 | Joshua Decker Wyoming, MI | 720 |
| 24-39 | 7/8/2006 | | 11/5/2017 | | 3/3/2007 | | 7/8/2006 | |
| T1 | Ken Roche Mashpee, MA | 177.5 | Ken Roche Mashpee, MA | 142.5 | Ken Roche Mashpee, MA | 205 | Ken Roche Mashpee, MA | 525 |
| 14-15 | 6/2/2012 | | 6/2/2012 | | 6/2/2012 | | 6/2/2012 | |
| T2 | Rob Klump Granger, IN | 200 | Michael Morgan Lansing, MI | 147.5 | Rob Klump Granger, IN | 240 | Michael Morgan Lansing, MI | 567.5 |
| 16-17 | 10/16/2010 | | 4/11/2015 | | 10/16/2010 | | 4/11/2015 | |
| T3 | Zach Staudt Crystal Lake, IL | 200 | Dalton Armstrong Fort Branch, IN | 155 | Dan Williams Keokuk, IA | 230 | Quinn Crosby Ottumwa, IA | 572.5 |
| 18-19 | 8/27/2011 | | 6/11/2016 | | 7/19/2014 | | 12/5/2009 | |
| Junior | Kenneth Osmoe Mt Olive, IL | 235 | Adam Osmoe Mt Olive, IL | 165 | Jordan Finley Imperial, MO | 287.5 | Eli Burks Columbia, MO | 655 |
| 20-23 | 7/19/2014 | | 7/19/2014 | | 2/7/2015 | | 1/24/2009 | |
| M11 | Sam Pagan | | Sam Pagan | | Sam Pagan | | Sam Pagan | |

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|--------------|---|-------|--|-------|---|-------|---|-------|
| M1 40-44 | Brockton, MA 2/12/2011 | 217.5 | Brockton, MA 2/12/2011 | 170 | Brockton, MA 6/2/2012 | 247.5 | Brockton, MA 6/2/2012 | 620 |
| M2 45-49 | Sam Pagan Brockton, MA 2/22/2014 | 222.5 | Sam Pagan Brockton, MA 2/22/2014 | 172.5 | Sam Pagan Brockton, MA 4/9/2017 | 260 | Sam Pagan Brockton, MA 2/21/2015 | 642.5 |
| M3 50-54 | Sam Pagan Brockton, MA 11/5/2017 | 222.5 | Sam Pagan Brockton, MA 11/5/2017 | 177.5 | Sam Pagan Brockton, MA 11/5/2017 | 262.5 | Sam Pagan Brockton, MA 11/5/2017 | 662.5 |
| M4 55-59 | Wally Seibel Chicota, TX 7/13/2013 | 172.5 | Donnie Wynn MaComb, IL 7/13/2013 | 130 | Stephen Seibel Deshler, OH 2/9/2013 | 197.5 | Wally Seibel Chicota, TX 7/13/2013 | 475 |
| M5 60-64 | Steve Nelson Pelican Rapids, MN 9/18/2021 | 160 | Steve Nelson Pelican Rapids, MN 10/11/2020 | 112.5 | Steve Nelson Pelican Rapids, MN 9/18/2021 | 207 | Steve Nelson Pelican Rapids, MN 9/18/2021 | 477.5 |
| M6 65-69 | Jim Stovall Smithton, MO 7/11/2009 | 172.5 | Jim Stovall Smithton, MO 7/11/2009 | 100 | Jim Stovall Smithton, MO 6/26/2010 | 202.5 | Jim Stovall Smithton, MO 7/11/2009 | 465 |
| M7 70-74 | David Mansfield Hanson, MA 10/26/2019 | 166 | Tim Andrews Kalamazoo, MI 1/23/2010 | 110 | David Mansfield Hanson, MA 10/26/2019 | 211 | David Mansfield Hanson, MA 10/26/2019 | 470 |
| M8 75-79 | Ben Creech Michigan 8/13/2008 | 92.5 | Ben Creech Michigan 8/13/2008 | 50 | Ben Creech Michigan 8/13/2008 | 120 | Ben Creech Michigan 8/13/2008 | 262.5 |
| M9 80-84 | | | | | | | | |
| M10 85-89 | | | | | | | | |

| Men 100.0 kilograms | | | | | | | | |
|---------------------|---|-----|---|-----|---|-----|---|-------|
| Division | Squat | | Bench Press | | Deadlift | | Total | |
| Open 24-39 | Jason St Clair Birdseye, IN 10/11/2020 | 310 | Chevron Williams St Louis, MO 11/5/2017 | 200 | Ben Motl Edwardsville, IL 8/17/2019 | 320 | Jason St Clair Birdseye, IN 10/11/2020 | 772.5 |
| T1 14-15 | Gavin Cartmell South Boardman, MI 11/5/2017 | 170 | Blake Stroud Evansville, IN 11/7/2015 | 115 | Gavin Cartmell South Boardman, MI 11/5/2017 | 205 | Gavin Cartmell South Boardman, MI 11/5/2017 | 490 |

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|-----------------|--|-------|---|-------|---|-------|--|-------|
| T2 16-17 | Zachary Schiff Evansville, IN 7/7/2007 | 192.5 | Daniel Grimm Canton, IL 11/10/2007 | 147.5 | Monta Melvin St. Peters, MO 2/7/2015 | 230 | Daniel Grimm Canton, IL 11/10/2007 | 542.5 |
| T3 18-19 | Taylor Vieck Vincennes, IN 7/7/2007 | 247.5 | Taylor Vieck Vincennes, IN 7/7/2007 | 160 | Taylor Vieck Vincennes, IN 7/7/2007 | 245 | Taylor Vieck Vincennes, IN 7/7/2007 | 652.5 |
| Junior 20-23 | Daniel Wade Columbia, MO 1/23/2016 | 242.5 | Daniel Wade Columbia, MO 1/23/2016 | 172.5 | Daniel Wade Columbia, MO 1/23/2016 | 300 | Daniel Wade Columbia, MO 1/23/2016 | 715 |
| M1 40-44 | Derek Wallace Newburgh, IN 6/10/2006 | 255 | Chevron Williams St Louis, MO 11/5/2017 | 200 | Bruce Thomas Henderson, KY 7/7/2007 | 272.5 | Derek Wallace Newburgh, IN 7/8/2006 | 662.5 |
| M2 45-49 | Derek Wallace Newburgh, IN 7/7/2007 | 265 | Derek Wallace Newburgh, IN 11/22/2008 | 172.5 | Bruce Thomas Henderson, KY 11/22/2008 | 272.5 | Derek Wallace Newburgh, IN 7/7/2007 | 682.5 |
| M3 50-54 | Bruce Thomas Henderson, KY 11/5/2017 | 215 | Rik Farley Bolivar, TN 10/11/2020 | 165 | Bruce Thomas Henderson, KY 6/11/2016 | 275 | Bruce Thomas Henderson, KY 12/6/2014 | 607.5 |
| M4 55-59 | Bruce Thomas Henderson, KY 9/18/2021 | 205 | Mark Leahy Florissant, MO 6/25/2017 | 148.5 | Bruce Thomas Henderson, KY 9/18/2021 | 260 | Bruce Thomas Henderson, KY 9/18/2021 | 590 |
| M5 60-64 | Dave Mansfield Hanson, MA 2/17/2008 | 212.5 | Joe McDonald Washington, IN 11/5/2016 | 155 | Floyd Givens Detroit, MI 4/11/2015 | 272.5 | Floyd Givens Detroit, MI 4/11/2015 | 572.5 |
| M6 65-69 | Dave Mansfield Hanson, MA 11/12/2011 | 205 | Dave Mansfield Hanson, MA 11/12/2011 | 105 | Dave Mansfield Hanson, MA 11/12/2011 | 242.5 | Dave Mansfield Hanson, MA 11/12/2011 | 552.5 |
| M7 70-74 | Tim Andrews Kalamazoo, MI 11/22/2008 | 125 | Tim Andrews Kalamazoo, MI 6/21/2008 | 130 | Tim Andrews Kalamazoo, MI 11/22/2008 | 147.5 | Tim Andrews Kalamazoo, MI 9/13/2008 | 392.5 |
| M8 75-79 | | | | | | | | |
| M9 80-84 | | | | | | | | |
| M10 85-89 | | | | | | | | |

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| 75-79 | | | | | | | |
| M9 | | | | | | | |
| 80-84 | | | | | | | |
| M10 | | | | | | | |
| 85-89 | | | | | | | |

| Men 125.0 kilograms | | | | | | | |
|---------------------|---|-------|---|-------|---|-------|--|
| Division | Squat | | Bench Press | | Deadlift | | Total |
| Open 24-39 | Matt Sohmer Farmingdale, NY 11/2/2013 | 342.5 | Jason Weite Ottumwa, IA 7/11/2009 | 232.5 | Matt Sohmer Farmingdale, NY 11/2/2013 | 337.5 | Matt Sohmer Farmingdale, NY 11/2/2013 815 |
| T1 14-15 | Blake Stroud Evansville, IN 4/8/2017 | 220 | Blake Stroud Evansville, IN 4/8/2017 | 155 | Blake Stroud Evansville, IN 4/8/2017 | 227.5 | Blake Stroud Evansville, IN 4/8/2017 602.5 |
| T2 16-17 | Ian Thomas Porter, OK 8/10/2013 | 250 | Blake Stroud Evansville, IN 7/27/2018 | 167.5 | Ian Thomas Porter, OK 8/10/2013 | 242.5 | Ian Thomas Porter, OK 8/10/2013 652.5 |
| T3 18-19 | Noah Duncan Mexico, MO 11/5/2017 | 215 | Mitchell LaRock Munster, IN 7/11/2009 | 165 | Noah Duncan Mexico, MO 11/5/2017 | 235 | Noah Duncan Mexico, MO 11/5/2017 582.5 |
| Junior 20-23 | Matt Sohmer Farmingdale, NY 11/2/2013 | 342.5 | Joe Newton Evansville, IN 7/13/2013 | 167.5 | Matt Sohmer Farmingdale, NY 11/2/2013 | 337.5 | Matt Sohmer Farmingdale, NY 11/2/2013 815 |
| M1 40-44 | Steve Welch St Louis, MO 11/4/2018 | 252.5 | Joe Meuth Henderson, KY 11/5/2016 | 192.5 | Larry Nance Roseville, MI 4/11/2015 | 272.5 | Joe Meuth Henderson, KY 11/5/2016 690 |
| M2 45-49 | Chris Phillips Evansville, IN 5/2/2015 | 210 | Chris Phillips Evansville, IN 12/6/2014 | 190 | Nick Frazzetta Florissant, MO 6/26/2010 | 235 | Chris Phillips Evansville, IN 5/2/2015 627.5 |
| M3 50-54 | Ed Riley Chicago, IL 6/15/2013 | 235 | Raymond Classing Forest Hill, MD 11/12/2011 | 175 | Ed Riley Chicago, IL 6/15/2013 | 297.5 | Ed Riley Chicago, IL 7/19/2014 650 |
| M4 55-59 | Simon Rowland El Dorado Hills, CA 8/19/2017 | 180 | Mark Stevens Greenville, MI 8/12/2017 | 150 | Simon Rowland El Dorado Hills, CA 8/19/2017 | 240 | Simon Rowland El Dorado Hills, CA 8/19/2017 560 |
| M5 | Charlie Cocci | | Gary Krueger | | Charlie Cocci | | Gary Krueger |

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|-------|-----------------------------|-------|--------------------------------|-------|-----------------------------|-------|-----------------------------|-------|
| M6 | | 172.5 | Paw Paw, MI 4/21/2012 | 137.5 | | 195 | Paw Paw, MI 4/21/2012 | 630 |
| 60-64 | 4/9/2017 | | | | 4/9/2017 | | | |
| M6 | Roger Horn St. Louis, MO | 147.5 | Ray Cross Quincy, MA | 135 | Roger Horn St. Louis, MO | 187.5 | Roger Horn St. Louis, MO | 452.5 |
| 65-69 | 6/11/2016 | | 6/2/2012 | | 6/11/2016 | | 6/11/2016 | |
| M7 | | | Jeff Buchin Grand Ledge, MI | 110 | | | | |
| 70-74 | | | 2/9/2019 | | | | | |
| M8 | | | | | | | | |
| 75-79 | | | | | | | | |
| M9 | | | | | | | | |
| 80-84 | | | | | | | | |
| M10 | | | | | | | | |
| 85-89 | | | | | | | | |

| Men 145.0 kilograms | | | | | | | | |
|---------------------|---------------------------------|-------|--------------------------------|-------|--------------------------------|-------|--------------------------------|-------|
| Division | Squat | | Bench Press | | Deadlift | | Total | |
| Open | Michael Khoury | 302.5 | Marc Keller Macomb, IL | 227 | Brian Willis Fulton, MO | 312.5 | Michael Khoury | 785 |
| 24-39 | 4/9/2017 | | 3/2/2019 | | 6/25/2017 | | 4/9/2017 | |
| T1 | James Meredith Adair, IL | 182.5 | James Meredith Adair, IL | 150 | James Meredith Adair, IL | 182.5 | James Meredith Adair, IL | 515 |
| 14-15 | 7/10/2021 | | 7/10/2021 | | 7/10/2021 | | 7/10/2021 | |
| T2 | Brake Stroud Evansville, IN | 220 | Brake Stroud Evansville, IN | 165 | Brake Stroud Evansville, IN | 227.5 | Brake Stroud Evansville, IN | 612.5 |
| 16-17 | 11/5/2017 | | 11/5/2017 | | 11/5/2017 | | 11/5/2017 | |
| T3 | Max Loeb Lawrenceville, IL | 232.5 | Max Loeb Lawrenceville, IL | 152.5 | Max Loeb Lawrenceville, IL | 242.5 | Max Loeb Lawrenceville, IL | 627.5 |
| 18-19 | 7/19/2014 | | 7/19/2014 | | 7/19/2014 | | 7/19/2014 | |
| Junior | Daniel Duncan Mexico, MO | 235 | Daniel Duncan Mexico, MO | 162.5 | Daniel Duncan Mexico, MO | 240 | Daniel Duncan Mexico, MO | 637.5 |
| 20-23 | 6/6/2015 | | 6/6/2015 | | 6/6/2015 | | 2/7/2015 | |
| M1 | Bill McDonough St. Louis, MO | 265 | Bobby Saylor Ottumwa, IA | 220 | Steve Shaw Fond Dulac, WI | 282.5 | Bobby Saylor Ottumwa, IA | 755 |
| 40-44 | 11/13/2010 | | 7/11/2009 | | 8/27/2011 | | 7/11/2009 | |

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|--------------|--|-------|--|-------|--|-------|--|-------|
| M2 45-49 | Randy Cairns Gowan, MI 4/12/2014 | 242.5 | Ron Nicodemus Ft. Wayne, IN 11/14/2009 | 212.5 | Randy Cairns Gowan, MI 4/12/2014 | 277.5 | Ron Nicodemus Ft. Wayne, IN 11/14/2009 | 717.5 |
| M3 50-54 | Michael Khoury 4/9/2017 | 302.5 | Terry Cox Sr Casey, IL 3/16/2019 | 197.5 | Michael Khoury 4/9/2017 | 300 | Michael Khoury 4/9/2017 | 785 |
| M4 55-59 | Raymond Clasing Jr 11/1/2015 | 182.5 | Raymond Clasing Jr 6/6/2015 | 175 | Simon Rowland CA 11/5/2017 | 242.5 | Simon Rowland CA 11/5/2017 | 567.5 |
| M5 60-64 | | | | | | | | |
| M6 65-69 | Gary Krueger Paw Paw, MI 4/27/2013 | 190 | Gary Krueger Paw Paw, MI 4/27/2013 | 137.5 | Gary Krueger Paw Paw, MI 4/27/2013 | 195 | Gary Krueger Paw Paw, MI 4/27/2013 | 522.5 |
| M7 70-74 | | | | | | | | |
| M8 75-79 | | | | | | | | |
| M9 80-84 | | | | | | | | |
| M10 85-89 | | | | | | | | |

| Men 145.0+ kilograms | | | | | | | | |
|----------------------|---|-----|---|-------|---|-------|---|-----|
| Division | Squat | | Bench Press | | Deadlift | | Total | |
| Open 24-39 | Richard DeLeon Hanson, MA 11/22/2008 | 315 | Richard DeLeon Hanson, MA 11/22/2008 | 202.5 | Dan Perry Raynham, MA 11/5/2017 | 302.5 | Richard DeLeon Hanson, MA 11/22/2008 | 795 |
| T1 14-15 | Jordan Scott Cunningham, TN 7/16/2011 | 160 | Jordan Scott Cunningham, TN 7/16/2011 | 125 | Jordan Scott Cunningham, TN 7/16/2011 | 200 | Jordan Scott Cunningham, TN 7/16/2011 | 485 |
| T2 16-17 | Andy Crum Marshall, MO 6/21/2008 | 205 | Brent Henry Canton, IL 3/1/2008 | 170 | Doug Cordle Springfield, OH 3/22/2015 | 230 | Doug Cordle Springfield, OH 3/22/2015 | 535 |

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|-----------------|--|-------|---|-------|---|-------|---|-------|
| T3 18-19 | Joe Newton Mt. Vernon, IN 11/14/2009 | 207.5 | Joe Newton Mt. Vernon, IN 11/14/2009 | 172.5 | Joe Newton Mt. Vernon, IN 7/11/2009 | 227.5 | Joe Newton Mt. Vernon, IN 11/14/2009 | 602.5 |
| Junior 20-23 | Joe Newton Mt. Vernon, IN 6/26/2010 | 220 | Joe Newton Mt. Vernon, IN 6/26/2010 | 182.5 | Joe Newton Mt. Vernon, IN 6/26/2010 | 227.5 | Joe Newton Mt. Vernon, IN 6/26/2010 | 630 |
| M1 40-44 | Richard DeLeon Hanson, MA 11/22/2008 | 315 | Richard DeLeon Hanson, MA 11/22/2008 | 202.5 | Richard DeLeon Hanson, MA 11/22/2008 | 277.5 | Richard DeLeon Hanson, MA 11/22/2008 | 795 |
| M2 45-49 | William Duncan Mexico, MO 11/22/2008 | 242.5 | Dennis Stouder Nappanee, IN 9/13/2008 | 190 | Carl Schmitt Poseyville, IN 6/21/2008 | 242.5 | Carl Schmitt Poseyville, IN 6/21/2008 | 607.5 |
| M3 50-54 | Bill Duncan Mexico, MO 4/30/2011 | 250 | Bill Duncan Mexico, MO 4/30/2011 | 137.5 | Bill Duncan Mexico, MO 7/11/2009 | 245 | Bill Duncan Mexico, MO 7/11/2009 | 620 |
| M4 55-59 | Bill Duncan Mexico, MO 6/6/2015 | 230 | Bill Duncan Mexico, MO 6/6/2015 | 127.5 | Bill Duncan Mexico, MO 6/6/2015 | 222.5 | Bill Duncan Mexico, MO 6/6/2015 | 547.5 |
| M5 60-64 | | | | | | | | |
| M6 65-69 | | | | | | | | |
| M7 70-74 | | | | | | | | |
| M8 75-79 | | | | | | | | |
| M9 80-84 | | | | | | | | |
| M10 85-89 | | | | | | | | |

| Police, Military, Fire Unequipped | | | | |
|-----------------------------------|-------|-------------|----------|-------|
| Weight | Squat | Bench Press | Deadlift | Total |
| | | | | |

| | | | | | | | | |
|------|--|-------|--|-------|--|-------|--|-------|
| 60 | Brandon Anderson Muskegon, MI 10/29/2016 | 147.5 | Brandon Anderson Muskegon, MI 10/29/2016 | 95 | Brandon Anderson Muskegon, MI 10/29/2016 | 180 | Brandon Anderson Muskegon, MI 10/29/2016 | 425 |
| 75 | Casey Southern Clovis, NM 11/22/2008 | 175 | Casey Southern Clovis, NM 11/22/2008 | 125 | Casey Southern Clovis, NM 11/22/2008 | 227.5 | Casey Southern Clovis, NM 11/22/2008 | 527.5 |
| 82.5 | Jesse Simpson Wataga, IL 11/4/2006 | 115 | Jesse Simpson Wataga, IL 11/4/2006 | 102.5 | Jesse Simpson Wataga, IL 11/4/2006 | 160 | Jesse Simpson Wataga, IL 11/4/2006 | 377.5 |
| 90 | Damon Young Indianapolis, IN 4/8/2017 | 135 | Roger Utley Evansville, IN 11/22/2008 | 152.5 | Roger Utley Evansville, IN 11/22/2008 | 182.5 | Roger Utley Evansville, IN 11/22/2008 | 457.5 |
| 110 | Johnathon Pryor Versailles, MO 8/17/2019 | 175 | Kim McWilliams Evansville, IN 11/22/2008 | 150 | Johnathon Pryor Versailles, MO 8/17/2019 | 202.5 | Johnathon Pryor Versailles, MO 8/17/2019 | 525 |
| 125 | Nathan Balanowski Lansing, MI 11/7/2009 | 262.5 | Nathan Balanowski Lansing, MI 11/7/2009 | 147.5 | Nathan Balanowski Lansing, MI 11/7/2009 | 290 | Nathan Balanowski Lansing, MI 11/7/2009 | 700 |
| 145 | Wayne Hill Coopersville, MI 8/25/2018 | 215 | Wayne Hill Coopersville, MI 8/25/2018 | 175 | Wayne Hill Coopersville, MI 8/25/2018 | 200 | Wayne Hill Coopersville, MI 8/25/2018 | 590 |

| Open Equipped | | | | | | | | |
|---------------|---|-------|---|-------|---|-------|---|--------|
| Weight | Squat | | Bench Press | | Deadlift | | Total | |
| 52 | Gustavo Garcia Clarinda, IA 6/26/2010 | 92.5 | Gustavo Garcia Clarinda, IA 6/26/2010 | 57.5 | Gustavo Garcia Clarinda, IA 6/26/2010 | 92.5 | Gustavo Garcia Clarinda, IA 6/26/2010 | 242.5 |
| 56 | Kyler Ferrell-Clegg Monteverde, FL 6/6/2015 | 90 | Kyler Ferrell-Clegg Monteverde, FL 6/6/2015 | 85 | Kyler Ferrell-Clegg Monteverde, FL 6/6/2015 | 140 | Kyler Ferrell-Clegg Monteverde, FL 6/6/2015 | 315 |
| 60 | Quinton Evans Clarinda, IA 6/26/2010 | 150 | Austin Glasgow DeGraff, OH 10/29/2012 | 127.5 | Austin Glasgow DeGraff, OH 10/29/2012 | 182.5 | Austin Glasgow DeGraff, OH 10/29/2012 | 452.5 |
| 67.5 | Joseph Breault Pembroke, MA 2/17/2008 | 182.5 | Dean Ratcliff Buffalo, MO 6/26/2010 | 147.5 | David Wilson Dearborn, MI 9/13/2008 | 210 | Dean Ratcliff Buffalo, MO 6/26/2010 | 527.5 |
| 75 | Marchland Fleming Wewoka, OK 7/11/2009 | 247.5 | Tyler Meeks Chicago, IL 4/18/2009 | 165 | Paul Coats Eaton Rapids, MI 2/26/2006 | 265 | Paul Coats Eaton Rapids, MI 2/26/2006 | 647.5 |
| 82.5 | Mark Marocco Hanson, MA 12/5/2009 | 232.5 | Jim Harris Royal Oak, MI 5/5/2007 | 157.5 | Eddie White Blue Springs, MO 7/13/2013 | 260 | Mark Marocco Hanson, MA 12/5/2009 | 597.5 |
| 90 | Brian Cannon Wataga, IL 8/11/2007 | 262.5 | Brian Cannon Wataga, IL 11/4/2006 | 197.5 | Jon Klein Des Plaines, IL 4/10/2010 | 290 | Brian Cannon Wataga, IL 11/4/2006 | 675 |
| 100 | Rodney Wood West Plains, MO 6/26/2010 | 305 | Rodney Wood West Plains, MO 6/26/2010 | 237.5 | Floyd Givens Detroit, MI 1/31/2009 | 280 | Rodney Wood West Plains, MO 6/26/2010 | 807.5 |
| 110 | Darwin Robinson Indianapolis, IN 4/8/2017 | 290 | Lutario Lopez Holland, MI 8/13/2005 | 232.5 | Floyd Givens Detroit, MI 8/13/2005 | 322.5 | Floyd Givens Detroit, MI 8/13/2005 | 807.5 |
| 125 | Nick Weite St. Louis, MO 12/5/2009 | 357.5 | Nick Weite St. Louis, MO 12/5/2009 | 265 | Nick Weite St. Louis, MO 12/5/2009 | 365 | Nick Weite St. Louis, MO 12/5/2009 | 987.5 |
| 145 | Chris Forestier Canton, IL 6/26/2010 | 340 | Dave Beversdorf Columbia, MO 6/26/2010 | 275 | Chris Forestier Canton, IL 6/26/2010 | 330 | Chris Forestier Canton, IL 6/26/2010 | 890 |
| 145+ | Joe Cappellino | 395 | Joe Cappellino | 320 | Joe Cappellino | 342.5 | Joe Cappellino | 1057.5 |

6/3/2012

6/3/2012

6/3/2012

6/3/2012

Teenage (14-15) Equipped

| Weight | Squat | | Bench Press | | Deadlift | | Total | |
|--------|--|-------|--|-------|---|-------|--|-------|
| 52 | Gustavo Garcia Clarinda, IA 6/26/2010 | 92.5 | Gustavo Garcia Clarinda, IA 6/26/2010 | 57.5 | Gustavo Garcia Clarinda, IA 6/26/2010 | 92.5 | Gustavo Garcia Clarinda, IA 6/26/2010 | 242.5 |
| 60 | Quinton Evans Clarinda, IA 6/26/2010 | 150 | Quinton Evans Clarinda, IA 6/26/2010 | 80 | Quinton Evans Clarinda, IA 6/26/2010 | 177.5 | Quinton Evans Clarinda, IA 6/26/2010 | 407.5 |
| 67.5 | Jordan Miller Clarinda, IA 6/26/2010 | 145 | Jordan Miller Mexico, MO 5/24/2008 | 97.5 | Jordan Miller Clarinda, IA 6/26/2010 | 170 | Jordan Miller Clarinda, IA 6/26/2010 | 407.5 |
| 75 | Ziyang Xia Montverde, FL 6/6/2015 | 147.5 | Ziyang Xia Montverde, FL 6/6/2015 | 110 | Ziyang Xia Montverde, FL 6/6/2015 | 182.5 | Ziyang Xia Montverde, FL 6/6/2015 | 440 |
| 82.5 | Joseph Coulson DeGraff, OH 6/21/2008 | 172.5 | Kenneth Ford Clarinda, IA 6/26/2010 | 105 | Joseph Coulson DeGraff, OH 6/21/2008 | 195 | Joseph Coulson DeGraff, OH 6/21/2008 | 447.5 |
| 100 | Yudai Katsumata Montverde, FL 6/6/2015 | 187.5 | Yudai Katsumata Montverde, FL 6/6/2015 | 122.5 | Tyler Scott Cunningham, TN 6/21/2008 | 175 | Yudai Katsumata Montverde, FL 6/6/2015 | 477.5 |
| 110 | Jared Holycross DeGraff, OH 6/21/2008 | 160 | Jared Holycross DeGraff, OH 6/21/2008 | 120 | Jared Holycross DeGraff, OH 6/21/2008 | 185 | Jared Holycross DeGraff, OH 6/21/2008 | 465 |
| 145+ | Jordan Scott Cunningham, TN 6/26/2010 | 155 | Jordan Scott Cunningham, TN 6/26/2010 | 160 | Jordan Scott Cunningham, TN 6/26/2010 | 190 | Jordan Scott Cunningham, TN 6/26/2010 | 505 |

Teenage (16-17) Equipped

| Weight | Squat | | Bench Press | | Deadlift | | Total | |
|--------|---|-------|---|-------|---|-------|---|-------|
| 60 | Austin Glasgow DeGraff, OH 10/29/2012 | 142.5 | Austin Glasgow DeGraff, OH 10/29/2012 | 127.5 | Austin Glasgow DeGraff, OH 10/29/2012 | 182.5 | Austin Glasgow DeGraff, OH 10/29/2012 | 452.5 |
| 67.5 | Bryant Manning Clarinda, IA 6/26/2010 | 147.5 | Bryant Manning Clarinda, IA 6/26/2010 | 102.5 | Cody Weeks DeGraff, OH 6/21/2008 | 177.5 | Bryant Manning Clarinda, IA 6/26/2010 | 417.5 |
| | JP Parke | | Dominic Duke | | JP Parke | | JP Parke | |

| | | | | | | | | |
|------|--|-------|--|-------|--|-------|--|-------|
| 75 | Quincy, IL 6/11/2016 | 225 | Clarinda, IA 6/26/2010 | 120 | Quincy, IL 6/11/2016 | 215 | Quincy, IL 6/11/2016 | 535 |
| 82.5 | David Lormie Twin Lakes, MI 1/20/2007 | 172.5 | David Lormie Twin Lakes, MI 1/20/2007 | 102.5 | Jonathan Seeling Quincy, OH 11/23/2008 | 205 | Jonathan Seeling Quincy, OH 11/23/2008 | 462.5 |
| 90 | Josef Stachowicz Whitehall, MI 1/20/2007 | 215 | Josef Stachowicz Whitehall, MI 1/20/2007 | 135 | Josef Stachowicz Whitehall, MI 1/20/2007 | 242.5 | Josef Stachowicz Whitehall, MI 1/20/2007 | 592.5 |
| 100 | Aaron Wionkle Cooksville, IL 11/10/2007 | 212.5 | Alejandro Ruiz Montverde, FL 6/6/2015 | 160 | Alejandro Ruiz Montverde, FL 6/6/2015 | 235 | Alejandro Ruiz Montverde, FL 6/6/2015 | 585 |
| 110 | Tyler Scott Cunningham, TN 6/26/2010 | 205 | Tyler Scott Cunningham, TN 6/26/2010 | 155 | Jared Holycross DeGraff, OH 11/23/2008 | 210 | Tyler Scott Cunningham, TN 6/26/2010 | 565 |
| 125 | Kyle Grant Whitehall, MI 1/20/2007 | 182.5 | Kyle Grant Whitehall, MI 1/20/2007 | 140 | Chad Small Maplewood, OH 11/23/2008 | 202.5 | Kyle Grant Whitehall, MI 1/20/2007 | 507.5 |
| 145 | Chad Small Maplewood, OH 11/23/2007 | 185 | Chad Small Maplewood, OH 11/23/2007 | 110 | Chad Small Maplewood, OH 11/23/2007 | 175 | Chad Small Maplewood, OH 11/23/2007 | 470 |
| 145+ | Jordan Scott Cunningham, TN 7/13/2013 | 230 | Jordan Scott Cunningham, TN 7/13/2013 | 130 | Jordan Scott Cunningham, TN 7/13/2013 | 227.5 | Jordan Scott Cunningham, TN 7/13/2013 | 587.5 |

| Teenage (18-19) Equipped | | | | | | | | |
|--------------------------|---|-----|---|-------|---|-------|---|-------|
| Weight | Squat | | Bench Press | | Deadlift | | Total | |
| 56 | Kyler Ferrell-Clegg Monteverde, FL 6/6/2015 | 90 | Kyler Ferrell-Clegg Monteverde, FL 6/6/2015 | 85 | Kyler Ferrell-Clegg Monteverde, FL 6/6/2015 | 140 | Kyler Ferrell-Clegg Monteverde, FL 6/6/2015 | 315 |
| 67.5 | Sung-Yueh Chang Montverde, FL 6/6/2015 | 155 | Caleb Ault Wayne, MI 8/13/2005 | 120 | Kyle Plank Bellefontaine, OH 10/29/2012 | 182.5 | Caleb Ault Wayne, MI 8/13/2005 | 445 |
| 75 | Mason Harbour DeGraff, OH 10/29/2012 | 150 | Mason Harbour DeGraff, OH 10/29/2012 | 142.5 | Mason Harbour DeGraff, OH 10/29/2012 | 217.5 | Mason Harbour DeGraff, OH 10/29/2012 | 510 |
| 82.5 | Joseph Coulson DeGraff, OH 12/11/2010 | 225 | Brian Hayman DeGraff, OH 12/11/2010 | 117.5 | Joseph Coulson DeGraff, OH 12/11/2010 | 237.5 | Joseph Coulson DeGraff, OH 12/11/2010 | 577.5 |
| | Benjamin Holtschlag | | Benjamin Holtschlag | | Benjamin Holtschlag | | Benjamin Holtschlag | |

| | | | | | | | | |
|------|---|-------|--|-------|--|-------|--|-------|
| 67.5 | Randall Burris Granger, IN 11/20/2005 | 195 | Randall Burris Granger, IN 11/20/2005 | 115 | Randall Burris Granger, IN 11/20/2005 | 195 | Randall Burris Granger, IN 11/20/2005 | 505 |
| 75 | Paul Coats Eaton Rapids, MI 3/3/2007 | 222.5 | Paul Coats Eaton Rapids, MI 3/3/2007 | 160 | Paul Coats Eaton Rapids, MI 3/3/2007 | 240 | Paul Coats Eaton Rapids, MI 3/3/2007 | 622.5 |
| 82.5 | Mike Callaghan Whitman, MA 11/4/2017 | 200 | Christopher Siders Canton, IL 3/1/2008 | 130 | Christopher Siders Canton, IL 3/1/2008 | 200 | Christopher Siders Canton, IL 3/1/2008 | 522.5 |
| 90 | Doug Harney Longwood, FL 11/12/2006 | 217.5 | Doug Harney Longwood, FL 11/12/2006 | 157.5 | Doug Harney Longwood, FL 11/12/2006 | 237.5 | Doug Harney Longwood, FL 11/12/2006 | 612.5 |
| 100 | Rodney Wood West Plains, MO 6/26/2010 | 305 | Rodney Wood West Plains, MO 6/26/2010 | 237.5 | Rodney Wood West Plains, MO 6/26/2010 | 265 | Rodney Wood West Plains, MO 6/26/2010 | 807.5 |
| 110 | Dennis Wall Pembrake, MA 10/29/2012 | 235 | Dennis Wall Pembrake, MA 10/29/2012 | 132.5 | Dennis Wall Pembrake, MA 10/29/2012 | 220 | Dennis Wall Pembrake, MA 10/29/2012 | 587.5 |

| 145 | Robbie Saylor Ottumwa, IA 12/5/2009 | 267.5 | Robbie Saylor Ottumwa, IA 12/5/2009 | 222.5 | Robbie Saylor Ottumwa, IA 12/5/2009 | 275 | Robbie Saylor Ottumwa, IA 12/5/2009 | 765 |
|----------------------------------|---|-------|---|-------|---|-------|---|-------|
| Master 2 (45-49) Equipped | | | | | | | | |
| Weight | Squat | | Bench Press | | Deadlift | | Total | |
| 67.5 | Robert Fricke Bloomingtondale, MI 9/30/2006 | 85 | Robert Fricke Bloomingtondale, MI 9/30/2006 | 85 | Robert Fricke Bloomingtondale, MI 9/30/2006 | 122.5 | Robert Fricke Bloomingtondale, MI 9/30/2006 | 292.5 |
| 75 | Steve Lumpe Bedford, IN 6/21/2008 | 192.5 | Jim Harris Royal Oak, MI 8/13/2015 | 137.5 | Jim Harris Royal Oak, MI 8/13/2015 | 215 | Jim Harris Royal Oak, MI 8/13/2015 | 535 |
| 82.5 | Mark Marocco Hanson, MA 12/5/2009 | 232.5 | Mark Marocco Hanson, MA 12/5/2009 | 137.5 | Mark Marocco Hanson, MA 12/5/2009 | 227.5 | Mark Marocco Hanson, MA 12/5/2009 | 597.5 |
| 90 | Chuck Peters Berkely, MA 6/3/2012 | 227.5 | Chuck Peters Berkely, MA 6/3/2012 | 172.5 | Jeff Hargett Greensburg, NC 7/16/2011 | 242.5 | Chuck Peters Berkely, MA 6/3/2012 | 627.5 |
| 100 | Rodney Wood West Plains, MO 1/12/2013 | 295 | Rodney Wood West Plains, MO 1/12/2013 | 217.5 | Bruce Thomas Henderson, KY 7/31/2010 | 277.5 | Rodney Wood West Plains, MO 1/12/2013 | 755 |
| 110 | James Perry II Saginaw, MI 11/7/2009 | 247.5 | James Perry II Saginaw, MI 11/7/2009 | 147.5 | James Perry II Saginaw, MI 11/7/2009 | 257.5 | James Perry II Saginaw, MI 11/7/2009 | 652.5 |
| 125 | Dan Driscoll Whitman, MA 10/29/2012 | 305 | Raymond Zimmerman Greenville, MI 8/11/2007 | 190 | Dan Driscoll Whitman, MA 10/29/2012 | 287.5 | Dan Driscoll Whitman, MA 10/29/2012 | 752.5 |
| 145 | Alan Borden Cleburne, TX 11/23/2008 | 255 | David Beversdorf Columbia, MO 6/26/2010 | 275 | Alan Borden Cleburne, TX 11/23/2008 | 237.5 | Alan Borden Cleburne, TX 11/23/2008 | 657.5 |

| Master 3 (50-54) Equipped | | | | | | | | |
|----------------------------------|--|-------|---|-------|---|-----|---|-------|
| Weight | Squat | | Bench Press | | Deadlift | | Total | |
| 67.5 | Tom McCarty Marshfield, MA 12/5/2009 | 182.5 | David Wilson Dearborn, MI 9/13/2008 | 130 | David Wilson Dearborn, MI 9/13/2008 | 210 | David Wilson Dearborn, MI 9/13/2008 | 497.5 |
| 75 | Tim Fletcher Holz Summitt, MO | 182.5 | Johnny Gayton Bonaire, GA | 137.5 | Johnny Gayton Bonaire, GA | 205 | Johnny Gayton Bonaire, GA | 502.5 |

| | | | | | | | | |
|------|--|-------|--|-----|--|-----|--|-------|
| 145+ | Bill Duncan Mexico, MO 6/25/2017 | 227.5 | Bill Duncan Mexico, MO 6/25/2017 | 160 | Bill Duncan Mexico, MO 6/25/2017 | 205 | Bill Duncan Mexico, MO 6/25/2017 | 592.5 |
|------|--|-------|--|-----|--|-----|--|-------|

| Master 5 (60-64) Equipped | | | | | | | | |
|---------------------------|--|-------|--|-------|--|-------|--|-------|
| Weight | Squat | | Bench Press | | Deadlift | | Total | |
| 60 | Gary Morrison Grand Rapids, MI 8/11/2007 | 132.5 | Gary Morrison Grand Rapids, MI 8/11/2007 | 85 | Gary Morrison Grand Rapids, MI 8/11/2007 | 147.5 | Gary Morrison Grand Rapids, MI 8/11/2007 | 365 |
| 67.5 | Theodore Feight Lansing, MI 8/11/2007 | 147.5 | Gary Morrison Grand Rapids, MI 5/5/2007 | 95 | Theodore Feight Lansing, MI 8/11/2007 | 155 | Theodore Feight Lansing, MI 8/11/2007 | 397.5 |
| 82.5 | Robert Batko Houghton Lake, MI 6/3/2012 | 200 | Eddie White Blue Springs, MO 7/13/2013 | 132.5 | Eddie White Blue Springs, MO 11/2/2013 | 272.5 | Eddie White Blue Springs, MO 11/2/2013 | 580 |
| 90 | Robert Batko Houghton Lake, MI 2/25/2006 | 190 | Robert Batko Houghton Lake, MI 2/25/2006 | 105 | Robert Batko Houghton Lake, MI 2/25/2006 | 222.5 | Robert Batko Houghton Lake, MI 2/25/2006 | 517.5 |
| 100 | Dave Mansfield Hanson, MA 11/15/2009 | 265 | Dave Mansfield Hanson, MA 11/23/2008 | 137.5 | Dave Mansfield Hanson, MA 11/15/2009 | 255 | Dave Mansfield Hanson, MA 11/15/2009 | 652.5 |
| 110 | James Bell St. Louis, MO 11/5/2017 | 227.5 | James Bell St. Louis, MO 11/5/2017 | 130 | James Bell St. Louis, MO 4/22/2017 | 227.5 | James Bell St. Louis, MO 11/5/2017 | 577.5 |
| 125 | Paul Wrenn Clarkesville, TN 6/21/2008 | 215 | Paul Wrenn Clarkesville, TN 6/21/2008 | 130 | Paul Wrenn Clarkesville, TN 6/21/2008 | 220 | Paul Wrenn Clarkesville, TN 6/21/2008 | 565 |
| 145 | | | | | | | | |
| 145+ | | | | | | | | |

| Master 6 (65-69) Equipped | | | | | | | | |
|---------------------------|--------------|--|--------------|--|--------------|--|--------------|--|
| Weight | Squat | | Bench Press | | Deadlift | | Total | |
| | Leon McCrary | | Leon McCrary | | Leon McCrary | | Leon McCrary | |

| | | | | | | | | |
|------|--|-------|--|-------|---|-------|--|-------|
| 75 | Scituate, MA 7/8/2006 | 122.5 | Scituate, MA 7/8/2006 | 52.5 | Scituate, MA 7/8/2006 | 165 | Scituate, MA 7/8/2006 | 340 |
| 82.5 | Robert Batko Houghton Lake, MI 4/11/2015 | 205 | Robert Batko Houghton Lake, MI 4/11/2015 | 107.5 | Robert Batko Houghton Lake, MI 9/1/2012 | 235 | Robert Batko Houghton Lake, MI 4/11/2015 | 532.5 |
| 90 | David Mansfield Hanson, MA 2/21/2015 | 210 | David Mansfield Hanson, MA 2/21/2015 | 90 | David Mansfield Hanson, MA 2/21/2015 | 225 | David Mansfield Hanson, MA 2/21/2015 | 525 |
| 100 | David Mansfield Hanson, MA 6/3/2012 | 250 | David Mansfield Hanson, MA 6/3/2012 | 122.5 | David Mansfield Hanson, MA 10/29/2012 | 245 | David Mansfield Hanson, MA 6/3/2012 | 612.5 |
| 110 | Roger Horn St Louis, MO 9/1/2018 | 191 | Roger Horn St Louis, MO 9/1/2018 | 137.5 | Paul Wrenn Clarkesville, TN 7/13/2013 | 197.5 | Roger Horn St Louis, MO 9/1/2018 | 512.5 |
| 125 | Paul Wrenn Clarkesville, TN 6/26/2010 | 230 | Gary Krueger Paw Paw, MI 10/29/2012 | 165 | Paul Wrenn Clarkesville, TN 7/16/2011 | 232.5 | Gary Krueger Paw Paw, MI 10/29/2012 | 602.5 |
| 145 | Gary Krueger Paw Paw, MI 4/27/2013 | 210 | Gary Krueger Paw Paw, MI 4/27/2013 | 145 | Gary Krueger Paw Paw, MI 4/27/2013 | 220 | Gary Krueger Paw Paw, MI 10/29/2012 | 575 |

Master 7 (70-74) Equipped

| Weight | Squat | Bench Press | Deadlift | Total | | | | |
|--------|--|-------------|--|-------|--|-----|--|-------|
| 82.5 | Robert Batko Houghton Lake, MI 9/24/2016 | 190 | Robert Batko Houghton Lake, MI 4/12/2014 | 102.5 | Robert Batko Houghton Lake, MI 4/12/2014 | 200 | Robert Batko Houghton Lake, MI 9/24/2016 | 477.5 |
| 90 | David Mansfield Hanson, MA 11/4/2018 | 205 | David Mansfield Hanson, MA 11/4/2018 | 97.5 | David Mansfield Hanson, MA 11/4/2018 | 215 | David Mansfield Hanson, MA 11/4/2018 | 517.5 |
| 125 | Paul Wrenn Clarksville, TN 7/27/2018 | 185 | Jeff Buchin Grand Ledge, MI 2/9/2019 | 142.5 | Paul Wrenn Clarksville, TN 7/27/2018 | 195 | Paul Wrenn Clarksville, TN 7/27/2018 | 455 |

Police/Military/Fire Equipped

| Weight | Squat | Bench Press | Deadlift | Total | | | | |
|--------|--|-------------|--|-------|--|-------|--|-----|
| 75 | Casey Southern Clovis, NM 11/23/2008 | 187.5 | Casey Southern Clovis, NM 11/23/2008 | 135 | Casey Southern Clovis, NM 11/23/2008 | 217.5 | Casey Southern Clovis, NM 11/23/2008 | 540 |
| | Eddie White | | Eddie White | | Eddie White | | Eddie White | |

| | | | | | | | | |
|------|--|-------|--|-------|--|-------|--|-----|
| 82.5 | Blue Springs, MO 11/2/2013 | 182.5 | Blue Springs, MO 7/13/2013 | 132.5 | Blue Springs, MO 11/2/2013 | 272.5 | Blue Springs, MO 11/2/2013 | 580 |
| 90 | Brian Cannon Wataga, IL 8/11/2007 | 262.5 | Brian Cannon Wataga, IL 11/4/2006 | 197.5 | Jeff Whiteman Osceola, IN 11/20/2005 | 227.5 | Brian Cannon Wataga, IL 11/4/2006 | 675 |
| 100 | Brian Cannon Wataga, IL 11/10/2007 | 205 | Devin Wilhelms Ewa Beach, HI 11/10/2007 | 175 | Brian Cannon Wataga, IL 11/10/2007 | 230 | Devin Wilhelms Ewa Beach, HI 11/10/2007 | 610 |
| 110 | Christopher Modlin Warrensburg, MO 6/26/2010 | 282.5 | Christopher Modlin Warrensburg, MO 6/26/2010 | 195 | Christopher Modlin Warrensburg, MO 6/26/2010 | 272.5 | Christopher Modlin Warrensburg, MO 6/26/2010 | 750 |
| 125 | Eric Herbst Glen Ellyn, IL 4/18/2009 | 210 | Eric Herbst Glen Ellyn, IL 4/18/2009 | 165 | Eric Herbst Glen Ellyn, IL 4/18/2009 | 245 | Eric Herbst Glen Ellyn, IL 4/18/2009 | 620 |

Single Event Unequipped AMERICAN Records Updated 7/26/2021

New Record

| Open Unequipped | | | | | | |
|-----------------|---|-------|--|-------|--|-------|
| Weight | Squat | | Bench Press | | Deadlift | |
| 52 | Johnathon Wrenn Good Hope, IL 3/4/2017 | 167.5 | Johnathon Wrenn Good Hope, IL 3/4/2017 | 100 | Johnathon Wrenn Good Hope, IL 3/4/2017 | 172.5 |
| 56 | Johnathon Wrenn Good Hope, IL 6/7/2019 | 170 | Vin Voeun Zeeland, MI 2/25/2006 | 110 | Dillon Walker Holtwood, PA 4/25/2010 | 170 |
| 60 | Johnathon Wrenn Good Hope, IL 4/17/2021 | 155 | Jonathan Gabriel Gordon, MI 4/20/2011 | 120 | Jimmy Fairchild Croswell, MI 3/6/2010 | 197.5 |
| 67.5 | Marcus Wynn MaComb, IL 3/6/2010 | 172.5 | Neil Dreisig Peoria, IL 11/10/2007 | 137.5 | David Wilson Dearborn, MI 3/14/2009 | 227.5 |
| 75 | Steve Sielawa Caledonia, MI 6/24/2011 | 182.5 | Michael Evans Edwardsville, MI 3/5/2011 | 162.5 | Jake Miller Kimball, MI 3/5/2011 | 290 |
| 82.5 | Jeremy Rogers Evansville, IN 3/17/2018 | 230 | Ron Madison Muskegon, MI 3/9/2013 | 175 | Nun Amen-Ra Demascus, MD 3/9/2013 | 305 |
| 90 | Ethan Young Evansville, IN 3/17/2018 | 240 | Ron Madison Muskegon, MI 5/9/2009 | 190 | Joshua Decker Wyoming, MI 6/23/2007 | 295 |
| 100 | Jason St. Clair Birdseye, IN 4/17/2021 | 312.5 | Vincent Delossantos Carrollton, MI 4/26/2008 | 200 | Benjamin Motl St. Louis, MO 3/17/2018 | 322.5 |
| 110 | Taylor Epperson Columbia, MO 3/4/2017 | 237.5 | Marc Kessler Macomb, IL 3/17/2018 | 227.5 | Craig Koehrsen East Peoria, IL 6/26/2011 | 312.5 |
| 125 | Marc Kessler Macomb, IL 3/4/2017 | 265 | Marc Kessler Macomb, IL 3/4/2017 | 217.5 | Raul Donati Osceola, IN 6/26/2011 | 307.5 |
| | Marc Kessler | | Todd Moore | | Todd Moore | |

| | | | | | | |
|------|--|-----|---|--------|--|-------|
| 145 | Macomb, IL 6/7/2019 | 275 | Markham, IL 4/18/2012 | 237.5 | Markham, IL 4/18/2012 | 327.5 |
| 145+ | Jason Rogers Flint, MI 4/30/2011 | 240 | Julius Maddox Owensboro, KY 11/7/2015 | Herbst | Rich DeLeon Hanson, MA 4/26/2008 | 282.5 |

| Teenage 1 (14-15) Unequipped | | | | | | |
|------------------------------|---|-------|--|-------|---|-------|
| Weight | Squat | | Bench Press | | Deadlift | |
| 52 | Jacob Stagg Evansville, IN 4/27/2013 | 97.5 | Dylan Price China Township, MI 5/15/2009 | 90 | Jacob Stagg Evansville, IN 4/27/2013 | 145 |
| 56 | Blake Boarman Evansville, IN 11/15/2016 | 92.5 | Blake Boarman Evansville, IN 11/15/2016 | 67.5 | Blake Boarman Evansville, IN 11/15/2016 | 140 |
| 60 | Andrew Stagg Evansville, IN 3/6/2010 | 110 | Dylan Price China Township, MI 5/5/2010 | 90 | Blake Boardman Evansville, IN 7/4/2018 | 157.5 |
| 67.5 | | | Blake Harris Walkerton, IN 4/19/2008 | 97.5 | Beau Boswell Croswell, MI 5/21/2010 | 165 |
| 75 | Louis Hoover Princeton, IN 4/27/2013 | 137.5 | Louis Hoover Princeton, IN 4/27/2013 | 95 | Louis Hoover Princeton, IN 4/27/2013 | 182.5 |
| 82.5 | Reagan Cray 11/9/2013 | 125 | Michael Chaffee Granger, IN 8/14/2010 | 105 | Cole Tying Boonville, IN 7/25/2015 | 205 |
| 90 | | | Juan Gomez Wyoming, MI 3/5/2011 | 115 | Juan Gomez Wyoming, MI 3/5/2011 | 182.5 |
| 100 | Lucas Keele Mt. Carmel, IL 4/27/2013 | 85 | Daniel Duncan Mexico, MO 5/24/2008 | 85 | Matt Ballard Quincy, IL 6/15/2013 | 182.5 |
| 110 | | | Jared Holycross DeGraff, OH 4/5/2008 | 112.5 | Joe Dean Marshfield, MA 3/4/2006 | 180 |

| | | | | | | |
|-----|--|-------|---|-----|---|-------|
| 125 | Blake Stroud Evansville, IN 3/4/2017 | 215 | Blake Stroud Evansville, IN 7/15/2017 | 160 | Blake Stroud Evansville, IN 3/18/2017 | 222.5 |
| 145 | James Meredith Adair, IL 7/10/2021 | 182.5 | James Meredith Adair, IL 7/10/2021 | 150 | James Meredith Adair, IL 7/10/2021 | 182.5 |

| Teenage 2 (16-17) Unequipped | | | | | | |
|------------------------------|---|-------|---|-------|--|-------|
| Weight | Squat | | Bench Press | | Deadlift | |
| 52 | Evan Seng Evansville, IN 10/10/2020 | 117.5 | Sergio Vences Chicago, IL 11/10/2012 | 77.5 | Evan Seng Evansville, IN 10/10/2020 | 135 |
| 56 | Stephen Wrenn Good Hope, IL 11/9/2013 | 100 | Dillon Walker Holtwood, PA 4/23/2010 | 70 | Dillon Walker Holtwood, PA 4/23/2010 | 170 |
| 60 | Jacob Stagg Evansville, IN 3/7/2015 | 130 | Dylan Price China Township, MI 3/5/2011 | 100 | Zachary Maxfield Croswell, MI 3/5/2011 | 187.5 |
| 67.5 | Beau Boswell Croswell, MI 6/24/2011 | 147.5 | Bobby Sutherby Jackson, MI 3/14/2009 | 102.5 | Bobby Sutherby Jackson, MI 3/14/2009 | 182.5 |
| 75 | Cole Tying Boonville, IN 11/5/2016 | 165 | Aaron O'Neil Macomb, IL 2/9/2013 | 122.5 | Cole Tying Boonville, IN 11/5/2016 | 230 |
| 82.5 | Tim Stokes Iowa 12/17/2011 | 187.5 | Tim Stokes Iowa 12/17/2011 | 130 | Cole Tying Evansville, IN 7/15/2017 | 242.5 |
| 90 | Trevor Mann MaComb, IL 2/4/2012 | 170 | Scott Pokornowski Allesan, MI 5/15/2010 | 132.5 | Monta Melvin St. Peters, MO 3/8/2014 | 215 |
| 100 | Rob Klump Granger, MI 3/5/2011 | 205 | Zachary Griggs Granger, IN 4/5/2008 | 140 | Rob Klump Granger, MI 3/5/2011 | 257.5 |
| 110 | Tanner White Keokuk, IA | 212.5 | Gavin Cartmell South Boardman, MI | 155 | Tanner White Keokuk, IA | 252.5 |

| | | | | | | |
|------|---|-----|---|-------|---|-------|
| | 11/9/2013 | | 3/17/2018 | | 11/9/2013 | |
| 125 | | | Blake Stroud Evansville, IN 9/8/2018 | 172.5 | Matt Metzoran 4/12/2014 | 240 |
| 145 | Evan Williams Evansville, IN 3/8/2014 | 205 | Blake Stroud Evansville, IN 3/17/2018 | 170 | Blake Stroud Evansville, IN 7/4/2018 | 237.5 |
| 145+ | | | Doug Cordle Springfield, OH 2/22/2014 | 110 | Doug Cordle Springfield, OH 3/22/2015 | 230 |

| Teenage 3 (18-19) Unequipped | | | | | | |
|------------------------------|--|-------|---|-------|---|-------|
| Weight | Squat | | Bench Press | | Deadlift | |
| 52 | Johnathon Wrenn Good Hope, IL 2/4/2012 | 142.5 | Johnathon Wrenn Good Hope, IL 6/25/2011 | 87.5 | Johnathon Wrenn Good Hope, IL 2/4/2012 | 155 |
| 60 | Jimmy Fairchild Crowell, MI 3/6/2010 | 150 | Jimmy Fairchild Crowell, MI 3/6/2010 | 107.5 | Jimmy Fairchild Crowell, MI 3/6/2010 | 197.5 |
| 67.5 | Jacob Stagg Evansville, IN 3/5/2016 | 140 | Jimmy Fairchild Crowell, MI 3/5/2011 | 112.5 | Jimmy Fairchild Crowell, MI 3/5/2011 | 182.5 |
| 75 | Nicolas Hrabley Evansville, IN 2/4/2012 | 172.5 | Simon Gayed Metamora, IL 4/30/2011 | 137.5 | Brandon Mitchell Quincy, IL 11/9/2013 | 215 |
| 82.5 | Ryan Lima St. Peters, MO 3/7/2015 | 202.5 | Jordan Neu Newburgh, IN 3/8/2014 | 125 | Cole Tying Evansville, IN 6/9/2019 | 260 |
| 90 | Jonathan McCrory Scottsburg, IN 3/8/2013 | 200 | Isaac Redman Mt. Vernon, IN 3/7/2015 | 147.5 | Jake Scattone McLeansboro, IL 3/18/2017 | 287.5 |
| 100 | Terry Cox Jr Casey, IL 3/16/2019 | 182.5 | Chris Perez Clio, MI 8/15/2009 | 150 | Korby Foxall Macomb, IL 7/15/2017 | 267.5 |
| | Nick DeJong | | Chris Perez | | Chris Perez | |

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|------|---|-----|---|-------|---|-------|
| 110 | Columbia, MO 2/4/2012 | 140 | Clio, MI 11/7/2009 | 152.5 | Clio, MI 11/7/2009 | 240 |
| 125 | Max Loeb Lawrenceville, IN 3/8/2014 | 220 | Max Loeb Lawrenceville, IN 3/8/2014 | 150 | Max Loeb Lawrenceville, IN 3/8/2014 | 230 |
| 145 | | | Chad Small Maplewood, OH 12/12/2009 | 130 | Chad Small Maplewood, OH 12/12/2009 | 225 |
| 145+ | Jared Livingston Flint, MI 3/9/2013 | 205 | Jared Livingston Flint, MI 3/9/2013 | 115 | Jared Livingston Flint, MI 3/9/2013 | 202.5 |

| Junior (20-23) Unequipped | | | | | | |
|---------------------------|--|-------|--|-------|--|-------|
| Weight | Squat | | Bench Press | | Deadlift | |
| 52 | | | Ryan Sutera 3/7/2015 | 77.5 | | |
| 56 | Johnathon Wrenn Good Hope, IL 3/9/2013 | 160 | Johnathon Wrenn Good Hope, IL 3/9/2013 | 95 | Johnathon Wrenn Good Hope, IL 3/7/2015 | 170 |
| 67.5 | Jordan Williams 3/5/2016 | 167.5 | Neil Dreisig Peoria, IL 11/10/2007 | 137.5 | Jordan Williams 3/5/2016 | 202.5 |
| 75 | Casey Day North Liberty, IA 10/2/2010 | 175 | Chase Baiers Allegan, MI 6/25/2011 | 145 | Jake Miller Kimball, MI 3/5/2011 | 290 |
| 82.5 | John Stein East Lansing, MI 6/24/2011 | 200 | Erich Daniel Kewanee, IL 8/27/2011 | 152.5 | John Hawkins Aubrun Hills, MI 4/26/2008 | 265 |
| 90 | Gino Romanelli Muskegon, MI 4/17/2021 | 210 | Chris Gard Columbia, MO 4/30/2011 | 150 | Andrew Heuvelman St. Peters, MO 3/8/2014 | 247.5 |
| 100 | Cody Bodnar Muskegon, MI 3/7/2015 | 242.5 | Christopher Risner Saranac, MI 8/14/2010 | 170 | Gideon Kluge Pella, IA 3/5/2016 | 280 |

| | | | | | | |
|------|---|-------|---|-------|--|-------|
| 110 | George Head Evansville, IN 3/6/2010 | 227.5 | George Head Evansville, IN 3/6/2010 | 165 | Chris Perez Clio, MI 10/16/2010 | 272.5 |
| 125 | Chrs Zapata Evansville, IN 4/17/2021 | 227.5 | Chris Zapata Evanville, IN 4/17/2021 | 150 | Chrs Zapata Evansville, IN 4/17/2021 | 277.5 |
| 145 | Johnathon Jones St. Peters, MO 3/7/2015 | 177.5 | Jordan Ritchie Quincy, IL 2/4/2012 | 120 | Michael Stewart Port Huron, MI 3/6/2010 | 272.5 |
| 145+ | Joe Newton Mt. Vernon, IN 3/6/2010 | 227.5 | Thomas Davis South Bend, IN 6/22/2013 | 207.5 | Matthew Marsiglia Grand Rapids, MI 6/23/2007 | 232.5 |

| Master 1 (40-44) Unequipped | | | | | | |
|-----------------------------|---|-------|---|-------|--|-------|
| Weight | Squat | | Bench Press | | Deadlift | |
| 56 | Dano Hall Evansville, IN 4/25/2009 | 100 | | | | |
| 67.5 | Todd Greenman Wayland, MI 6/24/2011 | 160 | Todd Greenman Wayland, MI 8/14/2010 | 125 | Todd Greenman Wayland, MI 8/15/2009 | 182.5 |
| 75 | Mike Stagg Evansville, IN 3/6/2010 | 170 | Michael Evans Edwardsburg, MI 3/5/2011 | 162.5 | Mike Stagg Evansville, IN 3/6/2010 | 220 |
| 82.5 | Brien Whitcomb Hartland, MI 3/6/2010 | 167.5 | Miguel Rulan Flushing, MI 6/25/2011 | 150 | Michael Cain Massachusetts 6/14/2009 | 180 |
| 90 | Brad Morton Evansville, IN 3/6/2010 | 185 | Ron Madison Muskegon, MI 9/1/2014 | 182.5 | Ron Madison Muskegon, MI 9/1/2014 | 250 |
| 100 | Joseph Chowhan South Boardman, MI 3/17/2018 | 205 | Joseph Chowhan South Boardman, MI 3/17/2018 | 182.5 | David Ingemi Shoreham, NY 4/26/2008 | 265 |
| 110 | Archie Leatherman Nashville, MI | 205 | Keith Herron Churubusco, IN | 197.5 | Kelvin Hayes Evansville, IN | 277.5 |

| | 3/6/2010 | | 3/5/2011 | | 6/26/2011 | |
|-----|---|-----|---|-------|---|-------|
| 125 | Pat Ivey Columbia, MO 12/3/2016 | 250 | John Johnson Port Huron, MI 1/31/2009 | 212.5 | Pat Ivey Columbia, MO 12/3/2016 | 280 |
| 145 | Tobias Elmer Evansville, IN 3/17/2018 | 245 | John Johnson Port Huron, MI 5/15/2010 | 227.5 | Wesley Hanna Marquette, MI 3/6/2010 | 257.5 |

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|------|--|--|--|-------|--|--|
| 145+ | | | Reggie Bradford Flint, MI 3/9/2013 | 242.5 | | |
|------|--|--|--|-------|--|--|

| Master 2 (45-49) Unequipped | | | | | | |
|-----------------------------|---|-------|---|-------|---|-------|
| Weight | Squat | | Bench Press | | Deadlift | |
| 56 | | | Eric Green Norwalk, IA 12/4/2010 | 82.5 | | |
| 67.5 | | | Robert Fricke Bloomingtondale, MI 8/26/2006 | 85 | Robert Fricke Bloomingtondale, MI 8/26/2006 | 125 |
| 75 | Steve Sielawa Caledonia, MI 6/24/2011 | 182.5 | Mike Stagg Evansville, IN 7/15/2017 | 147.5 | Steve Sielawa Caledonia, MI 3/5/2011 | 227.5 |
| 82.5 | | | Mike Stagg Evansville, IN 7/4/2018 | 150 | Dave Williamson Kalamazoo, MI 8/16/2008 | 205 |
| 90 | James Tracey Brockton, MA 6/24/2011 | 187.5 | Roger Utley Evansville, IN 7/7/2007 | 160 | Mike Jeffries Sedalia, MO 1/12/2013 | 252.5 |
| 100 | | | David Leslie DeWitt, IA 12/4/2010 | 190 | Bruce Thomas Henderson, KY 6/26/2011 | 282.5 |
| 110 | Craig Koerhson East Peoria, IL 11/20/2010 | 215 | Raul Donati Osceola, IN 10/16/2010 | 195 | Craig Koerhson East Peoria, IL 11/20/2010 | 312.5 |
| 125 | | | Raul Donati Osceola, IN 6/25/2011 | 202.5 | Raul Donati Osceola, IN 6/25/2011 | 307.5 |
| 145 | Derrick Hill Evansville, IN 3/16/2019 | 200 | William Buckley Oak Forest, IL 8/14/2010 | 190 | Derrick Hill Evansville, IN 3/4/2017 | 235 |
| 145+ | Dennis Stouder Nappanee, IN | 230 | Victor Patterson Peoria, IL | 205 | Jason Dalen | 252.5 |

5/15/2010

2/18/2012

3/7/2015

Master 3 (50-54) Unequipped

| Weight | Squat | Bench Press | Deadlift | | | |
|--------|---|---|---|--|--|-------|
| 60 | | Jonathan Gabriel Gordon, WI 4/30/2011 | 120 | | | |
| 67.5 | David Wilson Dearborn, MI 3/14/2009 | 165 | David Wilson Dearborn, MI 3/14/2009 | 132.5 | David Wilson Dearborn, MI 3/14/2009 | 227.5 |
| 75 | | Mike Stagg Evansville, IN 6/8/2019 | 148 | David Nicastro Mullica Hill, NJ 10/22/2006 | 242.5 | |
| 82.5 | Mike Stagg Evansville, IN 4/17/2021 | 187.5 | William Carlough Moline, IL 8/27/2011 | 140 | John Miklos Evansville, IN 12/16/2019 | 227.5 |
| 90 | Mike Tanis Osterville, MA 3/5/2016 | 162.5 | Bruce Witzelman Churubusco, IN 8/14/2010 | 155 | Mike Tanis Osterville, MA 3/5/2016 | 200 |
| 100 | Rick Farley Bolivar, TN 10/11/2020 | 185 | Mark LeClair Twin Lakes, MI 11/7/2009 | 180 | Bruce Thomas Henderson, KY 3/8/2014 | 287.5 |
| 110 | Greg Tilley Halifax, MA 3/16/2019 | 175 | Woody Brown Evansville, IN 3/17/2018 | 170 | Greg Tilley Halifax, MA 3/16/2019 | 215 |
| 125 | Ed Riley Chicago, IL 2/4/2012 | 245 | Raymond Clasing Forest Hill, MD 4/24/2010 | 182.5 | Ed Riley Chicago, IL 3/7/2015 | 302.5 |
| 145 | Wayne Hill Coopersville, MI 4/17/2021 | 227.5 | Cecil Schirtzing Mt. Vernon, IN 3/16/2019 | 227.5 | Derrick Hill Evansville, IN 10/11/2020 | 240 |
| 145+ | Bill Duncan Mexico, MO 12/17/2011 | 230 | Terry Cox Evansville, IN 12/1/2018 | 202.5 | Randy Pirtle Henderson, KY 3/7/2015 | 257.5 |

| Master 4 (55-59) Unequipped | | | | | | |
|-----------------------------|---|-------|---|-------|---|-------|
| Weight | Squat | | Bench Press | | Deadlift | |
| 75 | | | Mark Allen Henderson, KY 8/9/2014 | 55 | Mark Allen Henderson, KY 8/9/2014 | 80 |
| 75 | | | Randy Francis New Breman, OH 12/11/2010 | 120 | | |
| 82.5 | | | John Jachim Pierson, MI 7/15/2017 | 142.5 | Gregory Kleyn Des Plaines, IL 5/21/2011 | 250 |
| 90 | Mike Tanis Osterville, MA 4/17/2021 | 160 | Wayne Nicolen Kalamazoo, MI 3/6/2010 | 152.5 | Maron Cury Marysville, OH 3/6/2010 | 210 |
| 100 | Wally Seibel Chicota, TX 11/9/2013 | 190 | Jerome McKay Flint, MI 3/8/2014 | 167.5 | Mark LeClair Twin Lake, MI 3/5/2016 | 240 |
| 110 | Bruce Thomas Henderson, KY 10/11/2020 | 220 | Doug Peterson Peoria, IL 2/18/2012 | 165 | Pat Tyring Boonville, IN 7/25/2015 | 282.5 |
| 125 | Gary Krueger Paw Paw, MI 2/25/2006 | 137.5 | Jeff Buchin Grand Ledge, MI 5/6/2006 | 185 | Ed Riley Chicago, IL 4/18/2012 | 302.5 |
| 145 | | | William Buckley Macomb, IL 3/4/2017 | 190 | Ray Clasing Forest Hill, MD 3/16/2019 | 182.5 |
| 145+ | | | Terry Cox Casey, IL 4/17/2021 | 200 | | |

| Master 5 (60-64) Unequipped | | | | | | |
|-----------------------------|-----------------------------------|----|-----------------------------------|------|-----------------------------------|-------|
| Weight | Squat | | Bench Press | | Deadlift | |
| 60 | Gary Morrison Grand Rapids, MI | 95 | Gary Morrison Grand Rapids, MI | 82.5 | Gary Morrison Grand Rapids, MI | 137.5 |

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|------|---|-------|--|-------|---|-------|
| | 3/6/2010 | | 3/6/2010 | | 3/6/2010 | |
| 67.5 | Mike Wider Bristol, IN 3/5/2011 | 132.5 | Tom Urani St. Louis, MO 1/12/2013 | 97.5 | Mark Evans Louisville, KY 7/15/2017 | 196 |
| 75 | Robert Herbst Larchmont, NY 4/17/2021 | 127.5 | Robert Herbst Larchmont, NY 3/16/2019 | 95 | Robert Herbst Larchmont, NY 10/10/2020 | 175 |
| 82.5 | Jon Smoker Elkhart, IN 6/24/2011 | 165 | Cliff Freese Lima, OH 6/23/2007 | 125 | Robert Batko Houghton Lake, MI 8/14/2010 | 212.5 |
| 90 | Stephen "Wally" Seibel Chicota, TX 3/4/2017 | 155 | Wayne Nicolen Portage, MI 4/22/2017 | 152.5 | Tom Smith Virginia Beach, VA 3/14/2009 | 260 |
| 100 | Randy Dickens Evansville, IN 3/17/2018 | 130 | Joe McDonald 11/7/2015 | 150 | Mark LeClair Muskegon, MI 4/17/2021 | 242.5 |
| 110 | James Bell Columbia, MO 12/3/2016 | 170 | Edward Geiger Columbia City, IN 4/5/2008 | 165 | Pat Tyring Evansville, IN 3/18/2017 | 272.5 |
| 125 | Ed Riley Chicago, IL 4/17/2021 | 233 | Ted Striverson Ft. Wayne, IN 6/22/2013 | 165 | Ed Riley Chicago, IL 4/17/2021 | 272.5 |
| 145 | | | Jeff Buchin Grand Ledge, MI 9/12/2009 | 185 | Raymond Clasing Forest Hill, MD 4/17/2021 | 190 |

| Master 6 (65-69) Unequipped | | | | | | |
|-----------------------------|--|-----|---|-----|--|-----|
| Weight | Squat | | Bench Press | | Deadlift | |
| 67.5 | Tom LaFontaine Columbia, MO 2/4/2012 | 110 | Tom Urani St. Louis, MO 2/15/2014 | 100 | Tom Urani St. Louis, MO 2/15/2014 | 185 |
| 75 | Robert White Niles, MI 3/17/2018 | 120 | Jon Smoker Elkhart, IN 9/1/2014 | 100 | Lynn Miller Columbia, MO 12/3/2016 | 183 |
| | Robert Batko | | Bill Stoner | | Larry Emerson | |

| | | | | | | |
|------|---|-----|---|-------|---|-------|
| 82.5 | Houghton Lake, MI 3/5/2011 | 120 | Alma, MI 8/14/2010 | 112.5 | 4/9/2017 | 218 |
| 90 | Dave Mansfield Hanson, MA 2/22/2014 | 160 | Wayne Nicolen Portage, MI 2/1/2020 | 147.5 | Dave Mansfield Hanson, MA 3/5/2016 | 240 |
| 100 | | | Tim Andrews Kalamazoo, MI 11/10/2007 | 135 | Bill Coleman Scituate, MA 4/14/2007 | 177.5 |
| 110 | | | Joe Brodski Saginaw, MI 1/22/2011 | 147.5 | Roger Horn St. Louis, MO 3/17/2018 | 195 |
| 125 | | | Jeff Buchin Grand Ledge, MI 3/4/2017 | 172.5 | Frank Hansen Keokuk, IA 9/1/2014 | 132.5 |
| 145 | Gary Krueger Paw Paw, MI 4/22/2017 | 140 | Jeff Buchin Grand Ledge, MI 8/27/2016 | 182.5 | Gary Krueger Paw Paw, MI 9/1/2014 | 210 |

| Master 7 (70-74) Unequipped | | | | | | |
|-----------------------------|--|-------|--|-------|--|-------|
| Weight | Squat | | Bench Press | | Deadlift | |
| 60 | Tom LaFontaine Columbia, MO 4/17/2021 | 80 | Steve Smith Oviedo, FL 6/23/2007 | 77.5 | Tom LaFontaine Columbia, MO 4/17/2021 | 117.5 |
| 75 | | | Jon Smoker Elkhart, IN 4/17/2021 | 100 | | |
| 82.5 | Roberto Batko Houghton Lake, MI 3/5/2016 | 160 | Eddie Angstrom Davenport, IA 8/27/2011 | 125 | Larry Emerson Longmeadow, MA 3/16/2019 | 217.5 |
| 90 | Dave Mansfield Hanson, MA 3/17/2018 | 155 | Ron Hemenway Webberville, MI 3/5/2011 | 130 | Dave Mansfield Hanson, MA 3/16/2019 | 220 |
| 100 | Tim Andrews Kalamazoo, MI 3/14/2009 | 122.5 | Tim Andrews Kalamazoo, MI 4/5/2008 | 127.5 | Dave Mansfield Hanson, MA 4/17/2021 | 205 |

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|-----|---|-----|--|-------|---|-----|
| 110 | | | Joe Brodski Saginaw, MI 4/22/2017 | 135 | | |
| 125 | | | Jeff Buchin Grand Ledge, MI 6/8/2019 | 167.5 | | |
| 145 | Gary Krueger Paw Paw, MI 6/7/2019 | 150 | Gary Krueger Paw Paw, MI 6/8/2019 | 125 | Gary Krueger Paw Paw, MI 6/9/2019 | 200 |

Master 8 (75-79) Unequipped

| Weight | Squat | | Bench Press | | Deadlift | |
|--------|--|-----|--|------|---|-------|
| 67.5 | | | Iosf Plagov Chicago, IL 4/10/2010 | 90 | | |
| 75 | | | Jim Stovall Smithton, MO 4/17/2021 | 82.5 | Brewster Righter Locus Valley, NY 2/12/2011 | 145 |
| 82.5 | Robert Batko Houghton Lake, MI 4/17/2021 | 125 | Jim Stovall Macomb, IL 6/8/2019 | 85 | Robert Batko Houghton Lake, MI 4/17/2021 | 202.5 |
| 100 | | | Tim Andrews Kalamazoo, MI 9/1/2014 | 92.5 | | |

Master 9 (80-84) Unequipped

| Weight | Squat | | Bench Press | | Deadlift | |
|--------|-------|--|---|-------|---|------|
| 75 | | | Gerald Lindas Middleton, WI 3/16/2019 | 102.5 | | |
| 82.5 | | | Norman Gysbers Columbia, MO 12/3/2016 | 42.5 | Norman Gysbers Columbia, MO 12/3/2016 | 72.5 |
| | | | Herb Strange | | | |

| 110 | | | Kansas City, MO 1/12/2013 | 92.5 | | |
|-------------------------------------|-------|--|--------------------------------------|------|--------------------------------------|-------|
| Master 10 (85-89) Unequipped | | | | | | |
| Weight | Squat | | Bench Press | | Deadlift | |
| 90 | | | Charles Lee Lima, OH 9/30/2006 | 97.5 | Charles Lee Lima, OH 6/23/2007 | 147.5 |

| Police, Military, Fire Unequipped | | | | | | |
|--|---|-------|--|-------|--|-----|
| Weight | Squat | | Bench Press | | Deadlift | |
| 75 | | | Cody Greene Evansville, IN 12/16/2019 | 135 | Cody Greene Evansville, IN 12/16/2019 | 200 |
| 82.5 | Jeremy Rogers Ft. Leavenworth, KS 3/17/2018 | 230 | Jeremy Shepard Lawrenceburg, IN 12/11/2010 | 152.5 | Jeremy Rodgers Ft. Leavenworth, KS 3/17/2018 | 280 |
| 90 | Erik Belford Newburgh, IN 3/8/2014 | 175 | Erik Belford Newburgh, IN 3/8/2014 | 125 | Erik Belford Newburgh, IN 3/8/2014 | 215 |
| 100 | | | Rick Reed Evansville, IN 9/8/2018 | 140 | Rick Reed Evansville, IN 9/8/2018 | 200 |
| 125 | Nathan Balanowski Lansing, MI 3/6/2010 | 232.5 | Adam Rickenbach 2/22/2014 | 207.5 | Nathan Balanowski Lansing, MI 3/6/2010 | 290 |
| 145 | Wayne Hill Coopersville, MI 4/17/2021 | 227.5 | Wayne Hill Coopersville, MI 4/17/2021 | 180 | Wayne Hill Coopersville, MI 4/17/2021 | 210 |
| 145+ | | | John Dolan Chicago, IL 4/19/2008 | 280 | | |

Single Event Equipped American Records Updated 04/25/2021

New Record

Corrected Record

| Open Equipped | | | | | | |
|---------------|--|-------|--|-------|---|-------|
| Weight | Squat | | Bench Press | | Deadlift | |
| 52 | Logan Zielinski Indianapolis, IN 6/23/2007 | 67.5 | Logan Zielinski Indianapolis, IN 6/23/2007 | 67.5 | Chung Chun Wong Monteverde, FL 3/9/2013 | 142.5 |
| 56 | Mason Harbour DeGraff, OH 4/5/2008 | 110 | Jake Carter Clermont, FL 3/9/2013 | 62.5 | Mason Harbour DeGraff, OH 4/5/2008 | 147.5 |
| 60 | Zachary Maxfield Croswell, MI 3/6/2010 | 170 | Dylan Price China Township, MI 3/5/2011 | 102.5 | Zach Maxfield Croswell, MI 6/26/2011 | 192.5 |
| 67.5 | David Wilson Dearborn, MI 3/14/2009 | 165 | David Wilson Dearborn, MI 3/14/2009 | 132.5 | David Wilson Dearborn, MI 3/14/2009 | 220 |
| 75 | Tien Ha Monteverde, FL 2/4/2012 | 160 | Scott Hazleton Lake Orion, MI 5/5/2007 | 192.5 | David Nicaastro Mullica Hill, NJ 10/22/2006 | 277.5 |
| 82.5 | Jake McBrien DeGraff, OH 4/5/2008 | 192.5 | Miguel Ruelan Flushing, MI 10/16/2010 | 205 | Gregory Kleyn Des Plaines, IL 4/10/2010 | 252.5 |
| 90 | Doug Harney Longwood, FL 5/14/2006 | 210 | Tom Mitchell Hampshier, IL 3/4/2017 | 225 | Chuck Peters Berkly, MA 3/4/2006 | 250 |
| 100 | Jason St. Clair Birdseye, IN 12/16/2019 | 320 | David Walker Burlington, WI 11/10/2007 | 242.5 | Chad Dailing Milford, IN 11/20/2005 | 275 |
| 110 | Aaron Rosenhammer Henderson, KY 6/7/2019 | 265 | Dave Walker Burlington, WI 4/10/2010 | 262.5 | Craig Koehrson East Peoria, IL 2/20/2010 | 330 |
| 125 | Jason Beal Quincy, IL 3/7/2015 | 267.5 | Horace Lane Sterling Heights, MI 2/25/2006 | 245 | Raul Donati Osceola, IN 3/26/2011 | 300 |
| | Chris Forestier | | Dave Beversdorf | | Chris Forestier | |

| | | | | | | |
|------|---|-----|---|-------|--|-----|
| 145 | Canton, IL 3/14/2009 | 320 | Columbia, MO 1/12/2013 | 260 | Canton, IL 3/14/2009 | 325 |
| 145+ | Dennis Stouder Nappanee, IN 6/24/2011 | 255 | Dave Beversdorf Columbia, MO 11/10/2012 | 252.5 | Justin Sproul East Bridgewater, MA 3/16/2019 | 220 |

| Teenage (14-15) Equipped | | | | | | |
|--------------------------|--|-------|--|------|---|-------|
| Weight | Squat | | Bench Press | | Deadlift | |
| 52 | Logan Zielinski Indianapolis, IN 6/23/2007 | 67.5 | Logan Zielinski Indianapolis, IN 6/23/2007 | 67.5 | Logan Zielinski Indianapolis, IN 6/23/2007 | 100 |
| 56 | Mason Harbour DeGraff, OH 4/5/2008 | 110 | Jake Carter Clermont, FL 3/9/2013 | 62.5 | Kyler Ferrell-Clegg Monteverde, FL 3/8/2014 | 150 |
| 60 | | | Ryan Davidson Dayton, OH 12/11/2010 | 42.5 | Chase Wooldridge Elkhart, IN 3/26/2011 | 137.5 |
| 67.5 | Cody Weeks DeGraff, OH 4/5/2008 | 130 | Juan Cavarrubias 3/9/2013 | 87.5 | Juan Cavarrubias 3/9/2013 | 185 |
| 75 | | | Zach Stewart Quincy, OH 12/12/2009 | 77.5 | Zach Stewart Quincy, OH 12/12/2009 | 147.5 |
| 82.5 | Craig Boling DeGraff, OH 12/12/2009 | 165 | Michael Chaffee Granger, IN 8/14/2010 | 87.5 | Joseph Coulson DeGraff, OH 4/5/2008 | 192.5 |
| 100 | Alejundro Ruiz Monteverde, FL 3/8/2014 | 172.5 | Alejundro Ruiz Monteverde, FL 3/8/2014 | 130 | Alejundro Ruiz Monteverde, FL 3/8/2014 | 212.5 |
| 110 | Jared Holycross DeGraff, OH 4/5/2008 | 195 | | | Jared Holycross DeGraff, OH 4/5/2008 | 187.5 |

| Teenage (16-17) Equipped | | | | | | |
|--------------------------|-------|--|-------------|--|----------|--|
| Weight | Squat | | Bench Press | | Deadlift | |

| | | | | | | |
|------|---|-------|---|-------|---|-------|
| 56 | Kyler Ferrell-Clegg Monteverde, FL 3/8/2014 | 92.5 | Kyler Ferrell-Clegg Monteverde, FL 3/8/2014 | 75 | Kyler Ferrell-Clegg Monteverde, FL 3/8/2014 | 150 |
| 60 | Zachary Maxfield Croswell, MI 3/6/2010 | 170 | Dylan Price China Township, MI 3/5/2011 | 102.5 | Michael Schaffer Quincy, OH 6/26/2011 | 142.5 |
| 67.5 | | | Mason Harbour DeGraff, OH 12/12/2009 | 107.5 | Mason Harbour DeGraff, OH 12/12/2009 | 195 |
| 75 | Tien Ha Monteverde, FL 3/9/2013 | 163.5 | Mason Harbour DeGraff, OH 6/25/2011 | 147.5 | Michael Megler Monteverde, FL 3/5/2016 | 227.5 |
| 82.5 | Joseph Coulson DeGraff, OH 12/12/2009 | 182.5 | Jarrett Bryson 6/25/2016 | 107.5 | Joseph Coulson DeGraff, OH 12/12/2009 | 227.5 |
| 90 | Zach Stewart Quincy, OH 6/24/2011 | 152.5 | Whilden Perry Swartz Creek, MI 3/6/2010 | 125 | Cray Reagon Quincy, IL 6/25/2016 | 220 |
| 100 | Cody Lackin 3/9/2013 | 227.5 | Alejandro Ruiz Monteverde, FL 3/5/2016 | 152.5 | Alejandro Ruiz Monteverde, FL 3/5/2016 | 250 |
| 110 | Brad Moffet DeGraff, OH 4/5/2008 | 157.5 | Brad Moffet DeGraff, OH 4/5/2008 | 92.5 | Jared Holycross DeGraff, OH 12/12/2009 | 202.5 |
| 125 | Chad Small Maplewood, OH 4/5/2008 | 182.5 | | | | |

| Teenage (18-19) Equipped | | | | | | |
|--------------------------|--|------|--|----|--|-------|
| Weight | Squat | | Bench Press | | Deadlift | |
| 52 | Chung Chun Wong Montverde, FL 3/9/2013 | 72.5 | Chung Chun Wong Montverde, FL 3/9/2013 | 55 | Chung Chun Wong Montverde, FL 3/9/2013 | 142.5 |
| | Yuane Yang | | James Fairchild | | Zachary Maxfield | |

| | | | | | | |
|------|---|-------|---|-------|---|-------|
| 60 | Montverde, FL 3/9/2013 | 110 | Croswell, MI 6/26/2011 | 102.5 | Croswell, MI 6/26/2011 | 192.5 |
| 67.5 | Sung-Yueh Chang Monteverde, FL 3/5/2016 | 161 | Sung-Yueh Chang Monteverde, FL 3/5/2016 | 105 | Brett Faught Normal, IL 11/10/2007 | 190 |
| 75 | | | Qyniy Wang Monteverde, FL 3/5/2016 | 122.5 | Ryan Stewart Quincy, OH 12/12/2009 | 192.5 |
| 82.5 | Jake McBrien DeGraff, OH 4/5/2008 | 192.5 | Ryan Stewart Quincy, OH 12/11/2010 | 110 | Jake McBrien DeGraff, OH 4/5/2008 | 195 |
| 90 | Joe Coulson DeGraff, OH 6/24/2011 | 205 | Joe Coulson DeGraff, OH 6/25/2011 | 117.5 | Joe Coulson DeGraff, OH 6/26/2011 | 262.5 |
| 100 | | | Dillon Horn Pacific, MO 1/29/2011 | 145 | Menghue He Montverde, FL 3/5/2011 | 195 |
| 110 | Manuel Camacho Montverde, FL 2/4/2012 | 160 | Jared Holycross DeGraff, OH 12/11/2010 | 145 | Manuel Camacho Montverde, FL 2/4/2012 | 200 |
| 145 | Chad Small Maplewood, OH 12/12/2009 | 202.5 | | | | |

| Junior (20-23) Equipped | | | | | | |
|-------------------------|---|-------|--|-------|---|-------|
| Weight | Squat | | Bench Press | | Deadlift | |
| 90 | | | Michael Johnson Fort Gratiot, MI 3/14/2009 | 135 | | |
| 100 | Joseph Nudo Tinley Park, IL 6/24/2007 | 247.5 | Joseph Nudo Tinley Park, IL 6/24/2007 | 165 | Joseph Nudo Tinley Park, IL 6/24/2007 | 257.5 |
| 110 | | | Scott Perdaris Alto, MI 3/6/2010 | 112.5 | Scott Perdaris Alto, MI 3/6/2010 | 195 |

| | | | | | | |
|-----|--|-----|--|-----|--|-----|
| 125 | | | Michael Stewart Port Huron, MI 8/21/2010 | 175 | Michael Stewart Port Huron, MI 8/21/2010 | 255 |
| 145 | Cody Brant Jacksonville, IL 2/9/2013 | 340 | Jordan Ritchie Quincy, IL 11/10/2012 | 125 | Cody Brant Macomb, IL 11/10/2012 | 320 |

| Master 1 (40-44) Equipped | | | | | | |
|---------------------------|---|-------|--|-------|--|-------|
| Weight | Squat | | Bench Press | | Deadlift | |
| 67.5 | | | Todd Greenman Wayland, MI 8/15/2009 | 137.5 | Todd Greenman Wayland, MI 8/15/2009 | 192.5 |
| 75 | Mike Callaghan Whitman, MA 3/16/2019 | 192.5 | Scott Hazleton Lake Orion, MI 5/5/2007 | 192.5 | Mike Callaghan Whitman, MA 3/16/2019 | 200 |
| 82.5 | | | Miguel Ruelan Flushing, MI 10/16/2010 | 205 | Jeff Mumaw Grand Rapids, MI 2/25/2006 | 230 |
| 90 | Doug Harney Longwood, FL 5/14/2006 | 210 | Ron Madison Muskegon, MI 3/7/2015 | 207.5 | Chuck Peters Berkly, MA 3/4/2006 | 250 |
| 100 | David Stephens 3/7/2015 | 140 | Dave Walker Burlington, WI 11/10/2007 | 242.5 | Mark Wilcox East Bridgewater, MA 4/26/2008 | 260 |
| 110 | | | Dave Walker Burlington, WI 4/5/2008 | 250 | Mark Wilcox East Bridgewater, MA 3/4/2006 | 272.5 |
| 125 | | | Horace lane Sterling Heights, MI 2/25/2006 | 245 | Raul Donati Osceola, IN 3/26/2011 | 300 |
| 145 | Ron Nicodemus Fort Wayne, IN 4/5/2008 | 250 | | | | |
| 145+ | | | Cruz Torres Saginaw, MI | 185 | | |



| Master 2 (45-49) Equipped | | | | | | |
|---------------------------|--|-----|--|-------|---|-------|
| Weight | Squat | | Bench Press | | Deadlift | |
| 67.5 | | | John Ali-Rodgers Dayton, OH 12/11/2010 | 112.5 | | |
| 75 | Robert Fricke Bloomingtondale, MI 3/6/2010 | 105 | John Marks Detroit, MI 4/26/2008 | 140 | Robert Fricke Bloomingtondale, MI 2/25/2006 | 162.5 |
| 82.5 | Michael Callaghan Whitman, MA 4/17/2021 | 195 | Tatsuhito Nagai South Beloit, IL 4/10/2010 | 150 | Michael Callaghan Whitman, MA 4/17/2021 | 205 |
| 90 | David Stephens Chicago, IL 4/17/2021 | 110 | John Jachim Pierson, MI 5/15/2010 | 182.5 | Peter Pilkington East Bridgewater, MA 4/26/2008 | 207.5 |
| 100 | Derek Wallace Newburgh, IL 6/24/2011 | 286 | Mark LeClair Twin Lakes, MI 4/26/2008 | 227.5 | Brian Birchmeier Clio, MI 3/5/2011 | 227.5 |
| 110 | James Perry Saginaw, MI 3/5/2011 | 250 | Dave Walker Burlington, WI 4/10/2010 | 262.5 | Craig Koehrson East Peoria, IL 2/20/2010 | 330 |
| 125 | | | Noble Cozine Winfield, IA 5/6/2006 | 205 | Raul Donati Osceola, IN 6/26/2011 | 285 |
| 145 | | | Dave Beversdorf Columbia, MO 1/12/2013 | 260 | | |
| 145+ | Dennis Stouder Nappanee, IN 3/14/2009 | 250 | Dave Beversdorf Columbia, MO 11/10/2012 | 252.5 | Bill Duncan Mexico, MO 3/31/2007 | 215 |

| Master 3 (50-54) Equipped | | | | | | |
|---------------------------|--------------|--|--------------|--|--------------|--|
| Weight | Squat | | Bench Press | | Deadlift | |
| | | | | | | |
| | David Wilson | | David Wilson | | David Wilson | |

| | | | | | | |
|------|--|-------|---|-------|---|-------|
| 67.5 | Dearborn, MI 3/14/2009 | 165 | Dearborn, MI 3/14/2009 | 132.5 | Dearborn, MI 3/14/2009 | 220 |
| 75 | | | | | David Nicaastro Mullica Hill, NJ 10/22/2006 | 277.5 |
| 82.5 | | | Robert Fabriano Lansing, MI 3/5/2011 | 172.5 | Robert Fabriano Lansing, MI 3/5/2011 | 227.5 |
| 90 | | | John Jachim Pierson, MI 3/8/2014 | 172.5 | Bill Coleman Scituate, MA 6/14/2009 | 170 |
| 100 | Jim Bell St. Louis, MO 3/6/2010 | 237.5 | Mark LeClair Twin Lakes, MI 6/24/2011 | 232.5 | Bruce Thomas Henderson, KY 3/17/2018 | 267.5 |
| 110 | David Lawrence Kalamazoo, MI 2/25/2006 | 192.5 | David Walker Pinehurst, TX 3/8/2014 | 261 | David Lawrence Kalamazoo, MI 2/25/2006 | 182.5 |
| 125 | Brad Lovejoy Kingsville, OH 4/5/2008 | 220 | Noble Cozine Winfield, IA 3/31/2007 | 210 | Ed Riley Chicago, IL 3/8/2014 | 297.5 |
| 145 | Brad Lovejoy Kingsville, OH 9/11/2009 | 220 | Bruce Edwards Fenton, MI 10/16/2010 | 240 | | |
| 145+ | Dennis Stouder Nappanee, IN 6/24/2011 | 255 | Allen Turner Kalamazoo, MI 6/25/2011 | 162.5 | | |

| Master 4 (55-59) Equipped | | | | | | |
|----------------------------------|-------|--|---|-------|---|-------|
| Weight | Squat | | Bench Press | | Deadlift | |
| 75 | | | Randy Francis New Breman, OH 12/11/2010 | 147.5 | | |
| 82.5 | | | John Jachim Pirson, MI 7/15/2017 | 172.5 | Gregory Kleyn Des Plaines, IL 4/10/2010 | 252.5 |

| | | | | | | |
|-----|---|-------|---|-------|---|-------|
| 90 | Chuck Peters Berkley, MA 4/17/2021 | 228.5 | John Jachim Pirson, MI 3/18/2018 | 175 | Chuck Peters Berkley, MA 4/17/2021 | 238.5 |
| 100 | James Bell St. Louis, MO 6/24/2011 | 252.5 | Dell Allen South Bend, IN 6/22/2013 | 155 | Dave Mansfield Hanson, MA 3/4/2006 | 256 |
| 110 | Bruce Thomas Henderson, KY 6/7/2019 | 245 | David Walker 3/16/2019 | 242.5 | Bruce Thomas Henderson, KY 6/9/2019 | 277.5 |
| 125 | | | Jeff Buchin Grand Ledge, MI 5/6/2006 | 200 | | |
| 145 | | | Jeff Buchin Grand Ledge, MI 9/30/2006 | 190 | | |

| Master 5 (60-64) Equipped | | | | | | |
|---------------------------|---|-------|---|-------|--|-------|
| Weight | Squat | | Bench Press | | Deadlift | |
| 67.5 | | | Gary Morrison Grand Rapids, MI 3/3/2007 | 92.5 | Gary Morrison Grand Rapids, MI 6/23/2007 | 145 |
| 82.5 | Jeff Schooler Lansing, MI 6/24/2011 | 162.5 | Dave Hardy Mishawaka, IN 6/25/2011 | 132.5 | Robert Batko Houghton, MI 8/14/2010 | 227.5 |
| 90 | Dave Hardy Mishawaka, IN 3/5/2011 | 182.5 | Dave Hardy Mishawaka, IN 10/16/2010 | 142.5 | Robert Batko Houghton, MI 2/25/2006 | 222.5 |
| 100 | | | Joe Brodski Saginaw, MI 1/31/2009 | 140 | Dave Mansfield Hanson, MA 4/26/2008 | 256 |
| 110 | | | Brad Lovejoy Kingsville, OH 6/8/2019 | 145 | | |
| 125 | Gary Krueger Paw Paw, MI | 245 | Clay Barnett Mapleton, IL | 185 | Gary Krueger Paw Paw, MI | 230 |

| | | | | | | |
|-----|-----------|--|---|-----|----------|--|
| | 6/24/2011 | | 11/21/2009 | | 3/6/2010 | |
| 145 | | | Jeff Buchin Grand Ledge, MI 6/24/2011 | 205 | | |

| Master 6 (65-69) Equipped | | | | | | |
|---------------------------|---|-----|---|-------|---|-------|
| Weight | Squat | | Bench Press | | Deadlift | |
| 67.5 | | | | | | |
| 75 | Gary Haden Quincy, IL 3/17/2018 | 150 | Gary Haden Macomb, IL 3/2/2019 | 112.5 | Jon Smoker Elkhart, IN 9/1/2014 | 182.5 |
| 82.5 | Robert Batko Houghton Lake, MI 3/9/2013 | 170 | Robert Batko Houghton Lake, MI 3/9/2013 | 95 | Robert Batko Houghton Lake, MI 9/4/2012 | 235 |
| 90 | | | Gary Chapman Metamora, MI 4/27/2013 | 105 | | |
| 100 | Dave Mansfield Hanson, MA 6/24/2011 | 260 | Daryl Meloche Climax, MI 3/14/2009 | 125 | Dave Mansfield Hanson, MA 6/26/2011 | 260 |
| 110 | | | Roger Horn St. Louis, MO 6/8/2019 | 142.5 | | |
| 145 | | | Gary Krueger Paw Paw, MI 9/1/2014 | 152.5 | Gary Krueger Paw Paw, MI 9/1/2014 | 220 |

| Master (70-74) Equipped | | | | | | |
|-------------------------|--------------------------------------|-------|--------------------------------------|-------|--------------|--|
| Weight | Squat | | Bench Press | | Deadlift | |
| 75 | Gary Haden Quincy, IL 6/7/2019 | 152.5 | Gary Haden Quincy, IL 6/8/2019 | 102.5 | | |
| | | | | | Robert Batko | |

| | | | | | | |
|------|--|-------|--|-------|--|-------|
| 82.5 | | | | | Houghton Lake, MI 10/29/2016 | 207.5 |
| 90 | David Mansfield Hanson, MA 3/16/2019 | 207.5 | Gary Chapman Metamora, MI 4/27/2013 | 115 | David Mansfield Hanson, MA 3/16/2019 | 220 |
| 100 | David Mansfield Hanson, MA 3/4/2017 | 200 | | | David Mansfield Hanson, MA 3/4/2017 | 217.5 |
| 125 | | | Jeff Buchin Grand Ledge, MI 6/8/2019 | 192.5 | | |
| 145 | Gary Krueger Paw Paw, MI 6/7/2019 | 165 | Gary Krueger Paw Paw, MI 6/8/2019 | 125 | Gary Krueger Paw Paw, MI 6/9/2019 | 210 |

Master (80-84) Equipped

| Weight | Squat | Bench Press | Deadlift |
|--------|-------|--|----------|
| 90 | | Lloyd Coon Swartz Creek, MI 4/5/2008 | 57.5 |

Master (85-89) Equipped

| Weight | Squat | Bench Press | Deadlift |
|--------|-------|---------------------------------------|---------------------------------------|
| 90 | | Charles Lee Lima, OH 10/21/2006 | 95 |
| | | | Charles Lee Lima, OH 10/22/2006 |
| | | | 130 |

Police, Military, Fire Equipped

| Weight | Squat | Bench Press | Deadlift |
|--------|-------|--|----------|
| 100 | | David Walker Burlington, MI 11/10/2007 | 242.5 |
| | | David Walker | |

100

Burlington, MI
4/14/2009

260