

Women 44 kilograms								
Division	Squat		Bench Press		Deadlift		Total	
T1 14-15								
T2 16-17								
T3 18-19								
Junior 20-23								
Open 24-39	Becky Steckler Evansville, IN 6/10/2006	30	Becky Steckler Evansville, IN 6/10/2006	32.5	Becky Steckler Evansville, IN 6/10/2006	72.5	Becky Steckler Evansville, IN 6/10/2006	135
M1 40-44								
M2 45-49	Becky Steckler Evansville, IN 6/10/2006	30	Becky Steckler Evansville, IN 6/10/2006	32.5	Becky Steckler Evansville, IN 6/10/2006	72.5	Becky Steckler Evansville, IN 6/10/2006	135
M3 50-54								
M4 55-59								
M5 60-64								
M6 65-69								
M7 70-74								
M8 75-79								
M9 80-84								
M10 85-89								

Women 47.5 kilograms							
Division	Squat		Bench Press		Deadlift		Total
T1 14-15							
T2 16-17							
T3 18-19							

Junior 20-23								
Open 24-39	Sarah Gray Evansville, IN 12/6/2014	52.5	Sarah Gray Evansville, IN 12/6/2014	57.5	Sarah Gray Evansville, IN 12/6/2014	100	Sarah Gray Evansville, IN 12/6/2014	210
M1 40-44								
M2 45-49								
M3 50-54								
M4 55-59								
M5 60-64								
M6 65-69								
M7 70-74								
M8 75-79								
M9 80-84								
M10 85-89								

Women 50.5 kilograms

Division	Squat	Bench Press	Deadlift	Total				
T1 14-15								
T2 16-17								
T3 18-19	Faith Wood Evansville, IN 7/28/2018	60	Faith Wood Evansville, IN 7/28/2018	32.5	Faith Wood Evansville, IN 7/28/2018	96	Faith Wood Evansville, IN 7/28/2018	185
Junior 20-23								
Open 24-39	Faith Wood Evansville, IN 7/28/2018	60	Faith Wood Evansville, IN 7/28/2018	32.5	Faith Wood Evansville, IN 7/28/2018	96	Faith Wood Evansville, IN 7/28/2018	185
M1 40-44								
M2 45-49								
M3 50-54								

M4							
55-59							
M5							
60-64							
M6							
65-69							
M7							
70-74							
M8							
75-79							
M9							
80-84							
M10							
85-89							

Women 53.0 kilograms							
Division	Squat		Bench Press		Deadlift		Total
T1							
14-15							
T2	Jamie Catt Evansville, IN 6/10/2006	25	Jamie Catt Evansville, IN 6/10/2006	27.5	Jamie Catt Evansville, IN 6/10/2006	70	Jamie Catt Evansville, IN 6/10/2006 132.5
T3							
18-19							
Junior							
20-23							
Open	Jennie Juhl Newburgh, IN 12/15/2019	92.5	Jennie Juhl Newburgh, IN 12/15/2019	47.5	Jennie Juhl Newburgh, IN 12/15/2019	105	Jennie Juhl Newburgh, IN 12/15/2019 245
M1	Jennie Juhl Newburgh, IN 12/15/2019	92.5	Jennie Juhl Newburgh, IN 12/15/2019	47.5	Jennie Juhl Newburgh, IN 12/15/2019	105	Jennie Juhl Newburgh, IN 12/15/2019 245
M2							
45-49							
M3							
50-54							
M4							
55-59							
M5							
60-64							
M6							
65-69							
M7							
70-74							
M8							
75-79							

I2								
16-17								
T3								
18-19								
Junior								
20-23								
Open	Katherine Snethen Evansville, IN 11/7/2015	117.5	Bianca Baker Newburgh, IN 7/7/2007	50	Katherine Snethen Evansville, IN 11/7/2015	132.5	Katherine Snethen Evansville, IN 11/7/2015	300
24-29								
M1								
40-44								
M2	Heather Endres North Liberty, IN 11/4/2017	105	Heather Endres North Liberty, IN 11/4/2017	50	Heather Endres North Liberty, IN 11/4/2017	102.5	Heather Endres North Liberty, IN 11/4/2017	257.5
45-49								
M3								
50-54								
M4								
55-59								
M5								
60-64								
M6								
65-69								
M7								
70-74								
M8								
75-79								
M9								
80-84								
M10								
85-89								

Women 63 kilograms								
Division	Squat		Bench Press		Deadlift		Total	
T1								
14-15								
T2								
16-17								
T3								
18-19								
Junior	Lauren Blessinger Evansville, IN 6/10/2006	105	Gretchen Schnautz Evansville, IN 5/2/2015	55	Lauren Blessinger Evansville, IN 6/10/2006	120	Katherine Snethen Evanvsille, IN 12/6/2014	260
20-23								
Open	Lauren Blessinger Evansville, IN 6/10/2006	105	Amanda Smith Cynthiana, IN 6/11/2016	80	Amanda Smith Cynthiana, IN 11/7/2015	142.5	Amanda Smith Cynthiana, IN 11/7/2015	310
24-29								
M1								
40-44								
M2	Ann Smith		Ann Smith		Ann Smith		Ann Smith	

M7							
70-74							
M8							
75-79							
M9							
80-84							
M10							
85-89							

Women 80 kilograms

Division	Squat	Bench Press	Deadlift	Total
T1 14-15	Paris Sutton Evansville, IN 11/22/2008 82.5	Paris Sutton Evansville, IN 11/22/2008 42.5	Paris Sutton Evansville, IN 11/22/2008 92.5	Paris Sutton Evansville, IN 11/22/2008 217.5
T2 16-17	Mycha Sutton Evansville, IN 7/7/2007 70	Mycha Sutton Evansville, IN 7/7/2007 45	Mycha Sutton Evansville, IN 7/7/2007 102.5	Mycha Sutton Evansville, IN 7/7/2007 217.5
T3 18-19				
Junior 20-23				
Open 24-39	Kyle Reel Evansville, IN 7/28/2018 150	Kyle Reel Evansville, IN 7/28/2018 85	Kyle Reel Evansville, IN 7/28/2018 170	Kyle Reel Evansville, IN 7/28/2018 405
M1 40-44				
M2 45-49	Danielle Barnes Evansville, IN 12/6/2014 30	Danielle Barnes Evansville, IN 12/6/2014 42.5	Danielle Barnes Evansville, IN 12/6/2014 110	Danielle Barnes Evansville, IN 12/6/2014 182.5
M3 50-54	Kimberly Lively Newburgh, IN 12/6/2014 70	Kimberly Lively Newburgh, IN 12/6/2014 40	Kimberly Lively Newburgh, IN 12/6/2014 110	Kimberly Lively Newburgh, IN 12/6/2014 220
M4 55-59	Carolyn Beck Evansville, IN 9/18/2021 85	Carolyn Beck Evansville, IN 9/18/2021 67.5	Carolyn Beck Evansville, IN 9/18/2021 110	Carolyn Beck Evansville, IN 9/18/2021 262.5
M5 60-64				
M6 65-69				
M7 70-74				
M8 75-79				
M9 80-84				
M10 85-89				

Women 90 kilograms

Division	Squat	Bench Press	Deadlift	Total
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T1								
14-15								
T2								
16-17								
T3								
18-19								
Junior								
20-23								
Open								
24-39								
M1	Jodey Reisz Santa Claus, IN 11/5/2016	137.5	Jodey Reisz Santa Claus, IN 11/5/2016	112.5	Jodey Reisz Santa Claus, IN 11/5/2016	185	Jodey Reisz Santa Claus, IN 11/5/2016	435
40-44								
M2								
45-49								
M3								
50-54								
M4								
55-59								
M5								
60-64								
M6								
65-69								
M7								
70-74								
M8								
75-79								
M9								
80-84								
M10								
85-89								

Women 90+ kilograms

Division	Squat	Bench Press	Deadlift	Total				
T1								
14-15								
T2								
16-17								
T3								
18-19								
Junior	Jenna Winsett Angola, IN 9/18/2021	120	Jenna Winsett Angola, IN 9/18/2021	57.5	Jenna Winsett Angola, IN 9/18/2021	130	Jenna Winsett Angola, IN 9/18/2021	307.5
20-23								
Open	Jodey Reisz Lamar, IN	130	Jodey Reisz Lamar, IN	110	Jodey Reisz Lamar, IN	175	Jodey Reisz Lamar, IN	415

I3							
18-19							
Junior							
20-23							
Open							
24-39							
M1							
40-44							
M2							
45-49							
M3							
50-54							
M4							
55-59							
M5							
60-64							
M6							
65-69							
M7							
70-74							
M8							
75-79							
M9							
80-84							
M10							
85-89							

Women 50.5 kilograms							
Division	Squat	Bench Press	Deadlift	Total			
T1							
14-15							
T2							
16-17							
T3							
18-19							
Junior							
20-23							
Open							
24-39							
M1							
40-44							
M2							
45-49							
M3							

M3								
50-54								
M4								
55-59								
M5								
60-64								
M6								
65-69								
M7								
70-74								
M8								
75-79								
M9								
80-84								
M10								
85-89								

Women 70 kilograms

Division	Squat	Bench Press	Deadlift	Total
T1				
14-15				
T2				
16-17				
T3				
18-19				
Junior				
20-23				
Open				
24-39				
M1				
40-44				
M2				
45-49				
M3				
50-54				
M4				
55-59				
M5				
60-64				
M6				
65-69				
M7				
70-74				
M8				

Women 44 kilograms						
Division	Squat		Bench Press		Deadlift	
T1 14-15						
T2 16-17						
T3 18-19						
Junior 20-23						
Open 24-39						
M1 40-44						
M2 45-49						
M3 50-54						
M4 55-59						
M5 60-64						
M6 65-69						
M7 70-74						
M8 75-79						
M9 80-84						
M10 85-89						

Women 47.5 kilograms						
Division	Squat		Bench Press		Deadlift	
T1 14-15						
T2 16-17						
T3 18-19						
Junior 20-23						
Open 24-39			Sarah Gray Evansville, IN 5/2/2015	60		
M1 40-44						
M2 45-49						
M3 50-54						
M4 55-59						
M5 60-64						
M6 65-69						
M7 70-74						
M8 75-79						
M9 80-84						
M10 85-89						
Women 50.5 kilograms						

Division	Squat		Bench Press		Deadlift	
T1 14-15						
T2 16-17						
T3 18-19			Faith Wood Evansville, IN 7/4/2018	32.5	Faith Wood Evansville, IN 7/4/2018	90
Junior 20-23						
Open 24-39			Faith Wood Evansville, IN 7/4/2018	32.5	Faith Wood Evansville, IN 7/4/2018	90
M1 40-44						
M2 45-49						
M3 50-54						
M4 55-59						
M5 60-64						
M6 65-69						
M7 70-74						
M8 75-79						
M9 80-84						
M10 85-89						

Women 53.0 kilograms

Division	Squat		Bench Press		Deadlift	

T1 14-15					
T2 16-17					
T3 18-19					
Junior 20-23					
Open 24-39					
M1 40-44					
M2 45-49					
M3 50-54					
M4 55-59					
M5 60-64					
M6 65-69					
M7 70-74					
M8 75-79					
M9 80-84					
M10 85-89					

Women 55.5 kilograms					
Division	Squat		Bench Press		Deadlift
T1					

14-15						
T2						
16-17						
T3						
18-19						
Junior 20-23	Jessica Lord Evansville, IN 3/17/2018	75	Lexie Heald Fortville, IN 6/27/2015	57.5	Jessica Lord Evansville, IN 3/17/2018	105
Open 24-39	Jessica Lord Evansville, IN 3/17/2018	75	Jessica Lord Evansville, IN 7/4/2018	45	Jessica Lord Evansville, IN 6/9/2019	120
M1 40-44						
M2 45-49						
M3 50-54						
M4 55-59						
M5 60-64						
M6 65-69						
M7 70-74						
M8 75-79						
M9 80-84						
M10 85-89						

Women 58.5 kilograms

Division	Squat	Bench Press	Deadlift
T1 14-15			
T2			

12 16-17						
T3 18-19						
Junior 20-23						
Open 24-39	Heather Endres North Liberty, IN 9/16/2017	104.33	Sienna Valdez South Bend, IN 6/27/2015	57.5	Sienna Valdez South Bend, IN 6/27/2015	132.5
M1 40-44	Heather Endres North Liberty, IN 4/11/2015	95	Jenni Casten-Juhl Newburgh, IN 6/8/2019	47.5	Heather Endres North Liberty, IN 4/22/2017	97.5
M2 45-49	Heather Endres North Liberty, IN 9/16/2017	104.33			Heather Endres North Liberty, IN 9/16/2017	102.06
M3 50-54						
M4 55-59						
M5 60-64						
M6 65-69						
M7 70-74						
M8 75-79						
M9 80-84						
M10 85-89						

Women 63 kilograms						
Division	Squat		Bench Press		Deadlift	
T1 14-15						
T2 16-17	Naomi Seifert Mt. Vernon, IN 3/7/2015	87.5				

T3 18-19	Samantha Fromelius Evansville, IN 3/8/2014	85				
Junior 20-23	Samantha Pauli Evansville, IN 4/17/2021	90	Samantha Pauli Evansville, IN 4/17/2021	62.5	Samantha Pauli Evansville, IN 4/17/2021	117.5
Open 24-39	Sara Gibson Evansville, IN 3/8/2014	102.5	Sara Gibson Evansville, IN 3/8/2014	60	Amanda Smith Evansville, IN 4/25/2015	150
M1 40-44						
M2 45-49					Darlene Wallace Newburgh, IN 3/8/2014	102.5
M3 50-54						
M4 55-59						
M5 60-64						
M6 65-69						
M7 70-74						
M8 75-79						
M9 80-84						
M10 85-89						

Women 70 kilograms						
Division	Squat		Bench Press		Deadlift	
T1 14-15						
T2 16-17						
T3						

18-19						
Junior						
20-23						
Open	Susan Sanaghan Michigan City, IN	97.5	Susan Sanaghan Michigan City, IN	55	Susan Sanaghan Michigan City, IN	125
24-39	3/9/2013		3/9/2013		3/14/2009	
M1						
40-44						
M2						
45-49						
M3	Susan Sanaghan Michigan City, IN	92.5	Susan Sanaghan Michigan City, IN	47.5	Susan Sanaghan Michigan City, IN	125
50-54	3/14/2009		3/14/2009		3/14/2009	
M4	Susan Sanaghan Michigan City, IN	97.5	Susan Sanaghan Michigan City, IN	55	Susan Sanaghan Michigan City, IN	115
55-59	3/9/2013		3/9/2013		3/5/2011	
M5						
60-64						
M6						
65-69						
M7						
70-74						
M8						
75-79						
M9						
80-84						
M10						
85-89						

Women 80 kilograms						
Division	Squat		Bench Press		Deadlift	
T1						
14-15						
T2						
16-17						
T3						
18-19						
Junior						

junior 20-23						
Open 24-39	Kyle Reel Evansville, IN 6/8/2019	165	Kyle Reel Evansville, IN 6/8/2019	100	Kyle Reel Evansville, IN 9/8/2018	170
M1 40-44						
M2 45-49						
M3 50-54	Kimberly Lively Newburgh, IN 12/6/2014	70	Kimberly Lively Newburgh, IN 12/6/2014	40	Kimberly Lively Newburgh, IN 12/6/2014	110
M4 55-59			Carolyn Beck Evansville, IN 6/8/2019	67.5		
M5 60-64						
M6 65-69						
M7 70-74						
M8 75-79						
M9 80-84						
M10 85-89						

Women 90 kilograms						
Division	Squat		Bench Press		Deadlift	
T1 14-15						
T2 16-17					Alyssa Beadles Boonville, IN 4/17/2021	120
T3 18-19						
Junior 20-23					Amanda Aders Newburgh, IN 12/1/2018	120

Open 24-39			Kim Welcher Evansville, IN 3/8/2014	85	Amanda Aders Newburgh, IN 12/1/2018	120
M1 40-44						
M2 45-49			Kim Welcher Evansville, IN 3/8/2014	85		
M3 50-54						
M4 55-59						
M5 60-64						
M6 65-69						
M7 70-74						
M8 75-79						
M9 80-84						
M10 85-89						

Women 90+ kilograms						
Division	Squat		Bench Press		Deadlift	
T1 14-15						
T2 16-17						
T3 18-19						
Junior 20-23						
Open			Brandi Sneed Mishawaka, IN	95	Brandi Sneed Mishawaka, IN	182.5

24-39			6/27/2015		6/27/2015	
M1 40-44						
M2 45-49						
M3 50-54						
M4 55-59						
M5 60-64						
M6 65-69						
M7 70-74						
M8 75-79						
M9 80-84						
M10 85-89						

Police, Military, Fire Unequipped						
Weight	Squat		Bench Press		Deadlift	
58.5						

Women 44 kilograms						
Division	Squat		Bench Press		Deadlift	
T1						
14-15						
T2						
16-17						
T3						
18-19						
Junior						
20-23						
Open						
24-39						
M1						
40-44						
M2						
45-49						
M3						
50-54						
M4						
55-59						
M5						
60-64						
M6						
65-69						
M7						
70-74						
M8						
75-79						
M9						
80-84						
M10						

MIU					
85-89					

Women 47.5 kilograms					
Division	Squat		Bench Press		Deadlift
T1					
14-15					
T2					
16-17					
T3					
18-19					
Junior					
20-23					
Open					
24-39					
M1					
40-44					
M2					
45-49					
M3					
50-54					
M4					
55-59					
M5					
60-64					
M6					
65-69					
M7					
70-74					
M8					
75-79					
M9					
80-84					
M10					
85-89					

Women 50.5 kilograms						
Division	Squat		Bench Press		Deadlift	
T1 14-15						
T2 16-17						
T3 18-19						
Junior 20-23						
Open 24-39			Angela Hardy Mishawaka, IN 6/25/2011	50	Angela Hardy Mishawaka, IN 6/25/2011	107.5
M1 40-44						
M2 45-49			Angela Hardy Mishawaka, IN 6/25/2011	50	Angela Hardy Mishawaka, IN 6/25/2011	107.5
M3 50-54						
M4 55-59						
M5 60-64						
M6 65-69						
M7 70-74						
M8 75-79						
M9 80-84						
M10 85-89						

Women 53.0 kilograms

Division	Squat		Bench Press		Deadlift	
T1 14-15						
T2 16-17						
T3 18-19						
Junior 20-23						
Open 24-39						
M1 40-44						
M2 45-49						
M3 50-54						
M4 55-59						
M5 60-64						
M6 65-69						
M7 70-74						
M8 75-79						
M9 80-84						
M10 85-89						

Women 55.5 kilograms

Division	Squat		Bench Press		Deadlift	
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T1						
14-15						
T2						
16-17						
T3						
18-19						
Junior						
20-23						
Open						
24-39						
M1						
40-44						
M2						
45-49						
M3						
50-54						
M4						
55-59						
M5						
60-64						
M6						
65-69						
M7						
70-74						
M8						
75-79						
M9						
80-84						
M10						
85-89						

Women 58.5 kilograms						
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Division	Squat	Bench Press	Deadlift			
T1						

T1					
14-15					
T2					
16-17					
T3					
18-19					
Junior					
20-23					
Open					
24-39					
M1					
40-44					
M2					
45-49					
M3					
50-54					
M4					
55-59					
M5					
60-64					
M6					
65-69					
M7					
70-74					
M8					
75-79					
M9					
80-84					
M10					
85-89					

Women 63 kilograms					
Division	Squat		Bench Press		Deadlift
T1					
14-15					

T2						
16-17						
T3						
18-19						
Junior						
20-23						
Open						
24-39						
M1						
40-44						
M2						
45-49						
M3						
50-54						
M4						
55-59						
M5						
60-64						
M6						
65-69						
M7						
70-74						
M8						
75-79						
M9						
80-84						
M10						
85-89						

Women 70 kilograms						
Division	Squat		Bench Press		Deadlift	
T1						
14-15						
T2						

16-17						
T3						
18-19						
Junior						
20-23						
Open					Susan Sanaghan Michigan City, IN 4/5/2008	130
24-39						
M1						
40-44						
M2						
45-49						
M3					Susan Sanaghan Michigan City, IN 4/5/2008	130
50-54						
M4						
55-59						
M5						
60-64						
M6						
65-69						
M7						
70-74						
M8						
75-79						
M9						
80-84						
M10						
85-89						

Women 80 kilograms						
Division	Squat		Bench Press		Deadlift	
T1						
14-15						
T2						
16-17						
T3						

13						
18-19						
Junior						
20-23						
Open			Diane Shirley		Diane Shirley	
24-39			Evansville, IN	72.5	Evansville, IN	137.5
			7/31/2010		7/31/2010	
M1						
40-44						
M2			Diane Shirley		Diane Shirley	
45-49			Evansville, IN	72.5	Evansville, IN	137.5
			7/31/2010		7/31/2010	
M3						
50-54						
M4						
55-59						
M5						
60-64						
M6						
65-69						
M7						
70-74						
M8						
75-79						
M9						
80-84						
M10						
85-89						

Women 90 kilograms						
Division	Squat		Bench Press		Deadlift	
T1						
14-15						
T2						
16-17						
T3						
18-19						

Junior					
20-23					
Open					
24-39					
M1					
40-44					
M2					
45-49					
M3					
50-54					
M4					
55-59					
M5					
60-64					
M6					
65-69					
M7					
70-74					
M8					
75-79					
M9					
80-84					
M10					
85-89					

Women 90+ kilograms						
Division	Squat		Bench Press		Deadlift	
T1						
14-15						
T2						
16-17						
T3						
18-19						
Junior						

20-23						
Open			Kami Gibson Evansville, IN	57.5	Kami Gibson Evansville, IN	125
24-39			9/8/2018		9/8/2018	
M1						
40-44						
M2						
45-49						
M3						
50-54						
M4						
55-59						
M5						
60-64						
M6						
65-69						
M7						
70-74						
M8						
75-79						
M9						
80-84						
M10						
85-89						

Police, Military, Fire Unequipped						
Weight	Squat		Bench Press		Deadlift	
58.5						