

## 6/11/2022 The Bar & Plate Invitational-3 Lift Results

Name	Age	Div	BWt (Kg)	WtCls (Kg)	Schwartz/Malone	Squat 1	Squat 2	Squat 3	Best Squat	Bench 1	Bench 2	Bench 3	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	PL Total	Coeff Score	Age & Coeff
Emily Weber	28	F-O	60.5	63	0.8556	47.5	55	60	60	40	-45	-45	40	100	85	95	102.5	102.5	202.5	173.26	173.26
Luke Demers	25	M-O	90.9	100	0.5857	150	165	180	180	92.5	102.5	-107.5	102.5	282.5	135	155	167.5	167.5	450	263.57	263.57
Jonathan Hogan	34	M-O	96.2	100	0.5642	130	137.5	150	150	92.5	-102.5	-105	92.5	242.5	175	185	205	205	447.5	252.48	252.48
<b>Wayne Hill</b>	55	M-M4	142.3	145	0.5009	210	230	235	235	172.5	177.5	-182.5	177.5	412.5	200	210	-215	210	622.5	311.81	381.97

## The Bar & Plate Invitational-Squat Results

Name	Age	Div	BWt (Kg)	WtCls (Kg)	Schwartz/Malone	Squat 1	Squat 2	Squat 3	Best Squat	Coeff Score	Age & Coeff
Emily Weber	28	F-O	60.5	63	0.8556	47.5	55	60	60	51.34	51.34
Luke Demers	25	M-O	90.9	100	0.5857	150	165	180	180	105.43	105.43
Jonathan Hogan	34	M-O	96.2	100	0.5642	130	137.5	150	150	84.63	84.63
<b>Wayne Hill</b>	55	M-M4	142.3	145	0.5009	210	230	235	235	117.71	144.20

## The Bar & Plate Invitational-Bench Press Results

Name	Age	Div	BWt (Kg)	WtCls (Kg)	Schwartz/Malone	Bench 1	Bench 2	Bench 3	Best Bench	Coeff Score	Age & Coeff
Emily Weber	28	F-O	60.5	63	0.8556	40	-45	-45	40	34.22	34.22
Luke Demers	25	M-O	90.9	100	0.5857	92.5	102.5	-107.5	102.5	60.03	60.03
Jonathan Hogan	34	M-O	96.2	100	0.5642	92.5	-102.5	-105	92.5	52.19	52.19
<b>Wayne Hill</b>	55	M-M4	142.3	145	0.5009	172.5	177.5	-182.5	177.5	88.91	108.91

## The Bar & Plate Invitational-Deadlift Results

Name	Age	Div	BWt (Kg)	WtCls (Kg)	Schwartz/Malone	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	Coeff Score	Age & Coeff
Emily Weber	28	F-O	60.5	63	0.8556	85	95	102.5	102.5	87.70	87.70

Jonathan Hogan	34	M-O	96.2	100	0.5642	175	185	205	205	115.66	115.66
Luke Demers	25	M-O	90.9	100	0.5857	135	155	167.5	167.5	98.10	98.10
Wayne Hill	55	M-M4	142.3	145	0.5009	200	210	-215	210	105.19	128.86

Referees:

Bill Sias            Marshall  
Adrian Ninaber    National  
Carol Chaney        National

- American Record
- Michigan Record
- Canadian Record
- Drug Test