

June 11-12, 2016		ADFPF Full Power Nationals																
Name	Age	Div	BWt (Kg)	WtCls (Kg)	Squat 1	Squat 2	Squat 3	Squat 4	Bench 1	Bench 2	Bench 3	Bench 4	Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4	PL Total	Team
UNEQUIPPED																		
Sarah Gray	37	F-O	43.6	44	60	65	-70		-57.5	-60	-60		107.5	112.5	-117.5		0	IN
Shellaine Frazier	45	F-M2	53.1	55.5	45	52.5	57.5		65.5	67.5	70	72.5	110	117.5	-125.5		245	MO
Kylie Bradley	21	F-JU	55.2	55.5	-80	80	-87.5		35	42.5	47.5		85	95	100		227.5	IA
Alma Hopkins	52	F-M3	57.6	58.5	57.5	62.5	-65		-45	45	50		92.5	96	100		212.5	MO
Amanda Smith	36	F-O	62.4	63	25				70	75	80		127.5	-141	-141		232.5	IN
Ann Smith	49	F-M2	62.1	63	42.5	47.5	-52.5		30	35	-37.5		65	70	-75		152.5	IN
Anne Clark	67	F-M6	62.3	63	-30	30			32.5	35	-37.5		80	85	-91.5		150	MO
Terry Douglass	66	F-M6	67.5	70	27.5	30	32.5		32.5	35	-37.5		70	75	80		147.5	MO
Delsie Bonaparte	44	F-M1	76.4	80	80	82.5	87.5		-50	50	52.5		97.5	100	102.5		242.5	MO
Stephanie Jenkins	33	F-O	77	80	67.5	72.5	-77.5		35	40	-45		82.5	90	102.5		215	IN
Shelby Assmus	25	F-O	105.8	SHW	-165	165	-176		87.5	-97.5	-97.5		165	175	185		437.5	SD
Jodey Reisz	41	F-M1	121.4	SHW	112.5	120	130		97.5	105	110		157.5	175	-182.5		415	IN
Patricia Benson	46	F-M2	111	SHW	75	85	97.5	107.5	80	85	-92.5		127.5	147.5	160	-170	342.5	MI
Charla Wrenn	48	F-M2	90.1	SHW	35	45	50		55	60	-65		90	97.5	-102.5		207.5	IL
Cole Ross	13	M-G	51	52	82.5	90	-95		55	60	-62.5		122.5	-132.5	132.5		282.5	IN
John Wrenn	24	M-O	53.8	56	140	150	-160		80	90	-95		145	155	-160		395	IL
Jordan Williams	22	M-JU	65.4	67.5	167.5	177.5	-185		85	90	-92.5		185	195	-205		462.5	IL
Jacob Stagg	18	M-T3	63.9	67.5	132.5	140	145		77.5	82.5	-87.5		182.5	185	-195		412.5	IN
Parker Kientzle	18	M-T3	64.1	67.5	130	132.5	142.5		-85	85	-92.5		175	185	-195		412.5	IL
Michael Stagg	47	M-M2	74.6	75	162.5	172.5	-182.5		132.5	137.5	-142.5		185	195	-205		505	IN
Jacob Hildenbrandt	17	M-T2	74.1	75	150	152.5	157.5		112.5	122.5	-127.5		222.5	-230	-230		502.5	MO

Robert Herbst	58	M-M4	74.6	75	-117.5	117.5	-133.5		105	110	112.5	-125.5	160	172.5	-182.5		402.5	NY
Robert White	66	M-M6	73.5	75	-107.5	107.5	-112.5		80	-85	85		-175	175	180		372.5	MI
Lynn Miller	68	M-M6	73.4	75	100	-105	-107.5		92.5	-96	-96		-170	170	175		367.5	MO
Travis Hedrick	26	M-O	82.1	82.5	197.5	205	210		120	125	132.5		257.5	265	-270		607.5	
Alexander Creamer	22	M-JU	80.8	82.5	185	-205	-205		125	137.5	-152.5		202.5	222.5	-245		545	
Jacob Dinkel	24	M-O	82.4	82.5	180	190	195		107.5	115	-120		192.5	-210	-210		502.5	MO
Cole Tyring	16	M-T2	75.5	82.5	140	152.5	-155		82.5	-87.5	-87.5		205	217.5	-230.5		452.5	
Robert Batko	70	M-M7	81.5	82.5	145	-152.5	152.5		80	82.5	85		180	192.5	197.5		435	MI
Ben Eyermann	27	M-O	88.8	90	185	187.5	190		140	147.5	-152.5		230	235			572.5	MO
Dalton Armstrong	19	M-T3	85.5	90	-185	185	-215		-135	-145	155		200	220	-242.5		560	IN
Nick Kleaving	23	M-JU	90	90	177.5	185	190		145	152.5	-160		182.5	192.5	-202.5		535	IN
Gideon Kluge	23	M-JU	97.2	100	215	230	-242.5		127.5	137.5	-145		262.5	275	285		652.5	IA
Bruce Thomas	53	M-M3	97.6	100	190	192.5	210		117.5				227.5	260	275		602.5	KY
Jarod Droste	29	M-O	108.2	110	237.5	255	-265		155	165	-172.5		272.5	290	300		720	IN
Brody Janssen	23	M-JU	107.2	110	225	235	-240		135	142.5	150		250	267.5	275		660	IL
Steve Welch	41	M-M1	107.6	110	212.5	227.5	235		135	140	145		227.5	242.5	250		630	MO
Tyler Paul	18	M-T3	109.1	110	170	185	192.5		142.5	-152.5	-152.5		192.5	202.5	210		545	IL
Nick Richardson	16	M-T2	106.3	110	102.5	120	127.5		-57.5	57.5	-77.5		137.5	145	150		335	
Jonathon Reisz	44	M-M1	114.5	125	190	205	210		125	132.5	-140		235	-255	255		597.5	IN
Wes Shelton	29	M-O	110.3	125	182.5	195	200		115	120	130		247.5	-272.5	-272.5		577.5	KY
Blake Stroud	14	M-T1	113	125	182.5	197.5	205		115	125	-137.5		167.5	182.5	-207.5		512.5	IN
Hanz Hoag	43	M-M1	124.8	125	-102.5	125	-142.5		-177.5	-177.5	177.5		102.5	160	195		497.5	IN
Roger Horn	66	M-M6	111.7	125	130	140	147.5		110	115	117.5		175	187.5	-200		452.5	MO
Derrick Hill	46	M-M2	127.7	145	190	210	-215		140	150	-155		210	240	245		605	IN
Joshua Jenkins	35	M-O	143.7	145	142.5	165	182.5		-25	25			165	182.5	-192.5		390	IN
EQUIPPED																		
JP Parke	17	M-ET2	74.2	75	207.5	217.5	225		90	95	-102.5		205	215	-227.5		535	IL
Gary Bagley	56	M-EM4	98.9	100													0	IL
Paul Wrenn	68	M-EM6	109.2	110	150	170	182.5		65	70	75		152.5	182.5			440	TN

