

M6 65-69							
M7 70-74							
M8 75-79							
M9 80-84							
M10 85-89							

Men 56.0 kilograms							
Division	Squat		Bench Press		Deadlift		Total
T1 14-15							
T2 16-17							
T3 18-19							
Junior 20-23							
Open 24-39							
M1 40-44							
M2							

M2 45-49							
M3 50-54							
M4 55-59							
M5 60-64							
M6 65-69							
M7 70-74							
M8 75-79							
M9 80-84							
M10 85-89							

Men 60.0 kilograms							
Division	Squat		Bench Press		Deadlift		Total
T1 14-15							
T2 16-17							
T3							

18-19								
Junior 20-23	Matthew Hoosier O'Fallon 6/26/2010	105	Matthew Hoosier O'Fallon 6/26/2010	85	Matthew Hoosier O'Fallon 6/26/2010	180	Matthew Hoosier O'Fallon 6/26/2010	370
Open 24-39	Steve D'Alessandro Jefferson City 6/24/2017	190	Steve D'Alessandro Jefferson City 6/24/2017	127.5	Steve D'Alessandro Jefferson City 6/24/2017	227.5	Steve D'Alessandro Jefferson City 6/24/2017	545
M1 40-44	Steve D'Alessandro Jefferson City 6/24/2017	190	Steve D'Alessandro Jefferson City 6/24/2017	127.5	Steve D'Alessandro Jefferson City 6/24/2017	227.5	Steve D'Alessandro Jefferson City 6/24/2017	545
M2 45-49								
M3 50-54								
M4 55-59								
M5 60-64								
M6 65-69								
M7 70-74								
M8 75-79								
M9 80-84								
M10 85-89								

M8 75-79							
M9 80-84							
M10 85-89							

Men 75.0 kilograms							
Division	Squat		Bench Press		Deadlift		Total
T1 14-15	Brandon Acid Mexico 3/1/2008	90	Brandon Acid Mexico 3/1/2008	92.5	Brandon Acid Mexico 3/1/2008	145	Brandon Acid Mexico 3/1/2008 327.5
T2 16-17	Jacob Hildenbrant Waynesville 6/11/2016	157.5	Jacob Hildenbrant Waynesville 6/11/2016	122.5	Jacob Hildenbrant Waynesville 6/11/2016	222.5	Jacob Hildenbrant Waynesville 6/11/2016 502.5
T3 18-19							
Junior 20-23							
Open 24-39	Nikhil Gupta Saint Louis 12/16/2019	212.5	Nikhil Gupta Saint Louis 12/16/2019	147.5	Nikhil Gupta Saint Louis 8/17/2019	235	Nikhil Gupta Saint Louis 12/16/2019 595
M1 40-44							
M2 45-49							
M3 50-54							
M4							

55-59								
M5 60-64								
M6 65-69	Lynn Miller Columbia 6/25/2017	100	Lynn Miller Columbia 6/25/2017	95.5	Lynn Miller Columbia 6/25/2017	188	Lynn Miller Columbia 6/25/2017	383.5
M7 70-74	Lynn Miller Columbia 8/17/2019	90	Lynn Miller Columbia 8/17/2019	87.5	Lynn Miller Columbia 8/17/2019	180.5	Lynn Miller Columbia 8/17/2019	358
M8 75-79								
M9 80-84								
M10 85-89								

Men 82.5 kilograms								
Division	Squat		Bench Press		Deadlift		Total	
T1 14-15	Daniel Duncan Mexico 3/21/2007	92.5	Daniel Duncan Mexico 3/21/2007	57.5	Daniel Duncan Mexico 3/21/2007	120	Daniel Duncan Mexico 3/21/2007	270
T2 16-17	Mason Hittler NEED 9/1/2018	170	Mason Hittler NEED 9/1/2018	115	Mason Hittler NEED 9/1/2018	192.5	Mason Hittler NEED 9/1/2018	480
T3 18-19								
Junior 20-23	Jamar Wright Columbia 1/24/2009	142.9	Jamar Wright Columbia 1/24/2009	108.9	Jamar Wright Columbia 1/24/2009	233.7	Jamar Wright Columbia 1/24/2009	485.3
Open	Nikhil Gupta St. Louis	240	Nikhil Gupta St. Louis	150	Jeff Houska	257.5	Jeff Houska	882.39

T2 16-17								
T3 18-19								
Junior 20-23	Eli Burks Columbia 1/24/2009	226.8	Eli Burks Columbia 1/24/2009	147.5	Eli Burks Columbia 1/24/2009	281.3	Eli Burks Columbia 1/24/2009	655.4
Open 24-39	Daniel Wade Columbia 6/24/2017	250	Daniel Wade Columbia 6/24/2017	160	Daniel Wade Columbia 6/24/2017	300	Daniel Wade Columbia 6/24/2017	710
M1 40-44								
M2 45-49	Chris Koch NEED 9/1/2018	217.5	Chris Koch NEED 9/1/2018	152.5	Chris Koch NEED 9/1/2018	237.5	Chris Koch NEED 9/1/2018	610
M3 50-54					Mark Leahy Florissant 7/13/2013	130		
M4 55-59	Mark Leahy Florissant 6/24/2017	170	Mark Leahy Florissant 6/24/2017	148.5	Mark Leahy Florissant 6/24/2017	197.5	Mark Leahy Florissant 6/24/2017	516
M5 60-64								
M6 65-69	Jim Stovall Smithton 7/11/2009	172.5	Jim Stovall Smithton 7/11/2009	100	Jim Stovall Smithton 7/11/2009	202.5	Jim Stovall Smithton 7/11/2009	465
M7 70-74								
M8 75-79	James Stovall Smithton 7/10/2021	100	James Stovall Smithton 7/10/2021	77.5	James Stovall Smithton 7/10/2021	160	James Stovall Smithton 7/10/2021	337.5
M9 80-84								

M6 65-69							
M7 70-74							
M8 75-79							
M9 80-84							
M10 85-89							

Men 110.0 kilograms							
Division	Squat		Bench Press		Deadlift		Total
T1 14-15							
T2 16-17							
T3 18-19							
Junior 20-23							
Open 24-39	Johnathon Pryor Versailles 8/17/2019	175	Johnathon Pryor Versailles 8/17/2019	147.5	Johnathon Pryor Versailles 8/17/2019	202.5	Johnathon Pryor Versailles 8/17/2019 525
M1 40-44							
M2							

45-49								
M3								
50-54								
M4								
55-59								
M5								
60-64								
M6	Roger Horn St. Louis 6/25/2017	137.5	Roger Horn St. Louis 6/25/2017	115	Roger Horn St. Louis 6/25/2017	190	Roger Horn St. Louis 6/25/2017	442.5
M7								
70-74								
M8								
75-79								
M9								
80-84								
M10								
85-89								

Men 125.0 kilograms								
Division	Squat		Bench Press		Deadlift		Total	
T1					Dakota Brake Springfield 6/26/2010	187.5		
14-15								
T2	Donald J. Stewart Mexico 1/24/2009	181.5	Donald J. Stewart Mexico 1/24/2009	92.5	Donald J. Stewart Mexico 1/24/2009	163.3	Donald J. Stewart Mexico 1/24/2009	424.1
16-17								
T3								
18-19								

Junior 20-23								
Open 24-39	Donald J. Stewart Mexico 1/24/2009	181.5	Roger Horn St. Louis 6/11/2016	135	Roger Horn St. Louis 6/11/2016	187.5	Roger Horn St. Louis 6/11/2016	452.5
M1 40-44								
M2 45-49								
M3 50-54								
M4 55-59								
M5 60-64								
M6 65-69	Roger Horn St. Louis 6/11/2016	147.5	Roger Horn St. Louis 6/11/2016	135	Roger Horn St. Louis 6/11/2016	187.5	Roger Horn St. Louis 6/11/2016	452.5
M7 70-74								
M8 75-79								
M9 80-84								
M10 85-89								

Men 145.0 kilograms

M9							
75-79							
M10							
80-84							
85-89							

Men 145.0+ kilograms							
Division	Squat		Bench Press		Deadlift		Total
T1							
14-15							
T2	Andrew Crum Marshall 6/21/2008	205	Andrew Crum Marshall 6/21/2008	125	Andrew Crum Marshall 1/24/2009	192.8	Andrew Crum Marshall 1/24/2009 503.5
16-17							
T3							
18-19							
Junior							
20-23							
Open	William Duncan Mexico 11/22/2008	242.5	William Duncan Mexico 11/22/2008	135	William Duncan Mexico 11/22/2008	235	William Duncan Mexico 11/22/2008 605
24-39							
M1							
40-44							
M2	William Duncan Mexico 11/22/2008	242.5	William Duncan Mexico 10/4/2008	135	William Duncan Mexico 10/4/2008	235	William Duncan Mexico 10/4/2008 605
45-49							
M3	William Duncan Mexico 7/11/2009	245	William Duncan Mexico 7/11/2009	130	William Duncan Mexico 7/11/2009	245	William Duncan Mexico 7/11/2009 620
50-54							
M4	William Duncan Mexico 6/6/2015	230	William Duncan Mexico 6/6/2015	127.5	William Duncan Mexico 6/6/2015	222.5	William Duncan Mexico 6/6/2015 547.5
55-59							

M5 60-64							
M6 65-69							
M7 70-74							
M8 75-79							
M9 80-84							
M10 85-89							

Police, Military, Fire Unequipped							
Weight	Squat		Bench Press		Deadlift		Total
108.2	Johnathon Pryor Versailles 8/17/2019	175	Johnathon Pryor Versailles 8/17/2019	147.5	Johnathon Pryor Versailles 8/17/2019	202.5	Johnathon Pryor Versailles 8/17/2019 525

ADFPF Full Power Equipped Missouri Records Updated 8/19/2025

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Men 52.0 kilograms								
Division	Squat		Bench Press		Deadlift		Total	
T1 14-15								
T2 16-17								
T3 18-19								
Junior 20-23								
Open 24-39								
M1 40-44								
M2 45-49								
M3 50-54								
M4 55-59								
M5 60-64								

18-19								
Junior 20-23								
Open 24-39								
M1 40-44								
M2 45-49								
M3 50-54								
M4 55-59								
M5 60-64								
M6 65-69								
M7 70-74								
M8 75-79								
M9 80-84								
M10 85-89								

24-39							
M1							
40-44							
M2							
45-49							
M3							
50-54							
M4							
55-59							
M5		Eddie White Blue Springs 7/13/2013	132.5	Eddie White Blue Springs 7/13/2013	260	Eddie White Blue Springs 7/13/2013	562.5
60-64							
M6							
65-69							
M7							
70-74							
M8							
75-79							
M9							
80-84							
M10							
85-89							

Men 90.0 kilograms							
Division	Squat		Bench Press		Deadlift		Total
T1							
14-15							

T2 16-17								
T3 18-19								
Junior 20-23								
Open 24-39								
M1 40-44								
M2 45-49								
M3 50-54								
M4 55-59								
M5 60-64								
M6 65-69								
M7 70-74								
M8 75-79								
M9 80-84								

M6 65-69							
M7 70-74	Jim Bell St. Louis 8/16/2025	200.5	Jim Bell St. Louis 8/16/2025	92.5	Jim Bell St. Louis 8/16/2025	165	Jim Bell St. Louis 8/16/2025 458
M8 75-79							
M9 80-84							
M10 85-89							

Men 110.0 kilograms							
Division	Squat		Bench Press		Deadlift		Total
T1 14-15							
T2 16-17							
T3 18-19							
Junior 20-23							
Open 24-39	Jim Bell St. Louis 6/25/2017	212.5	Roger Horn St. Louis 9/1/2018	137.5	Roger Horn St. Louis 9/1/2018	182.5	Jim Bell St. Louis 6/25/2017 550
M1 40-44							
M2							

Junior 20-23								
Open 24-39								
M1 40-44								
M2 45-49								
M3 50-54								
M4 55-59								
M5 60-64								
M6 65-69								
M7 70-74								
M8 75-79								
M9 80-84								
M10 85-89								

Men 145.0 kilograms

M5 60-64								
M6 65-69								
M7 70-74								
M8 75-79								
M9 80-84								
M10 85-89								

Police, Military, Fire Unequipped								
Weight	Squat		Bench Press		Deadlift		Total	
110	Christopher Modlin Warrensburg, MO 6/26/2010	282.5	Christopher Modlin Warrensburg, MO 6/26/2010	195	Christopher Modlin Warrensburg, MO 6/26/2010	272.5	Christopher Modlin Warrensburg, MO 6/26/2010	750

ADPF Single Event Unequipped Missouri Records Updated 8/19/2025

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Men 52.0 kilograms						
Division	Squat		Bench Press		Deadlift	
T1 14-15						
T2 16-17						
T3 18-19						
Junior 20-23						
Open 24-39						
M1 40-44						
M2 45-49						
M3 50-54						
M4 55-59						
M5 60-64						
M6						

M6 65-69					
M7 70-74					
M8 75-79					
M9 80-84					
M10 85-89					

Men 56.0 kilograms					
Division	Squat		Bench Press		Deadlift
T1 14-15					
T2 16-17					
T3 18-19					
Junior 20-23					
Open 24-39					
M1 40-44					
M2					

45-49					
M3					
50-54					
M4					
55-59					
M5					
60-64					
M6					
65-69					
M7					
70-74					
M8					
75-79					
M9					
80-84					
M10					
85-89					

Men 60.0 kilograms						
Division	Squat		Bench Press		Deadlift	
T1						
14-15						
T2						
16-17						
T3						
18-19						

Junior 20-23						
Open 24-39	Tom LaFontaine Columbia 4/17/2021	80	Tom LaFontaine Columbia 4/17/2021	60	Tom LaFonatine Columbia 5/7/2022	125
M1 40-44						
M2 45-49						
M3 50-54						
M4 55-59						
M5 60-64						
M6 65-69						
M7 70-74	Tom LaFontaine Columbia 4/17/2021	80	Tom LaFontaine Columbia 4/17/2021	60	Tom LaFonatine Columbia 4/17/2021	117.5
M8 75-79	Tom LaFontaine Columbia 5/7/2022	85	Tom LaFontaine Columbia 5/7/2022	60	Tom LaFonatine Columbia 5/7/2022	125
M9 80-84						
M10 85-89						

Men 67.5 kilograms

Division	Squat		Bench Press		Deadlift	
T1 14-15						
T2 16-17						
T3 18-19						
Junior 20-23	David Wang Columbia 3/17/2018	130	David Wang Columbia 3/17/2018	100	David Wang Columbia 3/17/2018	177.5
Open 24-39	David Wang Columbia 3/17/2018	130	David Wang Columbia 3/17/2018	100	David Wang Columbia 3/17/2018	177.5
M1 40-44						
M2 45-49						
M3 50-54						
M4 55-59						
M5 60-64			Lon Kilgore Half Way 5/7/2022	90		
M6 65-69	Tom LaFontaine Columbia 2/4/2012					
M7 70-74						
M8						

M8 75-79					
M9 80-84					
M10 85-89					

Men 75.0 kilograms						
Division	Squat		Bench Press		Deadlift	
T1 14-15						
T2 16-17						
T3 18-19						
Junior 20-23						
Open 24-39	Lynn Miller Columbia 3/4/2017	107.5	Lynn Miller Columbia 3/4/2017	97.5	Lynn Miller Columbia 3/4/2017	183
M1 40-44						
M2 45-49						
M3 50-54						
M4						

55-59						
M5						
60-64						
M6	Lynn Miller Columbia	107.5	Lynn Miller Columbia	97.5	Lynn Miller Columbia	183
65-69	3/4/2017		3/4/2017		3/4/2017	
M7						
70-74						
M8						
75-79						
M9						
80-84						
M10						
85-89						

Men 82.5 kilograms						
Division	Squat		Bench Press		Deadlift	
T1						
14-15						
T2						
16-17						
T3	Ryan Lima St. Peters	202.5				
18-19	3/7/2015					
Junior						
20-23						
Open	Ryan Lima St. Peters	202.5	James Stovall Smithton	82.5	James StovLL Smithton	170
24-39	3/7/2015		4/17/2021		4/17/2021	

M1 40-44						
M2 45-49						
M3 50-54						
M4 55-59						
M5 60-64						
M6 65-69						
M7 70-74						
M8 75-79	James Stovall Smithton 4/17/2021	112.5	James Stovall Smithton 4/17/2021	82.5	James StovLL Smithton 4/17/2021	170
M9 80-84						
M10 85-89						

Men 90.0 kilograms						
Division	Squat		Bench Press		Deadlift	
T1 14-15						
T2					Monta Melvin	

14 16-17					St. Peters 3/8/2014	215
T3 18-19	Zac Korando Columbia 2/4/2012	160				
Junior 20-23					Andrew Huevelman St. Peters 3/8/2014	247.5
Open 24-39	Zac Korando Columbia 2/4/2012	160			Andrew Huevelman St. Peters 3/8/2014	247.5
M1 40-44						
M2 45-49						
M3 50-54						
M4 55-59						
M5 60-64						
M6 65-69						
M7 70-74						
M8 75-79						
M9 80-84						
M10						

85-89					
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Men 100.0 kilograms						
Division	Squat		Bench Press		Deadlift	
T1 14-15						
T2 16-17						
T3 18-19	Ian Withrow Fulton 3/5/2016	147.5	Ian Withrow Fulton 3/5/2016		Ian Withrow Fulton 3/5/2016	182.5
Junior 20-23			Ryan Drysdale Arnold 3/17/2018	147.5	Ryan Drysdale Arnold 3/17/2018	227.5
Open 24-39	Ian Withrow Fulton 3/5/2016	147.5	Ryan Drysdale Arnold 3/17/2018	147.5	Benjamin Motl 3/17/2018	322.5
M1 40-44						
M2 45-49			Vance Wallace St. Peters 9/1/2018	170		
M3 50-54	Jim Bell St. Louis 3/6/2010					
M4 55-59						
M5 60-64						
M6						

65-69					
M7					
70-74					
M8					
75-79					
M9					
80-84					
M10					
85-89					

Men 110.0 kilograms						
Division	Squat		Bench Press		Deadlift	
T1						
14-15						
T2	Monta Melvin St. Peters 3/7/2015	175				
16-17						
T3	Nick DeJong Columbia 2/4/2012	140	Nick DeJong Columbia 2/4/2012	95	Nick DeJong Columbia 2/4/2012	175
18-19						
Junior			Chris Gard Columbia 2/4/2012	165		
20-23						
Open	Monta Melvin St. Peters 3/7/2015	175	Chris Gard Columbia 2/4/2012	165	Roger Horn St. Louis 3/17/2018	195
24-39						
M1						
40-44						
M2			Cary Calkins Columbia 3/17/2018			
45-49						

M3 50-54						
M4 55-59						
M5 60-64						
M6 65-69	Rick Conkling III St. Louis 2/4/2012	112.5	Roger Horn St. Louis 3/17/2018	140	Roger Horn St. Louis 3/17/2018	195
M7 70-74						
M8 75-79						
M9 80-84						
M10 85-89						

Men 125.0 kilograms						
Division	Squat		Bench Press		Deadlift	
T1 14-15						
T2 16-17						
T3 18-19						
Junior						

junior					
20-23					
Open					
24-39					
M1					
40-44					
M2					
45-49					
M3					
50-54					
M4					
55-59					
M5					
60-64					
M6					
65-69					
M7					
70-74					
M8					
75-79					
M9					
80-84					
M10					
85-89					

Men 145.0 kilograms			
Division	Squat	Bench Press	Deadlift

T1 14-15						
T2 16-17						
T3 18-19						
Junior 20-23	Jonathan Jones St. Peters 3/7/2015					
Open 24-39						
M1 40-44						
M2 45-49						
M3 50-54						
M4 55-59						
M5 60-64						
M6 65-69						
M7 70-74						
M8						

75-79					
M9					
80-84					
M10					
85-89					

Men 145.0+ kilograms					
Division	Squat		Bench Press		Deadlift
T1					
14-15					
T2					
16-17					
T3					
18-19					
Junior					
20-23					
Open					
24-39					
M1					
40-44					
M2					
45-49					
M3					
50-54					
M4					
55-59					
M5					

M5 60-64					
M6 65-69					
M7 70-74					
M8 75-79					
M9 80-84					
M10 85-89					

Police, Military, Fire Unequipped					
Weight	Squat		Bench Press		Deadlift
129.34			Joseph Morrel 9/1/2018	157.5	

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Men 52.0 kilograms						
Division	Squat		Bench Press		Deadlift	
T1 14-15						
T2 16-17						
T3 18-19						
Junior 20-23						
Open 24-39						
M1 40-44						
M2 45-49						
M3 50-54						
M4 55-59						
M5 60-64						
M6						

65-69						
M7 70-74						
M8 75-79						
M9 80-84						
M10 85-89						

Men 56.0 kilograms						
Division	Squat		Bench Press		Deadlift	
T1 14-15						
T2 16-17						
T3 18-19						
Junior 20-23						
Open 24-39						
M1 40-44						
M2						

45-49						
M3						
50-54						
M4						
55-59						
M5						
60-64						
M6						
65-69						
M7						
70-74						
M8						
75-79						
M9						
80-84						
M10						
85-89						

Men 60.0 kilograms						
Division	Squat		Bench Press		Deadlift	
T1						
14-15						
T2						
16-17						
T3						
18-19						

Junior 20-23						
Open 24-39						
M1 40-44						
M2 45-49						
M3 50-54						
M4 55-59						
M5 60-64						
M6 65-69						
M7 70-74						
M8 75-79						
M9 80-84						
M10 85-89						

Men 67.5 kilograms

Division	Squat		Bench Press		Deadlift	
T1 14-15						
T2 16-17						
T3 18-19						
Junior 20-23						
Open 24-39						
M1 40-44						
M2 45-49						
M3 50-54						
M4 55-59						
M5 60-64			Lon Kilgore Half Way 5/7/2022	90		
M6 65-69						
M7 70-74						
MR						

M9						
75-79						
M10						
80-84						
85-89						

Men 75.0 kilograms						
Division	Squat		Bench Press		Deadlift	
T1						
14-15						
T2						
16-17						
T3						
18-19						
Junior						
20-23						
Open	Tom LaFontaine Columbia 5/7/2022	85	Tom LaFontaine Columbia 5/7/2022	60	Tom LaFontaine Columbia 5/7/2022	125
24-39						
M1						
40-44						
M2						
45-49						
M3						
50-54						
M4						

55-59						
M5						
60-64						
M6						
65-69						
M7						
70-74						
M8	Tom LaFontaine Columbia	85	Tom LaFontaine Columbia	60	Tom LaFontaine Columbia	125
75-79	5/7/2022		5/7/2022		5/7/2022	
M9						
80-84						
M10						
85-89						

Men 82.5 kilograms						
Division	Squat		Bench Press		Deadlift	
T1						
14-15						
T2						
16-17						
T3						
18-19						
Junior						
20-23						
Open	James Stovall Smithton	100	James Stovall Smithton	77.5	James Stovall Smithton	160
24-39	7/10/2021		7/10/2021		7/10/2021	

M1 40-44						
M2 45-49						
M3 50-54						
M4 55-59						
M5 60-64						
M6 65-69						
M7 70-74						
M8 75-79	James Stovall Simithton 7/10/2021	100	James Stovall Simithton 7/10/2021	77.5	James Stovall Simithton 7/10/2021	160
M9 80-84						
M10 85-89						

Men 90.0 kilograms						
Division	Squat		Bench Press		Deadlift	
T1 14-15						
T2						

1-4						
16-17						
T3						
18-19						
Junior						
20-23						
Open						
24-39						
M1						
40-44						
M2						
45-49						
M3						
50-54						
M4						
55-59						
M5						
60-64						
M6						
65-69						
M7						
70-74						
M8						
75-79						
M9						
80-84						
M10						

85-89					
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Men 100.0 kilograms						
Division	Squat		Bench Press		Deadlift	
T1 14-15						
T2 16-17						
T3 18-19						
Junior 20-23						
Open 24-39	Jim Bell St. Louis 3/6/2010	237.5				
M1 40-44						
M2 45-49						
M3 50-54	Jim Bell St. Louis 3/6/2010	237.5				
M4 55-59						
M5 60-64						
M6						

65-69						
M7						
70-74						
M8						
75-79						
M9						
80-84						
M10						
85-89						

Men 110.0 kilograms						
Division	Squat		Bench Press		Deadlift	
T1						
14-15						
T2						
16-17						
T3						
18-19						
Junior						
20-23						
Open						
24-39						
M1						
40-44						
M2						
45-49						

M3 50-54						
M4 55-59						
M5 60-64						
M6 65-69			Roger Horn St. Louis 3/17/2018			
M7 70-74						
M8 75-79						
M9 80-84						
M10 85-89						

Men 125.0 kilograms						
Division	Squat		Bench Press		Deadlift	
T1 14-15						
T2 16-17						
T3 18-19						
Junior						

Junior 20-23						
Open 24-39						
M1 40-44						
M2 45-49						
M3 50-54						
M4 55-59						
M5 60-64						
M6 65-69						
M7 70-74						
M8 75-79						
M9 80-84						
M10 85-89						

Men 145.0 kilograms			
Division	Squat	Bench Press	Deadlift

T1 14-15						
T2 16-17						
T3 18-19						
Junior 20-23						
Open 24-39			Dave Beversdorf Columbia 2/4/2012	245		
M1 40-44						
M2 45-49			Dave Beversdorf Columbia 2/4/2012	245		
M3 50-54						
M4 55-59						
M5 60-64						
M6 65-69						
M7 70-74						
M8						

75-79						
M9						
80-84						
M10						
85-89						

Men 145.0+ kilograms						
Division	Squat		Bench Press		Deadlift	
T1						
14-15						
T2						
16-17						
T3						
18-19						
Junior						
20-23						
Open						
24-39						
M1						
40-44						
M2						
45-49						
M3						
50-54						
M4						
55-59						
M5						

M5 60-64						
M6 65-69						
M7 70-74						
M8 75-79						
M9 80-84						
M10 85-89						

Police, Military, Fire Unequipped						
Weight	Squat		Bench Press		Deadlift	