

Women 44 kilograms Unequipped							
Division	Squat		Bench Press		Deadlift		Total
T1 14-15							
T2 16-17							
T3 18-19							
Junior 20-23							
Open	Judith M. Gedney Macomb,IL 11/22/2005	92.5	Judith M. Gedney Macomb,IL 11/13/2010	50	Judith M. Gedney Macomb,IL 11/13/2010	115	Judith M. Gedney Macomb,IL 11/22/2008 250
M1 40-44							
M2 45-49							
M3 50-54							
M4 55-59							
M5 60-64							
M6 65-69	Judith M. Gedney Macomb,IL 11/22/2008	92.5	Judith M. Gedney Macomb,IL 11/22/2005	47.5	Judith M. Gedney Macomb,IL 11/22/2008	113.5	Judith M. Gedney Macomb,IL 11/22/2008 245
M7	Judith M. Gedney		Judith M. Gedney		Judith M. Gedney		Judith M. Gedney

50-54								
M4								
55-59								
M5								
60-64								
M6	Judith M. Gedney Macomb,IL	85	Judith M. Gedney Macomb,IL	49	Judith M. Gedney Macomb,IL	113	Judith M. Gedney Macomb,IL	242.5
65-69	11/11/2006		11/2009		11/2009		11/11/2006	
M7								
70-74								
M8								
75-79								
M9								
80-84								
M10								
85-89								

Women 50.5 kilograms Unequipped								
Division	Squat		Bench Press		Deadlift		Total	
T1	Whitney Fuller Casey, IL	72.5	Whitney Fuller Casey, IL	37.5	Whitney Fuller Casey, IL	87.5	Whitney Fuller Casey, IL	197.5
14-15	12/10/2022		12/10/2022		12/10/2022		12/10/2022	
T2								
16-17								
T3	Kathleen Barclay Macomb, IL	92.5	Kathleen Barclay Macomb, IL	52.5	Juliet Fansler Macomb, IL	92.5	Kathleen Barclay Macomb, IL	232.5
18-19	11/4/2006		11/4/2006		9/18/2021		11/4/2006	
Junior	Kathleen Barclay Macomb, IL	87.5	Kathleen Barclay Macomb, IL	50	Kathleen Barclay Macomb, IL	90	Kathleen Barclay Macomb, IL	227.5
20-23	3/31/2007		3/31/2007		3/31/2007		3/31/2007	

Open	Kathleen Barclay Macomb, IL 11/4/2006	92.5	Kathleen Barclay Macomb, IL 11/4/2006	52.5	Juliet Fansler Macomb, IL 9/18/2021	92.5	Kathleen Barclay Macomb, IL 11/4/2006	232.5
M1 40-44								
M2 45-49								
M3 50-54	Amy Fansler Milas Macomb, IL 9/18/2021	57.5	Amy Fansler Milas Macomb, IL 9/18/2021	32.5	Amy Fansler Milas Macomb, IL 9/18/2021	82.5	Amy Fansler Milas Macomb, IL 9/18/2021	172.5
M4 55-59								
M5 60-64								
M6 65-69								
M7 70-74								
M8 75-79								
M9 80-84								
M10 85-89								

Women 53.0 kilograms Unequipped							
Division	Squat		Bench Press		Deadlift		Total
T1							

14-15								
T2 16-17	Jessie Fansler Macomb, IL 11/4/2017	77.5	Jessie Fansler Macomb, IL 11/4/2017	50	Jessie Fansler Macomb, IL 11/4/2017	105	Jessie Fansler Macomb, IL 11/4/2017	232.5
T3 18-19								
Junior 20-23	Kara Downing Macomb, IL 3/2/2019	100	Kara Downing Macomb, IL 3/2/2019	45	Kara Downing Macomb, IL 3/2/2019	107.5	Kara Downing Macomb, IL 3/2/2019	252.5
Open	Kara Downing Macomb, IL 3/2/2019	100	Jessie Fansler Macomb, IL 11/4/2017	50	Kara Downing Macomb, IL 3/2/2019	107.5	Kara Downing Macomb, IL 3/2/2019	252.5
M1 40-44								
M2 45-49								
M3 50-54	Amy Fansler Milas Macomb, IL 8/16/2025	65	Amy Fansler Milas Macomb, IL 7/13/2024	40	Amy Fansler Milas Macomb, IL 7/10/2021	80	Amy Fansler Milas Macomb, IL 7/13/2024	180
M4 55-59								
M5 60-64								
M6 65-69								
M7 70-74								
M8 75-79								
MQ								

80-84							
M10							
85-89							

Women 55.5 kilograms Unequipped							
Division	Squat		Bench Press		Deadlift		Total
T1 14-15							
T2 16-17	Jessie Fansler Macomb, IL 8/18/2018	72.5	Jessie Fansler Macomb, IL 8/18/2018	52.5	Jessie Fansler Macomb, IL 8/18/2018	110	Jessie Fansler Macomb, IL 8/18/2018 235
T3 18-19	Kathleen Barclay Macomb, IL 7/8/2006	82.5	Whitney Piper Macomb, IL 11/2/2019	55	Whitney Piper Macomb, IL 11/2/2019	122.5	Whitney Piper Macomb, IL 11/2/2019 247.5
Junior 20-23	Madison Darrow Macomb, IL 10/21/2023	90	Juliet Fansler Macomb, IL 11/2-3/2024	68.5	Whitney Piper Macomb, IL 9/18/2021	145	Whitney Piper Macomb, IL 4/9/2022 277.5
Open	Madison Darrow Macomb, IL 10/21/2023	90	Juliet Fansler Macomb, IL 11/2-3/2024	68.5	Whitney Piper Macomb, IL 9/18/2021	145	Whitney Piper Macomb, IL 4/9/2022 277.5
M1 40-44							
M2 45-49							
M3 50-54	Amy Fansler Milas Macomb, IL 1/13/2024	65	Amy Fansler Milas Macomb, IL 1/13/2024	37.5	Amy Fansler Milas Macomb, IL 1/13/2024	77.5	Amy Fansler Milas Macomb, IL 1/13/2024 180
M4 55-59							
M5							

60-64							
M6							
65-69							
M7							
70-74							
M8							
75-79							
M9							
80-84							
M10							
85-89							

Women 58.5 kilograms Unequipped							
Division	Squat		Bench Press		Deadlift		Total
T1							
14-15							
T2	Lillian Lambert Macomb, IL 7/9/2022	50	Lillian Lambert Macomb, IL 7/9/2022	27.5	Lillian Lambert Macomb, IL 7/9/2022	67.5	Lillian Lambert Macomb, IL 7/9/2022 145
T3	Juliet Fansler Macomb, IL 8/5/2023	67.5	Juliet Fansler Macomb, IL 8/5/2023	55	Juliet Fansler Macomb, IL 8/5/2023	100	Juliet Fansler Macomb, IL 8/5/2023 222.5
Junior	Sophie G. Simmons Macomb, IL 6/26/2010	92.5	Sophie G. Simmons Macomb, IL 10/2/2010	65	Sophie G. Simmons Macomb, IL 11/13/2010	140	Sophie G. Simmons Macomb, IL 6/26/2010 292.5
20-23							
Open	Cynthia F. Alog Skokie, IL 8/27/2011	105	Cynthia F. Alog Skokie, IL 8/27/2011	67.5	Sophie G. Simmons Macomb, IL 11/13/2010	140	Cynthia F. Alog Skokie, IL 8/27/2011 305
M1							
40-44							

M2 45-49								
M3 50-54	Dawn Piper Macomb, IL 8/16/2025	72.5	Dawn Piper Macomb, IL 8/16/2025	42.5	Dawn Piper Macomb, IL 8/16/2025	77.5	Dawn Piper Macomb, IL 8/16/2025	192.5
M4 55-59	Mary P. Grimm Midlothian, IL 4/10/2010	35	Mary P. Grimm Midlothian, IL 4/10/2010	25	Mary P. Grimm Midlothian, IL 4/10/2010	72.5	Mary P. Grimm Midlothian, IL 4/10/2010	132.5
M5 60-64								
M6 65-69								
M7 70-74								
M8 75-79								
M9 80-84								
M10 85-89								

Women 63 kilograms Unequipped								
Division	Squat		Bench Press		Deadlift		Total	
T1 14-15	Clair L. Rittenhouse Macomb, IL 2/20/2010	77.5	Clair L. Rittenhouse Macomb, IL 2/20/2010	60	Clair L. Rittenhouse Macomb, IL 2/20/2010	92.5	Clair L. Rittenhouse Macomb, IL 2/20/2010	230
T2 16-17								
T3	Emily Phillips		Cynthia Delgado		Cynthia Delgado		Cynthia Delgado	

18-19	Colchester, IL 8/12/2017	82.5	St. Charles, IL 4/9/2022	47.5	St. Charles, IL 4/9/2022	102.5	St. Charles, IL 4/9/2022	225
Junior 20-23	Whitney Piper Macomb, IL 4/1/2023	75	Whitney Piper Macomb, IL 4/1/2023	62.5	Whitney Piper Macomb, IL 4/1/2023	140	Whitney Piper Macomb, IL 4/1/2023	277.5
Open	Emily Phillips Colchester, IL 8/12/2017	82.5	Whitney Piper Macomb, IL 4/1/2023	62.5	Whitney Piper Macomb, IL 4/1/2023	140	Whitney Piper Macomb, IL 4/1/2023	277.5
M1 40-44								
M2 45-49	Dawn C. Piper Macomb, IL 8/12/2017	52.5	Dawn C. Piper Macomb, IL 6/24/2017	35	Dawn C. Piper Macomb, IL 6/24/2017	82.5	Dawn C. Piper Macomb, IL 6/24/2017	170
M3 50-54	Dawn C. Piper Macomb, IL 7/13/2024	81.5	Dawn C. Piper Macomb, IL 4/9/2022	45	Dawn C. Piper Macomb, IL 12/10/2022	107.5	Dawn C. Piper Macomb, IL 11/2-3/2024	226.5
M4 55-59								
M5 60-64								
M6 65-69	Linda Burnett Macomb, IL 7/13/2024	67.5	Linda Burnett Macomb, IL 7/13/2024	52.5	Linda Burnett Macomb, IL 7/13/2024	95	Linda Burnett Macomb, IL 7/13/2024	215
M7 70-74								
M8 75-79								
M9 80-84								
M10 85-89								

70-74							
M8							
75-79							
M9							
80-84							
M10							
85-89							

Women 80 kilograms Unequipped							
Division	Squat		Bench Press		Deadlift		Total
T1 14-15							
T2 16-17	Lauren McClure Macomb, IL 7/10/2021	107.5	Lauren McClure Macomb, IL 7/10/2021	57.5	Lauren McClure Macomb, IL 7/10/2021	140	Lauren McClure Macomb, IL 7/10/2021 305
T3 18-19	Lauren McClure Macomb, IL 8/5/2023	125	Lauren McClure Macomb, IL 7/10/2021	57.5	Lauren McClure Macomb, IL 8/5/2023	150	Lauren McClure Macomb, IL 8/5/2023 332.5
Junior 20-23	Lauren McClure Macomb, IL 7/13/2024	130	Lauren McClure Macomb, IL 7/13/2024	60	Lauren McClure Macomb, IL 7/13/2024	147.5	Lauren McClure Macomb, IL 7/13/2024 337.5
Open	Kathryn Oursler Macomb, IL 1/13/2024	120	Kathryn Oursler Macomb, IL 1/13/2024	72.5	Kathryn Oursler Macomb, IL 4/9/2022	125	Kathryn Oursler Macomb, IL 1/13/2024 312.5
M1 40-44	Stephanie Ballinger Jacksonville, IL 7/13/2024	110	Stephanie Ballinger Jacksonville, IL 7/13/2024	67.5	Stephanie Ballinger Jacksonville, IL 7/13/2024	125	Stephanie Ballinger Jacksonville, IL 7/13/2024 302.5
M2 45-49							
M3 50-54							

M4 55-59	Mary Flanagan Colchester, IL 4/9/2016	72.5	Charla Wrenn Good Hope, IL 8/16/2025	52.5	Mary Flanagan Colchester, IL 4/9/2016	115	Mary Flanagan Colchester, IL 4/9/2016	225
M5 60-64								
M6 65-69								
M7 70-74								
M8 75-79								
M9 80-84								
M10 85-89								

Women 90 kilograms Unequipped								
Division	Squat		Bench Press		Deadlift		Total	
T1 14-15								
T2 16-17								
T3 18-19								
Junior 20-23								
	Tracy Niehaus		Tracy Niehaus		Tracy Niehaus		Tracy Niehaus	

Open	Quincy, IL 4/22/2017	125	Quincy, IL 4/22/2017	72.5	Quincy, IL 4/22/2017	160	Quincy, IL 4/22/2017	357.5
M1 40-44								
M2 45-49	Charla Wrenn Good Hope, IL 7/24/2017	70	Charla Wrenn Good Hope, IL 7/24/2017	60	Charla Wrenn Good Hope, IL 7/24/2017	107.5	Charla Wrenn Good Hope, IL 7/24/2017	237.5
M3 50-54								
M4 55-59								
M5 60-64								
M6 65-69								
M7 70-74								
M8 75-79								
M9 80-84								
M10 85-89								

Women 110 kilograms Unequipped

Division	Squat	Bench Press	Deadlift	Total				
T1 14-15	Emily Waldman Dunlap, IL 11/4/2006	40	Emily Waldman Dunlap, IL 11/4/2006	57.5	Emily Waldman Dunlap, IL 11/4/2006	125	Emily Waldman Dunlap, IL 11/4/2006	222.5

T2 16-17								
T3 18-19								
Junior 20-23	Ann M. Buren LaHarpe, IL 7/8/2006	105	Ann M. Buren LaHarpe, IL 7/8/2006	65	Ann M. Buren LaHarpe, IL 7/8/2006	110	Ann M. Buren LaHarpe, IL 7/8/2006	280
Open	Ann M. Buren LaHarpe, IL 7/8/2006	105	Charla Wrenn Good Hope, IL 3/2/2019	67.5	Emily Waldman Dunlap, IL 11/4/2006	125	Ann M. Buren LaHarpe, IL 7/8/2006	280
M1 40-44								
M2 45-49	Charla Wrenn Good Hope, IL 6/11/2016	50	Charla Wrenn Good Hope, IL 6/11/2016	60	Charla Wrenn Good Hope, IL 6/11/2016	97.5	Charla Wrenn Good Hope, IL 6/11/2016	207.5
M3 50-54	Charla Wrenn Good Hope, IL 3/2/2019	75	Charla Wrenn Good Hope, IL 3/2/2019	67.5	Charla Wrenn Good Hope, IL 7/27/2018	112.5	Charla Wrenn Good Hope, IL 7/27/2018	247.5
M4 55-59	Charla Wrenn Good Hope, IL 8/5/2023	55	Charla Wrenn Good Hope, IL 8/5/2023	65	Charla Wrenn Good Hope, IL 8/5/2023	105	Charla Wrenn Good Hope, IL 8/5/2023	225
M5 60-64								
M6 65-69								
M7 70-74								
M8 75-79								
M9 80-84								

Women 44 kilograms Equipped								
Division	Squat		Bench Press		Deadlift		Total	
Open	Judith M. Gedney Macomb, IL 11/22/2008	103	Judith M. Gedney Macomb, IL 11/22/2007	53	Judith M. Gedney Macomb, IL 11/22/2008	117.5	Judith M. Gedney Macomb, IL 11/22/2008	275
T1 14-15								
T2 16-17								
T3 18-19								
Junior 20-23								
M1 40-44								
M2 45-49								
M3 50-54								
M4 55-59								
M5 60-64								
M6	Judith M. Gedney Macomb, IL	103	Judith M. Gedney Macomb, IL	53	Judith M. Gedney Macomb, IL	117.5	Judith M. Gedney Macomb, IL	275

14-15								
T2 16-17								
T3 18-19								
Junior 20-23								
M1 40-44								
M2 45-49								
M3 50-54								
M4 55-59								
M5 60-64								
M6 65-69								
M7 70-74								
M8 75-79								
M9								

80-84							
M10							
85-89							

Women 53.0 kilograms Equipped							
Division	Squat		Bench Press		Deadlift		Total
Open							
T1 14-15							
T2 16-17							
T3 18-19							
Junior 20-23							
M1 40-44							
M2 45-49							
M3 50-54							
M4 55-59							

20-23								
M1 40-44								
M2 45-49								
M3 50-54								
M4 55-59								
M5 60-64								
M6 65-69								
M7 70-74								
M8 75-79								
M9 80-84								
M10 85-89								

Women 58.5 kilograms Equipped				
Division	Squat	Bench Press	Deadlift	Total

Open	Jessie Fansler Macomb, IL 9/18/2021	100	Jessie Fansler Macomb, IL 9/18/2021	70	Jessie Fansler Macomb, IL 9/18/2021	70	Jessie Fansler Macomb, IL 9/18/2021	240
T1 14-15								
T2 16-17								
T3 18-19								
Junior 20-23	Jessie Fansler Macomb, IL 9/18/2021	100	Jessie Fansler Macomb, IL 9/18/2021	70	Jessie Fansler Macomb, IL 9/18/2021	70	Jessie Fansler Macomb, IL 9/18/2021	240
M1 40-44								
M2 45-49								
M3 50-54								
M4 55-59								
M5 60-64								
M6 65-69								
M7 70-74								

16-17								
T3								
18-19								
Junior								
20-23								
M1								
40-44								
M2								
45-49								
M3								
50-54								
M4								
55-59								
M5								
60-64								
M6								
65-69								
M7								
70-74								
M8								
75-79								
M9								
80-84								
M10								
85-89								

Women 80 kilograms Equipped

Division	Squat		Bench Press		Deadlift		Total	
Open								
T1 14-15								
T2 16-17								
T3 18-19								
Junior 20-23								
M1 40-44								
M2 45-49								
M3 50-54								
M4 55-59								
M5 60-64								
M6								

M6 65-69							
M7 70-74							
M8 75-79							
M9 80-84							
M10 85-89							

Women 90 kilograms Equipped							
Division	Squat		Bench Press		Deadlift		Total
Open							
T1 14-15							
T2 16-17							
T3 18-19							
Junior 20-23							
M1							

14-15								
T2 16-17								
T3 18-19								
Junior 20-23								
M1 40-44								
M2 45-49								
M3 50-54								
M4 55-59								
M5 60-64								
M6 65-69								
M7 70-74								
M8 75-79								
M9								

Single Event Unequipped Illinois Records Updated 8/21/2025

New Record

Corrected record

Women 44 kilograms Unequipped					
Division	Squat		Bench Press		Deadlift
Open	Judith M. Gedney Macomb, IL 10/20/2006	87.5			Judith M. Gedney Macomb, IL 10/22/2006 113
T1 14-15					
T2 16-17					
T3 18-19					
Junior 20-23					
M1 40-44					
M2 45-49					
M3 50-54					
M4 55-59					
M5 60-64					
M6	Judith M. Gedney Macomb, IL	87.5			Judith M. Gedney Macomb, IL 113

65-69	10/20/2006				10/22/2006	
M7						
70-74						
M8						
75-79						
M9						
80-84						
M10						
85-89						

Women 47.5 kilograms Unequipped						
Division	Squat		Bench Press		Deadlift	
Open	Judith M. Gedney Macomb, IL 4/23/2010	82.5	Judith M. Gedney Macomb, IL 10/21/2006	47.5	Judith M. Gedney Macomb, IL 4/25/2006	113.5
T1						
14-15						
T2						
16-17						
T3						
18-19						
Junior						
20-23						
M1						
40-44						

M2 45-49						
M3 50-54						
M4 55-59						
M5 60-64						
M6 65-69	Judith M. Gedney Macomb, IL 4/23/2010	82.5	Judith M. Gedney Macomb, IL 10/21/2006	47.5	Judith M. Gedney Macomb, IL 4/25/2006	113.5
M7 70-74			Judith M. Gedney Macomb, IL 8/16/2014	40		
M8 75-79						
M9 80-84						
M10						

85-89					
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Women 50.5 kilograms Unequipped						
Division	Squat		Bench Press		Deadlift	
Open	Amy Fansler Milas Macomb, IL 7/10/2021	55	Amy Fansler Milas Macomb, IL 4/17/2021	37.5	Amy Fansler Milas Macomb, IL 7/10/2021	80
T1 14-15						
T2 16-17						
T3 18-19						
Junior 20-23						
M1 40-44						
M2 45-49			Amy Fansler Milas Macomb, IL 10/10/2020	30	Amy Fansler Milas Macomb, IL 10/10/2020	70
M3 50-54	Amy Fansler Milas Macomb, IL 7/10/2021	55	Amy Fansler Milas Macomb, IL 4/17/2021	37.5	Amy Fansler Milas Macomb, IL 7/10/2021	80
M4 55-59						
M5 60-64						

M6 65-69						
M7 70-74						
M8 75-79						
M9 80-84						
M10 85-89						

Women 53.0 kilograms Unequipped						
Division	Squat		Bench Press		Deadlift	
Open	Kara Downing Macomb, IL 6/7/2019	102.5	Jessie Fansler Macomb, IL 3/17/2018	52.5	Kara Downing Macomb, IL 6/7/2019	115
T1 14-15						
T2 16-17	Juliet Fansler Macomb, IL 7/10/2021	55	Jessie Fansler Macomb, IL 3/17/2018	52.5	Jessie Fansler Macomb, IL 3/17/2018	105.5
T3 18-19						
Junior 20-23	Kara Downing Macomb, IL 6/7/2019	102.5	Kara Downing Macomb, IL 6/7/2019	47.5	Kara Downing Macomb, IL 6/7/2019	115
M1						

40-44						
M2 45-49						
M3 50-54	Amy Fansler Milas Macomb, IL 3/5/2023	57.5	Amy Fansler Milas Macomb, IL 3/5/2023	40	Amy Fansler Milas Macomb, IL 7/10/2021	80
M4 55-59						
M5 60-64						
M6 65-69						
M7 70-74						
M8 75-79						
M9 80-84						
M10 85-89						

Women 55.5 kilograms Unequipped						
Division	Squat		Bench Press		Deadlift	
Open	Antoinett Lane Macomb, IL	105	Juliet Fansler Macomb, IL	65	Antoinett Lane Macomb, IL	145

	3/7/2015		1/13/2024		3/7/2015	
T1 14-15						
T2 16-17			Jessie Fansler Macomb, IL 3/2/2019	55	Whitney Piper Macomb, IL 6/9/2019	125
T3 18-19			Juliet Fansler Macomb, IL 3/5/2023	60	Whitney Piper Macomb, IL 10/10/2020	120
Junior 20-23	Antoinett Lane Macomb, IL 3/7/2015	105	Juliet Fansler Macomb, IL 1/13/2024	65	Antoinett Lane Macomb, IL 3/7/2015	145
M1 40-44						
M2 45-49						
M3 50-54			Amy Fansler Milas Macomb, IL 9/17/2022	40		
M4 55-59						
M5 60-64						
M6 65-69						
M7 70-74						
M8 75-79						

M9 80-84						
M10 85-89						

Women 58.5 kilograms Unequipped						
Division	Squat		Bench Press		Deadlift	
Open	Sophie G. Simmons Macomb, IL 2/20/2010	80	Jessie Fansler Macomb, IL 7/10/2021	65	Whitney Piper Macomb, IL 3/5/2023	150
T1 14-15						
T2 16-17						
T3 18-19	Lillian Lambert Macomb, IL 3/5/2023	62.5	Juliet Fansler Macomb, IL 4/1/2023	62.5	Lillian Lambert Macomb, IL 3/5/2023	100
Junior 20-23	Sophie G. Simmons Macomb, IL 2/20/2010	80	Jessie Fansler Macomb, IL 7/10/2021	65	Whitney Piper Macomb, IL 3/5/2023	150
M1 40-44						
M2 45-49						
M3 50-54						
M4						

55-59						
M5 60-64						
M6 65-69						
M7 70-74						
M8 75-79						
M9 80-84						
M10 85-89						

Women 63 kilograms Unequipped						
Division	Squat		Bench Press		Deadlift	
Open	Adriana Garcia Martin Macomb, IL 3/5/2023	127.5	Claire Rittenhouse Macomb, IL 2/20/2010	65	Adriana Garcia Martin Macomb, IL 3/5/2023	140
T1 14-15	Claire Rittenhouse Macomb, IL 2/20/2010	80	Claire Rittenhouse Macomb, IL 2/20/2010	65	Claire Rittenhouse Macomb, IL 2/20/2010	97.5
T2 16-17						
T3	Haley Shake Macomb, IL	86	Haley Shake Macomb, IL	47.5	Ainsley Walter Macomb, IL	85

18-19	4/6/2024		4/6/2024		10/10/2020	
Junior 20-23	Adriana Garcia Martin Macomb, IL 3/5/2023	127.5	Adriana Garcia Martin Macomb, IL 3/5/2023	62.5	Adriana Garcia Martin Macomb, IL 3/5/2023	140
M1 40-44						
M2 45-49						
M3 50-54	Dawn Piper Macomb, IL 3/5/2023	77.5	Dawn Piper Macomb, IL 3/5/2023	47.5	Dawn Piper Macomb, IL 3/5/2023	105
M4 55-59						
M5 60-64						
M6 65-69						
M7 70-74						
M8 75-79						
M9 80-84						
M10 85-89						

Women 70 kilograms Unequipped						
Division	Squat		Bench Press		Deadlift	
Open	Kathryn Oursler Macomb, IL 4/17/2021	117.5	Kathryn Oursler Macomb, IL 4/17/2021	70	Kathryn Oursler Macomb, IL 4/17/2021	137.5
T1 14-15						
T2 16-17	Haley Shake Macomb, IL 1/13/2024	82.5				
T3 18-19					Ainsley Walter Macomb, IL 4/17/2021	100
Junior 20-23			Cynthia Delgado St. Charles, IL 10/5/2024	62.5	Alexis Bielak Macomb, IL 3/2/2019	120
M1 40-44	Tara C. Helenthal Hamilton, IL 3/7/2015	80	Tara C. Helenthal Hamilton, IL 3/7/2015	55	Tara C. Helenthal Hamilton, IL 11/7/2015	122.5
M2 45-49						
M3 50-54	Dawn Piper Macomb, IL 7/10/2021	65	Dawn Piper Macomb, IL 7/10/2021	45	Dawn Piper Macomb, IL 7/10/2021	105
M4 55-59	Mary E. Flanagan Colchester, IL 3/4/2017	70	Suzanne Litchfield Macomb, IL 3/5/2023	40	Mary E. Flanagan Colchester, IL 3/4/2017	105
M5 60-64						
M6 65-69						

M7 70-74						
M8 75-79						
M9 80-84						
M10 85-89						

Women 80 kilograms Unequipped						
Division	Squat		Bench Press		Deadlift	
Open						
T1 14-15						
T2 16-17	Lauren McClure Macomb, IL 4/17/2021	110	Lauren McClure Macomb, IL 7/10/2021	57.5	Lauren McClure Macomb, IL 4/17/2021	148
T3 18-19	Lauren McClure Macomb, IL 3/5/2023	127.5	Lauren McClure Macomb, IL 5/7/2022	57.5	Lauren McClure Macomb, IL 3/5/2023	150
Junior 20-23	Lauren McClure Macomb, IL 4/6/2024	125.5	Lauren McClure Macomb, IL 4/6/2024	57.5	Lauren McClure Macomb, IL 1/13/2024	152.5
M1 40-44	Tanya Schmidt Macomb, IL 4/6/2024	95	Tanya Schmidt Macomb, IL 4/6/2024	60	Tanya Schmidt Macomb, IL 4/6/2024	112.5
M2						

M2						
45-49						
M3						
50-54						
M4	Phyllis McLouth Bushnell, IL 4/6/2024	86	Phyllis McLouth Bushnell, IL 4/6/2024	55	Mary E. Flanagan Colchester, IL 8/20/2016	117.5
55-59						
M5						
60-64						
M6					Jean Wolf Macomb, IL 9/17/2022	65
65-69						
M7						
70-74						
M8						
75-79						
M9						
80-84						
M10						
85-89						

Women 90 kilograms Unequipped						
Division	Squat		Bench Press		Deadlift	
Open	Charla J. Wrenn Good Hope, IL 3/4/2017	70	Charla J. Wrenn Good Hope, IL 3/4/2017	62.5	Charla J. Wrenn Good Hope, IL 3/5/2016	107.5
T1						

14-15						
T2						
16-17						
T3						
18-19						
Junior						
20-23						
M1			Charla J. Wrenn Good Hope, IL 2/9/2013	52.5	Charla J. Wrenn Good Hope, IL 2/9/2013	100
M2	Charla J. Wrenn Good Hope, IL 3/4/2017	70	Charla J. Wrenn Good Hope, IL 3/4/2017	62.5	Charla J. Wrenn Good Hope, IL 3/5/2016	107.5
M3						
50-54						
M4						
55-59						
M5						
60-64						
M6						
65-69						
M7						
70-74						
M8						
75-79						
M9						
80-84						

M10						
85-89						

Women 110 kilograms Unequipped						
Division	Squat		Bench Press		Deadlift	
Open	Evie Delgado Quincy, IL 5/7/2022	100			Evie Delgado Quincy, IL 5/7/2022	147.5
T1 14-15	Keri DeVolder Macomb, IL 3/4/2017	87.5				
T2 16-17	Evie Delgado Quincy, IL 5/7/2022	100			Evie Delgado Quincy, IL 5/7/2022	147.5
T3 18-19						
Junior 20-23						
M1 40-44						
M2 45-49	Charla Wrenn Good Hope, IL 8/20/2016	45			Charla Wrenn Good Hope, IL 8/20/2016	92.5
M3 50-54						
M4 55-59						
M5						

60-64					
M6					
65-69					
M7					
70-74					
M8					
75-79					
M9					
80-84					
M10					
85-89					

Women 110+ kilograms Unequipped					
Division	Squat		Bench Press		Deadlift
Open	Keri DeVolder Macomb, IL 6/7/2019	111	Keri DeVolder Macomb, IL 6/8/2019	75	Keri DeVolder Macomb, IL 3/17/2018
T1 14-15					
T2 16-17	Keri DeVolder Macomb, IL 3/17/2018	107.5	Keri DeVolder Macomb, IL 3/17/2018	70	Keri DeVolder Macomb, IL 3/17/2018
T3 18-19	Keri DeVolder Macomb, IL 6/7/2019	111	Keri DeVolder Macomb, IL 6/8/2019	75	Keri DeVolder Macomb, IL 6/9/2019
Junior 20-23			Keri DeVolder Macomb, IL 3/5/2023	75	
M1					

M1 40-44						
M2 45-49						
M3 50-54			Charla Wrenn Good Hope, IL 4/17/2021	70	Charla Wrenn Good Hope, IL 4/17/2021	110
M4 55-59						
M5 60-64						
M6 65-69						
M7 70-74						
M8 75-79						
M9 80-84						
M10 85-89						

Police/Military/Fire Unequipped						
Weight	Squat		Bench Press		Deadlift	
90			Cathy Lynn Martin Quincy, IL	77.5		



Single Event Equipped Illinois Records Updated 8/21/2025

New Record

Women 44 kilograms Equipped					
Division	Squat		Bench Press		Deadlift
Open	Judith M. Gedney Macomb, IL 10/20/2006	87.5			Judith M. Gedney Macomb, IL 10/22/2006 113
T1 14-15					
T2 16-17					
T3 18-19					
Junior 20-23					
M1 40-44					
M2 45-49					
M3 50-54					
M4 55-59					
M5 60-64					
M6	Judith M. Gedney Macomb, IL	87.5			Judith M. Gedney Macomb, IL 113

65-69	10/20/2006				10/22/2006	
M7						
70-74						
M8						
75-79						
M9						
80-84						
M10						
85-89						

Women 47.5 kilograms Equipped						
Division	Squat		Bench Press		Deadlift	
Open	Judith M. Gedney Macomb, IL 4/24/2010	97.5	Judith M. Gedney Macomb, IL 4/24/2010	56.5	Judith M. Gedney Macomb, IL 4/24/2010	116.5
T1						
14-15						
T2						
16-17						
T3						
18-19						
Junior						
20-23						
M1						
40-44						

M2 45-49						
M3 50-54						
M4 55-59						
M5 60-64						
M6 65-69	Judith M. Gedney Macomb, IL 4/24/2010	97.5	Judith M. Gedney Macomb, IL 4/24/2010	56.5	Judith M. Gedney Macomb, IL 4/24/2010	116.5
M7 70-74						
M8 75-79						
M9 80-84						
M10 85-89						

Women 50.5 kilograms Equipped						
Division	Squat		Bench Press		Deadlift	
Open						
T1						

14-15						
T2 16-17						
T3 18-19						
Junior 20-23						
M1 40-44						
M2 45-49						
M3 50-54						
M4 55-59						
M5 60-64						
M6 65-69						
M7 70-74						
M8 75-79						
M9						

80-84						
M10						
85-89						

Women 53.0 kilograms Equipped						
Division	Squat		Bench Press		Deadlift	
Open						
T1 14-15						
T2 16-17						
T3 18-19						
Junior 20-23						
M1 40-44						
M2 45-49						
M3 50-54						
M4 55-59						

M5 60-64						
M6 65-69						
M7 70-74						
M8 75-79						
M9 80-84						
M10 85-89						

Women 55.5 kilograms Equipped						
Division	Squat		Bench Press		Deadlift	
Open						
T1 14-15						
T2 16-17						
T3 18-19						
Junior						

20-23					
M1 40-44					
M2 45-49					
M3 50-54					
M4 55-59					
M5 60-64					
M6 65-69					
M7 70-74					
M8 75-79					
M9 80-84					
M10 85-89					

Women 58.5 kilograms Equipped			
Division	Squat	Bench Press	Deadlift

Open	Jessie Fansler Macomb, IL 11/2/2019	100				
T1 14-15						
T2 16-17						
T3 18-19	Jessie Fansler Macomb, IL 11/2/2019	100				
Junior 20-23						
M1 40-44						
M2 45-49						
M3 50-54						
M4 55-59						
M5 60-64						
M6 65-69						
M7 70-74						

M8 75-79						
M9 80-84						
M10 85-89						

Women 63 kilograms Equipped						
Division	Squat		Bench Press		Deadlift	
Open						
T1 14-15						
T2 16-17						
T3 18-19						
Junior 20-23						
M1 40-44						
M2 45-49						
M3						

M0						
50-54						
M4						
55-59						
M5						
60-64						
M6						
65-69						
M7						
70-74						
M8						
75-79						
M9						
80-84						
M10						
85-89						

Women 70 kilograms Equipped						
Division	Squat		Bench Press		Deadlift	
Open						
T1						
14-15						
T2						

16-17						
T3						
18-19						
Junior						
20-23						
M1						
40-44						
M2						
45-49						
M3						
50-54						
M4						
55-59						
M5						
60-64						
M6						
65-69						
M7						
70-74						
M8						
75-79						
M9						
80-84						
M10						
85-89						

Women 80 kilograms Equipped						
Division	Squat		Bench Press		Deadlift	
Open						
T1 14-15						
T2 16-17						
T3 18-19						
Junior 20-23						
M1 40-44						
M2 45-49						
M3 50-54						
M4 55-59						
M5 60-64						
M6						

M6 65-69						
M7 70-74						
M8 75-79						
M9 80-84						
M10 85-89						

Women 90 kilograms Equipped						
Division	Squat		Bench Press		Deadlift	
Open						
T1 14-15						
T2 16-17						
T3 18-19						
Junior 20-23						
M1						

40-44						
M2						
45-49						
M3						
50-54						
M4						
55-59						
M5						
60-64						
M6						
65-69						
M7						
70-74						
M8						
75-79						
M9						
80-84						
M10						
85-89						

Women 110 kilograms Equipped						
Division	Squat		Bench Press		Deadlift	
Open						
T1						

14-15						
T2 16-17						
T3 18-19						
Junior 20-23						
M1 40-44						
M2 45-49						
M3 50-54						
M4 55-59						
M5 60-64						
M6 65-69						
M7 70-74						
M8 75-79						
M9						

80-84						
M10						
85-89						

Women 110+ kilograms Equipped						
Division	Squat		Bench Press		Deadlift	
Open						
T1 14-15						
T2 16-17						
T3 18-19						
Junior 20-23						
M1 40-44						
M2 45-49						
M3 50-54						
M4 55-59						
M5						

M5 60-64						
M6 65-69						
M7 70-74						
M8 75-79						
M9 80-84						
M10 85-89						

Police, Military, Fire Equipped						
Weight	Squat		Bench Press		Deadlift	
58.5						

Women 44 kilograms Modern Raw

Division	Squat		Bench Press		Deadlift		Total	
Open								
T1 14-15								
T2 16-17								
T3 18-19								
Junior 20-23								
M1 40-44								
M2 45-49								
M3 50-54								
M4 55-59								
M5 60-64								
M6 65-69								
M7 70-74								
M8 75-79								
M9 80-84								
M10 85-89								

Women 47.5 kilograms Modern Raw

Division	Squat		Bench Press		Deadlift		Total	

Open							
T1 14-15							
T2 16-17							
T3 18-19							
Junior 20-23							
M1 40-44							
M2 45-49							
M3 50-54							
M4 55-59							
M5 60-64							
M6 65-69							
M7 70-74							
M8 75-79							
M9 80-84							
M10 85-89							

Women 50.5 kilograms Modern Raw							
Division	Squat		Bench Press		Deadlift		Total
Open							
T1 14-15							
T2							

16-17							
T3 18-19							
Junior 20-23							
M1 40-44							
M2 45-49							
M3 50-54							
M4 55-59							
M5 60-64							
M6 65-69							
M7 70-74							
M8 75-79							
M9 80-84							
M10 85-89							

Women 53.0 kilograms Modern Raw							
Division	Squat		Bench Press		Deadlift		Total
Open							
T1 14-15							
T2 16-17							
T3 18-19							
Junior							

Junior 20-23							
M1 40-44							
M2 45-49							
M3 50-54							
M4 55-59							
M5 60-64							
M6 65-69							
M7 70-74							
M8 75-79							
M9 80-84							
M10 85-89							

Women 55.5 kilograms Modern Raw							
Division	Squat		Bench Press		Deadlift		Total
Open							
T1 14-15							
T2 16-17							
T3 18-19							
Junior 20-23							
M1 40-44							
M2							

45-49							
M3 50-54							
M4 55-59							
M5 60-64							
M6 65-69							
M7 70-74							
M8 75-79							
M9 80-84							
M10 85-89							

Women 58.5 kilograms Modern Raw							
Division	Squat		Bench Press		Deadlift		Total
Open							
T1 14-15							
T2 16-17							
T3 18-19							
Junior 20-23							
M1 40-44							
M2 45-49							
M3 50-54							
M4							

55-59							
M5 60-64							
M6 65-69							
M7 70-74							
M8 75-79							
M9 80-84							
M10 85-89							

Women 63 kilograms Modern Raw							
Division	Squat		Bench Press		Deadlift		Total
Open							
T1 14-15							
T2 16-17							
T3 18-19							
Junior 20-23							
M1 40-44							
M2 45-49							
M3 50-54							
M4 55-59							
M5 60-64							
M6							

M6 65-69							
M7 70-74							
M8 75-79							
M9 80-84							
M10 85-89							

Women 70 kilograms Modern Raw							
Division	Squat		Bench Press		Deadlift		Total
Open							
T1 14-15							
T2 16-17							
T3 18-19							
Junior 20-23							
M1 40-44							
M2 45-49							
M3 50-54							
M4 55-59							
M5 60-64							
M6 65-69							
M7 70-74							
M8							

75-79							
M9 80-84							
M10 85-89							

Women 80 kilograms Modern Raw							
Division	Squat		Bench Press		Deadlift		Total
Open							
T1 14-15							
T2 16-17							
T3 18-19							
Junior 20-23							
M1 40-44							
M2 45-49							
M3 50-54							
M4 55-59							
M5 60-64							
M6 65-69							
M7 70-74							
M8 75-79							
M9 80-84							
M10							

85-89							
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Women 90 kilograms Modern Raw

Division	Squat		Bench Press		Deadlift		Total	
Open								
T1 14-15								
T2 16-17								
T3 18-19								
Junior 20-23								
M1 40-44								
M2 45-49								
M3 50-54								
M4 55-59								
M5 60-64								
M6 65-69								
M7 70-74								
M8 75-79								
M9 80-84								
M10 85-89								

Women 110 kilograms Modern Raw

Division	Squat		Bench Press		Deadlift		Total	

Open							
T1 14-15							
T2 16-17							
T3 18-19							
Junior 20-23							
M1 40-44							
M2 45-49							
M3 50-54							
M4 55-59							
M5 60-64							
M6 65-69							
M7 70-74							
M8 75-79							
M9 80-84							
M10 85-89							

Women 110+ kilograms Modern Raw							
Division	Squat		Bench Press		Deadlift		Total
Open							
T1 14-15							
T2							

16-17							
T3 18-19							
Junior 20-23							
M1 40-44							
M2 45-49							
M3 50-54							
M4 55-59							
M5 60-64							
M6 65-69							
M7 70-74							
M8 75-79							
M9 80-84							
M10 85-89							

Police, Military, Fire Modern Raw							
Weight	Squat		Bench Press		Deadlift		Total
58.5							