

Full Power Unequipped American Records Updated 03/17/2026

Women 44 kilograms Unequipped - American Records								
Division	Squat		Bench Press		Deadlift		Total	
T1 14-15								
T2 16-17								
T3 18-19	Cherish Anderson Mt Vernon, IN 12/9/2023	65	Cherish Anderson Mt Vernon, IN 12/9/2023	35	Cherish Anderson Mt Vernon, IN 8/5/2023	100	Cherish Anderson Mt Vernon, IN 12/9/2023	200
Junior 20-23								
Open	Judith Gedney Macomb, IL 2005	92.5	Judith Gedney Macomb, IL 11/12/2011	51	Judith Gedney Macomb, IL 11/13/2010	115	Judith Gedney Macomb, IL 2005	250
M1 40-44								
M2 45-49	Becky Steckler Evansville, IN 6/10/2006	30	Becky Steckler Evansville, IN 6/10/2006	32.5	Becky Steckler Evansville, IN 6/10/2006	72.5	Becky Steckler Evansville, IN 6/10/2006	135
M3 50-54								
M4 55-59								
M5 60-64								
M6 65-69	Judith Gedney Macomb, IL 2005	92.5	Judith Gedney Macomb, IL 2005	47.5	Judith Gedney Macomb, IL 11/22/2008	113.5	Judith Gedney Macomb, IL 2005	250
M7	Judith Gedney Macomb, IL	70	Judith Gedney Macomb, IL	51	Judith Gedney Macomb, IL	115	Judith Gedney Macomb, IL	232.5

70-74	11/13/2010		11/12/2011		11/13/2010		11/13/2010	
M8								
75-79								
M9								
80-84								
M10								
85-89								

Women 47.5 kilograms, Unequipped - American Records								
Division	Squat		Bench Press		Deadlift		Total	
T1 14-15	Shyla Burke South Charleston, OH 3/22/2015	55	Shyla Burke South Charleston, OH 3/22/2015	32.5	Shyla Burke South Charleston, OH 3/22/2015	90	Shyla Burke South Charleston, OH 3/22/2015	180
T2 16-17								
T3 18-19								
Junior 20-23								
Open	Judith Gedney Macomb, IL 11/11/2006	85	Sarah Gray Evansville, IN 12/6/2014	57.5	Judith Gedney Macomb, IL 11/14/2009	113	Judith Gedney Macomb, IL 11/11/2006	242.5
M1 40-44								
M2 45-49								
M3 50-54	Kim Wathen Howell, MI 10/29/2016	65	Kim Wathen Howell, MI 9/24/2016	42.5	Kim Wathen Howell, MI 10/29/2016	82.5	Kim Wathen Howell, MI 10/29/2016	182.5
M4								

55-59								
M5 60-64								
M6 65-69	Judith Gedney Macomb, IL 11/11/2006	85	Judith Gedney Macomb, IL 11/14/2009	49	Judith Gedney Macomb, IL 11/14/2009	113	Judith Gedney Macomb, IL 11/11/2006	242.5
M7 70-74								
M8 75-79								
M9 80-84								
M10 85-89								

Women 50.5 kilograms, Unequipped - American Records								
Division	Squat		Bench Press		Deadlift		Total	
T1 14-15	Whitney Fuller Macomb, IL 12/10/2022	72.5	Whitney Fuller Macomb, IL 12/10/2022	37.5	Whitney Fuller Macomb, IL 12/10/2022	87.5	Whitney Fuller Macomb, IL 12/10/2022	197.5
T2 16-17	Rachel Schwartz 11/6/2014	65	Rachel Schwartz 11/6/2014	45	Rachel Schwartz 11/6/2014	92.5	Rachel Schwartz 11/6/2014	202.5
T3 18-19	Kathleen Barclay Macomb, IL 11/4/2006	92.5	Kathleen Barclay Macomb, IL 11/4/2006	52.5	Faith Wood Evansville, IN 7/27/2018	96	Kathleen Barclay Macomb, IL 11/4/2006	232.5
Junior 20-23	Kathleen Barclay Macomb, IL 3/31/2007	87.5	Kathleen Barclay Macomb, IL 3/31/2007	50	Kathleen Barclay Macomb, IL 3/31/2007	90	Kathleen Barclay Macomb, IL 3/31/2007	227.5
Open	Kathleen Barclay Macomb, IL 11/4/2006	92.5	Shellaine Frazier Columbia, MO 5/2/2015	66	Shellaine Frazier Columbia, MO 5/2/2015	111.5	Shellaine Frazier Columbia, MO 7/13/2013	235

M1 40-44	Shellaine Frazier Columbia, MO 7/13/2013	61	Shellaine Frazier Columbia, MO 5/12/2015	66	Shellaine Frazier Columbia, MO 5/2/2015	111.5	Shellaine Frazier Columbia, MO 7/13/2013	235
M2 45-49								
M3 50-54	Amy Fansler Macomb, IL 9/18/2021	57.5	Kerin Anderson Columbia, MO 11/6/2014	41	Amy Fansler Macomb, IL 9/18/2021	82.5	Amy Fansler Macomb, IL 9/18/2021	172.5
M4 55-59	Kerin Anderson Columbia, MO 11/7/2015	60	Kerin Anderson Columbia, MO 11/7/2015	47.5	Kerin Anderson Columbia, MO 11/7/2015	70	Kerin Anderson Columbia, MO 11/7/2015	177.5
M5 60-64	Jacqueline Miller Columbia, MO 7/13/2013	55	Linda LaFontaine Columbia, MO 1/23/2016	42.5	Linda LaFontaine Columbia, MO 1/23/2016	80	Linda LaFontaine Columbia, MO 1/23/2016	177.5
M6 65-69	Linda LaFontaine Columbia, MO 8/17/2019	65	Linda LaFontaine Columbia, MO 8/17/2019	50	Linda LaFontaine Columbia, MO 8/17/2019	100	Linda LaFontaine Columbia, MO 8/17/2019	215
M7 70-74								
M8 75-79								
M9 80-84								
M10 85-89								

Women 53.0 kilograms, Unequipped - American Records								
Division	Squat		Bench Press		Deadlift		Total	
T1 14-15	Hannah Krause Allegan, MI 10/16/2010	62.5	Hannah Krause Allegan, MI 10/16/2010	37.5	Hannah Krause Allegan, MI 10/16/2010	85	Hannah Krause Allegan, MI 10/16/2010	185
T2	Jessica Fansler Macomb, IL	77.5	Jessica Fansler Macomb, IL	50	Jessica Fansler Macomb, IL	105	Jessica Fansler Macomb, IL	232.5

16-17	6/24/2017		11/4/2017		11/4/2017		11/4/2017	
T3 18-19								
Junior 20-23	Kara Downing Macomb, IL 3/2/2019	100	Kara Downing Macomb, IL 3/2/2019	45	Kara Downing Macomb, IL 3/2/2019	107.5	Kara Downing Macomb, IL 3/2/2019	252.5
Open	Kara Downing Macomb, IL 3/2/2019	100	Shellaine Frazier Columbia, MO 6/24/2017	76	Shellaine Frazier Columbia, MO 6/24/2017	128	Shellaine Frazier Columbia, MO 6/24/2017	278
M1 40-44	Jennie Juhl Newburgh, IN 12/16/2019	92.5	Shellaine Frazier Columbia, MO 11/7/2015	73.5	Shellaine Frazier Columbia, MO 11/7/2015	123	Shellaine Frazier Columbia, MO 11/9/2013	267.5
M2 45-49	Shellaine Frazier Columbia, MO 6/24/2017	75	Shellaine Frazier Columbia, MO 6/24/2017	76	Shellaine Frazier Columbia, MO 6/24/2017	128	Shellaine Frazier Columbia, MO 6/24/2017	278
M3 50-54	Amy Milas Macomb, IL 8/16/2025	65	Alma Hopkins Columbia, MO 4/8/2017	47.5	Alma Hopkins Columbia, MO 4/8/2017	105	Alma Hopkins Columbia, MO 4/8/2017	226
M4 55-59	Pat Okker Columbia, MO 6/24/2017	75	Kerin Anderson Columbia, MO 12/3/2016	50	Pat Okker Columbia, MO 6/24/2017	110	Pat Okker Columbia, MO 6/24/2017	235
M5 60-64	Linda LaFontaine Columbia, MO 11/7/2015	45	Linda LaFontaine Columbia, MO 11/7/2015	40	Linda LaFontaine Columbia, MO 11/7/2015	75	Linda LaFontaine Columbia, MO 11/7/2015	160
M6 65-69	Linda LaFontaine Columbia, MO 11/4/2017	65	Linda LaFontaine Columbia, MO 11/4/2017	47.5	Linda LaFontaine Columbia, MO 11/4/2017	95	Linda LaFontaine Columbia, MO 11/4/2017	207.5
M7 70-74								
M8 75-79								
M9 80-84								
M10 85-89								

Women 55.5 kilograms, Unequipped - American Records								
Division	Squat		Bench Press		Deadlift		Total	
T1 14-15	Lena Angel Newburgh, IN 2/15/2025	72.5	Cheyenne McNutt South Vienna, OH 2/22/2014	42.5	Cheyenne McNutt South Vienna, OH 2/22/2014	107.5	Cheyenne McNutt South Vienna, OH 2/22/2014	217.5
T2 16-17	Mandy Cleveland Newburgh, IN 6/10/2006	80	Jesse Fansler Macomb, IL 8/18/2018	52.5	Jesse Fansler Macomb, IL 8/18/2018	110	Mandy Cleveland Newburgh, IN 6/10/2006	232.5
T3 18-19	Amanda Durrant Forest City, IA 10/12/2024	90	Whitney Piper Macomb, IL 11/2/2019	55	Whitney Piper Macomb, IL 11/2/2019	122.5	Whitney Piper Macomb, IL 11/2/2019	247.5
Junior 20-23	Madison Darrow Macomb, IL 10/21/2023	90	Juliet Fansler Macomb, IL 11/2/2024	68.5	Whitney Piper Macomb, IL 9/18/2021	145	Whitney Piper Macomb, IL 4/9/2022	277.5
Open	Carmella Mattingly Florissant, MO 7/13/2013	132.5	Carmella Mattingly Florissant, MO 7/13/2013	72.5	Whitney Piper Macomb, IL 9/18/2021	145	Carmella Mattingly Florissant, MO 7/13/2013	347.5
M1 40-44	Carmella Mattingly Florissant, MO 7/13/2013	132.5	Carmella Mattingly Florissant, MO 7/13/2013	72.5	Carmella Mattingly Florissant, MO 7/13/2013	142.5	Carmella Mattingly Florissant, MO 7/13/2013	347.5
M2 45-49	Shellaine Frazier Columbia, MO 7/28/2018	67.5	Shellaine Frazier Columbia, MO 6/11/2016	72.5	Shellaine Frazier Columbia, MO 6/11/2016	117.5	Shellaine Frazier Columbia, MO 6/11/2016	235
M3 50-54	Alma Hopkins Columbia, MO 4/8/2017	73.5	Pat Okker Columbia, MO 11/9/2013	56	Pat Okker Columbia, MO 4/27/2013	112.5	Pat Okker Columbia, MO 4/27/2013	230
M4 55-59	Pat Okker Columbia, MO 10/17/2015	70	Pat Okker Columbia, MO 10/17/2015	55.5	Pat Okker Columbia, MO 10/17/2015	100	Pat Okker Columbia, MO 10/17/2015	225.5
M5 60-64	Linda LaFontaine Columbia, MO 7/13/2013	40	Linda LaFontaine Columbia, MO 7/13/2013	40	Linda LaFontaine Columbia, MO 1/13/2012	72.5	Linda LaFontaine Columbia, MO 7/13/2013	150
M6 65-69								
M7	Anne Clark Columbia, MO	27.5	Anne Clark Columbia, MO	32.5	Anne Clark Columbia, MO	70	Anne Clark Columbia, MO	130

70-74	8/17/2019		8/17/2019		8/17/2019		8/17/2019	
M8								
75-79								
M9								
80-84								
M10								
85-89								

Women 58.5 kilograms, Unequipped - American Records								
Division	Squat		Bench Press		Deadlift		Total	
T1 14-15	Ashlyn Wal South Charleston, OH 2/22/2014	60	Bianca Baker Newburgh, IN 7/7/2007	50	Bianca Baker Newburgh, IN 7/7/2007	105	Bianca Baker Newburgh, IN 7/7/2007	215
T2 16-17	Heidi Lowe Evansville, IN 11/2/2024	122.5	Heidi Lowe Evansville, IN 11/2/2024	63	Heidi Lowe Evansville, IN 11/2/2024	128	Heidi Lowe Evansville, IN 11/2/2024	312.5
T3 18-19	Juliet Fansler Macomb, IL 8/5/2023	67.5	Juliet Fansler Macomb, IL 8/5/2023	55	Juliet Fansler Macomb, IL 8/5/2023	100	Juliet Fansler Macomb, IL 8/5/2023	222.5
Junior 20-23	Antoinette Lane Macomb, IL 7/19/2014	101	Sophie Simmons Macomb, IL 10/2/2010	65	Antoinette Lane Macomb, IL 7/19/2014	140	Antoinette Lane Macomb, IL 7/19/2014	285
Open	Carmella Mattingly Florissant, MO 2/7/2015	132.5	Cynthia Alog Skokie, IL 8/27/2011	67.5	Carmella Mattingly Florissant, MO 2/7/2015	147.5	Carmella Mattingly Florissant, MO 2/7/2015	345
M1 40-44	Carmella Mattingly Florissant, MO 2/7/2015	132.5	Carmella Mattingly Florissant, MO 2/7/2015	65	Carmella Mattingly Florissant, MO 2/7/2015	147.5	Carmella Mattingly Florissant, MO 2/7/2015	345
M2 45-49	Heather Endres North Liberty, IN 11/4/2017	105	Heather Endres North Liberty, IN 11/4/2017	50	Heather Endres North Liberty, IN 11/4/2017	102.5	Heather Endres North Liberty, IN 11/4/2017	257.5
M3 50-54	Dawn Piper Macomb, IL 8/16/2025	72.5	Pat Okker Columbia, MO 7/19/2014	53.5	Alma Hopkins Columbia, MO 6/24/2017	112.5	Pat Okker Columbia, MO 7/19/2014	217.5
M4	Cheryl Kyle		Kim Morgan		Cheryl Kyle		Cheryl Kyle	

55-59	Columbia, MO 8/17/2019	85	Columbia, MO 2/9/2013	60	Columbia, MO 8/17/2019	128	Columbia, MO 8/17/2019	265.5
M5 60-64	Kim Jones Columbia, MO 11/4/2017	88	Kim Jones Columbia, MO 8/20/2016	61	Kim Jones Columbia, MO 11/4/2017	115	Kim Jones Columbia, MO 11/4/2017	262.5
M6 65-69								
M7 70-74								
M8 75-79								
M9 80-84								
M10 85-89								

Women 63 kilograms, Unequipped - American Records								
Division	Squat		Bench Press		Deadlift		Total	
T1 14-15	Gabrielle Jones Muskegon, MI 11/4/2023	102.5	Claire Rittenhouse Macomb, IL 2/20/2010	60	Gabrielle Jones Muskegon, MI 11/4/2023	117.5	Gabrielle Jones Muskegon, MI 11/4/2023	272.5
T2 16-17	Heidi Lowe New Harmony, IN 2/15/2025	130	Heidi Lowe New Harmony, IN 2/15/2025	62.5	Heidi Lowe New Harmony, IN 2/15/2025	130	Heidi Lowe New Harmony, IN 2/15/2025	322.5
T3 18-19	Emily Burchett Mayville, MO 6/26/2010	87.5	Kenzie Wakefield Evansville, IN 12/10/2022	55	Kenzie Wakefield Evansville, IN 12/10/2022	125	Kenzie Wakefield Evansville, IN 12/10/2022	265
Junior 20-23	Lauren Blessinger Evansville, IN 6/10/2006	105	Whitney Piper Macomb, IL 4/1/2023	62.5	Whitney Piper Macomb, IL 4/1/2023	140	Whitney Piper Macomb, IL 4/1/2023	277.5
Open	Heidi Lowe New Harmony, IN 2/15/2025	130	Koley Hockeborn Walker, MI 1/26/2008	95	Lisa Mangold Lakewood, WI 11/10/2007	147.5	Lisa Mangold Lakewood, WI 11/10/2007	340

M1 40-44	Lisa Mangold Lakewood, WI 11/22/2008	112.5	Lisa Mangold Lakewood, WI 11/22/2008	57.5	Lisa Mangold Lakewood, WI 11/22/2008	143	Lisa Mangold Lakewood, WI 11/22/2008	312.5
M2 45-49	Carol Burr Hersey, MI 2/25/2006	100	Koley Hockeborn Walker, MI 1/26/2008	95	Carol Burr Hersey, MI 2/25/2006	142.5	Carol Burr Hersey, MI 9/30/2006	315
M3 50-54	Dawn Piper Macomb, IL 7/13/2024	81.5	Cheryl Kyle Columbia, MO 4/8/2017	50	Dawn Piper Macomb, IL 12/10/2022	107.5	Cheryl Kyle Columbia, MO 11/4/2017	232.5
M4 55-59	Cheryl Kyle Columbia, MO 11/2/2019	87.5	Alice "Kim" Jones Columbia, MO 1/23/2016	57.5	Cheryl Kyle Columbia, MO 11/2/2019	130	Cheryl Kyle Columbia, MO 11/2/2019	272.5
M5 60-64	Deb Hasten St Louis, MO 9/1/2018	72.5	Deb Hasten St Louis, MO 9/1/2018	57.5	Deb Hasten St Louis, MO 9/1/2018	115	Deb Hasten St Louis, MO 9/1/2018	245
M6 65-69	Catherine Morrison Portland, ME 8/17/2019	75	Linda Burnett Macomb, IL 7/13/2024	52.5	Catherine Morrison Portland, ME 8/17/2019	117.5	Catherine Morrison Portland, ME 8/17/2019	237.5
M7 70-74								
M8 75-79								
M9 80-84	Josie Merrel Michigan 8/13/2005	15	Josie Merrel Michigan 8/13/2005	20	Josie Merrel Michigan 8/13/2005	35	Josie Merrel Michigan 8/13/2005	70
M10 85-89								

Women 70 kilograms, Unequipped - American Records								
Division	Squat		Bench Press		Deadlift		Total	
T1 14-15	Esther Duncan Mexico, MO 11/4/2017	105.5	Esther Duncan Mexico, MO 11/4/2017	52.5	Esther Duncan Mexico, MO 11/4/2017	117.5	Esther Duncan Mexico, MO 11/4/2017	267.5
T2	Caitlyn Hay South Charleston, OH	72.5	Taylor Manning Mechanicsburg, OH	45	Taylor Manning Mechanicsburg, OH	107.5	Taylor Manning Mechanicsburg, OH	220

16-17	2/22/2014		2/22/2014		3/22/2015		3/22/2015	
T3 18-19	Melissa Partridge Evansville, IN 2/26/2022	100	Cayla Long South Charleston, OH 2/22/2014	55	Cayla Long South Charleston, OH 2/22/2014	127.5	Melissa Partridge Evansville, IN 2/26/2022	282.5
Junior 20-23	Cady Homyen West Olive, MI 4/22/2017	122.5	Aleya Woodall Evansville, IN 12/10/2022	72.5	Aleya Woodall Evansville, IN 12/10/2022	155	Aleya Woodall Evansville, IN 12/10/2022	347.5
Open	Cady Homyen West Olive, MI 4/22/2017	122.5	Carol Burr Hersey, MI 9/13/2008	77.5	Carol Burr Hersey, MI 1/26/2008	165	Carol Burr Hersey, MI 9/13/2008	347.5
M1 40-44	Lisa Mangold Lakewood, WI 10/18/2008	115	Lisa Mangold Lakewood, WI 10/18/2008	62.5	Lisa Mangold Lakewood, WI 10/18/2008	135	Lisa Mangold Lakewood, WI 10/18/2008	312.5
M2 45-49	Carol Burr Hersey, MI 8/11/2007	115	Carol Burr Hersey, MI 3/3/2007	75	Carol Burr Hersey, MI 1/26/2008	165	Carol Burr Hersey, MI 1/26/2008	345
M3 50-54	Carol Burr Hersey, MI 9/13/2008	105	Carol Burr Hersey, MI 9/13/2008	77.5	Carol Burr Hersey, MI 9/13/2008	165	Carol Burr Hersey, MI 9/13/2008	347.5
M4 55-59	Susan Sanaghan Michigan City, IN 4/21/2012	102.5	Carol Burr Hersey, MI 8/12/2017	65	Cheryl Kyle Columbia, MO 10/10/2020	132.5	Cheryl Kyle Columbia, MO 10/10/2020	287.5
M5 60-64	Carolyn Beck Evansville, IN 2/14/2026	85	Carolyn Beck Evansville, IN 6/20/2026	62.5	Phyllis McLouth Bushnel, IL 11/2/2024	115	Phyllis McLouth Bushnel, IL 11/2/2024	260
M6 65-69	Kate Walker Ashland, MO 10/17/2015	73.5	Kate Walker Ashland, MO 10/17/2015	47.5	Kate Walker Ashland, MO 10/17/2015	105	Kate Walker Ashland, MO 10/17/2015	225
M7 70-74	Kate Walker Ashland, MO 8/17/2019	60	Kate Walker Ashland, MO 8/17/2019	40	Kate Walker Ashland, MO 8/17/2019	85	Kate Walker Ashland, MO 8/17/2019	185
M8 75-79								
M9 80-84								
M10 85-89								

Women 80 kilograms, Unequipped - American Records								
Division	Squat		Bench Press		Deadlift		Total	
T1 14-15	Paris Sutton Evansville, IN 11/23/2008	82.5	Paris Sutton Evansville, IN 11/23/2008	42.5	Paris Sutton Evansville, IN 11/23/2008	92.5	Paris Sutton Evansville, IN 11/23/2008	217.5
T2 16-17	Lauren McClure Macomb, IL 10/9/2020	90	Marissa Remmeter Springfield, OH 2/22/2014	57.5	Marissa Remmeter Springfield, OH 2/22/2014	142.5	Marissa Remmeter Springfield, OH 2/22/2014	282.5
T3 18-19	Lauren McClure Macomb, IL 8/5/2023	125	Gina Ziebell Evansville, IN 2/26/2022	65	Lauren McClure Macomb, IL 8/5/2023	150	Lauren McClure Macomb, IL 8/5/2023	332.5
Junior 20-23	Lauren McClure Macomb, IL 7/13/2024	130	Mylan Hutcherson Columbia, MO 2/15/2014	67.5	Toni Johnson Muskegon, MI 6/23/2018	167.5	Cady Homyen West Olive, MI 9/16/2017	347.5
Open	Kyle Reel Evansville, IN 7/27/2018	150	Kyle Reel Evansville, IN 7/27/2018	85	Kyle Reel Evansville, IN 7/27/2018	170	Kyle Reel Evansville, IN 7/27/2018	405
M1 40-44	Julie Krause Harrisburg, MO 9/1/2018	135	Julie Krause Harrisburg, MO 9/1/2018	72.5	Julie Krause Harrisburg, MO 9/1/2018	170	Julie Krause Harrisburg, MO 9/1/2018	380
M2 45-49	Amy Kivitt Evansville, IN 12/10/2022	100	Amy Kivitt Evansville, IN 12/10/2022	62.5	Amy Kivitt Evansville, IN 12/10/2022	142.5	Amy Kivitt Evansville, IN 12/10/2022	317.5
M3 50-54	Kimberly Lively Newburgh, IN 12/6/2014	112.5	Kimberly Lively Newburgh, IN 12/6/2014	40	Kimberly Lively Newburgh, IN 12/6/2014	110	Kimberly Lively Newburgh, IN 12/6/2014	220
M4 55-59	Sharri Margraves Bth, MI 3/16/2019	90	Carol Burr Hersey, MI 11/4/2017	70	Carol Burr Hersey, MI 11/4/2017	140	Carol Burr Hersey, MI 11/4/2017	290
M5 60-64	Beth Perrin Columbia, MO 8/17/2019	95	Bridget Bufford Columbia, MO 11/2/2019	66	Bridget Bufford Columbia, MO 11/2/2019	120	Beth Perrin Columbia, MO 8/17/2019	262.5
M6 65-69	Gail Ludwig Columbia, MO 5/2/2015	47.5	Gail Ludwig Columbia, MO 5/2/2015	46	Gail Ludwig Columbia, MO 5/2/2015	81	Gail Ludwig Columbia, MO 5/2/2015	172.5
M7	Myra Vehtus St Louis, MO	37.5	Myra Vehtus St Louis, MO	37.5	Myra Vehtus St Louis, MO	70	Myra Vehtus St Louis, MO	145

70-74	9/1/2018		9/1/2018		9/1/2018		9/1/2018	
M8 75-79	Gretchen Page Muskegon, MI 8/25/2048	27.5	Gretchen Page Muskegon, MI 8/25/2048	25	Gretchen Page Muskegon, MI 8/25/2048	72.5	Gretchen Page Muskegon, MI 8/25/2048	125
M9 80-84								
M10 85-89								

Women 90 kilograms, Unequipped - American Records								
Division	Squat		Bench Press		Deadlift		Total	
T1 14-15	Addalyn Fugate Evansville, IN 6/20/2026	110	Addalyn Fugate Evansville, IN 6/20/2026	70	Addalyn Fugate Evansville, IN 6/20/2026	147.5	Addalyn Fugate Evansville, IN 6/20/2026	325
T2 16-17	Madison Crawford Springfield, OH 3/22/2015	80	Haley Ballard Springfield, OH 2/22/2014	47.5	Madison Crawford Springfield, OH 3/22/2015	105.5	Madison Crawford Springfield, OH 3/22/2015	232.5
T3 18-19	Dora Zodrow Neenah, WI 2/21/2026	100	Dora Zodrow Neenah, WI 2/21/2026	70	Dora Zodrow Neenah, WI 2/21/20216	152.5	Dora Zodrow Neenah, WI 2/21/2026	322.5
Junior 20-23								
Open	Kyle Reel Evansville, IN 2/14/2026	150	Jasmine Todd Ypsilani, MI 11/22/2008	97.5	Jasmine Todd Ypsilani, MI 11/22/2008	182.5	Kyle Reel Evansville, IN 2/14/2026	407.5
M1 40-44	Kyle Reel Evansville, IN 2/14/2026	150	Kyle Reel Evansville, IN 2/14/2026	97.5	Robin Rogan Evansville, IN 7/13/2024	160	Kyle Reel Evansville, IN 2/14/2026	407.5
M2 45-49	Charla Wrenn Good Hope, IL 6/24/2017	70	Charla Wrenn Good Hope, IL 6/24/2017	60	Charla Wrenn Good Hope, IL 6/24/2017	107.5	Charla Wrenn Good Hope, IL 6/24/2017	237.5
M3 50-54	Beth Van Hove Columbia, MO 6/24/2017	93	Beth Van Hove Columbia, MO 12/3/2016	60	Beth Van Hove Columbia, MO 12/3/2016	105	Beth Van Hove Columbia, MO 6/24/2017	250.5
M4	Beth Van Hove		Rachel Brown		Rachel Brown		Beth Van Hove	

M5 55-59	Columbia, MO 3/2/2019	92.5	Columbia, MO 10/17/2015	61	Columbia, MO 10/17/2015	130	Columbia, MO 3/2/2019	277.5
M5 60-64	Rachel Brown Columbia, MO 8/17/2019	95	Rachel Brown Columbia, MO 11/4/2017	63	Rachel Brown Columbia, MO 8/17/2019	140	Rachel Brown Columbia, MO 11/4/2017	287.5
M6 65-69	Maggie Danley Columbia, MO 2/15/2014	45	Maggie Danley Columbia, MO 10/17/2015	45	Maggie Danley Columbia, MO 2/15/2014	85	Maggie Danley Columbia, MO 10/17/2015	175
M7 70-74								
M8 75-79								
M9 80-84								
M10 85-89								

Women 110 kilograms, Unequipped - American Records								
Division	Squat		Bench Press		Deadlift		Total	
T1 14-15								
T2 16-17								
T3 18-19	Corinna Myers Evansville, IN 12/9/2023	137.5	Corinna Myers Evansville, IN 12/9/2023	55	Corinna Myers Evansville, IN 12/9/2023	185	Corinna Myers Evansville, IN 12/9/2023	385
Junior 20-23	Corinna Myers Evansville, IN 11/2/2024	152.5	Corinna Myers Evansville, IN 7/13/2024	72.5	Corinna Myers Evansville, IN 7/13/2024	187.5	Corinna Myers Evansville, IN 7/13/2024	410
Open	Suzy Lopez Muskegon, MI 11/22/2025	157.5	Suzy Lopez Muskegon, MI 11/2/2024	85	Corinna Myers Evansville, IN 12/9/2023	185	Suzy Lopez Muskegon, MI 11/22/2025	412.5
M1								

M1 40-44								
M2 45-49								
M3 50-54								
M4 55-59								
M5 60-64	Sharri Margraves Bath, MI 11/2/2024	105	Sharri Margraves Bath, MI 11/2/2024	80	Sharri Margraves Bath, MI 11/2/2024	145	Sharri Margraves Bath, MI 11/2/2024	330
M6 65-69								
M7 70-74								
M8 75-79								
M9 80-84								
M10 85-89								

Women 110+ kilograms, Unequipped - American Records								
Division	Squat		Bench Press		Deadlift		Total	
T1 14-15	Erica Jones Springfield, OH 3/22/2015	105	Erica Jones Springfield, OH 3/22/2015	60	Madison Crawford Springfield, OH 2/22/2014	137.5	Erica Jones Springfield, OH 3/22/2015	302.5
T2 16-17	Keri DeVolder Macomb, IL 8/18/2018	115	Keri DeVolder Macomb, IL 3/2/2019	70	Justine Lewis Macomb, IL 10/5/2024	145	Justine Lewis Macomb, IL 10/5/2024	322.5
T3	Corinna Myers		Keri DeVolder		Corinna Myers		Corinna Myers	

18-19	Evansville, IN 10/21/2023	152.5	Macomb, IL 8/17/2019	70	Evansville, IN 10/21/2023	192.5	Evansville, IN 10/21/2023	415
Junior 20-23	Jenna Winsett Evansville, IN 9/18/2021	120	Ann Buren La Harpe, IL 7/8/2006	65	Jenna Winsett Evansville, IN 9/18/2021	130	Jenna Winsett Evansville, IN 9/18/2021	307.5
Open	Y'Deidle Greene Bridgewater, MA 11/4/2017	181	Y'Deidle Greene Bridgewater, MA 11/4/2017	117.5	Y'Deidle Greene Bridgewater, MA 11/4/2017	207.5	Y'Deidle Greene Bridgewater, MA 11/4/2017	505
M1 40-44	Jodey Reisz Santa Claus, IN 11/5/2016	137.5	Jodey Reisz Santa Claus, IN 11/5/2016	112.5	Jodey Reisz Santa Claus, IN 11/5/2016	185	Jodey Reisz Santa Claus, IN 11/5/2016	435
M2 45-49	Sara Ringbauer Columbia, MO 4/22/2017	130	Patricia Benson Muskegon, MI 6/11/2016	85	Sara Ringbauer Columbia, MO 11/4/2017	172.5	Sara Ringbauer Columbia, MO 11/4/2017	370
M3 50-54	Sharri Margraves Bath, MI 4/22/2017	115	Sharri Margraves Bath, MI 4/22/2017	77.5	Sharri Margraves Bath, MI 4/11/2015	160	Sharri Margraves Bath, MI 4/11/2015	345
M4 55-59	Sharri Margraves Bath, MI 11/4/2017	128	Sharri Margraves Bath, MI 11/4/2017	80.5	Sharri Margraves Bath, MI 11/4/2017	165	Sharri Margraves Bath, MI 11/4/2017	365
M5 60-64	Sharri Margraves Bath, MI 11/4/2023	80	Sharri Margraves Bath, MI 11/4/2023	72.5	Mary Rapert Columbia, MO 7/19/2014	127.5	Sharri Margraves Bath, MI 11/4/2023	267.5
M6 65-69								
M7 70-74								
M8 75-79								
M9 80-84	Dorris Meadows Michigan 8/13/2005	45	Dorris Meadows Michigan 8/13/2005	32.5	Dorris Meadows Michigan 8/13/2005	75	Dorris Meadows Michigan 8/13/2005	152.5
M10 85-89								

Police, Military, Fire, Unequipped - American Records								
Weight	Squat		Bench Press		Deadlift		Total	
58.5	Laura Waller Lake in the Hills, IL 3/31/2007	90	Laura Waller Lake in the Hills, IL 3/31/2007	47.5	Laura Waller Lake in the Hills, IL 8/11/2007	97.5	Laura Waller Lake in the Hills, IL 3/31/2007	232.5