

Single Event Equipped National Records Updated 03/17/2026

Men 52.0 kilograms, Equipped -Single Event -National Records						
Division	Squat		Bench Press		Deadlift	
Open 24-39	Chung Chun Wong Monteverde, FL 3/9/2013	72.5	Logan Zielinski Indianapolis, IN 6/23/2007	67.5	Chung Chun Wong Montverde, FL 3/9/2013	142.5
T1 14-15	Logan Zielinski Indianapolis, IN 6/23/2007	67.5	Logan Zielinski Indianapolis, IN 6/23/2007	67.5	Logan Zielinski Indianapolis, IN 6/23/2007	100
T2 16-17						
T3 18-19	Chung Chun Wong Monteverde, FL 3/9/2013	72.5	Chung Chun Wong Monteverde, FL 3/9/2013	55		
Junior 20-23						
M1 40-44						
M2 45-49						
M3 50-54						
M4 55-59						
M5 60-64						
M6						

65-69						
M7						
70-74						
M8						
75-79						
M9						
80-84						
M10						
85-89						

Men 56.0 kilograms, Equipped -Single Event -National Records						
Division	Squat		Bench Press		Deadlift	
Open	Mason Harbour		Kyler Ferrell-Clegg		Mason Harbour	
24-39	DeGraff, OH	110	Monteverde, FL	75	DeGraff, OH	147.5
	4/5/2008		3/8/2014		4/5/2008	
T1	Mason Harbour		Jake Carter		Mason Harbour	
14-15	DeGraff, OH	110		62.5	DeGraff, OH	147.5
	4/5/2008		3/9/2013		4/5/2008	
T2	Kyler Ferrell-Clegg		Kyler Ferrell-Clegg		Kyler Ferrell-Clegg	
16-17	Monteverde, FL	92.5	Monteverde, FL	75	Monteverde, FL	150
	3/8/2014		3/8/2014		3/8/2014	
T3						
18-19						
Junior						
20-23						
M1						
40-44						
M2						

45-49						
M3 50-54						
M4 55-59						
M5 60-64						
M6 65-69						
M7 70-74						
M8 75-79						
M9 80-84						
M10 85-89						

Men 60.0 kilograms, Equipped -Single Event -National Records						
Division	Squat		Bench Press		Deadlift	
Open 24-39	Zachary Maxfield Croswell, MI 3/6/2010	170	Dylan Price China Township, MI 3/5/2011	102.5	Yuane Yang Montverde, FL 2/4/2012	140
T1 14-15						

T2 16-17	Zachary Maxfield Croswell, MI 3/6/2010	170	Dylan Price China Township, MI 3/5/2011	102.5		
T3 18-19	Yuanye Yung Montverde, FL 3/9/2013	110	Yuanye Yung Montverde, FL 3/9/2013	70	Yuanye Yung Montverde, FL 3/9/2013	147.5
Junior 20-23						
M1 40-44						
M2 45-49						
M3 50-54						
M4 55-59						
M5 60-64						
M6 65-69						
M7 70-74						
M8 75-79						
M9 80-84						
M10						

85-89						
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Men 67.5 kilograms, Equipped -Single Event -National Records						
Division	Squat		Bench Press		Deadlift	
Open 24-39	David Wilson Dearborn, MI 3/14/2009	165	David Wilson Dearborn, MI 3/14/2009	132.5	David Wilson Dearborn, MI 3/14/2009	220
T1 14-15	Juan Cavarrubias Monteverde, FL 3/9/2013	127.5	Juan Cavarrubias Monteverde, FL 3/9/2013	87.5	Juan Cavarrubias Monteverde, FL 3/9/2013	185
T2	Cody Weeks DeGraff, OH	130	Minh Duc Nguyen Monteverde, FL	85	Phuong Ha Monteverde, FL	182.5

16-17	4/5/2008		3/8/2014		3/5/2011	
T3 18-19	Sung Yeuh Chang Monteverde, FL 3/5/2016	161	Sung Yeuh Chang Monteverde, FL 3/5/2016	105	Cheng Han Fu Monteverde, FL 3/9/2013	180
Junior 20-23						
M1 40-44						
M2 45-49						
M3 50-54	David Wilson Dearborn, MI 3/14/2009	165	David Wilson Dearborn, MI 3/14/2009	132.5	David Wilson Dearborn, MI 3/14/2009	220
M4 55-59						
M5 60-64						
M6 65-69						
M7 70-74						
M8 75-79						
M9 80-84						
M10 85-89						

Men 75.0 kilograms, Equipped -Single Event -National Records						
Division	Squat		Bench Press		Deadlift	
Open 24-39	Tien Ha Monteverde, FL 2/4/2012	160	Tien Ha Monteverde, FL 3/9/2013	127.5	Corey Pedaris Muskegon, MI 3/6/2010	185
T1 14-15						
T2 16-17	Tien Ha Monteverde, FL 3/9/2013	163.5	Tien Ha Monteverde, FL 3/9/2013	127.5	Michael Megler Monteverde, FL 3/5/2016	227.5
T3 18-19	Qinyi Wang Monteverde, FL 3/8/2014	150	Qinyi Wang Monteverde, FL 3/5/2016	122.5	Qinyi Wang Monteverde, FL 3/8/2014	195
Junior 20-23						
M1 40-44	Mike Callaghan Whitman, MA 3/16/2019	192.5	Mike Callaghan Whitman, MA 3/16/2019	125	Mike Callaghan Whitman, MA 3/16/2019	200
M2 45-49	Robert Fricke Bloomingtondale, MI 3/6/2010	105	Robert Fricke Bloomingtondale, MI 4/5/2008	100	Robert Fricke Bloomingtondale, MI 2/25/2006	162.5
M3 50-54						
M4 55-59	Jim Vaughn Brighton, MI 3/4/2023	195			Jim Vaughn Brighton, MI 3/4/2023	215
M5 60-64						
M6	Gary Haden Evansville, IN	150	Robert White Niles, MI	82.5		

65-69	3/17/2018		3/16/2019			
M7 70-74	Gary Haden Macomb, IL 5/7/2022	147.5				
M8 75-79						
M9 80-84						
M10 85-89			Gerald Lindas Middleton, WI 3/4/2023	87.5		

Men 82.5 kilograms, Equipped -Single Event -National Records						
Division	Squat		Bench Press		Deadlift	
Open 24-39	Jake McBrien DeGraff, OH 4/5/2008	192.5	Chuck Houser Twin Lakes, MI 2/25/2006	147.5	Jeff Mumaw Grand Rapids, MI 2/25/2006	230
T1 14-15	Joseph Coulson DeGraff, OH 4/5/2008	142.5			Joseph Coulson DeGraff, OH 4/5/2008	192.5
T2 16-17	Jonathon Seeling Huntsville, OH 4/5/2008	157.5			Jonathon Seeling Huntsville, OH 4/5/2008	185
T3 18-19	Jake McBrien DeGraff, OH 4/5/2008	192.5	Young Yoo Montverde, FL 2/4/2012	85	Jake McBrien DeGraff, OH 4/5/2008	195
Junior 20-23						
M1 40-44			Chuck Houser Twin Lakes, MI 2/25/2006	147.5	Jeff Mumaw Grand Rapids, MI 2/25/2006	230
M2	Michael Callaghan		Michael Callaghan		Michael Callaghan	

M2 45-49	Whitman, MA 4/17/2021	195	Whitman, MA 4/17/2021	125	Whitman, MA 4/17/2021	205
M3 50-54			Robert Fabriano Lansing, MI 3/5/2011	172.5	Robert Fabriano Lansing, MI 3/5/2011	227.5
M4 55-59						
M5 60-64					Robert Batko Houghton, MI 3/6/2010	215
M6 65-69	Robert Batko Houghton Lake, MI 3/9/2013	170	Robert Batko Houghton Lake, MI 3/9/2013	95	Robert Batko Houghton Lake, MI 3/9/2013	205
M7 70-74						
M8 75-79						
M9 80-84						
M10 85-89						

Men 90.0 kilograms, Equipped -Single Event -National Records						
Division	Squat		Bench Press		Deadlift	
Open 24-39	Dave Hardy Mishawaka, IN 4/5/2008	195	Tom Mitchell Hampshier, IL 3/4/2017	225	Robert Batko Houghton, MI 2/25/2006	222.5
T1 14-15						

T2 16-17			Whilden Perry Swartz Creek, MI 3/6/2010	125		
T3 18-19	Logan Whitaker DeGraff, OH 4/5/2008	170			Logan Whitaker DeGraff, OH 4/5/2008	170
Junior 20-23			Michael Johnson Fort Gratiot, MI 3/14/2009	135		
M1 40-44			Ron Madison Muskegon, MI 3/7/2015	207.5	David Stephens	170
M2 45-49	David Stephens Chicago, IL 4/17/2021	110	John Jachim Pierson, MI 2/4/2012	172.5	David Stephens Chicago, IL 4/17/2021	157.5
M3 50-54	Jim Vaughn Brighton, MI 5/7/2022	182.5	John Jachim Pierson, MI 3/8/2014	172.5	Jim Vaughn Brighton, MI 5/7/2022	222.5
M4 55-59	Chuck Peters Berkely, MA 4/17/2021	228.5	John Jachim Pierson, MI 3/17/2018	175	Chuck Peters Berkely, MA 4/17/2021	238.5
M5 60-64	Dave Hardy Mishawaka, IN 3/5/2011	182.5	Dave Hardy Mishawaka, IN 3/5/2011	142.5	Robert Batko Houghton, MI 2/25/2006	222.5
M6 65-69			Gary Chapman 3/9/2013	102.5		
M7 70-74	David Mansfield Hanson, MA 3/16/2019	207.5	David Mansfield Hanson, MA 3/16/2019	105	David Mansfield Hanson, MA 3/16/2019	220
M8 75-79						
M9 80-84			Lloyd Coon Swartz Creek, MI 4/5/2008	57.5		
M10						

85-89						
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Men 100.0 kilograms, Equipped -Single Event -National Records						
Division	Squat		Bench Press		Deadlift	
Open 24-39	Derek Wallace Newburgh, IN 3/6/2010	275	Mark LeClair Twin Lakes, MI 3/6/2010	227.5	Bruce Thomas Henderson, KY 3/17/2018	267.5
T1 14-15	Alejundro Ruiz Monteverde, FL 3/8/2014	172.5	Alejundro Ruiz Monteverde, FL 3/8/2014	130	Alejundro Ruiz Monteverde, FL 3/8/2014	212.5
T2 16-17	Cody Lackin 3/9/2013	227.5	Alejandro Ruiz Monteverde, FL 3/5/2016	152.5	Alejandro Ruiz Monteverde, FL 3/5/2016	250
T3 18-19			Dillon Hom Montverde, FL 2/4/2012	145	Menghue He Montverde, FL 3/5/2011	195
Junior 20-23	Joseph Nudo Tinley Park, IL 6/24/2007	247.5	Joseph Nudo Tinley Park, IL 6/24/2007	165	Joseph Nudo Tinley Park, IL 6/24/2007	257.5
M1 40-44	David Stephens 3/7/2015	140	Paul Jordan 3/9/2013	162.5	David Stephens Chicago, IL 3/7/2015	177.5
M2 45-49	Derek Wallace Newburgh, IL 3/6/2010	275	Brian Birchmeier Clio, MI 3/5/2011	145	Brian Birchmeier Clio, MI 3/5/2011	227.5
M3 50-54	Jim Bell St. Louis, MO 3/6/2010	237.5	Mark LeClair Twin Lakes, MI 3/5/2011	230	Bruce Thomas Henderson, KY 3/17/2018	267.5
M4 55-59	Floyd Givens Detroit, MI 3/6/2010	172.5	Floyd Givens Detroit, MI 3/6/2010	120	Bruce Thomas Henderson, KY 4/17/2021	255
M5 60-64	Bruce Thomas Henderson, KY 4/6/2024	210	Doug Finley Lansing, MI 2/25/2006	122.5	Benjamin Pollard Detroit, MI 2/5/2011	182.5

M6 65-69			Daryl Meloche Climax, MI 3/14/2009	125		
M7 70-74	David Mansfield Hanson, MA 3/4/2017	200	Gary Chapman Metamora, MI 3/5/2016	115	David Mansfield Hanson, MA 3/4/2017	217.5
M8 75-79						
M9 80-84						
M10 85-89						

Men 110.0 kilograms, Equipped -Single Event -National Records						
Division	Squat		Bench Press		Deadlift	
Open 24-39	Jason Beal Quincy, IL 2/4/2012	255	Dave Walker Burlington, WI 3/14/2009	250	Kelly Krueger 3/9/2013	300
T1 14-15	Jared Holycross DeGraff, OH 4/5/2008	195			Jared Holycross DeGraff, OH 4/5/2008	187.5
T2 16-17	Brad Moffet DeGraff, OH 4/5/2008	157.5	Brad Moffet DeGraff, OH 4/5/2008	92.5	Brad Moffet DeGraff, OH 4/5/2008	165
T3 18-19	Manuel Camacho Montverde, FL 2/4/2012	160	Manuel Camacho Montverde, FL 2/4/2012	115	Manuel Camacho Montverde, FL 2/4/2012	200
Junior 20-23			Scott Perdaris Alto, MI 3/6/2010	112.5	Scott Perdaris Alto, MI 3/6/2010	195
M1			Dave Walker Burlington, WI	250		

40-44			4/5/2008			
M2 45-49	James Perry Saginaw, MI 3/5/2011	250	Dave Walker Burlington, WI 3/14/2009	250	James Perry Saginaw, MI 3/5/2011	255
M3 50-54	David Lawrence Kalamazoo, MI 2/25/2006	192.5	David Walker Pinehurst, TX 3/8/2014	261	David Lawrence Kalamazoo, MI 2/25/2006	182.5
M4 55-59			Joseph Arnoso Carlisle, PA 3/17/2018	200		
M5 60-64			Brad Lovejoy Kingsville, OH 3/16/2019	140		
M6 65-69			Roger Horn St Louis, MO 3/17/2018	140		
M7 70-74						
M8 75-79						
M9 80-84						
M10 85-89						

Men 125.0 kilograms, Equipped -Single Event -National Records						
Division	Squat		Bench Press		Deadlift	
Open 24-39	Jason Beal Quincy, IL 3/7/2015	267.5	Horace Lane Sterling Heights, MI 2/25/2006	245	Ed Riley Chicago, IL 3/8/2014	297.5
T1						

14-15						
T2 16-17	Chad Small Maplewood, OH 4/5/2008	182.5				
T3 18-19						
Junior 20-23						
M1 40-44			Horace lane Sterling Heights, MI 2/25/2006	245		
M2 45-49					Greg Ostram Holly, MI 3/14/2009	245
M3 50-54	Brad Lovejoy Kingsville, OH 4/5/2008	220	Eric Pauli Monteverde, FL 2/4/2012	192.5	Ed Riley Chicago, IL 3/8/2014	297.5
M4 55-59						
M5 60-64	Gary Krueger Paw Paw, MI 3/6/2010	237.5	Gary Krueger Paw Paw, MI 3/6/2010	155	Gary Krueger Paw Paw, MI 3/6/2010	230
M6 65-69						
M7 70-74						
M8 75-79						
M9						

80-84						
M10						
85-89						

Men 145.0 kilograms, Equipped -Single Event -National Records						
Division	Squat		Bench Press		Deadlift	
Open 24-39	Chris Forestier Canton, IL 3/14/2009	320	Dave Beversdorf Columbia, MO 2/4/2012	245	Chris Forestier Canton, IL 3/14/2009	325
T1 14-15						
T2 16-17						
T3 18-19						
Junior 20-23	Jordan Ritchie Quincy, IL 2/4/2012	220			Jordan Ritchie Quincy, IL 2/4/2012	260
M1 40-44	Ron Nicodemus Fort Wayne, IN 4/5/2008	250				
M2 45-49			Dave Beversdorf Columbia, MO 2/4/2012	245		
M3 50-54			Bruce Edwards Fenton, MI 3/5/2011	230		
M4 55-59			Bill Buckley Oak Forest, IL 3/17/2018	190		
M5			Jeff Buchin			

M5 60-64			Grand Ledge, MI 3/5/2011	190		
M6 65-69			Brad Lovejoy Kingsville, OH 4/5/2025	120		
M7 70-74						
M8 75-79						
M9 80-84						
M10 85-89						

Men 145.0+ kilograms, Equipped -Single Event -National Records						
Division	Squat		Bench Press		Deadlift	
Open 24-39	Dennis Stouder Nappanee, IN 3/14/2009	250	Dennis Stouder Nappanee, IN 3/14/2009	190	Justin Sproul East Bridgewater, MA 3/16/2019	220
T1 14-15						
T2 16-17						
T3 18-19						
Junior 20-23						
M1						

40-44						
M2 45-49	Dennis Stouder Nappanee, IN 3/14/2009	250	Dennis Stouder Nappanee, IN 3/14/2009	190	Dennis Stouder Nappanee, IN 3/14/2009	215
M3 50-54						
M4 55-59						
M5 60-64						
M6 65-69						
M7 70-74						
M8 75-79						
M9 80-84						
M10 85-89						

Police, Military, Fire Equipped - Single Event -National Records						
Weight	Squat		Bench Press		Deadlift	
60						

75						
82.5						
90						
110			David Walker Pinehurst, TX 3/8/2014	261		
125						
145						