

Women 44 kilograms, Modern Raw -National Records								
Division	Squat		Bench Press		Deadlift		Total	
Open								
T1								
14-15								
T2								
16-17								
T3								
18-19								
Junior								
20-23								
M1								
40-44								
M2								
45-49								
M3								
50-54								
M4								
55-59								
M5								
60-64								
M6								
65-69								
M7								
70-74								
M8								
75-79								
M9								
80-84								
M10								
85-89								

Women 47.5 kilograms, Modern Raw -National Records								
Division	Squat		Bench Press		Deadlift		Total	
Open								
T1								
14-15								
T2								

16-17								
T3								
18-19								
Junior								
20-23								
M1								
40-44								
M2								
45-49								
M3								
50-54								
M4								
55-59								
M5								
60-64								
M6								
65-69								
M7								
70-74								
M8								
75-79								
M9								
80-84								
M10								
85-89								

Women 50.5 kilograms, Modern Raw -National Records								
Division	Squat		Bench Press		Deadlift		Total	
Open								
T1								
14-15								
T2								
16-17								
T3								
18-19								
Junior								
20-23								
M1								
40-44								
M2								
45-49								

M3 50-54								
M4 55-59								
M5 60-64								
M6 65-69								
M7 70-74								
M8 75-79								
M9 80-84								
M10 85-89								

Women 53.0 kilograms, Modern Raw -National Records								
Division	Squat		Bench Press		Deadlift		Total	
Open								
T1 14-15								
T2 16-17								
T3 18-19								
Junior 20-23								
M1 40-44								
M2 45-49								
M3 50-54								
M4 55-59								
M5 60-64								
M6 65-69								
M7								

70-74								
M8								
75-79								
M9								
80-84								
M10								
85-89								

Women 55.5 kilograms, Modern Raw -National Records								
Division	Squat		Bench Press		Deadlift		Total	
Open								
T1								
14-15								
T2								
16-17								
T3								
18-19								
Junior								
20-23								
M1								
40-44								
M2								
45-49								
M3								
50-54								
M4								
55-59								
M5								
60-64								
M6								
65-69								
M7								
70-74								
M8								
75-79								
M9								
80-84								
M10								
85-89								

Women 58.5 kilograms, Modern Raw -National Records								
Division	Squat		Bench Press		Deadlift		Total	
Open								
T1 14-15								
T2 16-17								
T3 18-19								
Junior 20-23								
M1 40-44								
M2 45-49								
M3 50-54								
M4 55-59								
M5 60-64								
M6 65-69								
M7 70-74								
M8 75-79								
M9 80-84								
M10 85-89								

Women 63 kilograms, Modern Raw -National Records								
Division	Squat		Bench Press		Deadlift		Total	
Open								
T1 14-15								
T2 16-17								
T3								

18-19								
Junior								
20-23								
M1								
40-44								
M2								
45-49								
M3								
50-54								
M4								
55-59								
M5								
60-64								
M6								
65-69								
M7								
70-74								
M8								
75-79								
M9								
80-84								
M10								
85-89								

Women 70 kilograms, Modern Raw -National Records								
Division	Squat		Bench Press		Deadlift		Total	
Open								
T1								
14-15								
T2								
16-17								
T3								
18-19								
Junior								
20-23								
M1								
40-44								
M2								
45-49								
M3								

50-54								
M4								
55-59								
M5								
60-64								
M6								
65-69								
M7								
70-74								
M8								
75-79								
M9								
80-84								
M10								
85-89								

Women 80 kilograms, Modern Raw -National Records								
Division	Squat		Bench Press		Deadlift		Total	
Open								
T1								
14-15								
T2								
16-17								
T3								
18-19								
Junior								
20-23								
M1								
40-44								
M2								
45-49								
M3								
50-54								
M4								
55-59								
M5								
60-64								
M6								
65-69								
M7								
70-74								

M8 75-79								
M9 80-84								
M10 85-89								

Women 90 kilograms, Modern Raw -National Records								
Division	Squat		Bench Press		Deadlift		Total	
Open								
T1 14-15								
T2 16-17								
T3 18-19								
Junior 20-23								
M1 40-44								
M2 45-49								
M3 50-54								
M4 55-59								
M5 60-64								
M6 65-69								
M7 70-74								
M8 75-79								
M9 80-84								
M10 85-89								

Women 110 kilograms, Modern Raw -National Records								
Division	Squat		Bench Press		Deadlift		Total	

Open								
T1 14-15								
T2 16-17								
T3 18-19								
Junior 20-23								
M1 40-44								
M2 45-49								
M3 50-54								
M4 55-59								
M5 60-64								
M6 65-69								
M7 70-74								
M8 75-79								
M9 80-84								
M10 85-89								

Women 110+ kilograms, Modern Raw -National Records								
Division	Squat		Bench Press		Deadlift		Total	
Open								
T1 14-15								
T2 16-17								
T3 18-19								
Junior								

20-23								
M1								
40-44								
M2								
45-49								
M3								
50-54								
M4								
55-59								
M5								
60-64								
M6								
65-69								
M7								
70-74								
M8								
75-79								
M9								
80-84								
M10								
85-89								

Police, Military, Fire Unequipped, Modern Raw -National Records								
Weight	Squat		Bench Press		Deadlift		Total	
58.5								