

Women 44 kilograms						
Division	Squat		Bench Press		Deadlift	
T1 14-15						
T2 16-17						
T3 18-19	Cherish Anderson Mt. Vernon, IN 12/9/2023	65	Cherish Anderson Mt. Vernon, IN 12/9/2023	35	Cherish Anderson Mt. Vernon, IN 12/9/2023	100
Junior 20-23						
Open 24-39	Cherish Anderson Mt. Vernon, IN 12/9/2023	65	Cherish Anderson Mt. Vernon, IN 12/9/2023	35	Cherish Anderson Mt. Vernon, IN 12/9/2023	100
M1 40-44						
M2 45-49						
M3 50-54						
M4 55-59						
M5 60-64						
M6						

65-69					
M7					
70-74					
M8					
75-79					
M9					
80-84					
M10					
85-89					

Women 47.5 kilograms						
Division	Squat		Bench Press		Deadlift	
T1						
14-15						
T2						
16-17						
T3						
18-19						
Junior						
20-23						
Open			Sarah Gray			
24-39			Evansville, IN	60		
			5/2/2015			
M1						
40-44						
M2						

45-49					
M3					
50-54					
M4					
55-59					
M5					
60-64					
M6					
65-69					
M7					
70-74					
M8					
75-79					
M9					
80-84					
M10					
85-89					

Women 50.5 kilograms						
Division	Squat		Bench Press		Deadlift	
T1						
14-15						
T2						
16-17						
T3			Faith Wood Evansville, IN	32.5	Faith Wood Evansville, IN	90

18-19			7/4/2018		7/4/2018	
Junior 20-23						
Open 24-39			Faith Wood Evansville, IN 7/4/2018	32.5	Faith Wood Evansville, IN 7/4/2018	90
M1 40-44						
M2 45-49						
M3 50-54						
M4 55-59						
M5 60-64						
M6 65-69						
M7 70-74						
M8 75-79						
M9 80-84						
M10 85-89						

Women 53.0 kilograms						
Division	Squat		Bench Press		Deadlift	
T1 14-15						
T2 16-17						
T3 18-19						
Junior 20-23						
Open 24-39			Erin Vincent Evansville, IN 6/3/2023	45	Erin Vincent Evansville, IN 6/3/2023	82.5
M1 40-44			Erin Vincent Evansville, IN 6/3/2023	45	Erin Vincent Evansville, IN 6/3/2023	82.5
M2 45-49						
M3 50-54						
M4 55-59						
M5 60-64						
M6 65-69						
M7						

M7 70-74						
M8 75-79						
M9 80-84						
M10 85-89						

Women 55.5 kilograms						
Division	Squat		Bench Press		Deadlift	
T1 14-15	Lena Angel Newburgh, IN 2/15/2025	72.5	Lena Angel Newburgh, IN 2/15/2025	37.5	Lena Angel Newburgh, IN 2/15/2025	90
T2 16-17						
T3 18-19						
Junior 20-23	Jessica Lord Evansville, IN 3/17/2018	75	Lexie Heald Fortville, IN 6/27/2015	57.5	Jessica Lord Evansville, IN 3/17/2018	105
Open 24-39	Jessica Lord Evansville, IN 3/17/2018	75	Lexie Heald Fortville, IN 6/27/2015	57.5	Jessica Lord Evansville, IN 6/9/2019	120
M1 40-44	Erin Vincent Evansville, IN 12/9/2023	75	Erin Vincent Evansville, IN 12/9/2023	50	Molly Angel Newburgh, IN 2/15/2026	97.5
M2 45-49						
M3						

M3 50-54					
M4 55-59					
M5 60-64					
M6 65-69					
M7 70-74					
M8 75-79					
M9 80-84					
M10 85-89					

Women 58.5 kilograms						
Division	Squat		Bench Press		Deadlift	
T1 14-15	Heidi Lowe New Harmony, IN 4/6/2024	110	Heidi Lowe New Harmony, IN 4/6/2024	52.5	Heidi Lowe New Harmony, IN 4/6/2024	115
T2 16-17						
T3 18-19						
Junior						

junior 20-23						
Open 24-39	Heidi Lowe New Harmony, IN 4/6/2024	110	Sienna Valdez South Bend, IN 6/27/2015	57.5	Sienna Valdez South Bend, IN 6/27/2015	132.5
M1 40-44	Heather Endres North Liberty, IN 4/11/2015	95	Jenni Casten-Juhl Newburgh, IN 6/8/2019	47.5	Heather Endres North Liberty, IN 4/22/2017	97.5
M2 45-49	Heather Endres North Liberty, IN 9/16/2017	104.33			Heather Endres North Liberty, IN 9/16/2017	102.06
M3 50-54						
M4 55-59						
M5 60-64						
M6 65-69						
M7 70-74						
M8 75-79						
M9 80-84						
M10 85-89						

Women 63 kilograms

Division	Squat		Bench Press		Deadlift	
T1 14-15						
T2 16-17	Heidi Lowe New Harmony, IN 2/15/2025	130	Heidi Lowe New Harmony, IN 2/15/2025	62.5	Heidi Lowe New Harmony, IN 2/15/2025	130
T3 18-19	Samantha Fromelius Evansville, IN 3/8/2014	85	Kenzie Wakefield Evansville, IN 12/10/2022	55	Kenzie Wakefield Evansville, IN 12/10/2022	125
Junior 20-23	Samantha Pauli Evansville, IN 4/17/2021	90	Samantha Pauli Evansville, IN 4/17/2021	62.5	Samantha Pauli Evansville, IN 4/17/2021	117.5
Open 24-39	Heidi Lowe New Harmony, IN 2/15/2025	130	Samantha Pauli Evansville, IN 4/17/2021	62.5	Amanda Smith Evansville, IN 4/25/2015	150
M1 40-44	Molly Angel Newburgh, IN 2/15/2025	65	Molly Angel Newburgh, IN 2/15/2025	37.5	Molly Angel Newburgh, IN 2/15/2025	92.5
M2 45-49					Darlene Wallace Newburgh, IN 3/8/2014	102.5
M3 50-54						
M4 55-59	Lanea Stagg Evansville, IN 2/15/26	67.5	Lanea Stagg Evansville, IN 2/15/26	50	Lanea Stagg Evansville, IN 2/15/26	115
M5 60-64						
M6 65-69						
M7 70-74						

M8 75-79						
M9 80-84						
M10 85-89						

Women 70 kilograms						
Division	Squat		Bench Press		Deadlift	
T1 14-15						
T2 16-17						
T3 18-19	Melissa Partridge Evansville, IN 2/26/2022	100	Melissa Partridge Evansville, IN 2/26/2022	55	Melissa Partridge Evansville, IN 2/26/2022	127.5
Junior 20-23	Aleya Woodall Chandler, IN 12/10/2022	120	Aleya Woodall Chandler, IN 12/10/2022	72.5	Aleya Woodall Chandler, IN 12/10/2022	155
Open 24-39	Aleya Woodall Chandler, IN 12/10/2022	120	Aleya Woodall Chandler, IN 12/10/2022	72.5	Aleya Woodall Chandler, IN 12/10/2022	155
M1 40-44						
M2 45-49	Jennifer Toopes Evansville, IN 12/9/2023	50	Jennifer Toopes Evansville, IN 12/9/2023	45	Jennifer Toopes Evansville, IN 12/9/2023	100
M3 50-54	Susan Sanaghan Michigan City, IN 3/14/2009	92.5	Susan Sanaghan Michigan City, IN 3/14/2009	47.5	Susan Sanaghan Michigan City, IN 3/14/2009	125

M4 55-59	Susan Sanaghan Michigan City, IN 3/9/2013	97.5	Susan Sanaghan Michigan City, IN 3/9/2013	55	Susan Sanaghan Michigan City, IN 3/5/2011	115
M5 60-64	Carolyn Beck Evansville, IN 2/15/2026	85	Carolyn Beck Evansville, IN 2/16/2025	65	Carolyn Beck Evansville, IN 2/15/2026	97.5
M6 65-69						
M7 70-74						
M8 75-79						
M9 80-84						
M10 85-89						

Women 80 kilograms						
Division	Squat		Bench Press		Deadlift	
T1 14-15						
T2 16-17						
T3 18-19	Gina Ziebell Evansville, IN 2/26/2022	105	Gina Ziebell Evansville, IN 2/26/2022	65	Gina Ziebell Evansville, IN 2/26/2022	125
Junior 20-23						

Open 24-39	Kyle Reel Evansville, IN 6/8/2019	165	Kyle Reel Evansville, IN 6/8/2019	100	Kyle Reel Evansville, IN 9/8/2018	170
M1 40-44						
M2 45-49						
M3 50-54	Amy Kivett Chandler, IN 12/10/2022	112.5	Amy Kivett Chandler, IN 12/10/2022	62.5	Amy Kivett Chandler, IN 12/10/2022	142.5
M4 55-59			Carolyn Beck Evansville, IN 6/8/2019	67.5		
M5 60-64			Regina Smith Newburgh, IN 12/10/2022	37.5	Regina Smith Newburgh, IN 12/10/2022	75
M6 65-69						
M7 70-74						
M8 75-79						
M9 80-84						
M10 85-89						

Women 90 kilograms						
Division	Squat		Bench Press		Deadlift	

T1 14-15						
T2 16-17					Alyssa Beadles Boonville, IN 4/17/2021	120
T3 18-19	Macy Decker Evansville, IN 2/26/2022	87.5	Macy Decker Evansville, IN 2/26/2022	52.5	Macy Decker Evansville, IN 2/26/2022	145
Junior 20-23					Amanda Aders Newburgh, IN 12/1/2018	120
Open 24-39	Robin Rogan Evansville, IN 3/4/2023	102.5	Kim Welcher Evansville, IN 3/8/2014	85	Robin Rogan Evansville, IN 6/3/2023	157.5
M1 40-44	Robin Rogan Evansville, IN 4/6/2024	110	Robin Rogan Evansville, IN 4/6/2024	50	Robin Rogan Evansville, IN 6/3/2023	157.5
M2 45-49	Caroline Fardig Boonville, IN 4/6/2024	75	Kim Welcher Evansville, IN 3/8/2014	85	Caroline Fardig Boonville, IN 4/6/2024	107.5
M3 50-54						
M4 55-59						
M5 60-64	Jayne Tang Evansville, IN 2/15/2025	52.5	Jayne Tang Evansville, IN 2/15/2025	47.5	Jayne Tang Evansville, IN 2/15/2025	72.5
M6 65-69						
M7 70-74						
M8						

75-79						
M9						
80-84						
M10						
85-89						

Women 110 kilograms						
Division	Squat		Bench Press		Deadlift	
T1						
14-15						
T2						
16-17						
T3	Corrina Meyers Evansville, IN 4/6/2024	145	Corrina Meyers Evansville, IN 4/6/2024	67.5	Corrina Meyers Evansville, IN 12/9/2023	185
18-19						
Junior						
20-23						
Open	Corrina Meyers Evansville, IN 4/6/2024	145	Corrina Meyers Evansville, IN 4/6/2024	67.5	Corrina Meyers Evansville, IN 12/9/2023	185
24-39						
M5	Jayne Tang Evansville, IN 2/15/2026	67.5	Jayne Tang Evansville, IN 2/15/2026	57.5	Jayne Tang Evansville, IN 2/15/2026	95
60-64						

Women 110+ kilograms						
Division	Squat		Bench Press		Deadlift	
T1						
14-15						
T2						

16-17						
T3						
18-19						
Junior						
20-23						
Open	Sarah St. Clair Birdseye, IN 2/26/2022	125	Brandi Sneed Mishawaka, IN 6/27/2015	95	Brandi Sneed Mishawaka, IN 6/27/2015	182.5
24-39						
M1						
40-44						
M2						
45-49						
M3						
50-54						
M4			Mary Merrill Evansville, IN 6/3/2023	65	Rachel Mayes Evansville, IN 6/3/2023	107.5
55-59						
M5	Rachel Mayes Evansville, IN 4/6/2024	90	Rachel Mayes Evansville, IN 4/6/2024	55	Rachel Mayes Evansville, IN 4/6/2024	128
60-64						
M6						
65-69						
M7						
70-74						
M8						
75-79						
M9						
80-84						
M10						

MI 10					
85-89					

Police, Military, Fire Unequipped						
Weight	Squat		Bench Press		Deadlift	
58.5						