

ADFPF Single Equipped Indiana Records Updated 12/9/2023

Men 52.0 kilograms						
Division	Squat		Bench Press		Deadlift	
T1 14-15	Logan Zielinski Indianapolis, IN 6/23/2007	67.5	Logan Zielinski Indianapolis, IN 6/23/2007	67.5	Logan Zielinski Indianapolis, IN 6/23/2007	100
T2 16-17						
T3 18-19						
Junior 20-23						
Open 24-39	Logan Zielinski Indianapolis, IN 6/23/2007	67.5	Logan Zielinski Indianapolis, IN 6/23/2007	67.5	Logan Zielinski Indianapolis, IN 6/23/2007	100
M1 40-44						
M2 45-49						
M3 50-54						
M4 55-59						
M5 60-64						
M6						

65-69						
M7						
70-74						
M8						
75-79						
M9						
80-84						
M10						
85-89						

Men 56.0 kilograms						
Division	Squat		Bench Press		Deadlift	
T1						
14-15						
T2						
16-17						
T3						
18-19						
Junior						
20-23						
Open						
24-39						
M1						
40-44						
M2						

45-49						
M3						
50-54						
M4						
55-59						
M5						
60-64						
M6						
65-69						
M7						
70-74						
M8						
75-79						
M9						
80-84						
M10						
85-89						

Men 60.0 kilograms						
Division	Squat		Bench Press		Deadlift	
T1					Chase Wooldridge Elkhart, IN 3/26/2007	137.5
14-15						
T2			Chase Wooldridge Elkhart, IN 3/26/2011	65	Chase Wooldridge Elkhart, IN 3/26/2011	137.5
16-17						
T3						

18-19						
Junior 20-23						
Open 24-39			Chase Wooldridge Elkhart, IN 3/26/2011	65	Chase Wooldridge Elkhart, IN 3/26/2011	137.5
M1 40-44						
M2 45-49						
M3 50-54						
M4 55-59						
M5 60-64						
M6 65-69						
M7 70-74						
M8 75-79						
M9 80-84						
M10 85-89						

Men 67.5 kilograms						
Division	Squat		Bench Press		Deadlift	
T1 14-15						
T2 16-17						
T3 18-19						
Junior 20-23						
Open 24-39						
M1 40-44						
M2 45-49						
M3 50-54						
M4 55-59						
M5 60-64						
M6 65-69						
M7						

M7 70-74					
M8 75-79					
M9 80-84					
M10 85-89					

Men 75.0 kilograms						
Division	Squat		Bench Press		Deadlift	
T1 14-15						
T2 16-17						
T3 18-19						
Junior 20-23						
Open 24-39			Jon Smoker Elkhart, IN 9/1/2014	100	Jon Smoker Elkhart, IN 9/1/2014	182.5
M1 40-44						
M2 45-49						
M3						

M3 50-54						
M4 55-59						
M5 60-64						
M6 65-69			Jon Smoker Elkhart, IN 9/1/2014	100	Jon Smoker Elkhart, IN 9/1/2014	182.5
M7 70-74						
M8 75-79						
M9 80-84						
M10 85-89						

Men 82.5 kilograms						
Division	Squat		Bench Press		Deadlift	
T1 14-15			Michael Chaffee Granger, IN 8/14/2010	87.5		
T2 16-17						
T3 18-19						
Junior						

junior 20-23						
Open 24-39			Dave Hardy Mishawaka, IN 6/25/2011	132.5	Jon Smoker Elkhart, IN 1/26/2008	210
M1 40-44						
M2 45-49						
M3 50-54						
M4 55-59						
M5 60-64			Dave Hardy Mishawaka, IN 6/25/2011	132.5	Jon Smoker Elkhart, IN 1/26/2008	210
M6 65-69						
M7 70-74						
M8 75-79						
M9 80-84						
M10 85-89						

Men 90.0 kilograms

Division	Squat		Bench Press		Deadlift	
T1 14-15						
T2 16-17						
T3 18-19						
Junior 20-23						
Open 24-39	Dave Hardy Mishawaka, IN 4/5/2008	195	Dave Hardy Mishawaka, IN 4/5/2008	170		
M1 40-44						
M2 45-49						
M3 50-54						
M4 55-59	Dave Hardy Mishawaka, IN 4/5/2008	195	Dave Hardy Mishawaka, IN 4/5/2008	170		
M5 60-64	Dave Hardy Mishawaka, IN 3/5/2011	182.5	Dave Hardy Mishawaka, IN 10/16/2010	142.5		
M6 65-69						
M7 70-74						

M8 75-79						
M9 80-84						
M10 85-89						

Men 100.0 kilograms						
Division	Squat		Bench Press		Deadlift	
T1 14-15						
T2 16-17						
T3 18-19						
Junior 20-23						
Open 24-39	Jason St. Claire Birdseye, IN 12/14/2019	320	David Walker Martinsville, IN 3/16/2019	242.5	Chad Dailing Milford, IN 11/20/2005	275
M1 40-44						
M2 45-49	Derek Wallace Newburgh, IN 6/24/2011	286				
M3 50-54						

M4 55-59			David Walker Martinsville, IN 3/16/2019	242.5		
M5 60-64						
M6 65-69						
M7 70-74						
M8 75-79						
M9 80-84						
PMF			David Walker Martinsville, IN 3/16/2019	242.5		

Men 110.0 kilograms						
Division	Squat		Bench Press		Deadlift	
T1 14-15						
T2 16-17						
T3 18-19						
Junior 20-23						

Open 24-39	Ryan Pettet Monterey, IN 3/14/2009	247.5	Raul Donati Osceola, IN 3/26/2011	242.5	Ryan L. Pettet Monterey, IN 3/14/2009	240
M1 40-44						
M2 45-49			Raul Donati Osceola, IN 3/26/2011	242.5		
M3 50-54						
M4 55-59						
M5 60-64						
M6 65-69						
M7 70-74						
M8 75-79						
M9 80-84						
M10 85-89						

Men 125.0 kilograms						
Division	Squat		Bench Press		Deadlift	

T1 14-15						
T2 16-17						
T3 18-19						
Junior 20-23						
Open 24-39	Ron A. Nicodemus Fort Wayne, IN 4/5/2008	250	Raul Donati Osceola, IN 3/26/2011	242.5	Raul Donati Osceola, IN 3/26/2011	300
M1 40-44						
M2 45-49			Raul Donati Osceola, IN 3/26/2011	242.5	Raul Donati Osceola, IN 3/26/2011	300
M3 50-54			Hanz Hoag Evansville, IN 12/9/2023	155		
M4 55-59						
M5 60-64						
M6 65-69						
M7 70-74						
M8						

75-79						
M9						
80-84						
M10						
85-89						

Men 145.0 kilograms						
Division	Squat		Bench Press		Deadlift	
T1						
14-15						
T2						
16-17						
T3						
18-19						
Junior						
20-23						
Open						
24-39						
M1	Ron Nicodemus Fort Wayne, IN 4/5/2008	250				
40-44						
M2						
45-49						
M3						
50-54						
M4						

55-59						
M5						
60-64						
M6						
65-69						
M7						
70-74						
M8						
75-79						
M9						
80-84						
M10						
85-89						

Men 145.0+ kilograms						
Division	Squat		Bench Press		Deadlift	
T1						
14-15						
T2						
16-17						
T3						
18-19						
Junior						
20-23						
Open	Dennis Strouder Nappanee, IN 3/14/2009	250	Dennis Strouder Nappanee, IN 3/14/2009	190	Dennis Strouder Nappanee, IN 3/14/2009	215
24-39						

M1 40-44						
M2 45-49	Dennis Strouder Nappanee, IN 3/14/2009	250	Dennis Strouder Nappanee, IN 3/14/2009	190	Dennis Strouder Nappanee, IN 3/14/2009	215
M3 50-54						
M4 55-59						
M5 60-64						
M6 65-69						
M7 70-74						
M8 75-79						
M9 80-84						
M10 85-89						

Police, Military, Fire Unequipped						
Weight	Squat		Bench Press		Deadlift	